



Episode 83: WTF Is Up With All These NUMBERS?!?! (111, 222, ...

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SPEAKERS

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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hello gorgeous souls. Welcome back to the Manifestation Babe Podcast. I just took a break from unpacking my condo and simultaneously watching The Bachelor (I will admit) to record the most requested podcast ever. It actually blows my mind how long it has taken me to record this podcast. I think I actually talked about this topic in an episode that I will later on reference for you so that you can actually go a little bit deeper on this topic in terms of getting your sign from the universe. But today, specifically, I want to address "WTF Kathrin is up with all of these numbers." Now, if you have no idea what I'm talking about, I am talking about all of the numbers that I post on my Insta-stories. By numbers, I mean 888, 111, 999, 11:11, 444, and

333, for example. All of the triple digits that I notice in license plates, addresses, on the clock, in a sign on the street, or in a phone number. I see a lot in phone numbers and license plates. I always post about these numbers, and every single day I get so many DMs asking, "What does that mean? What's the significance? I see those numbers too." Or sometimes I get people saying, "I don't see those numbers. What does that mean? I don't get it." And so, I finally wanted to record a podcast to create a resource and to also share with you another resource that you can find on my website to help you decipher these numbers that I always post about. So, if you don't know what I'm talking about, I'm talking about Angel Numbers. I'm also talking a bit about numerology in general in this episode. I'm not going to call myself an expert; I don't know the meaning of every single number. I get people all the time saying, "I saw 13," or "What does 15 mean?" or "What does 87 mean?" Honestly, I have no idea because I am not a numerologist. But I do have my experiences. I do have my take on this, and I do want to share with you the gist of what it means so that you can stop driving yourself crazy, have an answer, have fun with this, and explore all of the beautiful synchronicities, signs and winks that the universe is sending your way. Where this all started for me was about three years ago. I went to an event called Unleash the Power Within by Tony Robbins. If you've been following me for a while, you know that this event is where my life changed and also where my life began. At this event, I had this spiritual kind of awakening to the point that when I finally came home from the event, I broke up with my boyfriend of almost seven years, I decided to move to Los Angeles, and I decided to pretty much quit my business. I also decided to stop my medical school applications, even though I was halfway through a lot of them. I told my parents that I'm no longer going to medical school. So, it was a really big deal! I remember it was the Monday after this event of October 2015 - and I'll never forget the timeframe. It was literally Halloween morning that I made all these decisions inside my head, but didn't yet actually go home and take the action, which I ended up doing afterwards. Before I took the action, I remember I was at my grandma's house. I was thinking, "Oh my god, what am I doing? What is in my head? Am I actually going to do this? What if this all goes wrong? What if I make the wrong decision? Holy crap, what am I doing? Why am I changing my whole life?" Things were already set up at home; I had this man that loves me; and I was supposed to be going to medical school because that's what my whole life had been set up for. Was I going to disappoint my parents? All of these thoughts just kept running through my head over and over again. At that moment, I remember looking at my grandma's ceiling. She lives on the first floor of a two-floor building. I remember looking at the ceiling as if I was looking at the sky, and I remember saying, "If there is a God out there, if there is some sort of universe, some sort of force, someone who can hear me right now, I need a sign that I'm on the right path, that I'm not crazy, and that these thoughts and intuitive nudges telling me what my next steps are, are not me just being crazy." I needed a sign that there is actually a purpose to this. I've never done this before, it was so unlike me - but, of course, desperate moments sometimes bring out desperate behaviors.

