

Episode 17: December Money Babe Challenge - Up Your Value, U...

📅 Thu, 6/25 10:45PM ⌚ 39:02

SUMMARY KEYWORDS

invest, people, money, day, masterminds, feel, babe, valuable, income, investment, tony robbins, increase, signaling, buying, mindset, rule, australia, year, single, life

SPEAKERS

Kathrin Zenkina, Brennan

K Kathrin Zenkina 00:04

Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina and I'm a spiritual mindset coach, author, manifesting expert, and creator of the manifestation babe brand. Each week I'll be bringing you inspiring chats, interviews, and dialogues all based around how to unleash your inner magic, breakthrough your limitations, and manifest the reality wilder than your dreams. If you enjoy listening to topics on money, mindset and manifesting, then you have come to the right place. I am obsessed with helping women seek to reach their highest potential and transform into the greatest, most badass versions of themselves. I hope you enjoy today's episode, now let's begin. Hello gorgeous souls. It is Kathrin from manifestationbabe.com. So, we are back today for Day 16 of the Unleash Your Inner Money Babe challenge. Day 16 is a topic that I live and breathe. And I love this topic, this topic alone. I know I say this about almost every single chapter, but I promise you, it's only because I put the most important stuff in here. The most life-changing stuff that dramatically increased, improved, changed, and transformed my finances, so I don't put any fluff in here. I don't add anything that I don't think is necessary. But Day 16 is one of my favorites to talk about especially when I teach Rich Babe, and especially when I work with my one-on-one clients. And especially with people who are looking to increase their incomes and they ask me constantly, "Kathrin, how do I make more money? What do I need to do? What action do I need to take? How do I just become this money magnet? And how do I increase my income every single month?" A lot of

people come to me and they ask, "I'm making this X amount of money every single month, but I want to take it to the next level. I want to double that income, or triple that income, or 10 times an income," whatever it is. And I have to say that Day 16 is the way that I've been able to 67 times my income from last year to this year in my business, was because I upped my value and exchanged up my income. So, what I mean by up your value of your income, there are two parts to this chapter. Part one is to realize that you already have so much value within yourself, if you're already so valuable. You are one of 7 billion people, and you're one of a kind, and you have gifts, talents, and unique abilities within you that nobody else has. And you can speak to people in a way, you can affect people in a way, and you can produce anything, creative content, you can produce all these amazing things in a way that absolutely no one else can. And you have gone through challenges in your life, you have come across opportunities in your life, and you have all these experiences in your life that nobody else has experienced in the same way. So you have all this coming together to add to your innate value. And it's not until you realize the value that you have, that you actually become a money magnet. So the difference between successful people versus unsuccessful people, or wealthy people versus not wealthy people, or poor people or broke people or however you want to call it or look at it, is the fact that the wealthy people know their value. They have confidence, they have certainty in who they are, they just know that they are worthy, and they know that they were born worthy. And even if they didn't initially remember that, they know that if they go back to their core, if they go back to their heart, they know that they did nothing wrong in their life to not deserve money. And therefore, because nature is abundant, and because they learned from other wealthy people, they learned that we are all born onto this level playing field. And it doesn't matter your background, it doesn't matter your heritage, your ethnicity, the family you're born into, especially go out there and talk to self-made billionaires and self-made millionaires. Something that I really appreciate about Tony Robbins is that when he teaches about money, and when he does his financial trip, which is this huge trip that we're going on in Sun Valley, Idaho that's only available to 150 of his platinum partners. He only brings self-made billionaires, the people who started with absolutely nothing. And we come and we learn from them, we learn what makes them valuable, how they have this confidence around money, how they view money, what they do with money, and how they keep increasing their value. So their incomes keep increasing. And if you've ever read "Money: Master The Game", he also interviews not just billionaires, but also multimillionaires, but they're all self-made. So if you talk to any self-made person, they will share with you the lessons on Day 16. And it all starts with your belief in yourself. It all starts with the way that you see yourself. It all starts with recognizing that you have so much value within yourself and that nobody else has to prove it to you. You don't have to prove it to anyone. You only have to prove it to yourself. And so this is something that I take my rich babes through which we actually did last week. It's all about realizing how much value you have. And your value doesn't necessarily

