



Episode 82: The Disneyland Experiment

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SPEAKERS

Kathrin Zenkina



Kathrin Zenkina 00:14

Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hey, gorgeous souls and welcome back to the Manifestation Babe Podcast. I am so excited that I'm finally able to record another episode because I finally got my voice back. The reason why I haven't recorded a podcast in what seems to be forever is because I got sick. I've literally been in bed for the last five to six days just trying to recover, not use my voice, lay in bed, and shut off. That means no technology, no trying to focus on anything except for healing, my wellness, recovering and getting better. And let me just tell you that I've been going nuts in the last five days to the point where I have probably watched every single documentary on Netflix and Hulu, including the ones about murder and UFOs, which is not typically a genre that I'm into or ever want to enter my subconscious mind when I am just absorbing things in bed. But I had to entertain myself somehow. I had to do something different, and I had no room

inside my mind for personal development, for learning anything new, or for working or doing anything else. So, I'm actually on my couch right now. I'm not fully recovered, but I don't want to wait any longer. The episode that I'm going to be talking about today is about an experiment that I did about two weeks ago, and I don't want it to leave my brain. I don't want to forget this experiment that I promised I would share with you guys. I made a post on Instagram and you guys loved the results of my experiment. I want to break it down for you and share with you my thought process, what exactly happened, the results, and how you can do your own Disneyland Experiment regardless of whether or not you live near Disneyland, or even want to go to Disneyland. The point of this experiment is all about surrendering, which is so funny because I don't believe in the universe giving us tests. You know how some people have this point of view? "The universe is going to test me," or "The universe is testing me," or "This is a test from the universe about whether or not I've been a good student on my personal development journey." I just don't believe in tests coming from unconditional love. I always believe in training. I believe that the universe trains us to be better, learn certain lessons, and to go through this journey of life and ultimately become the best version of ourselves. Every single day we learn a lesson, we learn something new, and we pick up on something that makes us a better person, if that's how we choose to see it. Obviously, if you choose not to learn your lesson, or don't recognize what your lesson is, you're going to keep learning it. You're going to keep going through whatever it is that the universe is trying to train you. So, unless you finally discovered, "Oh, this is what I'm supposed to be learning! Why don't I apply this to my life and realize that this just helping me become a better version of myself? That way, I can stop learning this lesson." It's so funny because I got sick for five days, which is just another lesson in surrender; and another lesson in resting, giving myself time to recover, and giving myself time to just "be" instead of "do, do, do." You guys know I'm such a great do-er. Sometimes, I just need to be a better "be-er". Sometimes it's just about understanding that I am worthy, I am enough, and I am perfect just the way that I am. All of the things that I want to accomplish, I still have my entire life ahead of me. So, that's kind of where I've been. Now, before I forget the story, I want to just get my thoughts in order and share with you what this Disneyland Experiment even was and how it got started in the first place. I want to backtrack about 10 days to my Rich Babe launch. My Rich Babe launch - for any of you who are curious, whether you are inside Rich Babe Academy right now, which has been going wonderfully so far; or if you've been curious about it, heard about it, or you've been in it before, then you probably know about my Rich Babe Academy. I just want to say that this launch has been the most successful launch that we've ever had. It is still not my million dollar launch - and that is okay. Because, again, this is another training in surrender, surrendering the outcome, and knowing that I will ultimately get the outcome that I desire. It might not be in the timing that I've envisioned, but my timing is never more powerful than the universe's timing. So, the universe is setting me up for some really good shit in 2019 or 2020. I just know it

