

(#195) The VOID, speaking to ancestors, Biblical symbolism a...

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dadada, void, people, ancestors, life, energy, literally, question, guide, divinities, create, ayahuasca, soul, world, sudden, manifestation, experience, knowing, talk, womb

SPEAKERS

Kathrin Zenkina, Makhosi

K Kathrin Zenkina 00:14

Welcome to the manifestation babe podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with the tools, the resources, the strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So thank you so much for pushing play today. And now, let's begin. Hello, my beautiful souls and welcome back to the manifestation babe podcast, the place to be for us to dive super deep into the world of manifesting and spirituality. Speaking of going deep, guess who is back again? My shaman, Makhosi. Oh my god! If you guys aren't familiar with who Makhosi is, she is an authentic universal shaman and spiritual guide who was initially initiated into South African shamanism, and she is someone who I have personally been working with over the last four to five months now. She blows my mind every single conversation I have with her. Ever since the first one, it has not stopped since. Guys, the podcast episodes are obviously not the only conversations that I have with her. Our

private voxer conversations, or the conversations that we have in person, each one, no matter if she opens her mouth for three minutes or she opens her mouth for 30 minutes, my mind is just so blown. So, I can't help but share some of these conversations with you, which is why she keeps coming back on the podcast and they're just way too good. So Makhosi has been a guest before on the podcast two other times. So, if this is the first episode you're listening to, I would highly, highly, highly recommend actually pausing this one, going back to either episode - actually, go in order; episode number 174, and then number 185 to listen to part one and part two. Again, it's 174 and then 185. Because in this episode, which is now part three, we just dive right into things with no introduction. So we go deep immediately, because that's just our style. So in this episode, we spent a good chunk of it talking about the void, dun dun dun. I've been talking a bit about the void on my social, so we are going to the source herself and talking about what is the void, which is, hint, hint, something I've been going through since 2018. How do we deal with being inside the universe's womb? Which is basically what it feels like to be in the void. Why do only 1% of souls go through this process? Which is so mind blowing to hear, because I hear so many of you guys so resonate with this process called the void, which is why I really wanted her to talk about this. And, what does it mean for our purpose in this lifetime? We also talk more about ancestors and how to speak to ancestors. That was a hot topic that you guys really enjoyed in part two, so we bring that back for part three. We also talked about how to interact with the spirit world without inviting in any dark energies into our space, because that's also a hot topic. As well as symbolism, which I use the word symbology in this podcast episode, and I don't know why I use the word symbology. I mean, it kind of relates because symbology is the study of symbolism, but I definitely meant to use symbolism. Just let's make that clear, okay? No one laugh too hard. As well as symbolism in the creation story of the Bible and how that can negatively affect us when exploring our spirituality. Things like serpent wisdom, or the one eye - the all seeing eye, or whatever call it in the Illuminati - which I saw when I was doing ayahuasca. And just certain symbols that have come up that a lot of people think are evil, or represent evil, just because it shows up in the Bible that way. And Makhosi goes deep into the history of the Bible, what the Bible is used for. And I just think it's so fascinating to know these historical things, because then we can actually use discernment when we are approaching spirituality and figuring out what works for us and what doesn't work for us. We don't ever have to put ourselves in the box. We can use all of the beautiful wisdom in all of the holy books, and all of the gurus, and all of the gods, and all of the beautiful things that we pick our information from. Whether we get it from certain religions, or we get it from source, or we get it from shamans or whatever, so, so, so important to talk about discernment, which Makhosi has taught me a lot about, and she talks a lot about on her social media, which is awesome. And yeah, I think that's - I mean, we go deep, Okay. I think there's more topics that I can't think of off the top of my head, but this is really good. Let me tell you, Makhosi and I can talk forever, and she's for sure coming back for part four already, I know. I wrote

out 20 questions for her and we got into four of them, four or five of them. So yeah, there's going to be part four. So give this a listen, tag us on Instagram @theroyalshaman and @manifestationbabe letting us know your favorite part of the episode, and what you'd like to hear about in part four. So without further ado, here's Makhosi. Hello, Makhosi and welcome back to the manifestation babe podcast, part three. How are you doing?

M

Makhosi 06:31

Wow, part three! part three. I'm great. I'm so glad that people have really wanted to go just deeper, and deeper, and deeper. So I'm here, and I am amped for part three of this series that's gone over a few months.

K

Kathrin Zenkina 06:52

I literally don't know how long this is going to go, because I already told Makhosi that I have enough questions here for three podcast episodes, and it just depends on how far and how deep she wants to go on each one and how fast we get through it. But it's like, every time, I don't know how, but every time I interview you it's like me, and everybody listening, our minds just go to the edges of the universe. And because the universe is always expanding, our questions are always expanding for you. So we'll see how far this goes. I don't even know where to start. I feel like the best place to start is a question that's come up. It's a life experience for me, and it's also a question that a lot of people have been asking me because it resonates so much with them. And it's very fascinating because what we're about to talk about is not something that every soul experiences in this lifetime. But at the same time, I believe that soul families stick together, and a lot of our soul families are listening to these podcast episodes. And so typically, it's like what we're going through, what we're talking about, is usually something that you guys are going to resonate with, and probably something that you guys are going through as well. And the thing that I really want to talk to you about, Makhosi, and would love for you to explain is the void, dun dun dun. What the hell is the void? And before you explain this, can I just say that it is not a fun place to be, but it's taught me a lot. And what I know my people would like to know is what is the void? How do we know we're in the void? What's the importance of the void? And why the void?

M

Makhosi 08:32

The void. So, it has many names, okay? For some, it may feel like just a calling to something higher, but what's characteristic about the void is that it is this completely unknown. So, most of us have had an experience of life that was very linear, right? I'm a kid, I'm going to finish school, I'm going to graduate from high school with my diploma,

I'm going to go to college, I'm going to study this, and then that will result in that, and so on, and so on, and so on. Which is - this is a very masculine structure, right? The void is really a feminine energy; it's a womb energy. It's almost like re-entering into the womb to rebirth yourself. And if you imagine that you're in the womb, you don't know - number one, from inside the womb - how long you're going to be in there?

K

Kathrin Zenkina 09:43

Yeah.

M

Makhosi 09:47

That's the hardest part, right? Like, wait, how long is this gonna last? You don't know up from down, right from left, right? And what's interesting, as well if we're using this womb analogy, is that there is an entire world outside of what you thought that you knew waiting for you on the other side. And the only way to know what is on the other side is through, right? it's just through the process. I can sit here and kind of explain what it's like on the other side of the void, of this unknown, but this is something that it literally can only be experienced, it can only be embodied. The only way through it, is to surrender to it and to go through it.