In that moment, that was a desperate behavior coming from me, and now it's actually a question I ask all the time. I say, "Okay, universe, I need a sign. Can you please give me a sign?" That's like an everyday conversation. At that time, I remember asking for a sign, not thinking anything of it, and walking around from my grandma's living room to my grandma's kitchen. I was staying on my grandma's couch. This is before I actually lived on her couch. I was just staying on her couch for the Tony Robbins' event because I was in LA that week. I was living in Seattle at the time. Excuse me, guys, my throat is still a little messed up. Anyway, I walked into her kitchen and, I kid you not, I looked at the microwave for the time. Actually, sorry, let me backtrack for just a second. This is the most significant part. When I asked for a sign, I said "Show me 11:11." I have no idea why I said 11:11, because at that point in my life, I had never paid attention to numbers. They were nothing to me but digits and numbers. There was absolutely no significance except for its numerical information about what time of the day it is, or how much money I have in my bank account - just like any other numerical information. Anyway, I asked for 11:11. Why I asked for 11:11 was mainly because my best friend would always say, "Kathrin, it's 11:11. Make a wish!" So, that's the first thing that popped into my mind. Besides that, I had no idea or knowledge that 11:11 is essentially an Angel Number, or that it has meaning in the world of numerology. So, I walked to the kitchen. I looked at the microwave because my best friend was supposed to pick me up at a certain time and I wanted to know how much time I had to shower, eat and get ready. I looked at the clock, and it was 11:11. The time difference between me asking for a sign and me looking at the clock in the microwave was maybe 60 seconds. Every single day, since that day, I've seen 11:11 at least once, sometimes twice, maybe even three, four or five times, every single day from that day on. We're going to talk more about what that means. Maybe you just started seeing numbers yourself, or maybe you're not even seeing numbers yet. Maybe you've been seeing them and not really thinking anything of it, or maybe you've seen them once, but never again. So, I'm going to talk more about that, just from my perspective, beliefs and experience. I'm not a professional numeral numerologist; I didn't invent this or invent Angel Numbers. From noticing the 11:11 - still not thinking anything of it, but feeling a sense of comfort whenever I would see it. I would get so excited, because it's like the universe is giving me another sign, saying "You're still on the right path." Actually, now that I'm thinking about it, after seeing that 11:11, I immediately said, "Can you please show me every single day of my life that I'm still on the right path?" And so every time I would see 11:11, I would think, "I'm still on the right path, this is so amazing." At that point, I was still very attached to receiving signs. I'm actually very unattached to receiving signs nowadays, because either they happen so often that sometimes I don't even notice them anymore; or maybe it's that I have so much certainty that no matter what, my success is inevitable and I am always on the right path; that I just don't rely on them. I don't freak out if I don't see them. I equally don't get overly excited if I do see them, because they're such a part of my life. It's kind of like a wink from the universe, where I say "Thank you, Universe! That's awesome." So, after

seeing 11:11 every single day for some time, I started to notice more and more numbers. I started to notice 222, 333, and 111. I started seeing them in license plates - that's probably the very first place they started to pop up. I started seeing them in building numbers. Actually, today I drove in and out of Sherman Oaks in California, if you guys are familiar with that location. I don't remember exactly what street it's on, but you can get to it from Ventura Boulevard, if you know what that is. And the building number is 4444. So, I would see it on building numbers. I would see it on receipts. I would see it in my order number or my ticket number, or I would go on Facebook and see that there's 111 likes or 444 likes on a post. It made me think, "Wow, something is happening here." At that time in my life, I was a part of many Facebook groups. I'm not so much anymore, because as you can imagine, my notifications have just gone so crazy, and my own Facebook group has over 55,000 women in it. So, for me to be spending any time at all in another Facebook group right now... I don't have that much time and energy to spread myself around. I like to keep myself very concentrated and focused on those who I'm most excited to impact, which is you guys and anyone who listens to my podcast. By the way, I just saw 11:11. You guys listening to my podcast, anyone who follows me on Instagram, anyone on my Facebook group; you guys are my homies and my family. I devote my time to you. Anyway, I was a part of many Facebook groups and a lot of these spiritual communities. Maybe I looked up some forums and I noticed other people also talking about these numbers, saying that ever since they "awoke" from being asleep - meaning that they were asleep to this matrix that we all call reality; where there's so much more to life than just the physical reality that we see; people opening themselves up to manifestation for the first time; or maybe having a spiritual experience; or maybe someone in their family crossed over to the other side. All of a sudden, they started noticing these numbers and people talking about it. I noticed people referring to them as Angel Numbers, and so I - Master Queen of Googling and Master Queen of YouTubing (I always joke that I have a degree from YouTube University and Google College) - immediately went there and I searched, "What the hell is an Angel Number?" And so, I read a little bit more about it. Angel Numbers basically come from the belief that every time you see a triple digit number like 111, 222, or 333 (any number in general but the more digits that it has, the more powerful it is), how this is based on numerology. Numerology basically states that each number holds a significant vibration or significant meaning. I think I looked up the definition of numerology and it was, "the belief behind numbers having significant meaning or significant synchronicities," or something like that. I don't remember. Anyway, from the way I understand this is that each number holds a vibration. The more numbers you put together, the stronger and stronger the vibration is. Most Angel Numbers have a universal meaning; so if you go on Pinterest, which is actually a great resource, or if you Google it, I really like Joanne Scribes. I think it's JoanneScribes.com. If you just Google "Angel number 777," for instance, you'll be led to that woman's website. There's always such great well thought out and very in-depth descriptions about what this number means. Actually, there are numbers that you can