because that's what I choose to believe. I choose to put my trust in the ultimate big picture vision; that things are always happening in my favor. In fact, that's actually my background on my phone. For those of you on my Insta-story who always ask, "What does it say in the background of your phone?" or "Where did you get your background?" It says, "Things are always happening in my favor." I just make it on Canva.com. Anytime I feel inspired to put a quote, a way of thinking or a belief into my subconscious mind, I will always make it my background, and it just works out beautifully. I believe in this ultimate vision. However, my launch was almost 600K, which is our biggest launch ever. It set us up for the biggest month that Manifestation Babe has ever had. My team is super excited. We are off to such a beautiful, amazing, and good head start for 2019. I'm just so excited to keep focusing on my main vision of where I want to take Manifestation Babe without getting distracted by all the low hanging fruit and what everyone else is doing. Instead, I want to really remind myself that I get to be whoever I want to be; I get to launch whatever I want to launch; and I don't always have to be busy in order to be successful. You guys know that my biggest driver in my business is to share with you my lessons, experiments, and trial and errors, so that you can apply it to your life. My goal is to give you the shortcut. I've invested so much money, time, and ups and downs in this journey. My mission and my goal is to allow myself to be an experiment for you; to allow myself to learn these lessons, overcome challenges, overcome obstacles, and show you that anything is possible. If something is possible for me, and if I'm able to overcome something and achieve something, then you absolutely can too. I don't like to call myself average - and I'm not calling myself average. I believe that we are all so miraculous, special, and amazing. All of us have gifts inside of us that are so unique to us. But on the grand scheme of things, there's no difference between you or me. We are all extensions of source, children of the universe, children of God - whatever you believe in it or however you see it - we all come from the same place. Whatever opportunities are available to me, they're also available to you. Also, I am an INTJ personality type, if you're familiar with Myers Briggs; if you're not, go to [16personalities.com](https://www.16personalities.com), that's where you can learn about what personality you might be, where you might categorize in, and what your strengths and weaknesses are. I used to love Myers Briggs. And then I had this period of time where I thought it was so limiting, and I was so against it. I was like, "No, I refuse to call myself an INTJ. I refuse to call myself an introvert, and I refuse to call myself this and just put myself in this box." It was actually James Wedmore - who I know so many of you are familiar with, and if you're not, you can find James on Instagram (@JamesWedmore). You can also listen to his podcast called Mind Your Business Podcast, which is so great. James is actually one of my mentors. I believe in everything that he does. I'm learning so much about business, and so about the mindset of business from him this year - actually, my whole team is, right now, and we're super excited about it. So, I was listening to his podcast (Episode 20 on the Mind Your Business Podcast); it is all about finding what your personality type is and understanding that it's not to put you in a box, but rather to let you know what your

strengths and weaknesses are so that you can have something to work on and build off of. I know that being an INTJ, I have super ninja powers. It's one of the rarest personality types for females. Instead of trying to resist who I am and how I was built - by source, the universe, or God - I can actually be proud of it, and build up upon it. There's so much science and really cool stuff that backs up your personality type, and it really doesn't have to put you in a box. But something that I know is part of being an INTJ is experimentation. And it's no wonder that I walked right into Manifestation Babe, which has become this giant personal development experimentation journey for me. My business has literally become me sharing lessons of what I've learned, my trials and errors, what I've experimented with, and just giving you the results, the step-by-steps and the action steps. It took me so long to recognize that this is one of my strengths. Now, I get to excitedly build off of this strength, go on more experiments, try out more things, and do some crazy things that maybe you're not into or don't want to try. But I can just report to you and say, "This is what happened to me. If you're interested in these results, then this can happen to you too. Therefore, you can try this." Anyway, this is what came down to the Disneyland Experiment. It was actually mid-launch. For those of you who know, I swear, there's a day every single launch where I tend to get into my head, and it's about mid-launch. With every launch, I feel like it's one big mindset experiment for me. I sit with myself and I keep asking myself the questions of, "How do I make this easier? How do I surrender this more? How do I let go of the outcome?" I'm always asking myself, "How can I make this better? How can I make this more successful by doing less work and having more fun?" By asking myself the right questions - if any of you familiar with the quote, "The quality of your life is determined by the quality of questions that you ask yourself." Tony Robbins has said that, and I've also heard James always quote Richard Bandler, one of the founders of NLP. They always say this quote, and it's so true. I live by this quote. Every single day I'm asking myself better questions. Instead of asking myself, "Why does this launch suck?" Or "Why is this so hard?" Or "Why do I suck so much?" Or "Why can't I do this?" Obviously, if you ask yourself low quality questions like that, you're going to find low quality answers. Your brain is literally designed to be a goal-seeking computer. So, if you ask yourself these low quality questions, you're training yourself to constantly find low quality answers, and only enough answers to just get by. And is life about just getting by? No, life is about thriving - at least in my book. So, I ask myself really good questions. Every single day I ask questions like, "How do I surrender more? How do I live a bigger life? How do I overcome my fears on an even deeper level? How do I manifest this? How do I manifest that without having to work harder?" Every single day, either I do it in my journal or I do it out loud. Like, "How can I relax more? How can I give more? How can I be more? How can I give back more to my community? What else can I do to impact lives? How can I make this easier for other people?" I just ask myself those questions. It's not that I'm special. Again, we all come from the same place. We all have the same opportunities, and it's just a matter of how you use your mind and the questions that you ask yourself. So, about Wednesday. I just finished

