

Episode 235: Manifesting \$10k months as a HEALER through MBA...

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SPEAKERS

Kathrin Zenkina, Missy Toy Ozeas

K Kathrin Zenkina 00:14

Welcome to The Manifestation Babe podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach and multiple seven figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are and where you're going. Leave it to me to provide you with the tools, the resources, the strategies and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now let's begin.

K Kathrin Zenkina 01:16

Hello, my gorgeous souls and welcome back to another episode of The Manifestation Babe podcast. Today I am bringing to you another special student success story with a very powerful and gifted healer Missy Toy Ozeas. Missy is someone who came into MBA originally wanting to create 10k monthsâ€ those coveted 10k monthsâ€ in her healing business, but she had a hard time really owning those gifts of spiritual healing gifts that she had. She felt embarrassed that friends and family would see her as too woowoo and so she kept getting stuck at a financial plateau. Missy also struggled with the uptick in racism towards Asian Americans that happened as a result of the COVID pandemic as a Chinese American and realize that she also wanted to hide because of who she was, and the ancestral pain that she was feeling. After finding MBA, not only did she finally manifest those 10k months as a result of MBA, but she also healed her fear of wanting to hide and play small and continues to grow her successful healing practice. Fun fact, I've actually had an energy reading with Missy. And I cannot say enough incredible things about her and her ability to tune into exactly what it is that I needed to release and let go of. So hear all about Missy's incredible story and experience inside of the

Manifestation Babe Academy in this episode. And as you are listening, remember, there are only a few days left to get inside of MBA. You can find all the deets and that sign up button by going to manifestationbabe.com/MBA. Again, that's manifestationbabe.com/MBA You can also find the link in the show notes as well. Okay, let's dive into this interview.

K

Kathrin Zenkina 03:10

All right, Missy. Welcome to The Manifestation Babe podcast show. I'm super excited to have you here. How are you doing?

M

Missy Toy Ozeas 03:19

I'm doing great. I am so excited to be here. Thanks for having me.

K

Kathrin Zenkina 03:23

Yay. So just remind me for just a second.. you were in the January round of The Manifestation Babe Academy, like the first round of this iteration, right? Amazing. Well, before we get into like, where you were before the program, you know, and your journey throughout the program that I cannot wait to hear from you.. Can you just kind of share a little bit about yourself like, what is it that you do.. any of your background or anything else that you want to share with us?

M

Missy Toy Ozeas 03:53

So, I am an energy healer and a transformation guide.

K

Kathrin Zenkina 03:57

Amazing.

M

Missy Toy Ozeas 03:58

I help people, especially empaths and highly sensitive people, transform their lives by clearing energetic blocks. So their trapped emotions, their limiting beliefs, their thoughts- you know, basically other people's energy that we carry on our field because all of our thoughts, beliefs and emotions, they have weight and we can actually find them. They live in very specific places and our bodies and our fields. We can find them and then release them so that you can feel calm and empowered. And I like to say I am basically, the release phase of MBA. That's what I realized.

K

Kathrin Zenkina 04:39

That's amazing. Well, you're my favorite kind of people. I love energy people. I'm just so

curious.. how did you get- how did you get into this? Like, how did you discover your gift? Because this is not something like you go to school for, like, in fifth grade your teacher says you know what, Missy, maybe you should become like an energy healer or something. You should look at people's energy fields and pull out things that don't serve them. Like how the hell did you get into this?

M Missy Toy Ozeas 05:00

Yeah, so this is kind of crazy. So, I went to college because I really wanted to be in film and TV. So I actually did that. So I went to college for that. And I was in worked in TV production for years, years years. And I loved it. So I that was a great thing. But I felt this calling to do something more. And basically, one day at work, a director came and he said, "Hey, Missy.. it's time for you to move up, and I'm going to help you." And that's like a great opportunity, but like instead, like when we came out of my mouth was no! Oh, that was kind of rude. But I guess that's really what I think. So, I kind of went back to my meditation practice. And I said, "If this is my No then what is my Yes?" That's very important.

K Kathrin Zenkina 05:50

Okay, that's a really good question. Oh my God.. any of you listening right now, like, if you have something in your life that is out of alignment, and you just know it's a no, ask yourself that question. Like ask your guides, the universe, whoever you believe in, to show you what is your Yes. I'm going to use that from now. And that's amazing.

