

Podcast 96: The BEST advice I've ever been given


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SPEAKERS

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Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a manifestation expert, master mindset coach, and multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are, and where you're going. Leave it to me to provide you with the tools, the resources, the strategies, and teaching that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So, thank you so much for pushing play today. And now, let's begin. On a recent trip to Bali my friends Josh and Jill Stanton, the creators of the Screw The Nine To Five asked me a very important question and I want to share that question with you today. They asked me "Kathrin, what do you think is the most important thing that all successful people have in common that leads them to their success?" I thought about it for a second taking some time to think about it as everyone else took turns going around and sharing their answers. For me, I finally shared is having tunnel vision strong enough to not listen to anyone else's advice for your own path. In this podcast, I want to elaborate on why I gave that answer and share with you the best advice I've ever been given. To me, it is so unfortunate when I

see such brilliant, capable, hungry individuals get veered off their path because someone who is nowhere near their path shared with them their advice, their opinion, or way of doing things and not trusting in themselves. They listened to that person and ended up creating the same exact results of the person whose advice they took, or lack of results. The best advice that I have ever been given is to listen to no one unless I would trade lives with them. Now let me elaborate on that for just a second. I don't mean literally trade lives with them because it's not about that. What I mean here is that I asked myself a series of questions. Number one, are they living the situation that they are giving advice on? Number two, are they in integrity with what comes out of their mouth? Number three, are they a role model for me? And number four, are they someone I aspire to be like? If the answer is no, I don't take their advice. If you wouldn't trade lives with them, simple, don't take their advice. Don't take their feedback to heart. Don't give too much weight to their opinion. It will simply throw you off your path, the one that is divinely and uniquely yours, the one that was already leading you to your success. Please, only take advice from those who have done, lived, and physically experienced your path. They are the only ones that have walked a day in your shoes and can understand your blind spots. Anyone else? Employ that tunnel vision baby. And you know what else is interesting? Vice versa plays here as well. Hmm, turning the mirror inward. Unless you've walked someone else's path. Keep your opinions, advice, and feedback to yourself. You never know what it's like to spend a day in their shoes. And the last thing they need from you is a distraction. Unless you've personally gone through what they're going through, you don't actually know how to help them. You can only support them, cheer them on, and be there as a sounding board. I am such a big believer in being your own guru, and I stand so strongly in that belief. All of the answers you need are already inside of you. And you have access to guides who come in the form of role models and people you look up to assist you, but they are not the answer to all of your questions. Empower yourself to seek your own answers first and foremost, that is the best advice I've ever been given. And I wanted to share that with you today. If you enjoyed this episode, take a screenshot, tag me in your stories on Instagram, and share your breakthroughs with me. I always love hearing from you. And I appreciate every single review that's left on this podcast and it motivates me to keep going and keep bringing you the best free content. I hope you have an amazing day today and I'll talk to you soon. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following @manifestationbabe, or visiting my website at manifestationbabe.com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.