K

Kathrin Zenkina 10:47

What triggers the void? How does a soul just go into a void? What triggers that?

M

Makhosi 10:55

Yeah, so what we were kind of talking about before is that it's not for every single soul to experience in every single life, right? There are certain lifetimes that we experience that we're really just here to learn how to survive, or have certain experiences. But, the void can come from a trigger that can be a little different for every one. What I'm seeing happen most often right now, and it's connected to really the structures that are in place on a societal level as a collective level - and so there are many of us who our souls kind of agreed to have a similar type of experience that triggers this stepping into the void - and that is that we have to experience a wide range of what this society deems as the pinnacle, Right? The husband, or the partner, the little brown dog, or white dog with black spots, and his name is spot, and the white picket fence and the degrees and dadada, that's a generality. However, there are some of us who, in trying to get that experience, discovered that this whole system has really just been working against their nature, and that is the trigger for them. So this is really an invitation to see reality as it is - not better

than it is, not worse than it is - but for what it simply is, and breaking through the illusion, the facade, the maya.

K

Kathrin Zenkina 13:07

And how would someone know if they're in a void? Because I know that there's a lot of people who, after me sharing just to give people context - Makhosi and I spent a weekend together doing shamanic things, really exciting stuff around ancestors that we'll obviously go into because you guys had so many questions around ancestors. You told me that it's 1% of souls in a singular lifetime, it's 1% or less than 1% of souls, who go through a void. And I feel like everybody who has messaged me about it, or has emailed my team about it, like "what is the void?" They feel like they are in one. Can you explain how do you know you're in one? And do you need a guide to help you through it? Is there a right way to do a void and a wrong way to do a void? And how do we know we're out of it?

M

Makhosi 14:08

Oh, wow. So yeah, the 1%. I think most people - one of the, I would say, potential indicators would be black sheep syndrome. You just, even in the midst of a group of people, feel like you don't quite fit in. Even amongst your family, these people who know and love you, and who you trust and all of that, or maybe don't trust, but there's that kind of potential disconnect. Also, if you find that even though things really seem - things can seem really great, and yet, there's still this kind of this gnawing feeling that it feels kind of hollow, and you start to become aware of what is all of this for? It's literally inviting you to come to an understanding of what the value of human life is. So to answer your question about "Do you need a guide?", I've sat with this, I've read and researched a lot about this, and got a lot of teachings from my own ancestors and my own teachers and dadada, I've come to the conclusion that, really, you have to have a guide in order to get out of this.

K

Kathrin Zenkina 15:55

Agreed.

M

Makhosi 15:56

And the reason for that is you're venturing onto something and it's an unknown. You're floating around. And so, you have to have someone who's made it to the other side, who can literally traverse both realms. They can be your pillar, someone that you reach out to, because there are certain things that you're not going to be able to see. And that someone who's made it to the other side, which is a very, very tiny percentage, that's even

smaller, most people will just experience this for their whole life.

K

Kathrin Zenkina 16:45

And that's really freaky. Because, just to give you guys perspective as to what I've been going through, the void to me feels like, all of a sudden, I don't know why I'm here anymore. All of a sudden, I don't know what my purpose is. Which is so bizarre because I felt so certain of it two years ago. And sure, I'm still living my purpose, but it's this constant gnawing, like Makhosi explained, that there's more out there for me and I've barely scratched the surface. And that message has been coming to me since early 2018, so I've been in that for almost three years now. Just that feeling of knowing that there's more out there for me, I've barely scratched the surface, the same things that used to light me up no longer light me up, I'm constantly doubting myself. It's this sensation or this feeling of constantly not knowing what you're doing, even though on the outside. For me, it's so bizarre, because in traditional manifestation they talk about how your inner world is creating your outer world. But what I've learned and what I'm going through, which is very bizarre and confusing to me sometimes, is that my outer world keeps improving, and getting better, and more amazing, and epic things are happening, but my inner world is so chaotic and so upside down. Just like Makhosi shared how you're floating in the womb, you don't know left from right, up from down, it's just all over the place. You don't know where you're going. You don't know how long you're going to be in there. Just like I assume an embryo and a fetus growing in a womb, they don't know how long they're going to be there for, they're just chillin inside mom's body. That's how I feel, chillin in the universe's womb, or my own womb. Because you explain it's like being pregnant with yourself, and I don't know when the hell I'm gonna get out of it. And you shared that one of the biggest mistakes that people make is not seeing it through, hiding, retreating, being like "fuck this, I'm going to Costa Rica for 10 years" or "fuck this, I'm going to go meditate with the monks in the..." I don't know where monks live, Himalayas? I'm gonna go, or Tebet, or I don't know, that's pretty embarrassing that I've no idea. My geography right now is a little shaky. But anyway, you guys get the point. You're just like "No, fuck this, I can't handle this anymore". And then you stay in that place, basically, for the rest of your life, never really learning the lesson of the void. So it's a very interesting place to be. And I didn't know what I was going through, and nobody I knew was going through the same thing as me until I interviewed Makhosi in part one, which if you guys have not yet caught up on part one and part two, we're going even deeper into what we were talking about in part one and part two, so definitely go ahead and listen to those. But as soon as she talks about how she works with people who are going through this thing called the void and she explained. It was like, oh, my god, I need you in my life. Because I don't know what I'm going through, and it's very, very weird, and it's very scary, and I know that there is something on the other side. It's like this knowing that there's something at the end of the

tunnel, but you do not know when that tunnel is going to end. So Makhosi, can you just explain this for anyone who is going through this? Why is it that phenomenon of the outer world being amazing, but the inner world being chaotic? And how does that energetically even make sense? Because in traditional manifestation, it does not make any sense.

M

Makhosi 20:18

Yeah. It's funny because traditional manifestation doesn't include the understanding of dimensionality. I don't know if that's word. Dimension? The dimensions. There's different experiences at different dimensions. And so, what we're perceiving in this realm can look one way, and there's actually something happening different on another layer. So an example of this would be, let's say that you attract who you are, right? You attract who you are. Well, that's not completely true, because this is a cocreation on this plane, right? And so there's an aspect of you, which is, we can say your higher self, or this non-physical soul part of you that desires to have a certain experience. So for some individuals, their basic needs are going to need to be met, and for some beyond that. So there's some of us who came to be wealthy as hell. And the reason for that is because that is in service to what we're here to do, or what we're here to experience, or who we're here to be. So it's very difficult for especially the divine feminine leaders who are in the womb right now, who are coming into their embodiment, is very difficult for the divine feminine to become fully expressed, if it doesn't have safety and security. So the divine feminine, it's very in flow, it is very creative, and it moves like water, right? But water takes on the shape of whatever the container it's put in. So this process is essentially showing you that you can shape shift, or that you can transform yourself again, and again. That with every surrender you can die and be born again. And in the void, you're doing that, literally. It's like every time you think that you've got some clarity on who you are, you are like, "Oh shit, that wasn't it", and then you die again. That version of you dies, another one comes into being until you basically get to this place of I've died so many times in this life that I am in total surrender, and open, and willing to be fully present, and allow things to unfold and reveal themselves. And that is critical because, I said it I think maybe part one, but who you're here to be has never been before.