have to be accomplishments. It can be those gifts. It can be your personality, your characteristics, how kind you are, how resilient you are, how you never give up, and how you keep going, and how you feel the fear and do it anyway. All those things combined together make you who you are, and it adds to your value and you have to start being confident about who you really are. So something else I do in Rich Babe is I take my rich babes through an alter ego process, where we create an alter ego. I create an alter ego for myself. Her name is Kathrin fucking Zenkina. And she knows who she is, she knows that she's valuable. She knows that she deserves it, she knows that she is extremely unstoppable and there's absolutely nothing that holds her back. So Day 16 part one is all about recognizing 15 things that you find to be valuable about yourself. That you think that if you just recognize, and you just go back to the core, and you just take note of these things, that you're going to take your life to the next level. Joey is on, hey Joey!

B

Brennan 07:18

So, one thing I want to add guys, it is one of the most beautiful gifts you'll ever come across in your entire life, it is knowing your value. It truly is one of the most beautiful things you can ever understand about yourself. But, here's the trick that most people don't understand, you can claim that simply by signing in to existence. It doesn't matter if you feel that way. There are always questions of doubt. Trust me in the last couple of days we've gone over lots of questions of doubt. However, you can always claim your reality and your value into existence just by saying "I am".

K

Kathrin Zenkina 07:54

Yes, and as long as you know your value and as long as you know who you are, there is absolutely nothing that's going to get into your way. This is how you become resilient, this is how you find your place in the world. It is just claiming it, and deciding and knowing that there is only one of you. And that is a beautiful thing, and God does not make mistakes. The universe does not make mistakes. You have been divinely planned to come and impact the planet in your unique way.

B

Brennan 08:29

There is a higher path always and it is just simply one great question that I think pertains to this. We have a lot to say about this day. But one question that pertains exactly to this is, what else could this mean? Anytime you have doubt about your value, anytime you have doubt about your path or journey you want, someone does something with you or you make a mistake. What else can this mean? I'm looking at this through one lens, but if I look through it in a different lens, if I could see the beauty at this moment. If I could come

from a beautiful state and live in a beautiful state at this moment, if I could understand that in a year how would I look at this, in two years how would I look at this, in 10 years. What does this moment mean? It changes everything, we get so caught up in the mechanics of what we are going through and feeling and in reality, in the same way that we approach our value. In a moment, if you don't feel valuable, it's okay to feel that way. But it's not okay to not claim your truth because, in order to feel valuable, all you have to say is to declare it with authority and create confidence. Because once you've done that, you own it.

K

Kathrin Zenkina 09:37

And anytime I feel my confidence is slipping or that Katherin fucking Zenkina is going under a rock, my alter ego and I feel like I can't find her. I constantly make these lists. I'm constantly adding to this list because if I don't see it, no one else is going to see it within me. And if I don't feel it, it's not going to be reflected to other people, energy doesn't lie. So if you're walking into a business deal, or if you are running your business, or you're coming across an opportunity, or you're dealing with a challenge. If you don't know who you are, people can feel that energy and they're going to be less likely to trust you, and they're going to feel like something's off with you. And they're just going to wonder "Why would I want to do business with her?" For a lot of us in this group, that's how we earn our income, it is through our businesses. But even at work if you don't find yourself valuable, how the hell is your boss ever going to find yourself as valuable? How's he ever going to give you a raise or give you a bonus or increase your pay? Same thing if you own your own business, and there are all these different opportunities. But if you don't claim them, you don't claim who you are, then, it all starts with you. So if you don't do it, no one else is gonna do it for you. So that is step one. Now step two, this is what dramatically increased my income 67 times to be exact in 2017. This is what I love to share with others, teach others, help them understand that there is a beauty in investing in yourself, and how you are your most guaranteed asset. There are so many ways of investing in yourself or investing in general. You can invest in other people, you can invest in other businesses, you can invest in the stock market, you can hand your money to a financial planner, invest your time. There are so many different ways of investing and a lot of people invest in the wrong things or they don't even invest at all. They become consumers, they don't have an allocated amount of money every single month or every single year that they put back into themselves. They don't invest in their mindsets, they don't invest in their growth and that is the only way to increase your value. Because investing in yourself, investing in your mind, investing in your creativity, your inspiration, your motivation, that is the most guaranteed investment. Because you know that you can count on yourself, and you will not let yourself down. Whereas who the hell knows what the economy is going to do tomorrow? Who knows what the stock market's going to do tomorrow? Who knows what that business you