my webinar. We're on day about Day Five or Day Six of my launch and I am sitting. I had just finished my webinar and I was sitting in a med spa getting an IV. I'm obsessed with IV therapy. I was getting one that I think was called the Ultra VIV. It literally has every vitamin you can possibly put in your body; every vitamin that they have in stock. It's dripped directly into your bloodstream via a needle. The saline solution and any of the any of the vitamins that are not water soluble, they will inject it into your butt. Something that's oil-soluble or fat-soluble, your butt has a lot of fat in it - or at least most of us do. Then you can absorb the rest of the vitamins via a shot. I'm obsessed with this stuff. This is one of my ways of biohacking, always keeping my energy super high, and making sure that I have every vitamin and nutrient to fulfill my mission in life and whatever energy I need to keep giving back and to keep helping, inspiring and uplifting people. I will do whatever it takes. And that comes down to my wellness, my health and how I'm feeling. So, I'm getting an IV and out of nowhere, I just start craving to go to Disneyland. I've been craving to go to Disneyland for a while, but that day in particular, I was like, "When am I going to go to Disneyland?" If you are maybe new to the podcast and you don't really know my journey with Brennan and how we both started out super broke when we moved to Los Angeles, I started building this business while he was job hunting. Even though we've lived in LA for almost three years, we have not had a chance. At first, we had no money, and now we have just gotten so busy. We do so much travel and so much fun stuff. We also do a lot of work and business- and team-building, to where we have not had a full day to just go to freakin' Disneyland. It sounds so ridiculous, I know. I promise you, my calendar is not that busy. It's not that I have that much to do. It's just that there are certain meetings that happen, and I don't like to schedule more than one thing per day. Again, INTJ energy. I'm an introvert, so I recoup or recharge my energy by being by myself; not overloading way too many meetings, team things, or things that involve other people in one day. So, I like to spread it out. If I have a podcast interview, a team meeting, a meeting with a contractor, or even getting my nails done; a hair cut or a facial, anything that involves other people, I don't like to pile it all on one day - especially when I have clients, too. I'm very particular, careful, and selective with how much energy output I put out in a single day. That's why my calendar doesn't really have a full block for Disneyland. Also, with all the travel that we're about to do. We're going to Bali for a month. We're also going to Australia for a month, so I'm just thinking, "Where the F does Disneyland fit?" I just started craving Disneyland so bad, I just wanted to have fun. I just wanted to appease my inner child. I know now, listening to my intuition, it was literally my inner child - the part of me that is so tapped into joy, flow and having fun. It was screaming to come out and wanted to help me with this launch. I know that now because I've done some reflection on it, especially with the results that I've gotten. But back then, on the day I was getting an IV, I just had this intense craving. I remember all of a sudden I was like, "Wait a second. I have two more days left of this launch." Typically, in the last two days, all I do is answer questions. I just go online, I go on Instagram, and I answer DMs. My team handles all the