look up that aren't necessarily repeating numbers - for instance, 818, 136 or 123. So, if you Google "Angel number" with any number next to it, you'll be led to this website. So, I noticed that the website as well as some others, and numerologists that I found on YouTube; they all had pretty universal meanings around these numbers. For instance, 888 for most people talked about abundance and money; 111 is like the master number of manifestation; 11:11 is a stronger 111. So, I used to Google every time I would see a number. I'd immediately Google it and be like, "Ooh, what are the angels telling me today?" Or "What is the universe trying to tell me today?" I would just get super excited. Over time, I actually started to notice and develop my own meanings to these numbers. I started to notice patterns. And by patterns, I mean that, for instance, whenever I would get worried and start freaking out and maybe get into scarcity mode around my finances at that time, a situation with Brennan, or a situation with my team or something wasn't going quite right with an event that we were hosting; I would see 222. It's almost like a worried thought would come in, and then immediately or a couple of minutes after, I would see 222. Over time, I was like, "That's so interesting. Every time I worry, I see 222." Based off of gathering some information from that universal meaning that I'm talking about, I remember that 222 was always a sign that you're still on the right path. For me, I added the meaning, "Don't worry, you're on the right path." Now, everytime I see 222, I think "Regardless of what's happening right now; regardless of the tornado that's coming through my life right now, or the chaos that I'm experiencing; the polarity or the contrast that I'm experiencing right now, which is definitely what I don't want. But I know that something is aligning for me right now. It's like the universe is winking at me and saying, "Hey, girl, don't worry. I've got you, you're on the right path." That information, that intuitive feeling and that intuitive pattern that I would notice would always come after 222. Another number is 999, which started popping up a lot for me when I'd be working on a project; whenever I'd be working on a project that was very tied in with my purpose. 999's universal meaning is that there is a cycle being completed in your life right now. I noticed that every time I was working on a project and getting close to finishing, I would always get encouraged. I would get 999 and I'll get excited, thinking, "Oh my god, I'm like loving this project!" By project, I mean a course, a podcast, or something I'm working on with my team. I saw 999 when I was working on my She's Killing It journal, as well my book Unleash Your Inner Money Babe, and other things that I've done. I would just get this encouragement from the universe, and that was my sign that I need to finish it; that I cannot let this project go, because this project is going to help me advance myself in some areas of my life; it's going to help me take myself to the next level, and will also help a lot of people. And so I'd get 999. Whenever I'd see 888, tons of money would flow into my life. It's my number letting me know that I'm about to receive an opportunity, or some form of abundance or actual money. It's so funny because I would get an 888, and not even seconds later, my PayPal notification would show up on my phone and someone just purchased my course, money just came through, or someone paid me - depending on

