

Episode 81: Unconventional Wealth Tips That Will Bring Your ...


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SPEAKERS

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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hello gorgeous souls and welcome back to the Manifestation Babe Podcast. I have missed you guys so much. Thank you so much for downloading this episode today and tuning in, because this one's going to be a good one. First of all, I have been gone for a couple weeks, mainly because I got married, went on a honeymoon, spoke at an event, and moved houses. Yes, we finally moved out of our studio apartment into a two-bedroom condo, which has been such a massive uplevel and an opener for my energy. So, there has been a lot going on behind the scenes. I'm super excited to be back and I'm actually super excited to finally have my own office, for the first time ever. My office in my studio was just a corner of a box. Our apartment was

literally a box, and my desk sat in a corner. Although that worked really well for me for the first two years, eventually I got very uninspired by it. Whoopsie! I should probably put my laptop on 'Do Not Disturb.' So anyway, things have been going super well. I have also been looking into upgrading my podcasting microphone and software, and all the stuff that has to do with my business. Things have been working out really well for our business. I'm super excited to upgrade everything and massively uplevel in 2019. I don't know about you, but 2019 has been an amazing year already, and it's hardly been 19 days since the 1st - which is crazy and also amazing at the same time. There's still so much time to manifest really cool stuff in 2019, but also the fact that it just started off with such a positive tone. I hope it started off with a positive tone for you too. It's just been amazing, and I'm super-duper excited. So, today's episode is all about manifesting more money. I know that this is always a hot topic. People love my episodes around money, so I wanted to bring you more of my five unconventional wealth tips that will bring you more money in 2019. So, maybe 2019 hasn't started off so high-vibe for you. I'm about to change that with these five tips. But before we get started and before we dive in, I want you to pause this podcast after I explain what I'm about to explain to you. Come Monday - so that's in two days from when I upload this podcast episode. Don't worry if you're listening to this on Monday; you still have an opportunity to do this and get in. So, don't worry about this. I'm going to allow any late comers to come in up until Tuesday morning before Day Two of my 5-day Money Manifestation Challenge. So, I want you to pause me right now and I want you to go to TheRichBabeChallenge.com and get yourself signed up for my five-day money manifestation challenge that is starting on Monday. This is a challenge that's perfect for you if you are looking to manifest more money in your life and if you're looking into what's holding back from making the really big bucks. Trust me, from someone who started off with not being able to figure out how to manifest more than \$1,000 to \$2,000 in a month to regularly manifesting over 200K on a monthly basis. So, if you want to know what exactly is holding you back from that next massive uplevel into the big bucks, I will explain that in the challenge. We're also going to work on your money relationship. We're going to make that relationship - just how you have a relationship with your spouse, with your parents, your children, your friends, your acquaintances - you also have a relationship with your money. I am going to help you make that relationship with money so juicy, that you absolutely cannot help but have the money in your life all the time. So, we're going to talk about attracting money. We're also going to talk about keeping money, because if you're just attracting money into your life and then it's leaving your life as fast as it's coming in, then that's a limiting belief; and there is something going on subconsciously in there. So, I want to help you make more money, keep more money, and really experience that financial freedom and abundance. Having money is one thing, but if you can really enjoy it and have certainty around money, knowing that there is so much more abundance on its way right now, and that the best is yet to come, you open yourself up to a completely new experience of life. So, go right now. TheRichBabeChallenge.com. This is

