



Podcast 98: Are your BELIEFS in sync with your TRUTH?

📅 Wed, 7/1 6:28PM 🕒 10:11

SUMMARY KEYWORDS

truth, sync, reality, manifest, episode, manifestation, waitlist, heart, desires, beliefs, podcast, create, entrepreneur, mindset, business, today, babe, life, share, ready

SPEAKERS

Kathrin Zenkina

K Kathrin Zenkina 00:14

Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a manifestation expert, master mindset coach, and multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are, and where you're going. Leave it to me to provide you with the tools, the resources, the strategies, and teaching that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So, thank you so much for pushing play today. And now, let's begin. Hey there gorgeous boss babe, if you've come to this podcast to get inspired today and walk away with actionable tips and tricks to apply to your daily life so that you can manifest whatever you want, then you are absolutely in the right place. Before I dive into today's episode, I wanted to share with you something both actionable and inspirational that has completely transformed the course of my business in the last year since my team and I have been implementing it. It has added at least \$3 million worth of additional revenue into our business and is a game changer regardless of where you're currently at with your business. Whether you're a complete business newbie, a struggling entrepreneur, or even

a burnt out CEO with a huge team. Business By Design is going to completely transform you from where you are today to a what I now call myself Digital CEO Boss Babe. My good friend and mentor James Wedmore and I are doing something special for the manifestation babes, who take charge of their businesses in 2019. Think not to only have the most effective, proven, profitable, transformational strategies and tactics, but the mindset of the most successful entrepreneur in the world. If you want to create a business that is not only wildly profitable, but gives you the freedom to do whatever you want, whenever you want, you will definitely want to get on the waitlist for Business By Design right now. Literally pause this episode right now, head over to manifestyourbusinessbydesign.com, again, manifestyourbusinessbydesign.com, make sure you get your name down on the special MB only waitlist, and get ready for something epic to come your way in July. Okay, got yourself on the waitlist? Are you sure? Perfect. Let's head right into today's episode. Hey gorgeous soul, I hope you're having an amazing day today, I have a little wisdom to share with you in this mini-episode that I know you are going to enjoy. So I was in New York City the other day driving around from meeting to meeting, midtown to downtown to midtown again, and I was spacing out on one of my drives and just marveling at all of the impressive skyscrapers that surrounded me when I downloaded this message that I wanted to share with you today. And I quote "When the beliefs of your mind match the truth of your heart. Everything will fall into place." It was actually the answer to a question that I've been asking my subconscious mind for a couple of days. What creates an unhappy life for people? Why are so many people dimming their light, afraid of their own potential? How can I help them understand how they're holding themselves back? And that's what came to me. Simple down to earth and sharp. When the beliefs of your mind match the truth of your heart, everything will fall into place. In this podcast, I want to expand on this. What is the truth of your heart? What are the beliefs of your mind, and why the heart and why mind? So your heart is where your soul resides. It is where the fire of all of your desires burn. It's your connection to source, the universe, God, your higher power, or whatever it is that you want to call it. Choose what resonates with you. It's where your highest potential is contained, ready to burst upon your command, waiting for you to realize what's inside as, via a free will, it cannot realize itself. Your mind is your connection to 3D reality. It is your most powerful manifestation tool because it's the tool used to translate all of the desires of your heart, into the 3D physical world, the world that you touch, taste, smell, hear and see, the world that you experience with the body that makes you a human being, the world that you know the best because it's the most tangible one. So what is the truth of your heart? The truth is anything that would be the truth of your creator. It doesn't matter what religious background you come from, how you identify yourself spiritually, or who you believe brought you here, the truth is an expression of source, limitless energy with no restrictions, rules, or regulations. The truth is that you can be, do, and have anything that you want. The truth is that you are a powerful manifester of your very own reality. The truth is that

money is just a tool that allows you to tap into whatever opportunities that light you up. The truth is that there are no rules for how hard you need to work, who you need to be, to be considered deserving, or how worthy you must be deemed to be for you to create your dream life. The truth is that your dream life is right at your fingertips. And the world is your oyster. The truth is that you are pure, unconditional love, and joy. The truth is that the desires of your heart were placed there by an intelligence far bigger than you, giving you all of the resourcefulness, you need to express them into reality. When the beliefs of your mind match the truth of your heart, everything will fall into place. If your beliefs are that you can't be who you want to be, you can't have what you want to have, or you can't do what you really want to do, then you are already out of sync with your truth. If you believe that you aren't worthy, deserving and that your dream life is just there to tease you, then you are out of sync with your truth. If you believe that you must work really hard, impress others, and live for everyone else. Then you're out of sync with their truth again, out of sync means frustration, playing small, dimming your light, and creating the opposite of what you were meant for. In sync, however, means the instant manifestation of everything you were born to experience. You manifest unapologetically. Knowing that you live in your truth and dream life doesn't take away from anyone else. In fact, it opens up others to living their truth. Now that I've explained this, I am so curious to hear from you. Are your beliefs in sync with your divine truth? Or are you still actively working on this? What is your version of divine truth? Remember, there is no right or wrong here. And how are you going to shape your beliefs to finally match, and get in sync with your divine truth. Take a screenshot of this episode and tag me @manifestationbabe on Instagram on your Insta stories sharing how this episode resonated with you. Remember the more of us who align our minds and our hearts together, the better of a place this world becomes, be unapologetic about your journey and creating your dream life. I hope you have an amazing day and I will catch you in the next episode. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up extra inspiration on Instagram by following at Manifestation Babe or visiting my website at manifestationbabe.com. I love and adore you so much I can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.