

Episode 87: Listen Babe, Are You Stressing About Your Life P...


Wed, 7/1 6:39PM 6:07

SUMMARY KEYWORDS

life, purpose, gifts, babe, manifestation, podcast, manifest, pressure, grow, episode, limitlessness, mindset, joy, chose, insta, lit, wildest dreams, screenshot, soak, share

SPEAKERS

Kathrin Zenkina

 Kathrin Zenkina 00:14

Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Listen, babe. Let's talk about this pressure around finding your purpose. Why is it that we stress for our entire lives, looking for the one thing that we were supposedly put on this planet to do? What if you no longer had to pressure yourself about whether or not you're following your life purpose right now, right this second? What if you understood that your life purpose had more to do with who you're being, rather than what you're doing? What if you can make an impact doing anything? What if you can make money doing anything? What if you could be happy doing anything? What if it didn't matter what the hell you chose to do with your life, you could still be proud of who you are, and in turn, be following your real life purpose? That

being, following anything and everything that brought you joy; or that lit you up and made you feel fulfilled. How would that free up your time, your worry, stress, and the pressure that you're putting on yourself constantly? What if the purpose of life was to be the best version of you? To play, laugh, grow, and experience the gift of life? Personally, I strongly believe that I'm following my life purpose with the Manifestation Babe brand, but not because of the things that I'm doing every day in my business. I'm following my life purpose because Manifestation Babe allows me to be who I'm meant to be, and I am happy following this; I am happy doing the things that I do; and I am happy with who I have become through the experiences of growing this business. Whether or not I choose to become a doctor; or decide to start a real-estate business; or even grow a farm in the middle of nowhere America; as long as I am the human being that I am proud to be, and I'm happy, then I'm good. I'm more than good. You see, we all have gifts that can be used in just about anything. There isn't one specific thing that you need to be doing to feel like you've put those gifts to use. Rather than focusing on specifics, just ask yourself, "How else can I share my gifts with the world?" Be creative with your impact, babe. Don't put yourself in a little box. You were never meant to be put in a box. Be creative with the sources of your joy. Follow your curiosity. Follow your joy. Follow the things that inspire you and light you up. Open yourself to the limitlessness and abundance of who you are and who you were always meant to be. You have plenty of time, plenty of purposes, and many gifts to share. Your life purpose is less about what you're doing, and more about who you're being. Let me repeat that again. Your life purpose is less about what you're doing, and more about who you're being. Share this episode with someone you love, and please let me know if you agree. Take a screenshot of this episode right now, post it on your Insta-story and tag me (@ManifestationBabe). Let's get this message out there to the world and save millions of people from wasting their time, stressing over finding their life purpose. I will say it one more time: Your life purpose is less about what you're doing, and more about who you're being. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching @ManifestationBabe, or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.