

Episode 85: Wealthy Now or Wealthy Later

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SPEAKERS

Kathrin Zenkina



Kathrin Zenkina 00:14

Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hey, gorgeous souls. It is Kathrin and I am back for another episode of the Manifestation Babe Podcast. Today I am sharing with you guys a secret. Yes, I am revealing to you guys one of my secrets about some investment that I actually did not make this year. I'm sharing with you why I didn't make it, as well as one of my most powerful frameworks for financial investing and financial spending that Brennan and I developed together very recently. It's called Wealthy Now Or Wealthy Later. I want to share it with you guys because I think it's just such a great differentiator between whether you should spend and invest money right now (especially if you're a business owner, making investments in your life that are intended to amplify

you and take you to the next level, help you become a better version of yourself, hire more people, or help you learn new skills to help you grow yourself) or do you save that money keep it for later? So, Brennan is on his way to the annual Platinum Partner Financial Trip right now. So, he's actually getting on a plane and going to Whistler where he'll be staying for about eight days, with three of the days being pure ski days, and the other five days being part of this event called the Financial Trip with Tony Robbins. This is one of my favorite trips, so I'm kind of jealous and I kind of feel like I'm missing out; but at the same time, I'm really grateful for my decision of why I'm not there this year. So, the Financial Trip is all about investments and learning what's going on in the economy right now; and where is a great investment and where is a crappy investment right now. Tony Robbins brings in experts; the room is filled with hundreds of millionaires and billionaires, and these brilliant minds who are just so knowledgeable and intuitive with all sorts of markets (i.e. real-estate, stock, etc.). Honest to God, last year, this information flew so above my head, it's not even funny. But I was very proud of being in that room because it was almost like I was putting this out into the universe with a message saying, "Hey universe, I am serious about learning about the language of money; I'm serious about investing in myself; I'm serious about setting me and my family up for this incredible financial future where we'll never have anything to worry about, and my kids will never have anything to worry about; creating generational wealth rather than wealth that lasts just mine and Brennan's lifetime; or wealth that just lasts us a couple of years, and then we don't know what we're doing with our money, and we overspend it - and then, boom, we're left with nothing. This unfortunately happens more often than you think. This stuff is not taught in schools, but I wish it were. I don't know everything about it. I'm not this expert when it comes to it. People ask me all the time, and I say, "I'm not a financial advisor. I'm not a fiduciary." I literally still don't know the ins and outs of the financial world, but I'm willing to learn. I remember setting an intention last year. After we left the event, I told Brennan, "We need to take action right now. We are young." I was 25 years old; he was 28, and I said that we have our whole lifetime for this compounding effect of time over money when it comes to the world of investment. I said that if we just set aside a certain amount of money every single month as we bring income into our business, then we are going to become millionaires in our lifetime. It might take 30 or 40 years based on what we just simply invest right now. But the more we put into it, the faster it gets in. We have interest in becoming real-estate investors. This whole world just opened up to us. This time last year, we hired a high net worth family financial office. It's basically we're working with fiduciary, but it's part of a company called Creative Planning that works with high net worth individuals. Tony Robbins convinced the owner of Creative Planning to start with people who maybe have 50K to invest; who aren't necessarily already millionaires, but have some money to invest, and want to have the benefits of learning from someone who understands taxes, what happens at the high net worth level, how to save money here, how to not overpay taxes there, what's a great investment and what isn't, and how to be

