

Episode 18: Scripting + Where The Money Comes From - Decembe...

Fri, 6/26 3:21PM 28:00

SUMMARY KEYWORDS

people, life, money, world, book, babe, scripting, year, podcast, amazing, manifesting, brennan, inspiring, energy, manifestation, creating, day, happened, universe, instagram

SPEAKERS

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Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina, and I'm a spiritual mindset coach, author, manifesting expert, and creator of the Manifestation Babe brand. Each week I'll be bringing you inspiring chats, interviews, and dialogues all based around how to unleash your inner magic, breakthrough your limitations, and manifest the reality wilder than your dreams. If you enjoy listening to topics on money, mindset and manifesting, then you have come to the right place. I am obsessed with helping women peace through to the highest potential and transform into the greatest, most badass versions of themselves. I hope you enjoy today's episode. Now let's begin. Hey gorgeous souls. It is Kathrin from manifestationbabe.com and I am here today recording this podcast style. So literally, I'm not even live streaming this because the Wi-Fi in my hotel is just not that great. And even though I have international data for some reason, it's not that great either today. So, instead of having a choppy live stream and a choppy podcast, I decided to just whip out my microphone to do Day 18 and Day 19 of the Unleash Your Inner Money Babe Challenge through a podcast. So I'm here recording this on my microphone in Sydney. It is now New Year's Day. It's a beautiful New Year's Day, it's January 1. So, happy new year to everybody all across the world. I know that Sydney is one of the first places that has the amazing fireworks. And it's pretty much fun to watch how New Year's Eve unfolds throughout the whole rest of the world. It's really fun to watch. So, last night Brennan and I had an amazing time bringing in the new year. One of

the things that relates to Day 18 of the Money Babe challenge is something that we did last night, which was we reflected on 2017. And we took note of how far we've come in just one year. And I wanted to share this list with you guys, mainly to inspire you, and to share with you how far you really can come in just one year. If you give it one full year where you do not doubt yourself, you have no fears, you just go and go, kick ass, trust that the universe has your back. You don't look back, you just keep moving forward, you keep creating this huge vision for yourself, you know your outcome and you're constantly going after your outcome. So much can happen for you in just one year. And that was my 2017 and of course because I proved it to myself of what I was capable of. Now, 2018 just looks like a grand freaking vision, and it looks so amazing. And I'm just so stoked and so excited. So, we did some goal setting and scripting last night on Day 18. So, let me get into Day 18 super quick. Scripting is something that I would always do, and still do, at least once a week. If not, at the bare minimum, I would keep refreshing what my ideal day looks like, and my ideal life at least once a month. And for some of you this might be the very first time that you do this exercise. For some of you, you might be doing this as a refresher. The key is to keep refreshing yourself, your subconscious mind, and the universe on what your ideal day in your ideal life looks like. When you have crystal clarity about where you're waking up, where you're living, who you're living with, what you're doing for a living. How do you spend your time, what kind of coffee you drink, how you're dressed, who you're hanging out with, the kinds of things that you're creating every single day. The more clarity you have, the more unfolds for you. Because then the universe understands what it's working with. So, this is something that I continuously did with a day in the life of the perfect Kathrin Zenkina life. I used to do this all the time. I remember at the end of 2016, my scripting journal entries looked like my life today. I have chills right now recording this entire podcast, literally since I whipped out my microphone. I don't know if this is a sign that I should be doing more podcast style of podcasting. I don't know what is going on right now. I have mad chills and tears in my eyes, but I think it's because I feel so inspired right now, to share with you how far you can come in just a year. And even how far you can come in just a day, in a week. It's just all a matter of "Are you willing to get out of your own way? And are you willing to just go for it?" So, my scripting entries back, just a year ago looked like my life today. My life today is filled with travel, hotels, amazing food, and it's filled with amazing clothes. All these books, connections, and relationships with people, it's filled with the impact that I'm making on the world, creativity. It's filled with, obviously money. It's filled with so much amazing stuff. A day in my life, I remember just dreaming that one day I will not be tied to a job. I won't be tied to anything, I will have plenty of financial abundance to where I can live anywhere in the world. I can go anywhere, I can hop on the plane, I can move around, I can go to an event, I can go home, I can go anywhere and there's nothing that ties me down. I have no boundaries, I have no limits. There's just nothing and I can do whatever I want and I can run my business all around the world only be bound by a WiFi which unfortunately the WiFi let me down

