

## Episode 51: The Power of the Subconscious Mind & How to USE it

Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a master mindset coach and success strategist for entrepreneurial babes just like you. I absolutely love helping you uplevel your life, your business, your finances, and helping you see the infinite potential within yourself to be, do and have anything that you want. It is my duty and obsession to give you the tools, the resources, strategies and teaching, you need to manifest the reality of your wildest dreams. Think of this podcast is your daily dose of personal development to maximize your impact, your influence and your income. If you're ready to get you're asked to take to the next level then you've come to the right place. I hope you enjoy today's episode. Now let's begin.

Hey, you guys, I have a super exciting announcement to make before we get in today's episode. If you have been praying for a one stop shop to learn and master all things manifestation and mindset, the Manifestation Babe Academy just opened up and spots are already filling up. This is a four week academy that I created for the woman who's sick and tired of dimming her light, living a life far below her potential and finding herself stuck in fear and action and constant self sabotage. Your soul is screaming for a simple easy to digest metaphysical crash course and manifestation and the Manifestation Babe Academy is exactly the course you've been asking me for. If you're ready to learn the tools, the tips, the tricks and adopt a mindset that will help you break through your limitations, transform your life and manifest a reality that's wilder than your wildest dreams. Go to [manifestationbabeacademy.com](http://manifestationbabeacademy.com) and sign up right now. Enrollment closes in just a few days and I don't want you to miss out on this opportunity that won't be available again any time soon. Again go to [manifestationbabeacademy.com](http://manifestationbabeacademy.com) and get yourself signed up now. I also dropped a link in the show notes as well to make it easy for you to click. I can't wait to see you inside. Hello gorgeous souls. It is Kathrin from [manifestationbabe.com](http://manifestationbabe.com). Happy Happy Monday. I'm actually surprisingly up so much earlier or at least live recording a podcast so much earlier than I normally do. I don't know what inspired me to get up so early and start my day so early, but I am here and for those of us who are in the United States, happy Memorial Day. I hope you are enjoying your day off and for the rest of the world Happy Monday! How is everyone today? So I am so excited to be gearing up for the close cart of the Manifestation Babe Academy because that means we are just literally six days away from module one being released or me actually sitting down and teaching it live and I'm just so excited for the women who have come in so far. And today I wanted to give you guys a little bit of a sneak peek of some of the content and actually share with you and teach you something that has completely changed my life. So about last June I think it was June or early July, I took a NLP course it was actually so strange the way I came across this course was I think I discovered or realized that what Tony Robbins teaches is NLP neuro linguistic programming and I remember googling all these courses on live NLP trainings in Los Angeles area and all I came across were these courses that were either spread out across four months and you can come in and do a weekend, you know, every other weekend or something like that and I said no, I need something now. I need it now and I need it intensely.