really smart in this financial world. And so, Brennan and I had no idea what the hell we were doing. We called them up and signed up, and ever since then, we've been consistently investing. I'm so proud of the amount that we have invested. It's one of my own little accomplishments - not little, it's actually pretty big. But it's one of my own personal accomplishments that I'm so grateful for, at the age that I did it. And I was very excited to come back because I wanted to see what else I can pick up and what else I could absorb. Brennan honestly is the one who handles most of our investments, so I'm really grateful that he's the one going. He's the one who understands this world, coming from a financial background, whereas I'm kind of like, "I know how to make money, but I don't know what to do with it." But he knows exactly what to do with money, so we've created this nice little partnership. Anyway, we had full intentions of going to this event together. The reason why I'm even telling you about this event is because it's related to the reason of why I'm not at this event. So, at the beginning of this year, Brennan and I were sitting together, and we had three investments to make for our personal development/business development/relationship development for the beginning of this year. As you guys know, I'm huge in investing in herself. I am huge on this belief that when you invest in yourself and you put money into yourself, you are going to grow yourself; and because you are a limitless spiritual being inside of a human being body, the more that you grow yourself, the more limitless opportunities happen around you. And so, I've always been a big believer. Last year, Brennan and I invested so much money in ourselves with Platinum Partnership and a Mastermind that I was in. We were also constantly traveling around the world and being so busy. We were learning a lot, and that translated into more income and more impact. But at the same time, it was distracting us from our biggest goals in business. And what I mean by that is our goals with hiring team members and spending more time in an actual office, face-to-face with our team and figuring out our game-plan, our big vision, where Manifestation Babe is going within the next couple of years, and where Manifestation Babe is going to be in 10 years, and who's going to be a part of it and who's going to venture off in a different direction. Brennan has some ideas around what he wants to ultimately do with his life - which is really cool, because right now he's invested in helping me grow Manifestation Babe - but I know that this is my baby, my heart, my soul; and although he's very good at helping me grow it, ultimately he wants to do his own thing, which is awesome. Anyway, as Brennan and I were about to drop another quarter of a million dollars - in not just one Mastermind, but two Masterminds as well as Platinum Partnership - we just recognized that not only are we going to be busy this year, but we're going to end up being busier. Also, a quarter of a million dollars is quite a big chunk of money to simply dish out right in the beginning of the fiscal year. Right in the beginning of January, to just take out a quarter of a million dollars before we've made any kind of profit in 2019 is not necessarily for the greater good of the business either. Now, as I'm growing my business, I have to think about these things; I have to think about profits, expenses, paying people, and separating business and

personal income. All of this education I'm literally self-taught in, because it's nothing that I ever thought of before going into business. And these are all really great things, because they translate into more structure, more organization, more impact, more income, and reaching the big vision that I have for this business. As we're looking at these investments that we're about to make, I just felt in my gut that something didn't feel right. Although we can easily outearn this investment, and although we can easily keep up - we've been able to keep up in 2018, but I just knew that I would burn myself out. I felt like my business would get stagnant, and that it's not going to grow because my team is not going to feel as connected to us, with us constantly being around the world. And yes, we're learning things to help ourselves create a bigger business, but we're not actually translating or communicating it to the team without actually creating any structure. And so, after feeling this in my gut, I decided that maybe 2019 is the year that we implement everything that we've been learning. Maybe we give ourselves more time to just breathe, and to allow everything from last year to absorb into our subconscious. I had to ask myself the question - before I share with you guys my Wealthy Now Versus Wealthy Later framework - I think the biggest question I had to ask myself was, "Is my ego involved in any of these investments?" I recognized that the one Mastermind that I was looking at was Platinum Partnership - which you guys know is my biggest, proudest investment of 2018. End of 2017 is when I actually made the investment, and I believe that this one skyrocketed who I am as a person and where I've gone in 2018. And, of course, I'm a fan of Tony Robbins but this has nothing to do with the man himself; this has nothing to do with my experience in Platinum Partnership. But what I recognized is that of all the events that I've gone to last year, my favorite was Date With Destiny, the Financial Trip, and the Spiritual Trip, but alternating between the spiritual trip and the relationship trip, depending on the year that you're a member. Last year was their Spiritual Trip and this year is the Relationship Trip and I really want to go to the Relationship Trip! When Brennan I recognized that maybe it's just my ego that doesn't want to let go of Platinum Partnership because I can easily be a guest. I can show up as a Platinum Guest for either a discount or for free, depending on which event it is with Brennan. And I recognize that it's just the ego of that black lanyard. It's just the ego saying, "Look at me, I'm sitting in the front row with Tony Robbins," or "Look at me, I can afford this." When I recognized that I thought, "I can't be making decisions for my ego. I can't be making decisions out of how I'm perceived by other people. I need to be making decisions that are for the greater good of my business, for the greater good of my team, and the greater good of our financial future." Because as I'm living in integrity with my teachings, you guys can trust me and pick up all of these lessons, tips, and tricks that I've learned and implemented in my life, you can pick them apart and you can apply them in your life. You can trust that everything I'm doing, I'm actually like - what is that phrase again? Damn it. It's practicing what I preach, there you go. I don't know why I can never think of it on the fly. Anyway, so, I recognized that it's just my ego in the way. I also recognize that although I'll be missing the Financial Trip -