invested in. And I'm not saying that those are wrong things. Those are great. It's great to invest in other places because you definitely want to diversify your income sources and stuff like that, which I learned from wealth mastery. But you don't want to count on other people. You want to count on yourself, you can always bet on yourself because you know that you wouldn't let yourself down. You wouldn't let yourself go down to lower standards. Again, because you see yourself as valuable, you have this flatline of "you're only going to be at this level or above". You're only going to give yourself that opportunity to keep up-leveling and keep up-leveling. So as you uplevel through investing in yourself, and I had actually scrolled past the post right before I push live where someone asked me "How do you invest in yourself when you don't have the money to do it?" Let me give you some truth. If you're buying coffee, if you're watching me on your phone right now, or if you are buying excess clothes.

B

Brennan 13:17

I was just going to say I think a great anecdote to this that a lot of you know, but it still is a fantastic one is, sometimes people say, debt is evil, debt is not evil. That's the power that you give it. Debt can be just as powerful if called investment. And let me tell you, was your body shaking when you signed the credit card that you took out for Tony Robbins?

K

Kathrin Zenkina 13:39

Oh, the first time and the second investment, hell yeah, I was terrified. I was just so scared. But I knew that if I really set this new standard, and I assessed my life, and I saw that maybe eating out every single day. Maybe that's not going to benefit my mindset in the long run, maybe that's not even benefiting my body, that's not going to take my life to the next level. I can cut back, I can eat out once a week, maybe buying my coffee every single day. Why not invest in a coffeemaker and just make my coffee every single morning? So I don't have to pay for the services of what it takes to make me a cup of coffee. So I started to assess my life.

B

Brennan 14:24

Did you have the money when you first signed up for Tony Robbins? No, not at all. So it was a signaling effect. And a signaling effect goes two ways, guys, and this is really important because what happened two years ago when she first signed up for Tony Robbins. You didn't have the money, did you? No. she literally put herself in debt for Tony Robbins. But there was a signaling, not only to the universe but to herself. It was, "I'm committed to this now, I've put my skin in the game and I'm going to figure out a way, but it's not without action, the action has to come." The second thing I want to mention is we

just did the same thing. On a way bigger scale we committed to nearly \$170,000 this year into a very prestigious mastermind. I know Lewis Howes probably isn't on this, but the Lewis Howes Mastermind is a school that Kathrin's part of, I hope I don't get in troublem Joey you'll help me out if I get in trouble for saying that. As well as Tony Robbins' platinum partnership. But guys, this signaling effect goes both ways.