And most of the other training was completely online. And even though I purchased an online one, I felt like I couldn't practice it. And then my best friend actually went to this training at the Westin in downtown, not downtown but by the airport for those of you guys who know where LAX is, it was literally right by LAX. You can watch the planes frickin 'land by the Westin, the hotel and she sent me a picture and she's like, Kathrin, isn't this what you were interested in? Isn't this what you wanted to learn? And she sent me a picture and she's like, oh, there's an NLP training going on right here, right now. And so I went on the internet and I looked at this company which transforms destiny. I now recommend them to everyone and probably me and Jen Casey are probably the biggest advocates for transforming destiny. It's a really, really great training and I realized that not only can you become certified in neuro linguistic programming, which I honestly just did, because I'm a fucking nerd, and I can't even begin to tell you guys how I'm such a nerd on the next level I have fully accepted it and fully come to realize that I just freaking love the mind. The subconscious mind. I love knowing how it works. I want to know everything. I am grasping quantum physics every single day and I even signed up yesterday to get a bachelor's degree and metaphysics Don't even ask me I'm just like a nerd for knowledge. So I was super excited to see not only was it neuro linguistic programming, it was also Emotional Freedom Technique, aka tapping something that I'm teaching in MBA. Also one of the bonuses that I'm giving for those who enroll in MBA for those of you who are like what's MBA, Manifestation Babe Academy. That bonus is called tapping into massive wealth right now only available to MBA students. And then hypnotherapy, I've never had any interest in hypnotherapy, now that I know how the subconscious mind works, I'm so happy I have this knowledge and hypnotherapy. I'm a master hypnotherapist now and I love creating hypnosis that goes along with my courses, which is something that I'm doing for my MBA. I'm actually creating anMBA Academy special hypnosis so that my academy students really integrate this information on a subconscious level because once you fucking master your subconscious, you guys your entire life opens up for you, and the other certification was five and one was success coaching, teaching how to, learning how to teach clients, how to goal set and being a success coach and the right questions to ask and all the stuff that I already knew, but it was great to have that tool in my back pocket. And ever since I learned NLP, I did my prac which was seven days. And then I did my master's in October, which was 14 days long. So 21 days of training, it was literally all for me and my clients and not something to just add letters to my name, even though I have a zillion letters after my name now after that, it was literally just because I'm a nerd and I love nerding out and I want to share knowledge with the world. I want to share the truth with the world. I want to make everyone's life easier. I don't want people to come into this lifetime and literally from birth to death look at it as a tough life and that life is unfair. Life is tough. Life is random. You never know what you're going to get you know, life is a box of chocolates . I don't want people to see their life like that. I want people to be intentional to be powerful manifesters, I want to make life easier on people and more joyful. I want people to be more at peace with their life especially reframe hardships and challenges. I think that's something that I've helped a lot of people is to start seeing polarity as something that breeds clarity or polarity creates clarity, which is something that popped into my head yesterday I was like, that's so true. Polarity creates clarity, and how you know, every single one of our challenges is something that we need to be really grateful for because these lessons are things that help us get to the next level and every single level gets better and better. And the way to

the next level sometimes is you need to learn a lesson, or you need to be challenged a little bit. You need to for resistance, because how else are you going to build the muscles because when you guys go to the gym. And you want to pick up the 200 pound weights or the hundred pound weights, I don't know, I used to be an extreme lifter you guys. I used to squat and deadlift as much as the guys like I still love that shit. So of course, like for me that much weight was interesting for me to pick up, but in order for me to get there, I had to start with five pounds, 10 pounds, I needed resistance to be able to get to the next level weight wise. And we have to do that with our mindsets, too. We have to do that with our spirits as well. Mind, body, spirit, we need resistance. We need challenges to grow, there's no way around it, but being able to help people reframe their challenges, I think it creates a more peaceful life where we can be at peace with what's going on and get excited for the future and know that the best is yet to come. So something that I learned in NLP was all about the subconscious mind. Now I know the subconscious mind is something that's responsible for creating our reality because I used to hear it all the time, via my old mentors via old books I used to read, you know, just like ask anyone who's into manifestation, they'll talk about the subconscious mind, but I never really understood like how fucking powerful it is and how once you learn to be in control of your subconscious mind, and all of these fun facts, that I'm going to share with you guys, all of a sudden you're like, that's why we do affirmations. That's why we don't just read one book or just go to one seminar and become masters or that's why what I speak manifests or that's why I visualize all of a sudden it's as though click, click, click, and it's amazing. For those of you who don't know what the subconscious mind is, I think there's so many different ways of how people explain it. The way I personally see it, and this is as in depth as you need to get, is that the subconscious mind is the bridge between your conscious mind and the universe. So all of your conscious desires and all of your conscious habits and all of your conscious thoughts and all this stuff and then there's the universe, which is the universe is the co-creator or God or whatever you want to call it. Conscious is your side of creation. Universe is the other side of creation. And the subconscious is the bridge between the two, it's the communicator. So it's very, very important to want to make sure that your communicator is in alignment with you, between you and the universe, obviously, and so many people have these conscious goals and conscious desires. For instance, I want a soulmate, but on a subconscious level, they don't believe that they're worthy of having a soulmate. And the way the conscious and subconscious mind work is to think of an iceberg, the tip of an iceberg is, let's say 5% or less of the entire iceberg. That's the conscious mind. Subconscious is the deep part of your brain, so it goes into the ocean and it makes up about 95%. Which one controls your life more, 5%? Or 95%? Even though you keep telling yourself I want a soulmate, I want a soulmate, but your beliefs don't represent that. Your subconscious beliefs, what you've heard growing up, or what you keep telling yourself or the story that you have playing on autopilot about what it means, you know, love is hard or love is pain or I don't deserve it or I'm not good enough or no one out there is good enough for me those subconscious beliefs, which one's going to take over the 5% or the 95%? And so many people have this misalignment where consciously it's the same with wanting a soulmate, I want the soulmate, I want the soulmate. Yes but why isn't it enough? Because you need to get into alignment with their subconscious mind because on a subconscious level, you're going to keep manifesting hard love or not being good enough or nothing's gonna happen. And most people think that they just like, oh, manifestation doesn't work. No, it always