going to be the biggest and best challenge I've hosted so far. I'm also giving away \$1,000. That thousand dollars is being given away just for you participating. There is no hurdle to jump over, except for just registering your name and following along with me and the daily live videos that I'm doing. Don't worry, if you can't make it to the live, I'm actually going to record them for you and send them to you via email. But, of course, I recommend being there live. I totally understand if you're too busy to be on the live, or the time doesn't work for you. So, get your butt in! TheRichBabeChallenge.com. I cannot wait to see you there. So, the five unconventional wealth tips that will bring you more money in 2019. This is obviously very woo. This is not going to be those tips that tell you to save your money, spend your money wisely, to make sure you have 41K, and this and that...like those typical, conventional wealth tips that you hear. Like, "Spend less than you earn, make sure you have this, make sure you have that." I'm going to go full on woo with you. The reason for going woo is because money is just energy. These tips are all about activating that energy, reframing the way that you see money, and expecting money to show up into your life in a certain way. So, I'm going to go through the five tips. This is going to be a shorter episode. When I'm done with this episode, I really want you to pick one. You can do all five, but I really want you to pick one and try it out this weekend or this week, depending on when you're listening to this podcast. Really commit to one tip and just notice how you feel around money. Notice your thoughts changing around money; notice the abundance starting to flow into your life; notice how money becomes more readily available just by you following these tips. I also want you to DM me, screenshot this episode, or do something in some way where I will know that you listened to this podcast, loved it, and followed one of my tips, or all five. If you're an overachiever like I am, go for all five. So, Tip #1. Are you guys ready for this? Tip #1 is to thank people as they purchase from you. This, of course, applies to business owners, but you can make this apply to you no matter what you do for a living. For instance, if you are a business owner and you are selling something - maybe you are selling a service, a product, or a digital product. Whenever I receive orders in my business, I actually have those on my notifications. If you're curious, the only notifications that I get on my phone are text messages - because the only people texting me are my friends and my team - and my order notifications. My PayPal notifications are on, so every single order that Manifestation Babe ever receives, I see the amount, the name of the person, and that it is in order from the business. I definitely do not have any social media notifications turned on, because that is just so distracting. For any of you who have above 100 followers, I can imagine that it gets so overwhelming at some point. For someone who has - I don't know, we've really grown in the last couple of weeks - I think we're at 71,000 followers on Instagram; and a Facebook group of over 52,000 women. So, as you can imagine, those notifications are never on. I also have Uber on here, some banking notifications, and my podcast notifications because I'm always listening to podcasts. So anyway, whenever I get an order notification, I will see the name of the person and I will say "thank you." I will literally say "Thank you, Liz," or whatever

that name is. "Thank you, this person, for trusting me and trusting in my business. May way more abundance than you just sent my way come back to you. May you massively be blessed with this product, service, or program that you just purchased." Right now, the amounts that are coming in are more around \$10 and under since I'm doing a promotion for the Rich Babe Challenge. But for instance, when I have people sign up for my retreats or my courses like Rich Babe Academy or Manifestation Babe Academy. It doesn't matter who they are; I don't care what the amount is. If you place an order with Manifestation Babe, I am always sending you abundance. And I'm always thanking you. Energetically what that does is that what you are grateful for, you will always attract more of into your life. So, instead of seeing people as just a number - which I see a lot of business owners do. At some point, they go from getting really excited about a sale, to just seeing people as a number. They say, "I just need 100 people," "I just need 1000 people," "I just need this and that's it," "My dreams are all going to come true and that's all that matters, these are just numbers to me," - and that is a big mistake. Because you have to remember that these are individual souls that are entrusting you with your business. You have a big responsibility to deliver to them, and at least deliver to them love, abundance and gratitude. Of course, you want to produce really good work for them, depending on whether it's a service, product or whatever you're sending them. But on that energetic level, I swear, it just attracts way more people into my audience, my business, my courses, my retreats, or whatever it is that I put out there. So, that's Tip #1: thanking people as they purchase from you. Tip #2 is something I actually picked up from Marie Forleo. About three years ago when I really started to deep dive into money manifestation, I probably watched every single YouTube video that had anything to do with money manifestation. I remember there was an episode - I don't remember if Marie Forleo was interviewing someone, or if it was a solo episode that she does on her Q&A Tuesdays. But in the episode, she said that every time she swipes her card and makes a purchase, or anytime there's money involved and she is giving money to someone in exchange for something, she always says, "There's always more where that came from." And I adopted that very quickly. So, every time, from that video forward to this very day. If you hang around me and Brennan and if you watch us closely, anytime we go to the grocery store; anytime we make a purchase of any sort; anytime we make an investment; anytime we join or do something where money is involved, we always say "There is always more where that came from" - every single time. And guess what? When you reaffirm that over and over again - "there's always more where that came from" - your bank account number also increases. Tip #3, this is a really big one. When you spend money, most people inside of their mindsets, the thought process that they undergo is that when they spend money, it's gone forever; that spent money is literally spent money, meaning that it's spent. It's gone. It has evaporated. It has left you and left your bank account, and that's it. That's the mindset of money being a very scarce commodity, that there's only a limited amount that can come back to you, only so much to go around, and that all the money that is printed