today but it's okay. I travel with my microphone, I travel with my laptop, I travel some equipment, but honestly besides that, the clothes that I have in my suitcase, I can always repurchase, I can buy new clothes anywhere in the world. If something happens, I can just purchase new things. And it's amazing how I'm just super proud of myself, when I had this conversation with myself, "Katherin, just give it one year of your life. And if five next New Year's Eve, you don't like what happened. The universe let you down, you let yourself down, and you made a fool of yourself, then guess what? You can start the next year, going back to the way things were. And that's it, you can just continue on life, but at least you know what it was to risk it, to go fall out, and to just go out there to make shit happen." So, I'm just super grateful to have experienced that. And I want to inspire you guys to have that experience in 2018. I know that because I did that in 2017, and I knew what I was capable of. I can go into 2018 and go even bigger, because I know what I'm capable of. And I know that there's nothing that stands in my way except for the limitations of my mind. So, if I can just keep breaking down those walls and breaking down those limitations, I can go so far, and so can you. So, last New Year's Eve, Brennan and I were in Las Vegas, and we were kicking off New Year's Eve in Vegas. And I remember watching the fireworks from also equally amazing view, from a balcony at the signature at MGM Grand. And at that time 2017, 2016 ended and in Manifestation Babe, I have only made \$8,000. And Brennan did not have a job at that time. So, I was literally supporting both of us on a full time job, and just 8000 extra bucks that came out of my business that year. I was working every single day, building this thing, building this empire, creating content, posting on Instagram, posting on Facebook, sending out emails. And just putting my heart and soul into inspiring other people. The biggest component of my business, the way I see it, is I'm an inspirer and a motivator. I know that when people have inspiration in their life, and when they have that spark of life in their life, they are unstoppable. And there's someone else that tells them what they're capable of, shows them what they're capable of, inspires them, and lights the path, then they become unstoppable too. And that's kind of my mission, that's my mission with Manifestation Babe. Wow, I went off on the tangent, and I don't remember why I went off on this tangent. But let's go back for a second. So, I've been working on inspiring people, and that's what I still do today. I just do it on a grander scale. I do the same thing today that I did last year. It's just on a so much bigger scale because I went all out. Let me share this list with you of everything that happened in 2017, just to share with you how much can happen in a year. And this is a personal list of some of these might be a little bit silly to you, but they have meaning to me. So I want you to create your list of all the amazing things that you accomplish in 2017 to show you how much you've been capable of in just a year of your life. And what you're going to accomplish in 2018. Set that tone of accomplishment for yourself. Show yourself that you've already accomplished so many things, so that you can keep going, keep bossing it and keep kicking ass. So, 2017 I have on here, number one, the first time I saw over \$1,000 in my PayPal, that was a huge deal in one day, I had a 1 k day, I almost lost

my shit. I hosted a retreat, Brennan found a job, I moved into my very first apartment in 2017, I furnished my first apartment, I got engaged, I visited Costa Rica, Spain, Dominican Republic, Bali, Australia, and Taiwan. I smashed my travel goal in 2017, I made half a million dollars, from \$8,000 to half a million! I checked my stats last night actually this morning, since it's the first in Australia, and we actually closed the year at 600,000. So I made a 100 k more than I give myself credit for. And I feel that is so important to acknowledge because you really want to be proud of yourself and that energy of being proud of yourself is going to carry you into the next year. I got NLP master certified, I hired a team to help me with my business, I hired a boss, a CPA team, a legal team, and also a wealth team to manage my money. I attended Wealth Life Mastery and Date With Destiny, Tony Robbins events. There's actually a couple of events I went to, but those are the ones that stood out to me. I bought my first real camera, cause I told you this is just my personal list, to me that was a big deal. I got a miles card and started to book a tonne of trips on my miles. First 10 k day, my very first five-figure day was in August and that was exciting. I rented a second apartment this year for convenience, I literally rented a second apartment for my NLP master practitioner training. I paid two rents that month and that was awesome. Lewis Howes followed me on Instagram and he accepted me into his mastermind, I actually set a goal to get the attention of Lewis Howes. I know it sounds silly, but that man really inspires me, I think he's doing kick-ass work and I really was manifesting a connection with him. I met Tony Robbins that was unbelievable. I joined platinum partnership and was able to swipe my card for \$65,000 in just two days. I never in my life would have imagined that I would make two transactions totaling 65 grand in just a matter of two days. To have the capability to even do that, to have that kind of cash sitting around that happen in just one year! The family met each other, that's me and Brennan. I published two books, I launched Rich Babe which is my absolute favorite program in the world, and sold out all four launches, outsold sales team and a first financial quarter. That's Brennan reflecting on the fact that when he finally got hired for his job, he wasn't even on the sales team and he slayed the entire sales team. I grew Facebook group to 40,000 members, I grew Instagram by 13,000 followers. I stayed in Sydney for New Year's Eve, I visited North Carolina, Miami, New York City. I handled an event "Walkout Like A Boss," that is a story for another day. I won a legal case. That's pretty much what I have on this list, that's all we could think of last night. But, this is a matter of one year, 12 months. To go from having nothing, jobless, still working a full-time job, to creating a life of freedom to where we're able to bring in the new years in Sydney. To be financially free and just not be bound to anything, not be bound to anyone's schedule. That was a matter of one year. You can give 2018 you're your best and your all. And I promise you next New Year's Eve, we're going to be looking back and say, "Holy shit, that was amazing." And you're going to create a kick-ass list as well. So, we did this, we did a little bit of goal setting. Let's go back to scripting, what does scripting mean? Scripting is the exercise of writing your life as if it's already happened. I like to do this as creating my