works. It's always on. It's that you need to get in subconscious alignment. Everything we impress upon our subconscious minds, we do it on a conscious level. Anything you do with enough repetition, on a conscious level, it will get ingrained in the subconscious that can't even talk. I listen, I'm not thinking faster than I can talk today. It will be ingrained on the subconscious mind and whatever is impressed upon the subconscious we will experience in life. I'm reading a book right now called a Happy Pocket full of Money, which if you don't have this book you gotta go get it, it is frickin awesome. In the book, he refers to the subconscious mind as the heart, which I really like. It's kind of like accessing your heart, your deepest part of you, which is your heart or your soul or whatever. I see it a little more scientifically than that. But you know what? It doesn't matter. However you see it, however, helps you understand this, doesn't freaking matter, because as soon as you understand it in the way that you can, and you're able to apply it, you win the game. I was talking to my friend Henry Ammar, if you guys don't follow him on Instagram, go follow him right now. I was having dinner with him. I think it was Friday or Saturday, and I was like, we're both reading this book, and he told me to read this book. And the first two chapters are all about quantum physics. And as I'm reading this chapter, it's like, wow, this stuff makes sense to me now, but four years ago, I would have been like, what in the fuck is going on here? And I told him, I was like, Henry, I am so glad that I didn't have to understand this in order to apply manifestation, in order to apply law of attraction, in order to change my life because if I felt like I would have to understand this first, I'd be stuck in an action. And I also think that is the biggest mistake that a lot of teachers make, is they try to teach complexity to their students, or try to teach these theories and try to teach how reality works, how it's created, instead of, hey here's how to freakin apply it. And a lot of books do a great job of transitioning between the two. But something that I committed with my book team is that we're not going to get into these complexities, we're going to keep it simple. And that's something that I'm doing in my MBA. Manifestation Babe Academy is all about taking these, I get to process the complexities. I get to you know, be the nerd but I'm going to share with you like hey, this is how it works. This is how you apply it. As long as you can apply it you're gonna freakin succeed in life.

So yeah, now I want to share with you guys the fun facts of how as soon as you gain power over your subconscious and understand how it works and as soon as you become more intentional with the programming that you're giving to your subconscious, you're going to become a really powerful and intentional manifester. So I want to share with you a couple fun facts they're not an order it's not I'm not teaching you a process. I just want to share with you some information that I know and why I'm such a big believer in repetition in wealth consciousness why I'm such a big believer in affirmations. Why I will never speak what I don't want to manifest, why I do visualization, why I do the five minutes before I sleep by Dr. Wayne Dyer, why while my subconscious mind is wide open, I will give it orders like literally ask questions and give it orders. Why literally when I feel like I'm getting sick, I will literally say subconscious mind. I am now healed. Heal me now. Thank you so much for my healing and I will literally give orders of what to do and what I Want and I talked to it. I literally talked to my subconscious mind in a way where I'm not begging. I'm not like please, please, please, I'm like no motherfucker, listen up, this is what's gonna happen because I want to be in control, okay? 95% of my life is ruled by my subconscious. It better be in alignment with what I want to manifest like, and here's the thing. So let's get into this Fun Fact number one, and I'm already