in the world is the only money available and there's not more to go around. When people have that mindset - when they spend money - they don't see it as an investment. They literally see it as an expense. I switched my mindset. I don't remember exactly when, but I'm assuming around the time when I decided to really go deep into my money mindset. Whenever I spent money - whether it was hiring a coach, grocery shopping, buying a program or car, or moving into this apartment - I literally envision that money leaving my bank account, circulate around the economy, bless other people's lives, multiply in the process, and then come back into my bank account. So, instead of seeing money spent, I see my money as helping the economy; as blessing other lives; as circulating around other people and multiplying in the process - because money is attracted to money. When you let go of money with the faith that it's going to come back - "like attracts like" - money will just attract more money. Since I expect it to come back to me, guess what? It always comes back to me tenfold, double-, triple-, twenty-fold, depending on what I just purchased or what kind of investment it was. Even if it wasn't a direct investment. When we think about investments, we think about masterminds, courses, programs, investing in the stock market, or buying a home. But, for instance, this morning I bought some very boujee coffee from this very fancy coffee store around our new apartment. In there, I have CBD oil and I have some special stuff, and just all these additives. It was probably a \$10 coffee. Even though most people wouldn't see that as an investment, I see that as an investment in my energy, happiness, and my feeling of luxury. I feel a lot more luxurious drinking this coffee than some crappy \$2 drip coffee. To me, that is an investment. Because I don't see myself as spending money, but rather investing back into my energy, my happiness, and my luck's or abundance's factor - and guess what? It always comes back to me. Because I see my money as circulating around the economy. I just circulated my money around those baristas; I just circulated my money around the owner of the coffee shop; I circulated my money around their building and everyone who's working for the coffee shop - and guess what? I trust that it's going to come back to me. I'm always in this state of expectancy and of excitement that it's going to come back to me. Tip #4, this is a really good one, and it is so easy. This involves zero dollars for you to do. This is just an investment of energy, some love, and some time. Tip #4 is to send people abundance and massive blessings as you walk by them. What I mean by this is something that I always do. I honest to God don't remember when this started - maybe when I just learned about the law of attraction. Anytime I see a stranger, when I'm consciously aware to do this. Of course, sometimes I'm thinking about something, planning something or talking to someone - so of course, this isn't always on my mind. But if I ever consciously remember to do this, and I'm walking on the streets, entering a building, walking by someone in the hallway, or I see someone online - it doesn't matter. Any stranger or any person that you just want to send some love to - and I recommend strangers, because it's so unattached. When you send love, abundance, and good energy to a stranger, I feel like that's just a different level of unattachment; you don't expect anything in return, you just don't care,

they're going to walk by you and you're never going to see them again. I believe in the power of prayer and the power of intention. I believe that when you send any kind of universal energy to someone else, they will receive that. Even if they're not aware of what's going on or if you're not aware how much you're affecting you, I believe in the smallest of ripple effects. So, I will see a stranger - and I don't know who they are or what's going on in their life - but I will send them love. I will send them abundance, I will pray for them, and I will ask God, angels, the universe, energies of the highest good, and basically all deities to send that person to financial windfall, or to answer one or a few of their prayers. I pray that they have the best day of their life, that something amazing happens to them, that all their bills get paid, that they attract abundance into their life, or that they win the lottery. I want something amazing to happen to them. What that does in return is that energy will always come back to you. Law of karma, or law of cause and effect; that what you wish upon others, you're always wishing upon yourself. I don't do it for those reasons, though. That's just a byproduct and a side effect of you doing it just because; just because you want to be a blessing in this universe; just because you want to be a source of love, joy, and helping people feel better off than when they first came across you. Even if it's a complete stranger and they're not even aware of it, I promise you, this stuff works. The amount of good that you attract back into your life is insane. And it just feels really good because we don't always have time to do a good deed. We don't always have time; we could be busy with something. It's not like we always have time to go volunteer, or it's not like we always have the financial abundance to give money away to a cause, depending on where you are in your life. What you always do have the time and energy for is to just send a blessing to someone. Send a blessing to someone in the universe, and that will bring back so much more in return to you. Then my last tip, tip #5, is literally about tips. Tipping very well is less a sign of good service, and more of a reflection of your money mindset. I used to be a very stingy tipper back in the day, probably because I had no idea what the connection was between having money and having a money mindset, which is a very healthy relationship with money, and a relationship of trust and faith that it's going to come back to you and that it's going to multiply. I obviously had no idea about any of this stuff. So, back when I thought that money was scarce, limited and very special, I thought you had to work really hard for money, or you had to be someone you're not in order to attract it, or you had to be born in the right family, and so on. I used to be a very stingy tipper. This relates to Tip #4, because this is essentially sending a financial blessing to someone; offering them some extra dollars - whether it's tens or hundreds of dollars, depending on how much you want to tip and how great the service is. If the service is unbelievably mind blowing, you might want to give a little more, and that's fine. But it really is less about that person that you're tipping and more about how much you trust in abundance and how much you want to give and share. One of the biggest drivers in my business is giving back. Something I learned from my friend Chris Harder - I actually love his podcast called For the Love of Money. He has some really great episodes called