K

Kathrin Zenkina 23:48

Yeah

M

Makhosi 23:49

Who you're here to be has never been before. Where we're going has never been before. And so, the only way for us to create that is for us to let go of the structures that we are

holding on to, beliefs about this as what reality is, this is who I am, right? This is who my family is, etc, etc. All of that illusion, it has to be it has to be broken down. The thing that's coming up to me, our ancestors were brilliant in some of the "mythology". I put that in quotes because there's layers of teaching in the mythology that once you learn how to see through the veil, or see through what's on the surface, you can begin to see the layers. But the one that's coming to me is in ancient Egypt. The creation story, actually, is what we're talking about, but on a bigger level. It tells the story of us coming out of the noon. And the noon was this feminine essence, the feminine energy likened to the womb. Also called the primordial waters, the primordial chaos. And essentially, it was chaos, not as in bad, but just that all of the pieces of what make reality, or make up the universe, just had not been put into order yet. And they say, this is how the story goes, but the first god came out of the noon. Well, first he became. That's literally how it's said, that Ta became. He became aware of himself, and then he stepped out of the noon. So, that is what's happening in the void. You're becoming, you're getting to become aware of oneself, fully aware of oneself. And then, once you have become, you step out of the chaos, and you are.

K

Kathrin Zenkina 26:42

That reminds me so much - I know it wasn't a void, but I was going through a dark night of the soul, pretty much, in 2016. The classic story that I share with my audience all the time. The time that I was living on my grandma's couch, not knowing what the f is going on with my life, not knowing what I was going to do. I would call it a mini void. I had a lot more certainty though on just how I felt, because I could just see the clear cut direction. Even though I didn't know how it's gonna happen, I just knew where I'd be at the end of it. But I was talking to a psychic who read me two months prior to moving to Los Angeles, or like a month prior, and she was like, you're moving to the right place. I see, at first she didn't know it was LA, but she was like, I see palm trees and sunshine, I think you grew up here. And I was like, yeah, I'm moving to LA, yay. She's like, yeah, you're gonna reach a whole new level of inspiration, you're going to start a new business. She basically described exactly what actually ended up happening, it's just that I didn't know the timeframe, I thought the timeframe would be immediately upon arrival to Los Angeles. But instead, I ended up just walking right into chaos. And it was so so chaotic for me. And I remember I had another session with her about a month after I moved, and I said, Anna, What the fuck? Why would you tell me such things and none of them would happen? And she's like, Kathrin, Kathrin, Kathrin, calm down. She's like, but don't you know? Chaos means you're on the right path. When there's chaos, it means that your current reality is being completely disintegrated, so that a new foundation can arise, and so that you can build upon a new foundation. If you're going through chaos, it means that things are rearranging for you in your favor. And I've never experienced a more truer thing in my life back in 2016. And now I welcome chaos. it's not easy, of course, all of these things are so

much easier said than done. But I really love that you shared that because it's through chaos that we can reorganize ourselves, we can reorganize our life, we can reorganize anything and come out of it on the other side with that clarity. My question for you is when you're out of it, is it just like an intense clarity that you have? How do you know you're out of the Void? What do I have to look forward to in two years? because you said it's gonna be another two years for me.

M

Makhosi 29:05

Approximate. so holding you to - don't come literally day, I don't know, 777 like okay, it's been two years approximate. And also, there is always free will. So it can last longer or it could be shorter.

K

Kathrin Zenkina 29:25

Yeah.

M

Makhosi 29:26

Trajectory. That was what I was envisioning. Totally got sidetracked, ask me again. Oh, how do you know if you're on the

K

Kathrin Zenkina 29:35

Yeah, how do you know you're on the other side? Because like you said, you're gonna have doubts of clarity, and then you're gonna be like "Nope, that's not it". And so I felt many days of clarity this year, i've also felt many days of WTF. And so, is it like I have 100 clarity days in a row for me to know I'm out? How do we know, Makhosi? Make it 3D for us, if you can.

M

Makhosi 30:00

Very difficult thing. Okay, if someone is in that experience, and they're experiencing maybe chaos on the external, right? So for you, maybe it's internal, for some it might be external. And that can just be reflective of which aspect needs to be put in order, essentially, right? So for some people, it's going to just look like reordering, or just a feeling of serenity. A feeling of, even in the worst moments, there's still this feeling of sadness, but there's also this bliss that still exists under it because there is this deep knowing that this is part of what you're here for. Right? You're here.

K Kathrin Zenkina 31:03
Yeah.

M Makhosi 31:04
And so, there's like a euphoria that comes along with it. Knowing that everything is temporary, that everything, even this wall behind me, is temporary. We see it as solid, we see it as unchanging, but literally, if I didn't paint this wall - I've only lived in this apartment, not even two years. There's scratches and there's dings on it already, it's changed, and it will continue to. Everything is changing. Another thing is your relationships start to shift, and it can look miraculous. So what I love about it, even if I'm working with someone in business, etc, it is pretty common that relationships that you thought were completely disintegrated, never possible of any reconciliation, that there comes to some level of reconcile. Or not necessarily reconcile, we're going to be together dadada, but it can be this I'm completely okay and I don't have to hold animosity and dadada. It's surrendering to what is, allowing it to be who they are.

K Kathrin Zenkina 32:37
I'm sure you saw my face as you're explaining that, because my jaw just dropped because, I never told you this, and here I'm gonna just tell it on the podcast, but that already started happening for me. I reconnected with my best friend of 20 years, randomly, via text messages a week ago. And we've been best friends for 20 years. When I started my business, we went on different paths. I told you about her during our work together over the weekend. And all of a sudden, we just went on this texting rampage with each other, just talking about old memories. Like, do you remember when we did this, do you remember when we did that, and all. And next thing I know, we're hanging out together all day next week. And that's a relationship I never thought would come back around. You know, obviously, I'm not saying that we're BFFs again, because obviously we haven't seen each other in five years, we'll see what happens. But I'm so grateful to that. And I that's a relationship that I never, ever, ever thought we'll be reconciled in any way, shape, or form in the next five years, ten years. I knew that at some point, maybe we would have some sort of relationship, but it just didn't seem - there was no reason for us to reconnect, it was so random. And there's other relationships that were kind of not really relationships, but relationships that went awry, like friendships that went awry from years ago. All of a sudden, we're talking again, and commenting on each other stuff, and sharing each other's work. It is so bizarre, but I already started experiencing that.

