

Episode 79: My HONEST Opinion on Manifesting A Lottery Win

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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hello gorgeous souls. It is Kathrin for ManifestationBabe.com - and surprise! I have another episode for you before I leave for Costa Rica. Now, I know that in the previous episode I said I wouldn't be recording any more episodes until the New Year. But guess what? I felt inspired. I also really wanted to answer a question. Since this is a shorter episode - I call these my pop-up Q&A's - I decided to go back and look at some of the most popular questions that I get on Instagram. One of these is actually about my opinion on manifesting winning the lottery. Something that I've noticed throughout the years of being a law of attraction and manifestation teacher, as most people call me, is that a lot of people have winning the

Powerball on their desires list. Something that I see a lot of is when someone posts a beautiful picture of a vacation where someone's experiencing a vacation, or someone bought a new car, or someone experienced something really amazing in their life, I'll often see underneath those posts comments coming from people saying, "I can't wait to win the lottery," or "I'm playing the lottery tonight and I can't wait to be able to do this stuff the moment that I manifest the lottery". A lot of people want to know my dirt honest opinion on manifesting winning the lottery, if it's even possible, and if it should be on your desires list, or if it should be this be something that you ask the universe for. I realized that I never really answered it in podcast form. So, I wanted to give you guys the audio answer, and here's my dirt honest answer. I have personally never focused on winning the lottery to manifest money. It's not because it is impossible, and that's not one way that money can come to you. It's obviously an insane amount of money coming in at once. A lot of people ask me if it's possible; it's absolutely possible. The only issue I have here and the only reason why I've never put winning the lottery on my desires list, never really focused on winning the lottery, and never expected my dreams to come true because of a windfall of money coming my way via lottery. It's mostly because it puts you in so much resistance. A lot of people don't recognize that when you are focusing so hard on only imagining the money that you're desiring, whatever that amount might be, when you're only imagining it coming from one avenue, one source, and one way that the universe can bring into you, well, guess what? You put the universe in a chokehold. Here's where it gets worse. First of all, there are limitless ways for money to come to you, because it's just energy. Energy is all around us; there are essentially limitless ways that it can come through other people, or through products we sell, or through our businesses, or through our work, or through unexpected sources. The list just goes on and on; these are just a few that I just named. There are limitless amounts that you can access, because, again, there are limitless amounts of energy. But here's the bigger problem: when not only are you putting the universe in a chokehold on, saying, "This is my only avenue, and I'm going to focus really hard on it." As you know, whatever you guys focus on is what the universe is taking as a sign of what you want. It's taking this as a sign that this is one of the ways that the universe can bring you this money. Sometimes, that avenue is not necessarily for your highest good. Maybe it's not for your highest good to win \$10 million dollars via lottery; maybe it's for your highest good to actually manifest that money through other avenues and sources; maybe it's by adding value to the world and making the world a better place, that you actually receive the money in turn, by providing products and services to other human beings and solving their problems, because that's what business is. And so, maybe that's for your highest good, whereas a windfall of money just falling and poofing upon... there's a reason so many lottery winners go broke. Here are just a few of my theories. One: A lot of people have not become accustomed to a mindset of success before they win the lottery. And so, when they receive a ton of money when they essentially don't identify as successful, or don't identify themselves as wealthy and they don't believe they deserve it, a

lot of interesting things happen. They find their way to spend it all away and self-sabotage the money because it's really outside of their comfort zone. All of a sudden, their subconscious mind is saying, "Woah, this is against your identity. I don't know what's going on." So, boom! It's gone. Another theory that I have is that when you manifest money in at first smaller increments and just adjust to it, get comfortable with it, learn how to attract it, work on yourself, work on your mindset, give value to the world, and up your value, your wisdom around money grows as well. You're then more likely to take care of it, so that when you have a ton of money, you're not just spending it; you're also investing it, you're also saving it, you are buying things that are valuable, and you're not just throwing it all away towards yachts, private jets, and houses, and then eventually going bankrupt and broke, right back to where you started. I don't really know the statistics - I'm sure this is something that you can Google, and I'm sure you've come across it before - where they that 70 to 85 percent of all lottery winners eventually go broke. That's crazy, and I don't want that for you. Here's another problem; when multiple people are all putting the universe in a chokehold around this one lottery win. Depending on where you live - I live in Los Angeles, California - so, a lot of people in this area are focused on winning the California Powerball, or whatever you call it. I honestly never played the lottery, so I could be wrong here, but I believe one of them is called the Powerball, and it's separated by state. And so, here you have millions of people, all putting the universe in a chokehold around this one way that the money can come to them. When you have millions of people focusing on just one way that the money can come to them, that creates resistance. That's why, very often, it actually doesn't happen. The more you focus on winning the lottery and the needier you get around that energy of "I need to win," and the more money you spend towards winning the lottery, instead of investing it into something like your mindset, so that you can actually attract abundance and create money that isn't just fleeting and isn't just a windfall, that you can actually rely on coming into your life consistently. If you just have that kind of energy around winning the lottery, you create resistance and then it doesn't come. If it does come, I don't really think instant gratification is lasting. It's not coming from a place of, "Success shouldn't be easy," or "Success shouldn't be effortless." In fact, I believe that we are shifting towards a new paradigm, where success is just going to get easier. It's going to become a part of us. We don't have to work so hard, hustle, or grind for success. But, at the same time, I believe in achieving wisdom as you grow. I believe in growth and evolution. instant gratification takes away growth and evolution from the human experience. And so, having that instant gratification of a windfall of money, there's nothing wrong with it, and, yes, winning lottery is totally possible, but I would personally rather manifest money from a consistent, abundant mindset. My abundant mindset keeps me in this place where I am continuously certain of the flow that's going to come into my life, based on the vibration at which I'm vibrating; the frequency at which I'm vibrating. My goal is just to grow it, up my value, and in exchange, provide more value to the world, so that I become a magnet to money. That's so much