email inboxes, so typically, I say, "If you're not getting an answer from me, and you need an urgent answer about whether or not this course is right for you, email my team because they're in the email inbox." While I am pretty much taking care of any comments or DMs I find, or anything where I am tagged. I will go and see if someone has a question. That's what I do the last two days. By the last two days, we have been launching in such a structured way for so long now - and by long I mean 18 months - to where my team knows what they're doing; I know what I'm doing; the challenge is done, I've done a webinar; I'm literally just waiting for people to make their decision. I have email set up, and so really, the only thing left to do is to stare at my computer. I know that the previous version of myself wants to be so in control that she wants to just sit there and stare at her computer, thinking that the more time that she spends watching her computer, the more - automatically, out of nowhere - inspired people will sign up to the program; instead of just understanding that whoever's meant to come into my program, whoever is meant to be inside of Rich Babe Academy will come inside and will be in there. I remember looking at my calendar and noticing that tomorrow, Thursday, I really don't have a meeting on my calendar. I was planning to go on live, answer some questions, and go back and forth with people to answer their questions. So, I realized, "What if I do something different this launch?" So, I went on Insta-stories and I asked all of you who follow me on Instagram - thank you for those who participated in my voting. I put up a poll and shared with all of you, saying, "Hey, should I do a surrender experiment? Should I do an experiment where I just do what I want to do, go out and have fun, and completely detach from my launch?" That was my question: how do I detach from my launch? I don't want to sit here and strangle the process; I want the energy to flow. I know this sounds so abstract and so woo woo to you, but everything is energy. So, whatever intentions you're putting out to get people into your program is energy. For people to decide that they want to be in your program, go on your sales page, be inspired to get into your program and purchase their tuition, their course, their ticket or whatever you call it, and they get into your program - that's also energy. It's all being directed and influenced by our energy; your energy, being the person putting out the course; their energy being the person who decides to get into your course. I'm always asking myself, "How can I surrender and allow the universe to help me?" Because your job, when it comes to manifestation, is the "What" and the "Why." My "what" is that I want X amount of Rich Babes; my "why" is because I wholeheartedly believe that I can transform the financial destinies of the women and men that come into my program. If I do this, then the ripple effect of what that would create in our economy, society, and culture - especially with women being the new breadwinners, being in control of their finances, and helping their men manage their money and finances; helping women be in control of their own destinies, regardless of who the breadwinner at home is, or what happens at home and who does what at home. Just to allow women to take back control and feel empowered, that is my big "Why." As for the rest - the when, the where, and the how - I cannot control, even if I wanted to, because that's not my job; that's the