M Missy Toy Ozeas 06:10

Yes. Okay. And then though, have the patience to wait. No, but just be patient because the is I- so every day, I would ask that question, say "show me who I am." That was my question. So I would ask the morning, I would ask at night. And then literally, I had to wait four months. And then I heard like, right here like in my ear, I'm not kidding you.. I heard a voice and it said, "You are a healer." And I was like, oh my god, what is that?


K Kathrin Zenkina 06:40


Right?


M Missy Toy Ozeas 06:41


I didn't actually grow up that way. I didn't, like, that was very woowoo for me. Like I come from a very practical family.. none of my friends are in it.. I didn't grow up with that. So I thought that's pretty out there, I don't really know if I can go with this. Like, so I ignored it. Even though I could feel it very deeply in my body. Like, you know, when you hear your intuition, it's like a whole body thing. And I could feel it was different. But it was so out of the realm of my belief system that I couldn't accept it. So I kept working for a couple more months and then we went on hiatus with my TV show, and- let me back up for a second. So when I heard I'm a healer, I

actually then started delving into the podcasts. So I came across a podcast by this energy healer, and she was like this normal, like, I would say, normal. She was like a mom, just like me. She was like somebody we'd have lunch with, like, very normal. And she went through her whole story about becoming an energy healer. And I was like, wow, this is really cool. I didn't know there's such a thing. And then she said she was opening the doors to her course. And so then I went online, and it was like a couple \$1,000. And at the time, I was like, okay, I don't know if I really want to make that investment, might be too out there for me. So I didn't do it. So then when I went on hiatus, something in my, you know, my intuition said, go check out her website again. So I did. And so the doors were closed, and I was kind of bummed out. So I emailed her. And I said, "Oh, hey, just checking when the doors open, and how much is it again?" And she got back to me right away and she said, "I will gift you the course for free as long as you pay it forward."


 Kathrin Zenkina 07:07
What!

 Missy Toy Ozeas 07:07
So how can I not?

 Kathrin Zenkina 07:45
Of course, that's like a very obvious like, duh, I'm in.

 Missy Toy Ozeas 08:27
Yeah. So, super excited. So, I- that set me off on my journey of learning and training, and, and that just changed my life.

 Kathrin Zenkina 08:36
Wow.

 Missy Toy Ozeas 08:37
Like really just, she just said practice. So literally, I would just practice, practice, practice. And then I somehow met a woman who owns like a talent agency and she said, "can you work with all my actors?" I said, sure. And this was for free, so I just did that. And then, literally a month later, I said I'm gonna start charging. And then on that day, I got my first paying client and then I really haven't done- I just kept going.

 Kathrin Zenkina 08:38

K Kathrin Zenkina 09:04

That's amazing. You know what I love about your story, Missy? Like, for the like.. for you becoming an energy healer, you know, I have been told so often by many, many different psychics and very talented people, like.. actually I'm pretty sure to share this on podcast but I'll share it again just because it's so related to this. My mom booked a reading with like this very popular psychic- of course I've never heard of but apparently she's like very, very popular in England. And of course, I don't remember her name right now but I'll do my best to remember. And she was very popular among like celebrities in LA and like travels to LA to go see the celebs, right? So my mom somehow gets in her calendar and she books me because she knows that I would like that. And she didn't even ask me she was just like, hey, you have an appointment January 21, you know, at this time.. go to this hotel like in person. And I went there and she started reading me in like 10 minutes, 15 minutes, and she looks at me and she's like, "I don't understand why you're here." And I'm like, "because I want a reading.. because it's fun for me..? You know what I mean? I'm here to get a reading." And she's like, "No, no, I understand that. That's obvious. But you are just as powerful, if not more powerful of a psychic than I am." And I'm like, "What in the hell are you talking about woman?" And she was like, "here, read me." And of course, when you put, you know, when you put your intuitive abilities on the spot, like they don't really work as well. You know, you like tense up and you close up right away. So like 'uuuh' and she's like, "Ask me questions. Like, how many kids do I have? What is it, you know, my son do?" Whatever, whatever. Like, and somehow I picked up on like how her son is actually not alive anymore, but this is what he used to do. And like, I got a lot of things right. But what's interesting is that I've been told this so many times, and I would ask the psychics, I'm like, "Listen, I don't understand because I don't see this gift in me." And they're like, "Kathrin you have to practice it. You have to train it. It's something that's trained." And I was always under the impression that this is something- because I would always hear a lot of talented psychics, energy readers, energy healers that they would wake up with this gift that like four or five years old, right? And ever since then, it would just like be something that just switched. And I would always think like, no, but I missed that moment, because I don't remember having those moments as a kid. And of course, I have a lot of trauma as a kid.. I don't have many memories at all. So I don't even remember, did I have those experiences or not? What I love about you, Missy, is that you're such an example of like, yeah, absolutely. This is something that so many of us have, if not everyone, but it needs to be trained and practiced. It's like any other skill, or habit, like you can't just, you know, wake up one day and be like, "okay, let's turn it on." For many of us, it's like, we need to practice it, we need to put it into play.. it's something that needs to be developed, like a real skill. So I just appreciate that and I love that and it really normalized that for me. So I'm excited to keep training that for myself.