K

Kathrin Zenkina 15:36

I've put a signal to myself that it's a new standard that I'm setting for myself. This is the lowest I'm gonna play out, this is the lowest I'm gonna go, it's only up from here. And he talks about debt and he talks about credit cards. I am not against going into debt if you're investing in yourself. If you're just a consumer like if you see a brand new car investment, I have a reality check for you. If you see a new handbag or new shoes as investments, again, I have more reality checks for you because that stuff doesn't guarantee, it doesn't appreciate. But you are always going to appreciate, every single year, your value is only going to grow. And as your value grows, and as you have more things on your list and your list grows year after year, your income is going to keep multiplying. Now if you really don't want to go into debt, or you really don't have the money. Other options, as I was mentioning before, look at the Starbucks you're buying every single morning and realize that if you just save two coffees, you can go out and buy a book. Maybe save your coffees for a week and that gives you a ticket to a seminar. Or maybe that's the price of a course that you can take or a coach that you can hire. There are all these different ways, as long as you're adding to your skillset, as long as you're adding to your knowledge as long as you're adding to just the way you even think about things. Investing in yourself to get yourself out of your own box is going to dramatically increase your income, and your value. And I also set a rule for myself. So now the thing that I teach in Rich Babe, and I think it's week three, we talked about these rules that we set for our lives. And how there are so many rules in our lives that we have no idea where they came from, for instance, money always has to be a struggle. Who made that shit up? Or who said that? Or when did you decide that? Or I only need enough to be comfortable, there are just these rules. So there are also really positive rules. For instance, I create rules for myself where every time I travel, my income increases. Every time I invest in myself, this is my favorite one, this one actually relates to Day 16. I set a rule for myself with my very first investment. I remember my very first seminar. It was by Danny Johnson, it was for sure three or four years ago. It was about 300 bucks. And to me, I was thinking that "Oh my God", I thought "That's it, I'm out of money, oh my God, what the hell did I just do," I'd work 70 hours a week to pay it off. So I remember setting this rule for myself that at that moment it's been serving me to this day. And that's been true to this day because I set the rule. For every dollar I invest in myself, for every dollar I spend on my personal development, or on my business development, or my skill development. I will make back 30. And honestly, I think

that this rule did come from Danny Johnson because she mentioned something like this. She said that "Did you know that generally every dollar you spend, you make back \$30 as long as it's an investment in yourself," it didn't even matter if it was true, or scientifically proven. I didn't even care. I just thought that "I'm gonna believe it," something just spoke into my subconscious mind. And I really liked it. So I set that rule for myself, and let me tell you, I definitely earn \$30 back for every single dollar that I spend, because my value increases, my income increases. And that is just a rule that I set for myself. That is a rule that we both set for ourselves. This is why I'm so non-resistant towards investing in myself. So anytime I look at a \$10,000 coach or a \$35,000 mastermind, I literally look at it. And of course, I go with my gut, and I ask myself "Do I really need it and all those things that I normally do?" Because I used to be a very compulsive spender and very impulsive spender. And now I actually sit down and I have my own process with how I use my intuition to make certain purchases. And let me tell you, my intuition is always saying yes to the high ticket stuff, because I think it is forcing me to grow. It is constantly forcing me to uplevel which is I'm not against. But I'll look at this number and I'll literally calculate, "Okay, 10,000 times 30, yeah I like that number, okay, let's go. Let's do it." And I just get excited and I start expecting it to come back. I expect to get those dividends back. I know that with every dollar I spend, I'm going to have a completely different mindset, a new skill, set new knowledge, I'm going to come across the people. Sometimes you have to pay to network, that's the thing about masterminds. I'm paying to get to know other people who can learn from, and in turn, take my business, my mindset, and my everything to the next level.

B

Brennan 20:33

I want to rein back to something too, we're talking about becoming a student of life and knowing your value. The things that we've done this year, we've gone to Tony Robbins. We have spent nearly a month training in NLP, we've invested in masterminds. We've actually had a coach for half a year that we haven't really talked about, but he's a significant part of us. We've done all these things, this is important guys because this is not just a signaling effect to yourself. This is a signaling event to others. I see a lot of comments in the group on Instagram asking about or feeling like they're not valuable enough for asking what they should charge or being uncertain about the prices that they charge or offering things for free.

K

Kathrin Zenkina 21:27

I just want to give an example that I actually saw the other day where I felt "Oh, my heart hurts for her." I think someone was charging less than \$100 for a six-week group coaching program. So it's those kind of examples that Brennan was talking about.