universe's job. It always is, and always will be. So, I posted on Instagram asking, "Should I fully surrender my launch and spend a whole damn day at Disneyland tomorrow? Because tomorrow is literally the only day." 99 percent of you said, "F yes!" and that got me so excited. It made me think that my intuition is in alignment and that since all of you are excited about it, now I have to do it. And because you're excited about it and you're excited to see what happens with my launch, if I just don't pay attention to it, surrender everything, and just go have fun and whatever happens happens. That got me super excited. And that was super interesting because 1 percent voted "No." I got a couple of DMs from people saying, "Kathrin, successful people don't do this. You should be giving your all. You should be really focusing on this and giving it your best, and then rewarding yourself afterwards." It was so interesting, because being an INTJ, one of my strengths is that I'm really good at being a neutral observer. I'm really good at stepping aside and just witnessing other people's projections, beliefs, or how people get triggered based on what I say or don't say. It's just fascinating to me. Sometimes I allow my emotions to get in my way, and I'm like, "What, why would you say that?" or "What is that supposed to mean?" or "What, I never give my all? Are you fucking kidding me? I always give my all!" It's so easy to go into those emotions, but being an INTJ, I typically stay out of my feelings and more in my thoughts. I used to previously believe that in order for me to live my best life, I have to deserve it. I have to constantly prove myself and my worth. Only then am I allowed to have fun. Growing up in a very strict Russian household, where grades mattered more than anything in the world, I always felt like I had to work really hard before I could ever do anything fun. Fun never happened while I was working hard, and fun - God forbid - never happened before I worked hard. First, I must deserve it, and then I can go have fun. In the last three years, especially with building Manifestation Babe and - what's the phrase? "Preach what I say," or "Say what I preach," or "Do what I preach." I have to be an example of my teachings. So, it's very interesting because this allows me to constantly prove that what I teach actually works. I have to keep proving it to myself. That's probably one of the most fun things that I do in my business, this experimentation around proving that there's another way, and that you can have it all on your own terms. And I'm going to show you that it's possible. That's what I love most about my business. It's interesting because in the last three years, I've been trying to disprove this whole thing that we have to be worthy or deserving of success, money and fun; disproving that it can't be all part of the same process; that we can't already be worthy and deserving, have fun and work hard - because we choose to work hard and give it our all - all at the same time. So, I found motivation in that 1 percent that asked, "What would Tony do?" That one kind of stung at first. I remember someone said, "What would Tony Robbins do? Tony Robbins would never do this. Tony Robbins would give it his all and then have fun." For those of you who know me, Tony Robbins is one of my biggest inspirations. Sometimes when I have a struggle or a challenge that I can't seem to overcome with the same thinking that created that problem, I will sometimes access one of my mentor's ways of thinking, through my own

mind. It's just a little hack that I do where I ask myself, "What would Tony Robbins do in the situation?" And so, someone brought that out, and that triggered me for just a second. But then I decided, "You know what, this is even more motivation." Okay, there you go. I just remembered it. "Practice what you preach." It's so awkward when I forget what I'm talking about or have a brain fart in the middle of a podcast, because I don't like to pause, edit, switch things around and make it picture perfect. And I hope you appreciate that I never stop and say, "Oh, no, I messed up. I need to edit that out and I need to go back." So, the phrase was "Practice what you preach." And so, I decided to practice what I preach and went on with the experiment. So, here's how the experiment went, now that I'm 30 minutes into introducing the experiment. On Thursday, the next day, Brennan and I went to Disneyland. Just like today, it was a super rainy day in Los Angeles. It actually started pouring rain. The first hour we had fun; we went on some rides and had a good time, then all of a sudden, the skies just opened up and, boom! It started pouring. I got so upset and pissed off. I let all my emotions get in my way of having fun and I stopped surrendering for a few hours. I was thinking, "What is the point of this? I could be at home right now being super busy and productive, and giving my launch my all. Maybe that 1 percent that was giving me another viewpoint of this Disneyland Experiment, maybe they were right. Oh my god, I just wasted a day." I just let all of these thoughts circulate through my head over and over again, and I just allowed my state to go down. I allowed my vibration to lower and I allowed myself to get upset. I gave the rain a negative meaning and decided to see it as "This is the universe testing you, Kathrin" - even though I don't believe in the universe testing you. I believe in the universe training you, but for a very short second, I was like "The universe is testing you!" And then Brennan and I had a conversation. We went to go get some lunch around 1:00 pm and I asked Brennan, "Why is this happening? Why is it raining the one day I want to go to Disneyland during my launch?" And Brennan, being the good coach that he is, helped me reframe the whole situation. He said "Kathrin, when it rains, it pours. You can see this as abundance pouring out of the sky. Look at how much abundant rain is all around you. Look at how many resources are all around you. Look at the fact that you asked for a surrender experiment, and the universe is literally giving you a surprise surrender experiment. If you choose to go through this training, and if you choose to get excited about the rain and have fun anyway, I believe that the universe will bless you with more abundance than you were expecting." And I thought to myself, "Holy crap, I married the right man." Then I just decided to say, "Thank you universe. I am so grateful for today. I choose to surrender and I'm going to have a blast, no matter what." And, I kid you not, 30 minutes later, the rain stopped, the sun came out, and we threw away our ponchos. We had ponchos on us because it was just really bad rain. We decided to go to the car and change out of our wet clothes and put some new clothes on. I bought some Disneyland-themed jackets and stuff, and got dressed into dry, warm clothing. The rain completely stopped, it was sunny, and Brennan I had an amazing rest of our day. From about 2:00 to 8:00 pm, we rode all