M Missy Toy Ozeas 12:04

Yeah, and you're right, we all have these gifts. And I really actually believe that. We all have spiritual gifts and that's like one of the fun things that I like about my job is I can help people uncover their spiritual gifts. And that's really the point of all of this is what are gifts and how can we share them with the world? And that's what I loved about MBA.. I know, we'll get into it more, but that helps us uncover our gifts. That's the point, I think, to me.. that's how we change the world.

K Kathrin Zenkina 12:33

Right? So, let's get into MBA. Can you just kind of paint a picture of like, alright, we understand

what it is that you do, but like, what made you go, "I need some help," like, you know, like this program looks very interesting. And obviously, there's a reason for you to get inside because you don't just like wake up and you're like, I need to sign up for MBA. So I'm just curious, like, what was that thing for you that made you go, "okay, I need this program in my life"?

M Missy Toy Ozeas 12:59

Well, at the time, I was struggling my two careers. And so I really wanted to grow my business but I hadn't given up TV yet. So at the time I started MBA, I was doing- I was straddling the two careers, and I was really tired. And even though I had a lot of clients, word of mouth, and it was amazing, I was still putting in a long hours in TV, and also I was afraid of losing my health insurance because I have health insurance for my whole family. I've always been the one to get them this.

K Kathrin Zenkina 13:30

Yeah. Yeah.

M Missy Toy Ozeas 13:32

So, so I thought, okay, I need to- how can I grow my business? And I thought it was the health insurance was stopping me but no... cut to MBA helped me realize there was a lot of other stuff under there. And even though I'm an energy healer, it's like, you need help.

K Kathrin Zenkina 13:51

Oh, for sure. For sure. I will tell you, I'm always hiring people. I'm like, help me I don't see my own shit.

M Missy Toy Ozeas 13:59

Totally. And actually, I did a fun thing.. I looked back on when- I think I started MBA.. I think was February or that's my journal said: February 2021. And I looked back and I made, that month, I made in my business \$3,749. That was that month, and my goal was a 10k month. That was what I was going for. That's what I wanted. But was it possible for me? I didn't know how to get there. I didn't know what's blocking me. So.. that's why I wanted to join.

K Kathrin Zenkina 14:35

I love that you have that written down, that is perfect. So, what was it- like, when did you start to notice a shift in the program? Like what was it that helped you unlock the thing that was holding you back from your future 10k months?

M

Missy Toy Ozeas 14:52

So one of my favorite things that I learned to MBA was the mirror neurons and how everything that comes up in our lives is, well, it's a trigger, and it's a wound. So I see that too. Whatever is triggering us is some kind of wound that we need to look at. So, what actually was coming up in the spring of 2021 was there were a lot of Asian American hate crimes, and I'm Asian American, and so that was super triggering. I mean, of course, it's triggering, but I kind of had to look at what that was showing me. And I had to do a lot of deep work. And it was also coming up right during the release phase. So tons of ancestral stuff, it was my own hiding. So what it was, was I found, is hiding. So hiding, in a lot of ways. So it came up, you know, like, what I look like, that there's times maybe in my own life where I felt like I had to try to fit in.

K

Kathrin Zenkina 15:55

Yeah.

M

Missy Toy Ozeas 15:56

But even deeper than that, it was my gifts, because my gifts are really unusual. And as a three year old, like I saw my grandma after she died. And I remember very distinctly the faces of my mom and my aunties when I told them that, they were kind of like, what, freaking out, and I think I've learned at that age, oh, it's not acceptable. Like, the energy to see ghosts, or anything like that, is not acceptable. So I kind of shut it down. And so it makes sense. By the time I got to the release phase, I was really dealing with hiding, and it was hiding my gifts and talents, and what's coming up with identity, that was blocking the growth of my business. And it makes sense now, but I didn't see it as clearly until I went through MBA.