where my business was at that moment and what I was selling, because now it's mainly courses. But back then it could have been coaching, it could have been my retreat, it could have been anything. I'd think, "Wow, 888 is so tied with money for me," so I see it as my money number. Actually, I saw a very significant 888 this morning. My own personal new sign that I requested from the universe, I actually got today, which got me so freakin' excited. I just nerd out about this stuff; I nerd out over synchronicities. There are a lot of people who say this is like pseudoscience. They say that there's no evidence or proof; that this is all BS. You're just making it up. But, for me, it gives me a sense of comfort. It gives me a sense of knowing that I am connected, and that I am having a conversation with the universe and we're just going back and forth. It's like I'm getting a "Hey, girl, I got you. You're on the right path." And then I take the next step. "Hey girl, I got you," and I take another step. With each step in life, it's a little uncertain. I take the next step, then the universe is like, "Hey, girl, I got you," then I take the next step. It's like a constant confirmation that you are in alignment. So I see them as winks from the universe, I take them as my own personal sign from the universe. I noticed that it happens most often to me, when I'm in alignment with my desires, or if I am on the right path. At the same time, I've been seeing them every single day since that day when I first saw 11:11. So, either I'm permanently on the right path and see them every single day, or maybe it's that I don't notice the days that I don't see them, because I don't even look for them anymore. I remember that whenever I'd get a receipt, see a phone number or if I was driving on the freeway, my eyes would begin darting around, like "where are those numbers? I need my sign today. I'm not going to feel complete today if I don't get my sign." So, over time, I've gotten really mellow about it, even though it's still a sense of comfort. So really, how I see them and how I think you should see them is an example of synchronicity. Carl Jung - who is a psychologist, I'm sure you know him - calls them a "meaningful coincidence." I really like that because it's like, "Oh, I was thinking about something," or "I set an intention," or "I made a change in my life, and how cool is it that, coincidentally, I got one of these Angel Numbers that apparently means something." So, in your life - because I know a lot of you have a lot of thoughts going through your head right now, maybe thinking "Am I not on the right path? I never see these numbers. What are you talking about?" And others are like, "Okay, I see them sometimes, but not every day. Does that mean that I'm never on the right path, or sometimes on the right path?" A lot of you might see them every single day and this episode is just exciting you because you think, "That's awesome! Here's a confirmation that I needed. In fact, this podcast, and hearing Kathrin's voice saying this right now is one of my signs from the universe." I just want to let you know that these Angel Numbers are just one tool of many. They can be your example of synchronicity, a confirmation, or a wink from the universe - or it might be something else completely. I have girls who come to my retreat. Those are the girls besides my clients who I get to know best in my community. So, I just remember a lot of our conversations where they will be talking about seeing butterflies, dragonflies, or hearts all the time; they will see little

hearts in trees, they'll see a flower in the shape of a heart, or they'll walk by somewhere and there would be a painted heart on the sidewalk. Same with butterflies. Same with animals. For me, one of my signs is the map of the world, like a globe. Anytime I see anything that remotely looks like Planet Earth, to me, is one of my signs because I'm such a big travel lover. I think I have a purpose behind me being so obsessed with travel. It really inspires me and motivates me because it's one of my dangling carrots. It's one of the things that I go after that helps me indirectly make a much bigger impact. In order for me to travel at the level that I want to travel, I have to earn more money. When I earn more money, I end up giving back so much more. Also, money is just a reflection of how many lives I've impacted. It's all circular together, and that's why I believe that's my sign. So, you might have a sign that has nothing to do with numbers. If you're specifically looking for an episode talking about how to get your sign from the universe, how to know that this is the sign from the universe, and how to actually develop meanings for numbers. For instance, I actually have specific meanings; I've evolved a little bit past the Angel Numbers. One of my numbers is 818 or 939. Those two have different meanings for me in my life. For me, it's not like I Googled that; it's not like I looked it up. I just started seeing that number and started asking myself, "What is my intuition telling me about this meaning?" If you're curious about developing your own meanings, or to learn how to get your sign from the universe - because maybe you're not resonating with this episode at all. Maybe you're like, "I don't care about numbers, who cares? I don't see them, whatever." I would recommend that you go to Episode 39 on my podcast right now, and listen to how to get your sign from the universe. I finally did my research, you guys! Before I started recording, I finally figured out what podcast I'm referring to. I always tell you guys to go to other podcasts, and then never give you the number. So, I'm going to do my best to either share with you in the show notes, or give you an actual number. So, Episode #39, you can go back right now; it's available, and you can listen to that. I actually talk more about Angel Numbers in there as well. There might be information that I said there that I didn't say in this episode, but I didn't listen to it before I did this one; I just wanted to do a fresh one so that it's more updated. I also have a cheat sheet for you to help you get started with the meanings. This cheat sheet is me mixing both the universal meanings and the patterns that I've developed, with the language that I have with the universe, that's applied to a lot of other people. So, it's not just my meanings; it's actual meanings that people are like, "I totally feel and get that. That feels right to me." I actually have this cheat sheet if you're interested. I will put the link in the show notes, but if you want to grab your head start right now and go online, you can go to ManifestationBabe.com. There, you'll see the bar with three kind of lines; when you click on that, it expands to the menu. You'll see that I mention Freebie Library on there. Then you'll have another thing that opens, and it says "Get the password here." You're going to need my secret password into my Freebie Library, which actually has a lot of resources well. Angel Numbers cheat sheet is just one of them. But you can find it there, and you can start using it. Make it your phone