M

Makhosi 34:13

Yeah. So that's one of the manifestations of what starts to come into harmony. It doesn't mean that oh, you're just never gonna have challenges and you're always going to get along with people. No, but you start to notice that you move into this harmony in your relationships. It can also manifest as quantum leaps, all of a sudden. Like blow up happens, right? Or windfalls of money, or you know, but that does tend to happen as well. But the difference is that there's not an attachment to it happening. There's not a fear of losing it, right? There's not a fear of what does it mean about me and bla bla, bla, bla, bla, bla, bla bla. Those things start to go by the wayside. And so when you get to the other side, I would not say that there's this clarity. I feel like people chase clarity because clarity is this - number one, it really is this illusion that I have some understanding of something, right? I understand who I am, or I understand what's happening to me, and so we're constantly seeking. I can't move forward until I understand why my life is like this, or why I'm like this, or where I'm going, or dadada, no. On the other side of the void awaits you this surrender to "I'm always going to not know" and being okay with not knowing, being okay with being totally in the present and creating. Literally, taking one step just based off of what is right in front of you. Not living for tomorrow and 10 years from now, but really one step at a time in your life. Literally fully being embodied, not living so much in the past, not living forever in the future, but knowing that it all exists right now.

K

Kathrin Zenkina 36:45

Hmm. So it sounds like a life of radical acceptance and detachment.

M

Makhosi 36:50

Yeah.

K

Kathrin Zenkina 36:51

So it's like what I'm feeling right now, except I finally accept it.

M

Makhosi 36:57

Right. For me, it came when I made the decision to go to South Africa. And things changed so drastically fast for me, because I finally surrendered to you know what? No matter what happens, I'm going to choose to make the best out of it. If my husband leaves tomorrow, I'm going to be sad, but I'm going to choose to make the best out of it. If I have to go back to find work, I'm going to be okay. And it doesn't mean anything about who I am, or what I'm worth, or whatever. I get to - in each moment, when I'm presented

with life - I get to respond to it, I get to create. And that's it. It doesn't have to be this - I don't even know what to say, it's almost like a certainty versus a clarity.

K Kathrin Zenkina 38:02
Yeah, I get that. I totally get that.

M Makhosi 38:06
Yeah.

K Kathrin Zenkina 38:07
And what you just described as the energy that I bring into my launches, that week between cart open and cart close, I am so detached, I don't make any meaning out of anything. Whether it goes well or not well, it doesn't mean anything about me as an entrepreneur, as a soul, as anything. It just doesn't mean that I'm better than everyone, or better than a past version of myself just because I'm successful. If I wasn't successful, doesn't mean I'm worse. It doesn't mean I'm devolving, it doesn't mean anything about me. And my god, that's the most powerful energy to be in. I have been struggling to describe it to people. I finally did in my last podcast talking about my \$1.85 million launch, and I used the same exact energy towards the epically aligned launch, which is very, very successful. And so, it's really about bringing that energy into everyday life. I mean, that's the lesson for me that I'm getting from this, it's understanding. Like, wait a second, okay, I get it now. I can conceptualize it, and I can actively work on embodying that energy every single day. So that it's not just my launches that are fun for me, it's not just my launches that are successful, but everyday life can be fun and successful. Even if I don't know exactly what is going to happen by the end of the day, or by the end of the week, or by the end of the month, it's one step at a time. Radical alignment, which is how I see it.

M Makhosi 39:35
Yeah, what's interesting about that, too, is I made a post earlier about how everyone's really just seeking the action items, like what they need to do, right? How do I get alignment?

K Kathrin Zenkina 39:48
It's a generator thing.

M Makhosi 39:50
Yeah

K Kathrin Zenkina 39:52
it really is a generator. It's like, I need to do something.

M Makhosi 39:55
And not sell for projectors. But what's so funny about it, is that we are always looking outside of our lives for something. And it's bringing your awareness back in to - okay, how am I approaching this meal that I'm cooking? How am I greeting my husband when he comes in? How am I just sitting on the on the couch? What energy am I in? And am I totally just accepting and allowing to unfold and reveal itself, the nature of life? Our mind - I know everyone talks about it's just your mindset, you just got to work on your mindset, right? The mind is a limiter. That's what it does. That's what it's meant to do, right? And so, what we're talking about is shifting into allowing yourself to be soul lead. The mind seeks clarity.

K Kathrin Zenkina 41:11
The mind is just there to obey the soul if that's how you rewire it, and you understand it in that sense. The mind is so powerful, but it needs to be told what to do. It cannot lead. It cannot lead your soul. Your soul has to lead your mind.

M Makhosi 41:28
Yes.

K Kathrin Zenkina 41:30
You mentioned the creation story. I know we talked about the void now for so long. I think that we definitely have to do like part four, and part five, and part six, because there are some topics that are just way too juicy and they can be an episode all on its own. I do want to sprinkle in some other stuff, though. This is something that I remember you wanting to bring up in part two, I don't think we really got into it. I don't think we got into it at all. But you brought up the creation story, and so I couldn't help but think of Adam and Eve. And this actually came up in some of the questions, which I know you're very passionate about serpent wisdom, and I know that we have demonized in our society, in

our culture through religions, a lot of the occult symbology. For instance, when I did ayahuasca, I had a lot of concerns. Christians messaged me be like, Kathrin, you're dealing with evil because you saw snakes. You said you turned into a snake, ayahuasca was a snake, your ego was a snake, it was like a snake party. You saw a lot of eyes like the single eye, right? A lot of people associate that with the Illuminati. And there's just a lot of this occult symbology that people don't really understand the true origins of it, and how it's way older than the Illuminati, and way older than Christianity, and it has roots that are beyond the Bible. Not to hate on the Bible, I've respect for every single person's religion, spiritual beliefs, I never hate on anyone, never disrespect anyone, I just like to dig into this stuff because I know that you have so much knowledge about this. Who really was a snake in the Bible? And why are we led to believe that snakes, or other occult symbols, represent evil? How did that happen? And where do they actually come from?

M

Makhosi 43:16

Well, that would be a five part series by itself. But, cliff notes version. Okay, first you have to understand that the Bible, if you look at it and are not attached to it being anything other than a book of knowledge, okay? Not taking it in as your identity. If you say that you're a Christian, that's one thing, but this is not the same thing as being a Christian. It is a book that holds knowledge. It holds, ideally, a way of life or a paradigm right within it.

K

Kathrin Zenkina 43:59

Yeah.