perfect day because what you're essentially doing is you're creating a vision for when your life is exactly as you want it to be. What does your perfect day look like, and literally sitting down with your journal, which is beautiful for this time of year to do this exercise, especially if it's your first time, or at least gain a refresher. Open up your journal and start writing down your perfect day from the moment that you woke up to the moment you went to bed. Again, this is your ideal reality. So, you could be a billionaire in this reality, if that's what you want to do. You can drive a Lamborghini, you can have a hot husband or hotwife, you can have all the freaking dogs in the world that you want. You can have the filet mignon for breakfast, you can have whatever you want. So, sit down and write down your perfect day as if it's already happened. You want to make sure it's in the past tense because if you're writing things down as if they're happening right now, or in the future. First of all, if you write as if something's going to happen in the future, by the law of attraction, it is always going to stay in the future. Now, if you are writing as if it's happening right now, sometimes your subconscious mind is going to scream "Liar, liar. That's not true, you're not doing this right now, that's not happening." So, to trick your mind, you want to write about it as if it's in the past because the mind doesn't tend to argue about the past. And if it's already happened, it's not really taking a look at your current reality and calling you a liar, because it's already happened. So, it's a great way to trick your mind into not arguing with you when you do this process. I have a list of questions in the book. So, those of you who have the book, and you can get it on Amazon, I have a whole guide for you, to help you. Such as "Where did you wake up? What kind of bed is your perfect bed? What are the sheets feel like? How was the weather like on your perfect day? Who did you wake up next to? What did you have for breakfast? How many times over did you manifest 1 K? So, you definitely want to have your financial stuff on here, since this is money manifesting book. So, talk about the amazing stuff that happened in the day. And what you'll find out is that the more you do this and the more you start creating your life and creating a vision, the more of it is going to manifest into your life. So that is Day 18. And now Day 19, where does the money come from? So, I come across a lot of people, especially women who believe that the only way they will earn more money is if people decide to pay them more money. So, there's this huge connection between money and other people. And I'll typically hear things as "But Katherin, what if I'm in a position where my only money sources come from other people? Doesn't it depend on them to want to give me more money, to receive my thousand dollars?" And I always say, "Yes, other people matter. And yes, your money is going to come from other people. But the thing is that money doesn't essentially come from other people. It comes from the universe through other people." So, when you are manifesting money, when you are earning money, of course, other people are involved. Think about it. People have to buy your services. People have to give you pay raises, people have to give you bonuses, people have to hire you, people have to want to work for you. There are all these different connections that we have to have with other people. When we create a product or a

service, there has to be a demand for it in order for someone to give us that energetic exchange. In order for someone to see it as something that's valuable to where they pull the energy out of their wallet, give us that energy and we give them our service, which is our energy and exchange. So of course, other people are involved, but because the money ultimately comes from the universe, the universe will never keep money away from you. This is where it's so important to break away from the specifics of how your money is going to come through. I know a lot of people get attached to one person and that's their boss. Or they get attached to a certain client coming through, or they get attached to a specific amount of birthday money coming from their family every single year, or whatever it is. They get so attached that the money has to come from this specific person, and what they end up doing is that they end up blocking that money source. Because they keep putting that forceful energy onto that person, and people can feel that energy, so all of a sudden, they might not want to pay you. For some reason the raise falls through, or you and your boss get into a fight, or whatever ends up happening. So, you want to always be open and ready to receive. The key here with bringing in more money through other people is to start appreciating every single person in your life. And it's not a manipulative thing to do to where you are only appreciating other people, being grateful for other people, and doing the exercises on Day 19 because you expect these people to give you more money or to pay for your services. You can always tell when you're doing someone a favor, or when someone does a favor for you, just because you're expecting something in return for you. That energy does not feel good. So, Day 19 is all about just starting to appreciate every single human being, every single connection, and every single relationship in your daily life. So that you can just keep your channels of abundance wide open, and have that amazing positive energy just spread throughout, because people feel that, and people all of a sudden will notice that you're just such a bright light. And you're so happy, you're so positive, you wish well for others, you're just grateful for other people. And you're just loving on other people to where they're thinking "You know what, I want to work with you. I want your services, I want your product, I believe in your mission. You're amazing, thank you, here's this, here's that, I want to pay you, I want to give you a raise," all these amazing things unfold. In 2018, one of the intentions that I set for myself is to connect with more people, to build more relationships, to do more collaborations, to shout more people out. And all of these things not because I expect people to do it in return for me, but because I learned the power of having amazing relationships. A lot of people believe that your network is your net worth, and how the more connections you have, the more people you know, the more money you make. Now I finally understand that this is true. Because the better of a connector you are, the better of a networker that you are, the more connections you have, the more people you know, the more people you send love and light to, the more it comes back to you. And it always comes back to you. So, when people notice that you're just giving, with no expectations of receiving, they want to give back to you. Of course, it can go on so many tangents about working with