background for a week. Or maybe print it out, or copy the meanings down in your journal. Just start to open your eyes and notice. You know what I believe? I believe that we have free will; and so I believe that the universe, God, angels, or whatever you believe in, waits for us to open that door; to open up the conversation. So, maybe you have no idea what I'm talking about, but want to experience it. Maybe you just ask for a triple digit, an Angel Number, or some sort of significant number that has some meaning in your life. So, maybe the first three digits of your lover's number; or the first three digits of your best friend's phone number - which is actually one of my signs, 939, which is my childhood best friend's phone number. Throughout my whole life, I remember dialing - because we lived in the same area code, so I never had to dial the area code - it always started with 939. I started to get that as my sign. It took me about a year to nail down the meaning, and now I finally have the meaning. But maybe you want to ask for something to show up. And, I promise you, when you start to pay attention, open your eyes, and ask for these synchronicities, they happen, and the universe is more than happy to communicate with you. In fact, the universe, I believe, wants to communicate with you because it wants to guide you. This is such a side note and literally another podcast episode, but I think that so many of us feel like we need to be in control, and so we shut down the universe trying to help us, far before it ever has a chance to even get started helping us. I think that the guidance that we can have by connecting with source - since we are extensions of source - but when we feel disconnected from source, we feel like we're on our own. We just feel like we're almost too human, so powerless, alone, disconnected, and divided. The moment we just even open up that connection or communication, you'd be amazed how much information or how much around you that is trying to tell you, encourage you, and lead you down the right path. It is literally leading you down to your dream life. It's taking you down this path. Someone asked me today - and I will have to paraphrase the actual question, because I didn't write it down - but someone asked me, "Kathrin, what if I set an intention? The thing hasn't manifested yet, but I keep seeing numbers. What does that mean?" I always say it's the universe letting you know that "whatever you're doing, keep doing it, because you are on the right path. You are currently in alignment. Do not drop it, do not give up, and do not stop." So, that's pretty much it. That's pretty much my knowledge as far as it goes. I know I post about them a lot, I get super excited, but that's as much information as I have. So, feel free to get a book on numerology, do some Googling on your own, or maybe there are some people you can follow. I know that there are numerologists out there who have in-depth information around your life path number, your destiny number, or the number behind your name, birthday, and what year we're in. There's a specific number and a meaning behind your personal year number - which I actually do have some information on, and I do use them for my own fun to figure out things like "What kind of year is 2019 for me?" If you're curious and actually have knowledge of numerology, 2019 is a 1-personal year, which means new beginnings. Last year was kind of tough, because it was a 9, which means that a cycle is ending, and that there are powerful endings coming to your life;

people and situations that aren't serving you are going to have to get ripped; lots of removal of what no longer serves you, which can be really tough for people who are very attached to the familiarity of their comfort zone. So, this year, for instance, is like a new beginning. So, I'm really excited. But anyway, I'm sure you'll find information. I'm pretty sure I put a lot of you through the rabbit hole now. Maybe you'll be doing your own research for the next couple of hours. Maybe you'll find some podcasts on it. But that's as far as my information goes, and I'm super curious to hear from you now. So, if this episode resonated with you, if this answered your questions, or if you had any takeaways or a-ha! moments and this resonated with you, then I would love for you to take a screenshot right now of yourself listening on your device, and then tag me in your Insta-story and share with me your takeaway. Just let me know, are you seeing numbers? Are you not seeing numbers? Do they mean anything to you? Did this help you? Also, if you download my cheat sheet, feel free to share it and post it, and feel free to let me know which number you're seeing the most often, and if the meaning on my cheat sheet resonates with you and helps you feel really good about what you're experiencing. So anyway, I love you guys so much. That is it. This is my "WTF is up with all these numbers?" episode. I cannot wait to record more stuff. I have so many topics in my head just swirling around. I've written down so many new topics in my podcast section of my iPhone, it's insane. So, as much as this energy flows, I'm going to do my best to bring you more podcasts more often. That is my promise to you. Alright guys, have a wonderful Wednesday; I know I am planning to release this Wednesday morning. Have an awesome rest of your week. Happy Valentine's Day. Please invite as much self-love into your life as possible. Have fun with your significant other, your spouse, your boyfriend, girlfriend, wife, husband, or maybe your friends if you're single - that's okay. I will catch you in the next episode. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching @ManifestationBabe, or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.