B

Brennan 21:42

So what I'm getting at guys is that, that's not only about you not valuing yourself, but here's the thing. When you invest in yourself, you guys see it, you guys see that we invest in ourselves. You guys see that Katherin is 1,000,000% dedicated to always growing her value, knowledge and providing it in mentorships, in retreats, in masterminds, in products, in courses, all of these things. You see that and you're drawn to that, it's magnetic. So what I advise to everyone who's feeling in a place where they're not certain about their value, no, we're not talking about going into debt. No, that's not at all what we're endorsing. What we're endorsing is self-investment. That can be time, that could have no money. Tony Robbins didn't have money. He went to the library and grabbed books, literally. You can go to the library. You can read books, your mentors can be books, that's okay. I'm not saying to just invest in the first coach you find because it's \$2,000. That's not the signaling event I'm talking about, what we are both talking about is increasing your value. And the way you can do that is to invest in yourself and you have to decide what that means. So whatever that means to you, be 1,000,000% dedicated to it, because the reason that Katherin has grown and can charge what she does is that she's providing people with more tools.

K

Kathrin Zenkina 23:10

I'm able to give value, give more to others, and with that as my value increases, my income increases. And if you find yourself stuck in a position where a lot of people are afraid to invest in you, I really want you to ask yourself, "Am I investing in myself? Have I invested this much money in myself?" When pricing your coaching packages, it doesn't necessarily mean that you're only allowed to price what you have purchased yourself. I don't believe that there are any cold hard rules because, again, you price yourself based on your value and how you see your value. But really ask yourself. And let me tell you, the more non-resistant you are to investing in yourself and actually doing the work, not just spending the money but actually applying it, that's what we're talking about. You have to apply it, you have to take the action, you have to actually make it relevant to your life. But the more non-resistant you are towards valuing yourself, the more non-resistant people become towards investing in you.

B

Brennan 24:04

Because they see it, they feel it. It's not even I'm pitching you anymore. It simply is you're seeing someone who's gaining more tools. Who send more insightful things, who's speaking to you differently. And then they're magnetically drawn to you.

K

Kathrin Zenkina 24:18

So, all of a sudden, you're going to see that increase in customers, you're going to see that increase in clients, you're going to see that increase in just about everything. Not only because it's a universal law that I have declared up your value, up your income. I'm declaring a universal law, but also because other people notice, it's like a whole dynamic that comes together. And so I urge you guys to figure out where are you a consumer and where are you an investor. And how can you possibly reduce your consumption for just a year of your life, and take that same money, I'm talking about the same money. I'm talking about your Starbucks, I'm talking about eating out, I'm talking about maybe driving a slightly less sexy car, maybe downsizing your apartment. Doing these things not because you want to sacrifice nice things, not because you need to sacrifice in order to be successful. But you're just allocating the resources into your most valuable asset. Actually, you're way more valuable than any sexy car, any apartment, any trip, any vacation, any luxury handbag, anything. You are your most valuable asset. And so if you're putting money into yourself, that's gonna radiate out of you so much more than you showing up at your friend's house in a Mercedes or BMW. Let's be real. The majority of our money goes to business, investments in our mindset, and travel. And so because of that, I still drive the same white Jetta that I've been driving since the beginning of college, and I have no problem with it. And I can way more than freaking buy a Porsche Cayenne that I really want to drive as my next car, it just doesn't make sense right now, in cash if I wanted to, more than it afforded. But I choose not to. And I look at it, I feel that just gonna turn me into a consumer if I'm not even enjoying that car or not even spending time in my car. Because I'm always freaking traveling, and we live in a studio apartment. So, this is just one big room that holds our shit. Because think about it, we are in LA right now until tonight, we hop on a plane at 10 pm tonight and we are back in LA on January 16th for five days before we leave again.

B

Brennan 26:49

So, we've been in this apartment for six days out of January.

K

Kathrin Zenkina 26:58

It doesn't make any sense. Yeah, sometimes we will have people who are very concerned about image and think, "Why do you drive a Jetta? Do you guys live in a studio? What the hell?" Those things just don't matter to us right now. What matters to us is dramatically increasing our profits in a way where 10 years down the line, five years down the line, we just have a freaking abundance of cash flow. And we can buy whatever we want, and it can make sense to buy a mansion in every single city of the United States and it just doesn't matter. But right now it just makes sense to us to invest in our travel, gain

experiences, invest in our mindsets, invest in mentors, coaches, and high-level masterminds. Besides that, my clothes aren't anything special. I do love my luxury handbags. Only because that's the stuff that just gives feeling to me. When I have a nice handbag, I'm just happy. When I have my Louis Vuitton journal, I'm very happy. I invest in certain things, I always have the top of the line technology, new MacBook, new iPhone. But again, those are business expenses, right? Those are business investments. And so it's just you're choosing where to put your money at certain times in your life. And how not to get sidetracked with keeping up with the Joneses, and what everyone else thinks. Because what matters right now is increasing your value right now. So that down the line, you're just unstoppable.