K

Kathrin Zenkina 16:51

Yeah, I mean, those are huge, huge things for you to uncover, and to unlock. I know that racism is a huge, huge block for people in really showing up because they don't feel safe to be their authentic selves. And then also to add to that, now we also have- we live in a society that is very, like, logic, you know, 3d, like, there is no energy.. there is no this. And so that's like a whole another level. You being like, okay, there's two things now that are preventing me from really being my authentic self. And my shaman actually, he was raised in a Catholic family, and he used to have, you know, like the, we call them in Russian in like our, we call them Ikon, which is like icons, like icons of Mary, icons of Jesus, right? So, he would look at them on the walls, and his mom would like constantly be praying to them, and he would at the same time be talking to them, like the actual spirit of like Mary and Jesus. And the mom is like, "who are you talking to?" And he's like, "I'm talking to them." And he's pointing, and she's like, "but you can't, they are dead." And he goes, "Mom, they are not dead. They're standing right here." And I just like I always, it's always so interesting, you know, like that these gifted kids, like what families that they get put in with, like, the families that they choose, it's to really put themselves through this like school of, like this curriculum of really owning who they are. And if you have to go through your family like looking at you weird and not accepting you, and all these things, and you're really- when you come out of that, like when you heal that, you're going to be unfuckwithable. I mean, truly, you're going to be unfuckwithable. And I always tell

people who struggle with like family issues, it's like, "remember, you chose your family, and as soon as you uncover what is the thing that's really going to help you be your true authentic self, even in the face of your family." Like, no one in the world can fuck you up, like you are really going to be unstoppable. So that is a beautiful lesson to learn.

M Missy Toy Ozeas 18:52

I mean, I was hiding, I wasn't really been talking to my family about.. I had all these amazing clients, and I was really kind of down. I was putting on the dharma. I wasn't really even

M Missy Toy Ozeas 19:02

talking to my family, or my friends about that so how could I possibly grow my business if I wasn't even owning it? I mean, it was..

K Kathrin Zenkina 19:02

Yeah.

K Kathrin Zenkina 19:09

Yeah. At what point did you start owning your gifts? Like, what were like some of the tools that really spoke to you? Was it just like- sometimes it's just like an energetic shift. I know when I take like courses or programs or work with coaches, like sometimes it's like one sentence that they say will like, put an implant in my soul and it like triggers me to just fully release that and embody like a different version of myself. And then sometimes it's a specific like journaling prompt or it's a like a breathwork session or something like that. Like what was it for you that really helped you, not just uncover it, but really start to own your gifts?

M Missy Toy Ozeas 19:47

Well, two things. So the breath work. So I had done breath work before and it's kind of yeah, yeah.. you know, I don't know didn't really do anything with your breath work. And I was- the lobster claw thing.. I was crying and crying I thought, "Okay, I'm not even sad, like, what is this?" But it was so crazy. It was like a full- I can't even explain it. So the breath work. I honestly, I can't explain. It was so amazing. But the second thing I would say the shift was that I got support, and that's what started showing up to me, is support. And, actually, okay, so I found out that a lot of my blocks were ancestral- not a lot of it, but some of my blocks were ancestral.

M Missy Toy Ozeas 20:37

So I got this download that I need to see a Shaman. But it had to be a woman and an Asian shaman. So I was like, how's that gonna work? So, you know, I started Googling. I don't know, ...

like, how do I find this? I don't know. Also, I'm a generator. So I'm not really supposed to be like, finding it, right? That, like I was. So, okay, this is crazy. Because you know, where she came, you know, where I found her? It was in MBA, because she was an MBA student, current student.

K

Kathrin Zenkina 20:48

Yeah.

K

Kathrin Zenkina 21:08

Wow.

M

Missy Toy Ozeas 21:09

So that's the great thing is that you can find support in MBA from not just from you and your team, but from each other. So there is- so Sherry's her name, and she was MBA in my same group. And so I worked with her and she helped me unlock some things that had happened. Actually, that wasn't even ancestor but the past life thing, but that was one example.

K

Kathrin Zenkina 21:37

Right.

M

Missy Toy Ozeas 21:38

The unlocking. And then there was other support that I got along the way. But support was the first thing outside support started showing up.