because you have to be a Platinum to go, you cannot be a guest, and there's no way you can buy yourself into it - but that Brennan will go, and then I'll be a guest at the Relationship Trip because obviously you can bring your spouse to the Relationship Trip, it's included. I think it's included, but it doesn't matter. My point is, I can show up as a quest and then we can both go to Date With Destiny in May. And then I asked myself, "How is my ego in this other Mastermind that I'm in?" And I learned that this other Mastermind that I was in just wasn't that significant to actual business structure, business building, team building and all of the stuff that I need help with. I recognized that I was in this Mastermind and I was about to resign up another year because of the person leading it a very big-time person in our industry - and also that the people that come into this Mastermind being pretty epic people. It was more of the ego of brushing shoulders with epic people, rather than actually making this investment because it's going to help me grow my business. The third Mastermind that I was examining and taking myself through this framework of Wealthy Now Versus Wealthy Later, or is my ego involved here or as my higher-self involved here - which I'll share with you guys in just a second. I recognized that the third Mastermind would actually help me grow my business in a huge way. Although it's not the sexiest Mastermind in terms of, "We're going to have all these experiences, and look at who's in it!" - even though there's amazing people in it, so if you're listening to this podcast and you're in this Mastermind, then don't take this the wrong way, that's not what I mean. What I mean is that it's more of the celebrity status, and more of the, "Look at me, look at where I am," instead of "We're all successful; We're all here to build eight-figure businesses, like; let's get the hell to work; let's do the unsexy things; and this will create so much more freedom down the road." I recognized that the eight-figure company that I'm building right now requires me to sacrifice some things. I have a podcast episode that I will link in the show notes for you just in case you want to have a direct link to it, because I don't remember the number off the top of my head. I talk about how the ego does not like to sacrifice things, but the higher-self actually does. The higher-self understands that in order for you to bring in your ultimate vision, you must let go of the stuff that doesn't matter right now. So, I learned that I had to let go of my ego and some travel. I love travel, but I also learned in 2018 that I was doing a ton of travel that had nothing to do with places that I actually wanted to visit, and that a lot of the locations and travel that I was doing was because it was for an event. I was just craving travel that had nothing to do with an event. One of the things that held me back from wanting to speak more often on stage is because I was traveling just for the sake of work. My heart, my passion, and my soul scream for travel for the sake of travel. So, I decided that I'm going to let go of some travel and probably spend more time in Los Angeles - but, really, that travel doesn't really have to do with where my soul wants to go in the world. So, that's fine. Yes, I'll let go of some epic opportunities, meeting some epic people, maybe being on some really big podcasts or maybe brushing shoulders with the right people. But then I had to realize that opportunities are a dime a dozen. Opportunities are unlimited; they are literally

everywhere. The moment you say "yes" to an opportunity that isn't an "F yes!" to you - an "F yes!" that's aligned with your goals - then you're immediately saying no to something that actually is aligned with your goals. So, that's another framework that I always take myself through; that if I say "yes" to this, I'm automatically saying "no" to this; and if I'm saying "no" to this, which doesn't quite serve me right now, then I am automatically opening myself to opportunities down the line in the future. So, where does that take us? Well, I decided to let go of Platinum Partnership; I decided to let go of the other Mastermind. Brennan and I are only in one Mastermind together, and he has the Single Platinum Partnership. That saved us at least over \$150,000 of money. I realized that I could take that money and satisfy that money by making other investments in my business that aren't just in my personal growth or networking. I could actually hire people and hire a bigger team; spend more time at home building an actual business; invest in tools, like for instance, I just bought a new microphone. I don't know if you guys recognize the difference in my microphone, but this microphone is a couple hundred dollars more than my other microphone. And if I'm spending all these couple hundred dollars on food or hotels while I'm traveling to these events, or this or that Mastermind, then my business is going to suffer. My business has so much to do with my ultimate vision for my life, that I cannot keep sacrificing my future. I cannot keep sacrificing what my higher-self wants in exchange for the ego of certain investments. So, what is Wealthy Now Versus Wealthy Later? How do I use this in daily life purchases? And how did I use this in these Mastermind decisions that have helped me get to where I am today? So, let's start with Wealthy Later. Wealthy Later refers to purchases that aren't bringing you joy right now. These are purchases that if you were to refrain from - and the simplest one that I can think of is, for instance, because Brennan and I have to ask ourselves this question quite often, and we developed a framework for travel. For example, "Do we stay at the five-star hotel this time, or do we just choose a hotel because we need a bed?" "Do we travel First Class on this flight, or are we okay with Premium Economy or Economy for the flight, just because that extra \$1000 or \$2000 can be used on something else that will actually open up income producing activities or later down in the future? So, very easily we're like, "This is going to be a Wealthy Later, because right now this isn't even bringing us joy." It's not like us upgrading ourselves to First Class or having the nicer thing in this area of our life is actually going to bring us that joy. A joy where we're actually going to feel abundant right now while raising our money vibration. Instead, it's almost like we're purchasing just because we feel like we need to purchase it, but it's actually taking away money from our future. Again, you're either paying yourself now or you're paying yourself in the future. This isn't coming from a scarcity mindset. This isn't coming from, "You need a hoard your money, you need to hold on to it, and you need to save it" - because I obviously don't believe in that. I used to come from the belief where a lot of people come from when they first learned about the Law of Attraction, which is: "Just spend all your money because it's going to come back to you. You need to just trust and let it go and just spend! Buy