His Two Cents; they're 10 minutes or shorter and they're really great. They're all about money mindset. I was listening to an episode yesterday where he talks about your initial motivators in attracting more money; how it's not always charity; it's not always doing good for other people; it's not always giving back. Initially, you just want a better life; initially, you just want to travel more; initially, you just want a bigger house; initially, you just want a nicer car; you just want to be able to make a couple of grand more per month here and there. It's not like we all start off with this big freakin' mission that you see some people have. Some people do, and that's fine, but I didn't start this way. Initially, I just wanted to travel more. That was my hanging carrot; that was my carrot on a string in front of me. Luxury travel was always my motivator. Eventually, as I started making more money and as I started traveling, upgrading my life and living quite a beautiful quality of life, I recognized that now that I have all this abundance, I want to give back and give more. I recognized that that's one of my biggest drivers. I personally love to tip people well; I love to surprise people. I love to leave a \$100 tip on a \$5 coffee, just out of the blue. I have such a strong relationship with my money - not that I just do this irresponsibly, too. There's definitely a balance. If you have only \$5 in your bank account, obviously don't tip \$100. And if you have only \$10,000, don't spend 20 grand. You want to be responsible. There's an episode I have for you on how to act rich without spending a lot of money. It's not just about spending money and expecting it to return to you, because that's often done out of scarcity. But it's just knowing that, "This is stretching me a little bit. This is a little bit uncomfortable. I've never left a tip this big before!" But at the same time, having the mindset of "I know it's going to come back to me." These tips are pretty connected. Again, you are offering up that circulation into the economy; you're allowing your wealth to circulate around your server, your barista or whoever helped you out; it's going to circulate, multiply, and come back into your life. So, again, tipping is less of a reflection of the service that you received, and more of a reflection of your money mindset. I want to challenge you today - if you're choosing to try out this tip in particular - to leave a couple of dollars more than you're comfortable with. Depending on the amount, of course. Maybe it is \$10 more than you're comfortable with, or maybe it's \$1 more than you're comfortable with. But I want to challenge you, I want to stretch you a little bit and I want you to spend the next 24 hours claiming that you're an excellent tipper and begin tipping like one. Just out of curiosity see what happens. See how you feel about money. See what comes back to you. See how out of the blue an opportunity opens up for you, or if something that you've been waiting on all of a sudden shows up in your life; or you find the answers that you're seeking; or you finally get a "yes" to a question that you've been asking for a really long time. You just never know. So, I'm super curious, which tip are you choosing to practice? Which tip resonated most with you? Or maybe it's all five. I want you to screenshot this episode right now and I want you to tag me on Instagram. Post this to your story, tag me on Instagram, send me a DM, leave a comment, and share this with your friends. Leave a review about this episode or my podcasts in particular, and just let me

know, what's your favorite tip? What resonated most with you? What are you most excited to try out? And then after a week, come back and share with me. Just out of curiosity, what happened? So get inside the challenge. Again, TheRichBabeChallenge.com. Those of you who are in the challenge with me, I think we're at about 7,000 beautiful souls now committed to the challenge. So, congratulations to all of you who are already in. I will see you guys all week, and I'll be delivering to you more money mindset tips. I'll be delivering to you all that information that I have on how to manifest more money, what's truly been holding you back from manifesting the big bucks, and making your relationship with money SO juicy that you can't help but have it in your life all the freakin' time. So, I'll see you in the challenge and I'll also see you in the next episode. I love you guys so freakin' much and I hope you have a fantastic weekend. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching [@ManifestationBabe](https://www.instagram.com/ManifestationBabe), or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.