more of a powerful mission, a powerful visualization, and something more powerful to count on than consistently focusing on a lottery as everyone else is also doing. Just being dirt honest here; I think that the more we focus on the lottery, it gives us more of an excuse to not expand our minds. A lot of people are so focused on the lottery because they need some excuse to not do the work. The work doesn't just mean hard work; it means adding value to the world, expanding your mind, investing in yourself, being a value to other people, and providing services and products. Even if you don't have a business - which I'm sure most of you do, because I tend to attract entrepreneurs - but even providing value to the company that you work for; providing value to your family or to your kids; solving a problem for somebody; adding value by - I don't know. One of the ways that I personally add value is by helping homeless people in Los Angeles. That might not make me money directly, but indirectly, it allows money to circulate back into my life, because I'm very trusting that abundance is all around me. The more I give other people to help them, the more the universe blesses me in return. So, I think that sometimes it just gives people an excuse not to do that work. By work, I mean expanding your mindset and adding value to the world. How I personally do this is by learning new skills and making people's lives better on the internet via my business, Manifestation Babe. My mission is to make the world a better place, to help people believe in themselves, to eliminate whatever's holding them back, and really work on their beliefs and their mindsets, to also help them basically manifest their own personal lotteries. A personal lottery from the universe is a lot more powerful than some human-created lottery that exists wherever it is that you live. I don't know if the lottery exists in every country in the world, but I'm assuming that there's some form of it. I would much rather have my personal lottery. Another way that I add value to the world is by being the best possible coach and teacher that I can be to others by helping people who need help and elevating and uplifting others. I'm always reinvesting back into my mind, where I'm joining Masterminds to be surrounded by more successful people; I'm going to seminars and events, where I'm picking up knowledge and new ways of thinking that are growing my mind. A limitless mind is the connection to limitless money and a limitless life. So, forget the freakin' lottery and focus on how you can up your value, so that you can up your income and no longer focus on these fleeting desires or instant gratification, where you're not going to expand and grow. You're not going to learn much from winning the lottery, but you will expand, grow, and learn so much by creating your own personal lottery from the universe. So, my question for you - and I promise I'll keep this short. So, that's basically my answer. My question for you is how can you add value to yourself in 2019? - and also starting now. Let's not wait another four days to start upping our value. Let's do it right now. How can you add more value to yourself in 2019, to make yourself a bigger Money Magnet? I have two options for you. This is something that I'm super passionate about, and I want to offer you some tools, strategies, and ways that you can really increase your value by learning something new, to create that limitless mind. One of them is my Epically Aligned Boot Camp. I'll post the link in the

show notes, or you can go to EpicallyAligned.com. I'm basically going to teach you how to really set up your 2019 year for massive success, abundance, miracles, and manifestations. Another one is, since we're just around the corner, in a couple of weeks I'll be opening up my Rich Babe Academy. I think that all of my money podcasts are the top downloaded podcasts - so, the top podcasts. I think that's really cool. So many of you want to master your financial abundance. 2019 is the year where we're going to have a paradigm shift, and we're going to make attracting money very effortless, simple, and easy. Everyone is going to grow together; we're all finally going to experience what it's like to be successful. And I truly believe that. But again, you must step up to the plate; you must step up to the challenge; you must step up to the obstacles that might be in front of you and that you need to overcome in order to evolve and grow. I'm going to take you through that journey of what's holding you back and teach you exactly what you need to know in order to attract financial abundance for life. So, if you want to get yourself on the waitlist for Rich Babe Academy - you don't have to, but I recommend it because I'm going to open up Rich Babe Academy 24 hours early to the waitlist. There's always something special that I offer to my wait-listers. You can go to RichBabeAcademy.com. It's a six-week course on mastering money mindset. I will open it up around - actually I have my calendar right in front of me. When is it opening? January 25. I'm super excited. Again, both links will be in the show notes, so if you're listening on iTunes, just go ahead and look at the show notes. If you're not listening to me on iTunes, go to my website on ManifestationBabe.com, or even go to the link in my bio on Instagram; I typically share what I'm currently promoting in the bio, so that you don't miss out; because I really do want you to create the most abundant year of your life in 2019 I just know it's going to be so epic, and I'm so excited for you. If you enjoyed this podcast episode, I always appreciate a review. I'm actually still giving away a free manifestation hypnosis to anyone who leaves a review. All you have to do is leave a review on iTunes, you take a screenshot, you email my team to Hello@ManifestationBabe.com, and we will send you back a recording that I created for you on becoming a powerful manifester. As always, screenshot this right now and let me know that you're listening; tag me on Instagram; leave a comment; send me an email or a DM and let me know what you thought of this episode. I always appreciate you sharing it as well. I love you guys so much. Have a fantastic New Year. I mean at this time. I will see you in 2019. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching [@ManifestationBabe](https://www.instagram.com/ManifestationBabe), or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.