everything that you want, and it doesn't matter what your bank account says. It's all about your vibration, how you feel, and dressing herself to the nines and living in a mansion. Who cares that you're in debt? The universe will just take care of it!" Although I can see the logic that people have and I could see my own logic with that - when you just take the Law of Attraction literally - but vibration- and feelings-wise. For example, if you feel scared about your financial future because you just went into debt over a luxury handbag, that's going to emit a different vibration than you actually being able to afford it. Buying it and then feeling so abundant actually expands your money vibration and makes you feel even more luxurious and good every time you see it and wear it, to where it enhances your vibration and actually attracts more money, making opportunities later down the line. So, that's a difference. There's actually a podcast episode I have for you called "How to Act Rich Without Going Into Debt or Excessively Spending Money," which is Episode #76, in case you're curious. So, going back to Wealthy Now. Wealthy Now refers to "This is going bring me joy, right now." These are purchases that are ultra-luxurious and make absolutely no logical sense, but enhance your financial vibration. These are also the purchases that are in alignment with your ultimate financial vision where you're not taking away from your ultimate financial vision. By ultimate financial vision, I mean for instance: Brennan and I have a certain amount that we want to invest this year; we have a certain amount that we want to invest in our business; we have a certain amount that we want to save towards an investment property that we want to buy at some point, maybe next year or in two or three years. We want to buy a multi-unit property and have that be our first real-estate investment. So, when we're making purchases, we understand that we do have the extra money and that this is going to bring us joy. We're going to enjoy this money and this luxury, and this is going to help us raise our vibration, but it is never at the expense of our financial futures. So, when we ask ourselves, "Is this wealthy now or is this wealthy later?" When we choose Wealthy Now, it's because this will actually bring us joy right now. Wealthy Later refers to purchases that aren't bringing us joy right now, and instead we can save the money and add to our investment accounts to bring us wealth later. Or we can spend the money elsewhere that will translate into an income producing asset later down the line, while also building our net worth. So, I use this all the freakin' time. Now that Brennan and I have developed this framework, we're always asking each other, "Kathrin and Brennan, is this wealthy now or is this wealthy later on? Is this taking away from our futures? Or is this adding to ourselves right now and adding to our future later?" I know that sometimes it's kind of hard to tell the difference. When I teach inside of my Rich Babe Academy this concept of making purchases from your ego or making purchases from your higher-self, sometimes it's a personal thing that you just need to tune into. You just need to ask yourself, "Is this coming from a place where I feel like I need to be keeping up? Where I feel like I need to be showing off on social media?" Because I know some people will literally book First Class flights or private jets, or buy certain handbags or shoes just because it's going to look good on their Instagram; and when it looks good on