M

Makhosi 44:00

So what we have to understand is that when the Bible was being created, you don't just create something out of thin air and expect that people are going to come along for the ride. And so the Bible when it was created, approximately 2000 years ago - the exact years slipping my head, I think it's either 432 ,anyway - in the Council of Nyssa. When it was being created, it was not even the only book that was up, really. And there's lots of talks about all of the hidden books, etc, that have been kept out of the Bible because they didn't serve the goal. We have to understand that it was created as propaganda. It was created with the intension of getting people on board with what leadership was doing. So a religion, or a spiritual system, is incredibly powerful because all of your behaviors, who you believe yourself to be, what you fight for, is all connected to how you believe that you came into being, what you believe about the world, what you believe is right or wrong, dadada, and what you take into as your identity. So what was happening in the world at this time - and anyone is free to research this on their own, it's not hard to find. You just

have to know to even ask, or to look - But up until that point in time, the serpent symbol specifically, was connected with hidden or metaphysical knowledge, healing, magic, divinity, transformation, rebirth, and so on, and so on, and so on. All of these things that were very desirable by human beings, right? Every human being wanted wisdom, wanted all of these things.

K Kathrin Zenkina 46:27
Still do

M Makhosi 46:29
And still do, right? But they don't realize. When you take certain stories like Adam and Eve, right? Even in the Bible, it says that Adam and Eve ate from the tree, ate the fruit from the tree of knowledge, good and evil. So then you have the kind of resulting thing is knowledge being a sin?

K Kathrin Zenkina 46:57
Yeah

M Makhosi 46:59
That having knowledge of this, that and the other, right, is in itself "bad". And so then you have to question well, why? Why is it bad? Well, we just talked about the void, right? Someone who is operating from the present, and their soul is guiding them. Their own soul is now a moral compass from the inside, not coming from a book.

K Kathrin Zenkina 47:35
Yeah.

M Makhosi 47:36
You see where I'm going with this?

K Kathrin Zenkina 47:37
Yeah, I do.

M

Makhosi 47:38

Okay, someone who - this is why what I'm saying is very, very, very powerful, and it's why you could say I'm dangerous, because this is unlocking people's power in themselves. Because now it's not about what this book tells you to do, it's not about what your pastor tells you to do, it's not about what even Makhosi tells you to do. So I tell my clients and students question everything, including me. Listen to yourself, because I know if I get you in touch with your soul, if I get you in touch with your higher self and that's the compass that you're operating from, your soul is not going to be making so many of these really awful, destructive decisions that we're making. All in the name of being good, right? How many wars have we fought where we believed we were the good guys? Wait, it's every single one, right? We're killing people, but because it's in the name of god and our nation, we're the good guys. And so on and so forth. So religion in itself, while it has so many benefits, it can also create some of these issues. Because now you are doing what you believe is to be good, but can be directly in conflict with your own higher self. And this is what so many people who we find ourselves, you and I, find ourselves in contact with. There's this internal struggle, because they've been taught that having certain spiritual gifts is of the devil.

K

Kathrin Zenkina 49:52

Manifestation

M

Makhosi 49:53

And manifestation is demonic and dadada. Well, who could give you that power but creator itself?

K

Kathrin Zenkina 50:02

Exactly.

M

Makhosi 50:04

Who could give you the power to create your life except the creator itself? Right?

K

Kathrin Zenkina 50:14

Mic drop

M Makhosi 50:15
Who even created evil?

K Kathrin Zenkina 50:17
Creator.

M Makhosi 50:19
So that is a very uncomfortable place for some people to sit. But I invite people to really sit and then look at what is the manifestation of some of these beliefs? What is the manifestation of women believing that they came from a man? Where do they do that? Where does it happen? And what is that showing us? What is it showing us when we believe in a story that says that humans had dominion and reign over the earth? And I have yet to come across an indigenous or ancient wisdom story that talks about any of that BS. All of them talk about how we're here to be in harmony with the nature. We're not above. We're not above the frogs and the trees. And look at how we behave because we believe we have dominion. So these things are not harmless. It's not harmless to have these beliefs, they're very, very powerful. And so, if you come at it from just being open to question and to ask; it doesn't mean anything about you if you just question, if you just ask. And if at the end of that you decide "you know what? This is working for me", carry on. But if you get it and you say, actually, some of this stuff that's in here - by the way, I keep two Bibles in my temple right over there and utilize them, because there is knowledge in there. But there are some aspects that are in there that have resulted in manifestations in real life that have dire consequences. And it's not - people will say, oh, but that's the person. Well, but that person's operating under certain beliefs.

K Kathrin Zenkina 52:38
Yeah.

M Makhosi 52:39
If we address the beliefs, then we shift the human.

K Kathrin Zenkina 52:43
That is such a fascinating perspective to operate from. And I thank you so much for bringing this perspective to people because it's so true. When we operate from a

paradigm from 2000 years ago, we don't allow for any evolution. If we get stuck in a paradigm that's long gone, and supposed to be long gone, then what the hell are we doing here? We keep incarnating. If that was the end, if how we're supposed to live 2000 years ago, that message was the epitome of where Earth was supposed to go, we would have no reason to reincarnate. But we keep reincarnating, and now we're in the year 2020 for a reason. And so we have to access new paradigms, and understand that there's other paradigms that we can embody, and ones that are for the highest good of all involved. And I really love that you share that, you know, the part about the indigenous, how we're truly one with nature. And ayahuasca for me really showed me the indigenous, being the wisdom keepers of the planet, and just how many of them are getting killed. And ayahuasca showing me, for instance, America being - she specifically said America is built off of broken bones. And I understood that that's the broken bones in the indigenous. And it's like, we are so threatened by wisdom, are so threatened by knowledge, but who is threatened by wisdom and knowledge? Not the people who are in alignment with their highest selves. It's the people operating from ego. That's the paradigm from which we create these stories, or recreate these beliefs, or ways of thinking that are literally damaging people's lives or planet animals, it goes so beyond that. I have two more topics that I quickly want to get into. Oh my god, Are you cool with part four?

M

Makhosi 54:27

I'm always cool for another. I just want to add one more thing to that as well. I invite people, even if they don't want to go into reincarnation at all. Just look at how much reality has changed and transformed. This was why we always had spiritual leaders, we always had oracles and seers, etc. who were in the moment, in the present, as things are unfolding. Because guidance needs to be societal, but also individual to each person. What's right for Kathrin is not necessarily right for Makhosi, right? And that was the whole purpose of that. When we're all operating under one direction, there can't be harmony. So we don't even have to look at, you know, that we keep coming back. Let's say you don't believe in reincarnation at all, just look at how different the world is from the time that it was created, right? and where we are now, not everything applies right now. So now we have to become conscious creators and look at okay, what is going to serve us going forward? Utilize some of the previous knowledge. But now, how do we use this and this knowing what we know?