influencers and getting the attention of other high-level people, etc. But I'm going to save that for a different podcast, of course, because a lot of people come into these connections with the wrong mindset, and they expect that the other person is going to do something in return for them. And that's the only way that they're going to offer a compliment, a gift, appreciation, or offer something to that person just because they're expecting something in return. And let me tell you, energy doesn't lie, you can't trick energy. You must be in this place where you're constantly giving with no expectation of returning. So, today's Money Babe Action is to just send 10 appreciation notes to 10 people in your life. It can be the mailman, it can be your mom, it can be your boss, it can be your clients, it can be your business partner, it can be the grocery store clerk, it can be your friend, it can be your acquaintance, it can be anybody in your life. The Money Babe Action today is nothing more than to just say thank you for the people in the world around you. Say thank you for these people being alive, just being in your energy, and just being in your world. It can be to your siblings, or your family for putting up with your shit, maybe your husband, right? It doesn't matter who it is, just find those 10 people and make them smile, compliment them, say thank you, make them feel good. Have their 2018 start out on a high note, share with them what they mean to you, how amazing they are, how they're going to impact the world and how they make the world a better place and set the intention to put a smile on their face. I promise you, if as long as you don't expect anything in return, and you don't expect that these 10 people are going to give anything back to you. I promise you, the universe is going to find so many different ways to return this energy to you. And I am a strong believer that what you give out comes back 10 times in return. So the more love you give, the more appreciation you give, the more gratitude the more you wish well for others, the more you love on others, the more you're proud of them and you celebrate their success. I promise you, your life is going to be so blessed in return to the level of 10 times, 20 times, 100 times, you wouldn't even believe. So, I write on here, last but not least, don't be surprised if your manifestations come into fruition today out of the blue, the energy of gratitude and appreciation contains magic. So that is all for Day 18 and 19. Please if you're listening to this podcast, take a screenshot of this episode and tag me on Instagram @ManifestationBabe either posted in your story or posted on your feed. Or if you're on Facebook, you're in my Facebook group or follow me on Facebook, go ahead and tag me, let me know what you thought of today's episode. I want to see that you guys are listening to these podcasts and maybe I will do some more podcast episodes just for the podcast listeners after the challenge and throughout. Of course, I'll be doing live streams in my group. So, if you're not in the Facebook group, and you want to get content through my facebook live streams that you don't get anywhere else, I do those in the Facebook group. So, go to Facebook, search Manifestation Babe, then, you will see my group, it has almost literally 100 members away from 40,000 members. So, that's the right group. You'll see me on the cover photo with a map of the world behind me, a pink map of the world which is my sign. So, go ahead, join us, and if

you're also listening, and not following me on Instagram, find me @ManifestationBabe. And I will super-duper appreciate if you guys can go ahead on Amazon, if you have purchased this book through Kindle or print, and if you go on Amazon and leave me a review. I don't care if it's a sentence, two, or a paragraph to share with me how this book has impacted your life. If I have given you any amount of inspiration, or this book has inspired you in any way or giving you any breakthrough, or perhaps you have already manifested your thousand dollars and beyond, or whatever your money goal is. Please share that with me in the Amazon review, it would mean so much to me because I go on there and I read the reviews every single day and it just makes me happy. And it just gives so much meaning to this book for me. This book isn't just something that I wrote, but it shows me that this book is making an impact on other people's lives. Last but not least, if you're enjoying this podcast, go ahead and give it a five-star rating and a review if you feel called to do so as well. I love you guys so freaking much. And I hope that you bring in the new year in the best way possible with your loved ones, and your family and some good champagne, some good food, some good vibes. And I truly wish you the absolute success in 2018. I love you guys so much have a beautiful night, mwah, bye. Thank you so much for listening to today's episode. If you enjoyed this podcast and want to see more of the Manifestation Babe series, make sure to hit the subscribe button and share this episode with all of your friends. If you really enjoyed this podcast episode, make sure to leave a review on iTunes and let me know how much you enjoyed it. To go even deeper and unlock your inner manifestation babe, make sure to head over to manifestationbabe.com, where you can find courses, events, books, blog posts, and all of my social media feeds. Until next time beautiful, I'll see you in the next episode.