the rides, had so much fun, and giggled and screamed like kids. I scraped my knee as if I was five years old again. I remember falling as I was getting out of a ride. I tripped over myself, fell, and scraped my knee. I bruised it super badly and almost broke my wrist. I was laughing through the whole thing, but I'm going to be honest, I cried at first because it hurt really bad. Pain is the fastest way to get emotions flowing through me. But then I immediately started laughing. I felt like I was five years old. I went and bought a caramel candied apple and ate that. Brennan and I were eating popcorn and all these fun treats. We were being complete kids and appeasing our inner children. The whole day, I was doing my best not to pay attention to any signups. I was doing my best not to log into Infusionsoft, see how many people signed up, and to see if this experiment is working or not. That's still being attached to the outcome. It's like saying that if the outcome isn't what I wanted today, then today was a failure, and therefore I'm going to give it the meaning that I failed today. And I don't want to do that, because that's not the point. Let's say, for instance, that the day didn't go the way that I wanted; it would still be a win-win, because the result and the outcome would exactly be the same - whether I was at home staring at my computer, or if I was out and about in Disneyland. The result would have been exactly the same, because the result of my launch is based on my intention, energy, certainty, and expectation. If I'm at home or at Disneyland, the energy output or my intention doesn't change. So, I could either choose to have fun, or I could choose to stay at home and not have fun, while getting the same results anyway. I'm already giving you guys a summary, so let me finish for just a second. I want to come back to this. Long story short, Brennan and I had so much fun. I let go of my outcome. At the end of the day on our way home, I checked the results of this experiment. The result of this experiment is that we made in sales - not in collected, but in sales - Manifestation Babe's very first six-figure day. I went to Disneyland and brought in 100K in sales into my company in one single day - not even 24 hours, but in that single day, from the moment I entered the Disneyland Park to the moment I left it. Could it have been more if I had spent some additional time on my laptop that day? Maybe. But, regardless, that's still such a massive success. I think we collected about 70K in cash that floated into our business while I was having fun in Disneyland, eating my damn popcorn, scraping my knees, screaming, having fun, and just being a kid. 70K, or a six-figure day in sales. Actually, the next day was a six-figure day in actual cash collected on the very last day of cart close, but that doesn't matter. I'm just talking about the Disneyland day. The biggest thing that I learned is that even if this experiment failed - and let's say that it wasn't this miraculous, and that the launch didn't necessarily go as high as it did, or we didn't collect or manifest as many students as we did - in the end, I still had fun, and it beats staring at my computer, which is still a win-win. Overall, this launch was our biggest launch ever, which is around 585K. Still not a million, but I'm focused on the big picture vision, and I'm focused on the ultimate of where my business is going rather than allowing any single launch in my business to determine my entire business. I did have a strategy set up you guys. Especially if you're an entrepreneur