B

Brennan 28:32

I have a confession. I almost vomited when she told me how much platinum partnership was gonna cost. I had no idea that was what it costs to have proximity to the people that would force us to grow. I was floored. And I said no at first and that's the truth. I said no. She was so mad for a week, oh my God. But guys here's the thing. I was just sick to my stomach when I said, "Let's do it." The thing was, is after we did it, there was a change. There was a calm sense of "Alright, we're doing this," and here's the thing, we value ourselves, our growth, our energy, and our time. So instead of the cars, instead of the fence, I love the shop, so does she, but we don't go and buy nice stuff all the time. Because for me, there are moments where I am in a room with Katherin talking to hedge fund hundred millionaires about why they're working six days a week as a chiropractor while being worth a half-billion dollars. Those moments I value more because I want to live and she wants to live with purpose to serve others and with massive cascading abundance. So we value those situations where we can invest in ourselves and bump shoulders with the right people to give us the guidance and the vision. And help us understand that our problems are just part of the journey. And that's worth way more than buying a Porsche, that's worth way more than buying a nice suit, or a beautiful dress, or shoes. It doesn't matter. What does matter, is us investing together, working together, and growing together. Because, let me tell you that these decisions year one, year two, year three, year four, these decisions make a Ferrari no problem in 10 years, it makes a house in Sydney where we're going right now.

K

Kathrin Zenkina 30:28

There's a tiny little blip in your checking account, and the thing is that if you feel like you're pressured to have an image, to keep up with everybody and look successful. Then I ask you, and I urge you to go back to Day 16. And find your value outside of your income flow even, outside of your net worth, outside of the clothes, outside of the handbags,

outside of the technology, outside of the cars. Find your value outside of that and I promise you that you could be wearing a plain white t-shirt with raggedy jeans, walk into a room with billionaires and feel like you belong. And let me tell you that's kind of how we are now. I can just drive up to the nicest restaurant, pay, and we do invest in really good food too, I have to say. A good chunk of our monthly income does go to eating out.

B

Brennan 30:49

We could be better. We could be slimmer in that sense.

K

Kathrin Zenkina 31:25

We value that, that's what fulfills us. So, I can drive to a nice restaurant, and I don't care about the fact that we're driving to the restaurant in a white Jetta next to Porsche and Audi. Because I already feel like a billionaire inside, and that's all that matters.

B

Brennan 31:42

And guys, I want to say one more thing, since Katherin has such a beautiful whole oponopono exercise. I think one thing to be aware of is if you're not valuing yourself, we learned about significance and certainty at Tony Robbins. If you don't value yourself or you're having a hard time, I want you to remember that first time you felt that maybe you weren't enough. Maybe you weren't smart enough, or loved enough, or valuable enough. Because usually it's not that I don't value myself, it's usually someone shifted your mindset at a time and this book is not a 21-day challenge and then it ends. I challenge you to go back to the forgiveness exercises and I think day 2. And really work through that because if you can find that person, that experience, or that situation where you felt you weren't enough. I guarantee you whether it's your coaching business, whether it's your corporate job, whether it's your truck driving job, or your restaurant job, whatever it is. I guarantee you that part of what's affecting your perception of your value, is that you are over valuing significance from other people. How they see you, and perhaps by circling back to that forgiveness piece and doing whole oponopono, make that part of your routine. Because if you can forgive the people who made you not feel valuable, how are you going to feel when all of a sudden you know your value?