their Instagram, that's going to translate into more clients and more business; or people see and think, "Look at her, she has all this money," or "He's really cool, I can trust him," and it comes off as credibility. In fact, I think that vibration is the strongest credibility in the sense that people can feel when you're actually putting on a show, or whether that's actually authentic to where you currently are in your life. Coming from someone who LOVES material things - I have a very nice car, we live in a very nice place, I have very nice stuff - but it's not everything. It will not make you happy, and no one freakin' cares. Trust me. The most interesting thing in the world is when I walk into really nice stores, dressed the way that I dress. I always come into these stores and people don't pay any attention to me. People are helping everyone else, but me. I'm over there trying to buy a \$5,000 handbag, except they would never know how much I actually have in my bank account, based on how I look. People pretty much judge me because of the way that I look, and therefore don't help me, and therefore lose the sale. So, I get that, but also, all of the successful people that I met and know in person, they're just dressed so normally. You will never be able to tell how their business is doing, what they're up to in life, and how much money that they actually have. I learned that I would much rather just be myself, be authentic, and not give a crap about what other people think of me, instead of shelling out all this money, taking away from my ultimate vision, and making purchases just because I want people to know how much money I have. There's a huge difference. Again, you can recognize the ego of showing off versus your higher-self. Understand that there's plenty of time, money, and opportunities ahead. It's just thinking about "Wealthy now or wealthy later?" every single day. Notice also that I'm not saying, "Wealthy now or wealthy never," because eventually when you bring it from that perspective, it's like, "I'm going to be wealthy no matter what." But in order to get wealthy, you need to have a plan. It is Law of Attraction + Law of Action. I guess what I am trying to communicate with you today is that Law of Action peace; where you can have Law of Attraction and tell yourself "I'm a self-made millionaire," or "I'm a multi-millionaire just for being my authentic self," or "Money is an unlimited resource and it is always flying my way;" "I'm rich and I love it;" I love money and money loves me;" or any of those affirmations that I've shared in the past. Obviously, that's the Law of Attraction part where you WILL be attracting opportunities. As you keep saying "yes" to the things that are authentic to you, and "no" to the things that aren't serving you right now or distracting you from your ultimate vision, they will come. It will always come. It is absolute law. It is Law of Attraction, but what influences Law of Attraction is Law of Action. So, if you're not doing anything, if you're not taking care or nurturing your money, or taking responsibility for it, or if you're not thinking about it or being smart about it - and I'm not talking about smart in the conventional sense, or the very logical sense of, "You need to save this much money," "You need to hold on to your money," "You cannot spend on lattes or Starbucks," or anything like that. You hear the most conventional things. For instance, I always hear, "If you don't spend \$5 on Starbucks every single day, you'll be a millionaire within 40 years." I can think of so many

faster ways to become a millionaire, even while drinking Starbucks every single day. If that's what brings you joy, go and buy those \$5 lattes every single day. If that helps you feel wealthy now and raise your money vibration, go for it. But you also have to think about other parts of your life, other investments that you're making, or other decisions that you're making. I have a client right now who has over-invested in herself. She said, "Kathrin, I'm not profitable in my business. What's going on? I'm so busy, I'm learning so much, and I'm so overwhelmed. I keep hearing people say I need to make investments and invest in myself. I keep buying all these courses and hiring these mentors and coaches, but it's not working out. Is there such thing as making too many investments?" And I told her, "Yes, there actually is. It's not in the sense you're growing too much or growing too fast, but it's in the sense of you putting way too much on your plate, distracting yourself, or getting closer to your ultimate financial vision. In fact, you are being you're actually getting further away from it, and you're being so distracted and overwhelmed. So, you have to let something go. You have to ask yourself, "Can I let something go in exchange for being wealthy later? Can I keep some investments because I know they're going to help me feel wealthy now and help me in my business right now? But can I let everything go off my calendar? Can I let these mentors go? Can I unfollow these people? Can I stop listening to these people? Ultimately, the best financial advice will come from your intuition. Your intuition is tapped in and connected to your ultimate vision. But you have to put Law of Action into place. You can't just throw around money; you can't just spend and just think that the universe is going to take care of it. The universe is actually waiting on your instructions. The universe is waiting for your instructions. If you're not taking responsibility for your financial future, the universe is not going to take financial responsibility for your financial future. The universe is just matching what you are doing via Law of Action. And, of course, it's going to do most of the work for you. That's the beauty of manifestation. When you set an intention and you put the action into place, what the universe does on its end is phenomenal, amazing, and always better than you can imagine. But you still have to start somewhere. Anyway, I added a lot more into this podcast episode that I was intending on sharing. I hope that my point got across to you, and I hope that you took away at least something from this episode. I know that when I was starting my journey and just starting my money manifestation journey, more specifically, I didn't even think about these things. These are all things that I learned as I started to attract money into my life, and then recognized that sometimes I would overspend my money; sometimes I would underspend it; sometimes I feel scarcity. I could never figure out where the balance was. I don't think that balance exists anywhere in life. I think that integration exists, but balance doesn't. If you want to achieve really great things in life, sometimes you're going to be out of balance. And that is okay. You're going to have to prioritize some things and really focus all of your energy on a few things, rather than many things at once. Sometimes I worked so hard to balance spending money and investing money; and also traveling while building a business. I was trying to balance it all,