K

Kathrin Zenkina 55:47

I love that. Okay, this is a question that came up a lot. When interacting with the spirit world, is there any danger as to what we call in? How do we know if we're speaking to something that we're not bringing in some sort of dark energy that can have implications

in our life. And what comes up for me is actually very tied to what we just talked about. Where the reel that I made, help is on the way-Mrs. Doubtfire, calling it how your spirit guides, and ancestors, and deities, and divinities, how they respond to you when you ask for help. I saw a couple comments of people being like, yikes, you don't know what you just called into your life. You just called in the demons, and the darkness, and whatever. And I'm just like, my response to that was oh, yeah? According to whom? But I'm just curious as people are awakening, and beginning to channel, and are being contacted by other beings that are trying to assist the evolution of humanity, how do we know who the hell we're talking to? How do we know that it's not a trickster spirit? That it's actually a spirit, or spirit guide, or ancestor that wants to help us. I mean, this is something that honestly makes me nervous sometimes. Because sometimes I'm like, was that a trickster? Or was that a real thing? And oh, my god, what if what I'm doing is not really - you know what I mean? My mind tends to go in those places just based off of this conditioning, this deep, deep conditioning that we have with Christianic roots. That anything outside of just believing in one god is believing in the devil. So how do we actually know are we safe? Are we generally safe? Is there danger to the spirit world? I know that I opened up a whole can of worms when I ask you questions that you can probably talk for 45 minutes. But if you can keep it short and simple, that would be so awesome.

M

Makhosi 57:53

The short and simple of it is: number one, you are interacting with these things all day, every day, you're just not aware of it. You're interacting with violence and sodomy and dadada. When you are witnessing that, you are in the presence of darkness.

K

Kathrin Zenkina 58:22

Wow.

M

Makhosi 58:23

You don't have to wait to call it in, it's there. Whether you believe in it or not, it's having an effect on you.

K

Kathrin Zenkina 58:30

So true.



Makhosi 58:31

And you are also interacting with the light all the time in various aspects. So the short and sweet is, it's always safest to interact with your ancestors, first and foremost. And assuring that these are the highest ancestors, those who come with the best intentions. And you call them by that, and you're holding that energy that this is who's coming through.



Kathrin Zenkina 59:05

Yeah.



Makhosi 59:06

Because your ancestors are you and you are them. You're literally just calling on yourself.



Kathrin Zenkina 59:13

Yeah



Makhosi 59:14

But with the knowledge and the wisdom of lifetimes.



Kathrin Zenkina 59:18

Yeah.



Makhosi 59:20

So that is the safe - ancestors are left out of so many religions, but that's really like the safest place to begin - is with the ancestors. When you heal yourself, you also begin to heal your lineage. So then those ancestors that needed that healing begin to evolve, and so on, and so on, and so on. That's the safest place. Now the other thing is - I have to say, and this is not a popular answer. Probably going to get a lot of hate for it, especially from other spiritualists - but there's a reason that we have training. There's a reason why our ancestors had initiation processes that were grueling, that were hard. That you didn't just get to claim a title until your elders in your spiritual lineage bestowed that title, signifying that you had demonstrated at least a certain level of mastery, still learning, but at least a basic level, right? It's like becoming a doctor, doesn't mean you're a great doctor, but you've at least passed the tests that you can do the basic functions, and you have a basic

understanding of how things work, how to utilize your basic gifts because they continue unfolding, and so on and so forth. That was not only for the safety of the individual, but also for the safety of the community who would be seeing this individual. So imagine if all of a sudden, everybody just started calling themselves doctor, and we all just all just went to a doctor? That'd be kind of scary.

K Kathrin Zenkina 1:01:10
Yeah.

M Makhosi 1:01:11
Right? That would be kind of scary. Well, the spiritual realm has a greater effect. It's the thing that's creating the issue in the body that the doctor's operating on, dealing with, etc. So, it always just blows my mind that we think we need no guidance, or support, or any sort of training to do that, right? There's certain experiences. Even while I was in training, there were times when I would be going into trance, and then a dark entity trying to come in, and my spiritual mom having to guide me on how to prevent that from happening, and when to do things, and dadada, until I became empowered enough to be able to do that.

K Kathrin Zenkina 1:02:12
Yeah.

M Makhosi 1:02:13
So, that's the short answer. Some of these things is not like, fake it till you make it. This is not fake it till you make it.

K Kathrin Zenkina 1:02:26
Yeah. I love your answer. So, ancestors, you said, I mean, for sure. What about us spirit guides, we can call on our own spirit guides, right? but then like...

M Makhosi 1:02:39
Yeah, okay. So ancestors who have our highest good, highest intention. And then spirit guides, highest good, highest intention. Because not all of them have your highest potential.



Kathrin Zenkina 1:02:52

Interesting. Okay, and so beyond that, we would need someone like a shaman, or a spiritual guide, who has training and discernment for us to be able to access the higher rounds or the the higher hierarchies.



Makhosi 1:03:07

Yeah. I mean, yes, unless you are someone who is really being called to step into that, and there are certain signs, and dadada that will let you know. Usually it's going to be like a spiritualist is going to say, bla bla bla, right.



Kathrin Zenkina 1:03:27

Yeah.



Makhosi 1:03:28

But it's not for everyone. You don't need much more than that. I mean, I work with quite a few, and I've only accrued them because I am assisting in them facilitating that the experience that they are also trying to have in this world.



Kathrin Zenkina 1:03:52

Can I share a story? And you tell me who I talk to, if you can. So I was going on a night hike in Sedona with a couple of friends. I'm going to leave their names out, just in case they're not comfortable with me sharing the story. But I was going on a night hike with a couple friends in Sedona. I have no idea where, but somewhere in Sedona. And we approached this - our intention was just go stargaze, look for some UFOs, just kind of feel into the energy. Sedona is such a special place for us. And we approach this one rock, it's kind of like the stopping point. And as soon as we got on this rock, I had the worst vertigo. Where all of a sudden, I couldn't tell up from down, the whole sky was spinning. I was looking at the sky and it was like virtual reality all of a sudden, and I could almost see like the matrix. It's so bizarre. And I started questioning, Oh my god, am I alive right now or am I not? Is this real or is this not? Are these stars or am I imagining this? Am I dreaming? It's such a bizarre feeling. I had to literally ground myself. I immediately sat down while my friends were like woah, this is so cool. All of a sudden, I'm sitting on the ground, and I'm imagining roots going deep, deep, deep, deep, deep into the ground. And then I calm down and we're sitting there on this rock, on the edge, and my friend is sitting next to me and he immediately gets a download. Tell Kathrin she needs to protect her energy right now. And