or business owner and you have a launch model. The way that my business operates is off of about four launches a year. We have other ways of generating income as well, but I really enjoy launches and I actually have fun with them. I know that some entrepreneurs have love-hate relationships with them. I have so much fun with them. I think it's just like these fun races, checkpoints and challenges that me and my team have four times a year, where we really do give it our all. It really is this mindset and energy experiment, as well as finding the best strategy that we can install that allows us to have more fun and work less. But know that your intentions will always take over. You are the CEO and the director of your very own energy. The more certainty that you have in your outcome, that's going to overcome anything and everything. I think that my certainty in knowing that this would be my most successful launch, regardless of what happens, is what fueled me to go to Disneyland and have fun, play and just be a big kid and enjoy a day with my husband. So, the biggest lessons. I have some notes here, so if I'm a little all over the place, I'm sorry, my brain is still not fully functioning. I'm still in bed and still a little sick. I think you can probably hear it in my voice. I have here some of the biggest lessons that I have started the process of learning three years ago. I still learn every single day and explore and experiment with these lessons because it used to be so ingrained within me that hard work and staying busy beats everything; the harder you work, the more time you spend doing something, the busier you are; and the more that you do, the more successful you will be. Time and time again, I'm enjoying these experiments that I've been giving myself, where I keep proving to myself that success is allowing energy to flow and being the best version of myself - who's already successful - is what equals to more success. You've probably heard me talk about this concept of becoming the version of yourself who already has it; becoming the version of yourself who has already achieved her outcomes or her goals; that version is going to trump everything. It is THE manifestation hack that I always go to. What really fueled and inspired me to get most excited about this Disneyland Experiment is because I asked myself, "The version of myself who is detached from this launch and has already had a million dollar launch, what would she do tomorrow?" She'd go to freakin' Disneyland because she feels like going to Disneyland. I have enough an affirmation for you, if you want to borrow it, take it, have it, or repeat it to yourself every single day, This one's worked for me so well; it's allowed me to keep inviting more joy and more fun into my life, while also experiencing more money, success, achievements and outcomes. The affirmation is "The more fun I have, the more money I make. The more fun I have, the more money I make. The more fun I have, the more money I make." Fun really is the fastest way that you can appease your inner child. If you go back in time and remember how you were as a child, or maybe you have siblings or maybe you have kids in your life, or maybe you have nieces and nephews that are kids right now. If you just look at them, just notice how tapped in they are with this universe and how they don't have a single worry that enters their mind. They're always playing games and having fun, and things are always going their way. They're always taken care of and their

needs are always met, because they're just trusting that things are going to work out; that there's nothing to worry about; that the whole sole goal of life at that stage is to just have fun; to just be in flow and allow things to unfold naturally; and to really learn. At that stage, kids are learning a lot about how the world works, and they have fun with it. And so, I invite you to create your own Disneyland Experiment. Maybe you don't live around Disneyland. Maybe you don't care about Disneyland, but maybe there's something on your list that you've been holding off now, to where you believe that you have to do something to deserve this reward; or deserve this day for yourself; or deserve this adventure that you really want to go on. Maybe you want to create your own surrender experiment where you prove to yourself that you can be successful, have fun, and be a kid - all at the same time. Whatever that experiment looks like, whatever you decide to do, I'm super curious to hear it. What did you think of this episode? If you loved this episode, and if it resonated with you, and you're excited to do your own type of experiment, or at least apply some of the lessons and principles that I shared with you today, go ahead and screenshot this on your device right now and add this episode or screenshot to your Instagram story. Tag me and share with me what you learned; inspire some friends to listen, too, because maybe you guys can both go to Disneyland together. Maybe you can both do this experiment together, and then report your findings in a journal, in your own podcast episode, a Facebook or Instagram post, or whatever it is that you decide to report your findings on. I'm super curious to hear from you. I just wanted to share that I am still giving away a free gift: a free Manifestation Hypnosis Recording to anyone who leaves a review on this podcast on iTunes. Screenshot it before you send it to my email which is Hello@ManifestationBabe.com. One of my team members will reply with the link to the recording where you can have a free and super powerful Manifestation Hypnosis, all by simply leaving me a review. You can do that on iTunes. I'm super excited to hear from you. Thank you so much if you do decide to leave a review, it really helps people find this podcast. It's been growing like crazy and I'm just so excited to see where it goes in 2019. I will catch you in the next episode. I love you guys so much. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching @ManifestationBabe, or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.