K

Kathrin Zenkina 33:19

Mic drop. Let's just leave it here. Because Brennan and I can talk forever and ever about this topic because we talk about it all the time. We're always introspective about it, we're always assessing what we're doing, and we're very self-aware. So we can go on forever,

but we do want to respect your time because we want others to respect it, it's not that you're forced to hang out. But we do appreciate all of you. We love you guys so freaking much. And we're gonna go ahead and pack for Australia. Lots of changes to come in the next couple of weeks. But it's all exciting and I'm just so grateful that we've done this work to really know our worth, to really know our value, to know who we are. We both really embody our alter egos. And our alter egos are just our higher selves. So it's not like making up this fictional character, but it is knowing yourself. So we're gonna get through everything and we're gonna thrive. So, I invite you to step into 2018 thriving. Before we go, two last things that I wanted to mention, we're flying to Australia. So, let's skip the coffee chat tomorrow. And then I'm going to make a post when we land in Australia, figure out the different time zones and then give you a new Pacific time that will be showing up live. It might be in the early afternoon, it might be in the late afternoon, or even the evening. We want to keep doing this in the mornings, so if you're from Australia, go on emoji in the comments because we're coming to you. So enjoy the beneficial time difference for you guys, because we do love your support and appreciate it. Also let us know if you are in Australia or in the Sydney area. Because maybe we'll do a meet up.

B

Brennan 35:12

Very last minute but definitely throw up, if you're here, interested and nearby, we had amazing relationships built in Seattle from our first meet out.

K

Kathrin Zenkina 35:25

By the way, Jessica, thank you so much for that comment. I do feel so much more high vibe in the last couple days. And it's just been amazing and I know that it's just a sign of new beginnings and I'm super excited.

B

Brennan 35:37

Hold on. I want to shout out to Jessica right here really quickly, because we haven't shouted her out online. Hi, Jessica. This is the first time we're meeting. But, this girl right here embodies everything that we are looking for in terms of changing your life and changing your responsibility. She came to us and asked for some requests. She invested in herself. And of course, we always respect that she took accountability and didn't live in her story. And we are proud as hell of the people like that, who are willing to take on the challenge and willing to really bet on themselves. So Jessica, I just want to shout you out because that's amazing. And the emails you sent, I'm just incredibly proud of the responsibility and the growth that we've already seen. I can only imagine it at the end of rich babe. So, congratulations!



Kathrin Zenkina 36:29

And last but not least, the Rich Babe opens up on January 1st. It is the very first round of 2018, it is going to be amazing. If you want to dive into your money even on a deeper level and really discover your money story. And really discover what are the very forces, the beliefs, the values that you hold around money and how that's affecting your money story, your bank accounts. And how you receive money, how you make money, how you earn money and all those things. I have a waitlist in the comments above or the caption above. And if you're listening to this on the podcast, it's gonna be in the show notes. Get your booty on the waitlist because I'm sending an email on January 1st, you'll be the first to know, you'll be the first to get in. And let's get that party started with the next round.



Brennan 37:16

Theresa for the record for the year. Our goal is 600 rich babes. We want to change 600 financial stories, and Kathrin is the absolute queen of doing that. When we showed Lewis Howes this program, he said "This is exactly who you are. This is exactly how you can help the world. This is an amazing program. You've got to put this to more people and put it in more hands." So we are listening to a smart man and doing exactly that.



Kathrin Zenkina 37:46

Alright, loves, we will see you soon. I can't guarantee the time yet but we'll definitely come back and finish out day 17, 18, 19, 20 and 21. So there's five more days of the challenge. Again, let us know in the comments, if you are in the Sydney area, if you are in Australia, let us know if you're committed to joining in on Rich Babe on January 1st, and I think that's it. Bye guys.



Brennan 38:09

Love you guys take care.



Kathrin Zenkina 38:15

Thank you so much for listening to today's episode. If you enjoyed this podcast and want to see more of the Manifestation Babe series, make sure to hit the subscribe button and share this episode with all of your friends. If you really enjoyed this podcast episode, make sure to leave a review on iTunes and let me know how much you enjoyed it. To go even deeper and unlock your inner manifestation babe, make sure to head over to manifestationbabe.com, where you can find courses, events, books, blog posts, and all of

my social media feeds. Until next time beautiful, I'll see you in the next episode.