right when he says that, I have this experience where we're all sitting and, all of a sudden, I just hear a million - well, not a million, let's say like three or four- three or four voices just coming out of the sky and just being like, hey, Kathrin. Hey, Kathrin. Hey, Kathrin. And I can hear distinct different voices. Hey, Kathrin, coming from different stars, almost. And, I'm like, okay, hi. And all of a sudden, I hear one come out and be like, hey, Kathrin, can we pass on a message to you? And I just felt very unsettled. And I was like, are you a being of the light? And they immediately disappear. And so I don't hear from them. And I'm like, okay. Because I've heard from people in the past you can always ask are you a being of light? Or from the light? Or have the highest good, or whatever? And they have to answer. And if they disappear, obviously means no. And then I hear another like, hey, Kathrin, hey, Kathrin, can we pass a message on to you? And I'm like, are you being of the light? And I'm just doing this all in my head. And I hear yes. I'm like, okay, what's your message? And it just passed on this beautiful message to me about love being the thing that's going to cure all. It was just something around love is the highest vibration that's going to bring us out of this paradigm that we're currently in, bring us out of this COVID situation, and out of basically anything that we're dealing with at this time. And I'm like, oh, thank you for the message. Where are you from? And I got this very clear, we're from Xena. And I'm like, okay, thank you, people of Xena. And I'm just like having this whole experience to myself. And then as soon as it's done, and I'm like, okay, I'm gonna close myself off. I share with my friend. I'm like, I think I just communicated to some beings. And they were like, oh, my god! literally, just now I got this download saying Kathrin needs to protect her energy because everyone's trying to talk to her, everyone's trying to pass a message on to her. I just got this sensation that I need to tell you to ground yourself immediately. And it was just so, so bizarre. But, who talked to me? Is that me accessing beings that I'm allowed to talk to? That it's safe for me to talk to? Is that ancestors? Is that spirit guides? What does that mean about people who have experiences like that?

M

Makhosi 1:07:36

Well, there's many different kinds. There's many different dimensions, and there's many different kinds of beings in the different dimensions. And so I will never - I mean, I even had a conversation with my son about this, about seeing dark entities. It's that they lose their power when you're not afraid. And so, being afraid of interacting with them, it's not that you invite them in and now I'm doing your bidding, but can assist in it. Because an entity really is just concentrated energy, but it's in darkness. So you can, once you get to a certain level and have mastered the fear and all of that aspect.

K

Kathrin Zenkina 1:08:27

Yeah, I'm not there yet. I still go straight to fear.

M

Makhosi 1:08:33

Assist, or banish, or whatever that needs to be for you at that time. It's funny to me, and why I love working with ancestors the best - I mean, yes, all of them are great, and I hate to say that I have favorites, but I do have favorites. And the reason why I love ancestors is because higher dimensional beings tend to come through with just so much airy-fairy-ish. That I'm like, this is not useful, really. It's nice, it feels nice, this is not helpful.

K

Kathrin Zenkina 1:09:12

Yes

M

Makhosi 1:09:12

Those spirits have been human. Some of them have been human more recently, they know what the experience is. So when ancestors come through, they always come through: number one, usually with humor and some lightheartedness, but also with real stuff. And they typically don't have a problem telling you how it is. Telling you this is where you're messing up. Sometimes it can come off kind of rash, but they know what it's like to be human. And so what they bring is so much more practical, typically, than what you're going to get from some of these beings who they've never even had a body, right? Is this going to help me in my day to day life and you've never had a body? Yes, we can learn something from every single one, but can I use it in the day to day. And so you're going to be having more and more of these kinds of experiences. It's not crazy. I know that it's been demonized so much, but this is a very natural expression, it's a very natural way of being. And I would just look at it as this is a gift. Use your discernment.

K

Kathrin Zenkina 1:10:38

Yeah.

M

Makhosi 1:10:39

Use your discernment, again, and again, and again.

K

Kathrin Zenkina 1:10:43

Was I on the right path by asking Are you being of the light?

M

Makhosi 1:10:46

Yeah, you can ask that.

K

Kathrin Zenkina 1:10:48

Okay. That's my go to. If they say yes, I'll open it up. But if they disappear or something just feels off, then I like, no, no, thanks. But I love that. A question that, of course, is going to come up from that place that a lot of people have asked, is how do we practically communicate with our ancestors? How do we open up that communication? If it wasn't for the ceremony that we had with feeding our ancestors, specifically my ancestors, and all that awesome stuff that we did where I was able to actually talk to them through you, which was unbelievable, amazing, which I never told you, I don't think, that I shared the answers with my mom, because they're also her ancestors. And she was reading all this. And she's like, Kathrin, this is exactly what I was told when I was communicating with them through ayahuasca. This is exactly the same information, word for word. This is crazy. And I was like, yeah, mom. And she didn't even take ayahuasca, she just sat there in trance. She's like, wow, this is so cool. I just went off on a tangent, hold on. Oh, yeah, yeah. So you know, obviously. But before then, if you ever told me, hey, contact your ancestors or communicate with them, I would look at it as a prayer. I would look at it as literally just setting the intention of I call in all the ancestors that have my highest good at heart to pass on any messages, or share any imagery with me, or let me know what my next step is, or whatever, and just sit in a meditation and see what comes up. Or ask them to guide me in something, or I need to receive assistance with this. Thank you so much, it is done, whatever. Is that how we can go about it? Or is there like different ways that we can go about it? For someone who has never ever talked to their ancestors, or even acknowledged their presence, where can they start?

M

Makhosi 1:12:49

Such a good question. I love this one, because I just get amped about people even considering that they have this aspect of themselves that they can really interact with and activate within themselves. So yes, there are multiple ways and there's levels to it. But on a basic level, everyone first needs to understand - you've got to understand the importance of energetic exchange.

K

Kathrin Zenkina 1:13:18

Yeah.

M

Makhosi 1:13:18

The importance of energetic exchange. So what most people have been taught to do in prayer is we go and we're requesting, we're begging for energy, but we bring nothing. We bring nothing, okay? These are energetic beings, they need energy in order to influence. There has to be energy moving. So the most important thing is energetic exchange, and that can happen through a variety of mediums. It can be you literally just setting down a glass of water, or pouring it out onto the ground where the ancestors are buried. They live in the ground, right? It could be a candle. It could be a little bit of your food, literally tiny bit before you eat it. And then you're providing some energy. PS for anyone utilizing plant medicine: please, don't utilize plant medicine without offering something. This is creating such a huge problem for us, but I digress - part four. The energetic exchange is so so so, so important. So it can be like you present something, but your ancestors are not god, or higher divinities, and even spirit guides. Your ancestors are the intermediary between you and your spirit guides. They carry between you and divinities.