K

Kathrin Zenkina 21:46

Yeah, especially if you don't have support, like just in general, I feel like, I feel like being in a program with people that are also in the same program, going through the same things, it just normalizes so much. I mean, I'm currently in a group right now, for a program that I'm going through, and just like, we are just doing it like old school, like what's happening, because I think there's like only 20 of us. And there's so many things that just get normalized and just like normalizing like, "Oh, I'm not alone. Oh, you went through this, too? Oh, I thought I was the only one of those thoughts Oh my God." And like, you just realize, oh my God, nothing is unique. Like we're all having the same thoughts, the same worries, the same stresses, and it just helps us overcome that and be like, "okay, if he or she or they overcame that, then I can do it too." So I love that you brought that up, because very few people actually talk about like the community and the support- they're very focused more so on the tools, I love that you brought up something different that can be pointed out for anyone who is currently in a place where they feel alone, or they don't have support, they don't have friends. Maybe they have friends that are making fun of them. You know what I mean? Like they just they feel like outcasts and

outsiders. So I love love love that you brought that up. How has life changed for you, Missy since the program? Because it's been like six, six months since it ended. I remember ended in like, June. And the reason why I remember that so clearly is because I was building it with your round as we kept going. So I was like working just as hard as you guys. And it ended in June. So it's been about six months.. like what have been the shifts, the tangible shifts that have come out of it?

M

Missy Toy Ozeas 23:23

Kind of crazy stuff. So actually, if I- okay, I admit, when MBA ended, I was kind of a little bit disappointed, because I was like, I felt all this internal shifts, but I was like, I didn't really manifest anything. So, so I thought, well, I don't know. I don't know, right? But literally two weeks after MBA. I got my 10k month, like, crazy.

K

Kathrin Zenkina 23:47

Yes. I'm so happy for you.

M

Missy Toy Ozeas 23:52

It wasn't just that.. I also manifested health insurance. So like, okay, so also I quit my job. Okay, so so many things.

K

Kathrin Zenkina 24:00

Yeah. That's a lot.

M

Missy Toy Ozeas 24:03

I was able to quit television, and my husband.. so it has, you know, this work radiates because my husband wasn't in the program, but he would- I would talk to him about all these things and basically, he- so the month that I finished MBA, he got his first big TV show, because he's a director of photography. So he got his first big TV show, which is what he was trying to manifest for, like a couple years. And also he got the health insurance, so I didn't have to get the health insurance. So that was like, so crazy. I mean, just tell you.

K

Kathrin Zenkina 24:42

Oh my god, that is so amazing. And I totally understand what you say like there are- here's the thing. It's like every round of MBA you have like students who manifest things like the first week, and then they set like expectations for the other students and be like, "oh my God, it's gonna happen that quickly for me too? Okay." And and then like the second group of students all manifest like halfway through. And then there's always a group of students who they don't manifest until the program is over. And that has nothing to do with their abilities, their

worthiness or anything like that.. It is just that there is a catch up period, and when you're making it and it's actually correlated to the amount of internal shifts you're making. So Missy, you must have made a ton of internal shifts.. like, tons and tons and tons of them. Because I know that like I'm going through a period right now, where I'm essentially in limbo for a lot of things. There's so many things that I can feel are in the works, but it's like nothing shifting in the external world. And so I'm like, okay, like, I'm just waiting, like, we're just, we're just gonna keep doing our thing, and I'm just gonna keep doing my mental, energetic spiritual shifts, and it's gonna be okay. And then all of a sudden, and you have this experience, where it's like, you do all this internal shift, and then you get like a boom! So Missy, you experienced a boom, because it was right when you let go. So the program's over, so you have this break to allow everything to just simulate into your consciousness. And then the universe goes, "Boom! Here's all your manifestations." So to anyone who's listening, whether you are a past MBA student, present MBA student, or a brand new MBA student coming up, as we have enrollment open right now as we're speaking- just be open to the transformation of whatever transformation is. There is a transformation coming, but really commit yourself to the internal game, the internal work that Missy has, because it's all gonna work out. And one day, you're gonna wake up, and you're gonna be like, "oh, my God, it did work, it did work."

M Missy Toy Ozeas 26:52

And it's not just like this one time thing, because that was like, boom, and then like from, then until now, crazy, other things have manifested. So it's like, it continues, because you also give us the tools to continue working.

K Kathrin Zenkina 27:07

Yeah.