and I just went crazy. I asked myself, "How can I just how can I just take it one day at a time and just integrate my vision?" Integration. This is where integration comes in. How can I integrate my business and my life together? How can I integrate being wealthy later and wealthy today? How can I make choices? How can I integrate these choices into my goals and into my vision? The more of these questions that you ask yourself and the better you get at asking yourself the right questions, you'll understand that you don't have to figure out your 10-year financial vision; you can just figure it out one day at a time, as long as you're going back and forth between Wealthy Now and Wealthy Later. As most brilliant investors say, no one earns their way to financial freedom. You invest your way into financial freedom. There's going to come a time when you - based on the smart decisions that you make in your life right now - there's going to come a time when you're literally going to have hundreds of millions of dollars in the bank, and you might never have to ask yourself this question ever again, where every single day is going to be a "wealthy now." Maybe then you're thinking about future generations. I know one of my personal goals is to be like a Shark Tank kind of person, where I'm an investor in other people's businesses, helping them grow their businesses, mentoring them, and investing in other brilliant, creative people. Maybe that's one of your goals. You then start thinking about, "Okay, how can I make my money work for other people? How can I give almost all of it away to impact the world via charities, foundations, and organizations?" And then it gets so much bigger than you. But unless you take responsibility right now, it can't get bigger than you. If you're just coming from "Me, me, me," and you're only living for today, well guess what? You're going to attract more situations where you're only living for today. You're never going to feel like you're getting any steps ahead. So anyway, my main point was to share with you why I'm no longer a Platinum Partnership. That was my main point of this podcast episode, because I know that some people, especially my Platinum friends who listened to this episode, are going to ask me. I also want to share with you one of my financial tips, especially since I share a lot of money manifestation. I am still learning how to manage my money, I'm still learning what to do with my money. So, I wanted to share with you the information that I have and use in my life so far, and I really hope this helped you. So, I want you to try this framework out. Maybe you have a different framework, or maybe you word it differently. But see if you can develop a Wealthy Now Versus Wealthy Later framework and see if it helps you get more in alignment with your ultimate financial vision. If you haven't developed an ultimate financial vision, you might want to start there first. You might want to ask yourself, "Where do I want to be financially within 10 years? 20 years? 30 years?" If you don't have that, then there's no way the universe can align a path for you, if you don't tell it where you want to go. So, that might be step one for you. If this helped you in any way, shape, or form, even if you just had one a-ha! moment or maybe multiple takeaways, then screenshot yourself listening to this podcast on your device, add it to your Insta-story, tag me, and let me know what you thought because I'm always super curious. If you truly enjoyed this podcast or even this episode, I would appreciate if

you left a review on iTunes. Also, I've been sending out appreciation gifts to everyone who has left a review. So, if you choose to leave a review on this podcast and you screenshot your review before you send it (otherwise it's going to disappear) to my team to Hello@ManifestationBabe.com). All you need to do is send us proof that you left a review, and we're going to send you an awesome Manifestation Hypnosis in exchange to help you become a better manifester on autopilot. Hypnosis is one of my favorite ways to biohack my mind and my manifestation process - or is it called spiritual hack? I don't know. I just call it biohacking. Anyway, I'd love to send you that appreciation gift because I really do appreciate every single one of you who's been listening, supporting, sharing, and reviewing. The more you guys have supported this podcast, I've decided to really commit myself to this podcast this year; to get better at speaking and recording and getting better topics. I thank you all for coming along on this journey and sharing it with all your friends, your teams, your peers or anyone else in your life. Alright, I don't want to take up too much of your time. I intended for this to be a short podcast episode, but you know how I am sometimes. You guys have been enjoying the five-minute Listen Babe series so far. I posted a five-minute podcast last Friday and got so much good feedback. So, I'm going start doing that more often. There are more Q&A's coming. There is more stuff coming, I promise. Okay, guys. Have an awesome, awesome day. Love you guys so much. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching @ManifestationBabe, or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.