K

Kathrin Zenkina 1:15:04

Nice.

M

Makhosi 1:15:04

It's the ones that hold the keys to that.

K

Kathrin Zenkina 1:15:06

Yeah.

M

Makhosi 1:15:07

So, again, going back to that they lived an experience. You approach them still as you would like an elder, right? Like your grandparents. That's the energy that you come with. But you aren't coming with begging energy, right? That's lack. That's like, Oh, please make it happen for me, dadada. No, you need to come empowered, right? Asking, support me in making the right decisions, and you also need to follow up on that, right? Like...

K

Kathrin Zenkina 1:15:44

like a real relationship.

M Makhosi 1:15:47
Right.

K Kathrin Zenkina 1:15:48
Check in.

M Makhosi 1:15:49
Check in every once in a while, express gratitude, right? Allow yourself to be in gratitude for the things that have come in your life, and how amazing is that? Even though your parents made some mistakes, or maybe they were horrible people, but at least through them, you're here, right?

K Kathrin Zenkina 1:16:07
Yeah.

M Makhosi 1:16:08
Allowing yourself. I always lead with the gratitude, and then, I want to see harmony in my home, I want to see improved health for my grandmother, I want to see dadada. And then, I approach higher level beings, and that would be the divinities, etc. The ones dealing with higher level stuff. They weren't really as concerned with individual requests, especially if you're not bringing anything, right.

K Kathrin Zenkina 1:16:37
True.

M Makhosi 1:16:38
For them, it's like, okay, if it fits in the context of what is going to create harmony, right? And so it's not like the basketball game where both sides of the team are praying to god. And, well, which one wins? Which one does god favor then? No.

K Kathrin Zenkina 1:16:57
Right.



Makhosi 1:16:59

It's about harmony.



Kathrin Zenkina 1:17:01

So we ask for our G wagon to our ancestors, not the divinities. Got it.



Makhosi 1:17:09

I mean, I would never ask for something specific, but ask for the tools to create the something specific.



Kathrin Zenkina 1:17:20

Yeah.



Makhosi 1:17:21

Grant me the confidence, support me in figuring out what to do next.



Kathrin Zenkina 1:17:35

Yeah.



Makhosi 1:17:36

And so, in that way, I'm not limiting myself to a G wagon.



Kathrin Zenkina 1:17:42

Right. And also, we're kind of giving up our sovereignty if we're relying on something outside of ourselves to give us a G wagon. We're the creators, and I think that's so important to remember that we are the creators and they're the support. They're guides, we call them guides for a reason. Not because they hold the keys to everything in our life, but they guide us in unlocking those doors.



Makhosi 1:18:07

And ultimately, you always have choice. You always have choice. Sometimes I'm gonna

go ahead and tell y'all, because I've been interacting with so many people and their ancestors, the way that I'm having to go, many people's ancestors are real tired of you all taken the poverty road, and just continuing the pattern. And they're trying to bring in the love, they're trying to bring in the children, they're trying to bring in dadada, but we're the ones who, through our choices, continue to limit ourselves. So what we want to do is be in a very empowered place, and allow them to bring in what they see as what could be for our highest good. And that by the way, sometimes it is not pretty stuff. It's not always pretty.

K

Kathrin Zenkina 1:18:59

Yeah, it's pretty in the long term, just not pretty right now. I love it. Makhosi, you are such a gift to this universe. Thank you so much for coming into my life. I know that you knew before I knew that we would work together one day because that's the nature of who you are, but thank you so much. I have learned so much in such a short amount of time. It's like I've described you before, and we did the case study video for you, I shared how Makhosi is like spiritual Google. You just type in a question, that's been my experience of boxer between the two of us, I just type in a question and there's always an answer. And it's the most incredible answer where I can't even make that shit up myself. I can't find that information on actual Google. And it's just assisted me so much of my growth. And I appreciate how much you challenged me, and you asked me all the right questions. And every time we're together, we have a session together, you're not just telling me what to do, you're always honoring my sovereignty. You're always like, okay, Kathrin, and how can I assist you in this? Or how can you bring that to your audience? Or how can you do that? And I just appreciate that so much because you're a true spiritual leader, you're a true coach, you're a true embodiment of this feat feminine leadership, and you know what it means to really help society evolve on such a heart centered level. And it's been such a joy working with you, and it's been such a joy having you on the podcast so many times. And I know this is not the last one because I literally went into just three out of the 20 topics I have on here, so that's cool. There's a lot more to go.

M

Makhosi 1:20:39

I'm really working on this. I promise I know how to answer these really,

K

Kathrin Zenkina 1:20:45

Girl, I bring up big picture meta crap, like let's just push. I just bring you this encyclopedia worth of questions, and we just go into the encyclopedia and that's just what happens. But I just want to thank you so much for coming back on here. And for those of you who are

listening, there's obviously so many nuggets of wisdom in here and we would so appreciate if you guys can screenshot this episode, and tag @theroyalshaman and @manifestationbabe, and let us know what blew your mind this time. Because I know there's something in here that blew your mind, because there's definitely things in here that blew my mind, and I've been working with Makhosi for like, what? five months now, four months now. And so there's there's a lot of information I've already learned and I still have my mind blown. And then definitely give her a follow because she's been doing this awesome new thing now called coffee with Makhosi. There's a lot of great content that she's been putting out on her Instagram, which is @theroyalshaman. Makhosi is there any last thing that you want to mention, or any offerings that you have, or anything that you would feel would make this episode complete?

M

Makhosi 1:21:53

The only thing that I have to add, first of all, thank you so much for all of those lovely words. It was so beautiful. And it's just been a real blessing and joy to just see you blossoming and the level of all-in, that you are all-in, is absolutely incredible and inspiring for me, for sure. And I know that so many people right now are being inspired by who you are choosing to show up as, and that's only going to reveal greater levels of the truth of who you are. That's freakin epic. And then for everyone listening, the only thing that I really have in this moment as we are going into 2021 - and I know that some people will be hearing this later, but it doesn't matter this is a timeless piece - is that when you allow yourself to tap into, and be led by your higher self, rather than leading from your mind, what you will experience is beyond what even you can imagine. So let go, surrender, and enjoy the ride.

K

Kathrin Zenkina 1:23:20

I freaking love that. I love you so much. And to all of you guys listening, I will catch you in the next episode and you'll catch Makhosi in part four, whenever that comes around. Alright, bye. Mwah. Thank you so much for tuning in to today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following @manifestationbabe or visiting my website at manifestationbabe.com. I love and adore you so much, and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.