M Missy Toy Ozeas 27:08

Like one thing like I always say with energy healing, we're like an onion. So we take off that first layer, and then the next layer comes up to be cleared, and then the next. So, it's really an ongoing process. And what I love about MBA is you give us the tools and the process to do that, so we can keep coming back, keep clearing, like whatever's showing up. And then those manifestations they just.. they don't stop. They just keep it coming and it's really crazy.

K Kathrin Zenkina 27:31

Yeah, I really do my best to empower my students and not be like, codependent on me or codependent on MBA or rely on being attached to a mentor or a healer or something like that.. Because we're all self healers, we're all- it's about being self empowered. We all are the universe in human form. So, it's great to have mentors, it's great to have tools, it's great to learn things from other people, but at the end of the day, it's like, you have yourself and it's about you actually using those tools on yourself, right? So I do my best to empower my students for lifetimes. And that's why I give lifetime access is not so I can just be like, oh, but we like forgot this one little thing that I'll teach you in the second level, right? So pay me more

money, right? Like, that's just not my vibe, I just want to equip you with everything, and then empower you to keep coming back and keep retaking as much as you want. For the same price as the one time enrollment. Um, Missy, let's say that you have a friend right now, or someone you deeply care about.. can be anybody in the world. They're listening to this podcast episode right now, and they're listening to your story, and they're still on the fence. What is something that you can tell them that you know, that they need to hear to jump off that fence and get inside of MBA? What would that be?

M

Missy Toy Ozeas 28:57

I would tell somebody that you're more powerful than you think. And that this is a very comprehensive, very in depth, very supportive program that shows you a process for uncovering yourself. Because underneath all that stuff is your full worth; all of your gifts, all of your talents, all the ways you can show up and let up the world. But we just need to get there, like clearing it off. And this is a very specific process to do that. So you're worth it. Anything would be worth that to change your life for the rest of your life- have these tools. I mean, it's amazing and it's real. So that's the other part is like, I'm very practical, but I also had that right mystical side. I felt like that.

K

Kathrin Zenkina 29:40

Yeah.

M

Missy Toy Ozeas 29:41

And this program is that.. it's science.. it's real, and it taps into that mystical part. And that's, you know, that's amazing. So anybody can fit into this.. to MBA.

K

Kathrin Zenkina 29:54

It's a woo-woo and spiritual, but it's definitely down to earth. That's how I describe myself. Teaching style. I don't float off way too far into the astral realms; I stay on Earth for the most part. And also I love that you mentioned like, you know, it's only your life that we're talking about here right? It's only this one life you know see you might as well just give it your all. Missy, thank you so much for coming on here.. I so enjoy talking to you.. hearing about your background, your story, your transformations. Where can people find you for your energy healing services and all the magic that you offer to the world do you have like Instagram, a website? What do you have going on?

M

Missy Toy Ozeas 30:34

Yeah, so you can find me on my website is Missyenergyhealing.com, and I work privately one-on-one sessions. And I'm also have, the doors will open in the spring to my energy healing membership where we teach you energy tools, because that's my passion- it's like to make energy tools and energy work mainstream. So I want to give people the tools to do that. So

that's my membership in the spring. You can sign up, get on the waitlist for that. And then you can also download a free energy clearing meditation. And you can find me on Instagram. It's @Missyenergyhealing,

K

Kathrin Zenkina 31:11

@Missyenergyhealing- it's so simple, I love it. And that's M I S S Y. And of course, all the links will be in the show notes as well so you can get all the correct spellings and get yourself to the right place. Missy, I love you so much. You are such a bright light, such a beautiful soul. Thank you for the work that you're doing in the world. And thank you, thank you so much for all of your extremely kind feedback about MBA and I am just so proud of the work that you've done to finally get to where it is that you want to go. And I know that there's so many like.. my favorite phrase in the world and I see this so true for so many people and especially you, is that there is so much more out there for you. You've barely scratched the surface. And I'm just so excited to see where you're going.

M

Missy Toy Ozeas 31:55

Thank you so much. Thanks for your work. Thanks for having me. It's so exciting.

K

Kathrin Zenkina 32:00

Yay. All right, you guys you know where to go manifestationbabeacademy.com. Doors are closing in just a couple of days. I cannot wait to see you in there. Bye.

K

Kathrin Zenkina 32:12

Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following @manifestationbabe or visiting my website at manifestationbabe.com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.