going out of order, but it is okay because this is how I work. So your subconscious mind loves to serve you. It loves to follow orders. In fact, it needs orders. Why do you think you need to write down your goals? Why do you think you need to write down what you want to manifest? Why do you think that you need these affirmations is because every time you tell your subconscious mind something, it's like a loyal dog. It wants to please you. It wants to do tricks for you. It wants to make you happy. When you tell your subconscious telling you that this is what I want, it can't help but go out into the world, into the universe, it's a communicator and you seek for it when you say I now have a white Audi R8, that's something that I'm currently manifesting. When I say I now have my white Audi R8, my subconscious mind is now going to communicate to the universe what I want. And it's literally looking for signs of it or how I can have it. It's looking for the people, the events, the circumstances, the knowledge, the thoughts, the beliefs, everything that I need in order to manifest this white Audi R8, which is why I'm coming across so many people who drive our rates now, which is why I keep coming across them. There's one of my vision boards and I realized, I think it was a couple weeks ago, that literally I can lease a Audi R8 and be completely. It's totally in my price range. Totally affordable for me and before I went would have had this desire, told my subconscious mind to now seek for it, I wouldn't have known this information which makes it even more exciting. Whenever I get sick or I feel like I'm getting sick, the reason why I never get sick you guys like I've been sick once in the last three or four years is because every time I feel a little tickle in my throat, or I feel headache, or I feel some pain, I immediately tell my subconscious mind no, I am healed. Thank you so much for healing me. Thank you so much for restoring me. Thank you so much for giving and of course you always want to come from gratitude. So it's not like listen up, bitch, this is what I want to like you're talking to yourself, right? You want to talk to yourself with love, with gratitude and gratitude is the most high vibration energy. So I always say thank you for my healing. If I ever need creativity, you guys, sometimes I wake up in the morning and I think, I don't know what to write. I don't know what to say. I don't know what to livestream on. I'm like a support conscious mind. Give me ideas today and give them to me now. And it's like as soon as I set that intention my subconscious mind wants to please me. It'll all download an idea. All of a sudden I'm think I haven't talked about this in a while or ask myself this question, which creates new ideas, creates new inspiration, or randomly a chrome across an audio that morning or something on YouTube that all of a sudden just freakin lights me up and inspires me and I say, thank you, I feel freakin creative. Again, thank you so much for guiding me to this video or guiding me to this book or guiding me through this conversation, guiding me to this person, whatever it is. Let's backtrack a little bit. Your subconscious mind is only as old as seven years old and this is so important to know because between birth and seven years old, you are a walking subconscious mind. So this is why all of your beliefs that are ruling your life, not ones that you haven't consciously created because I know a lot of you at some point have been working on yourself, you create new beliefs, obviously new experiences create new beliefs, but the ones that are like really deeply rooted, the ones that are like the source of other beliefs come from the ages of zero to seven years old from ages zero to seven. That's when your subconscious mind is developing, and then it stops growing. And because it's seven years old, this is also why it's extremely imaginative. Think about children when you're seven years old. Do you want to read textbooks? Or do you like picture books? Do you love metaphors? Do you love stories? This is why the subconscious mind learns best through stories through metaphors. This is why in

hypnosis, hypnosis works really well because usually, hypnosis like a really good hypnotherapist will just tell a story that only the subconscious mind will understand and give some sort of therapeutic metaphor, where the person, the conscious mind can't figure out like, oh, wait a second, I'm the lion that she's talking about or I am the teapot or I am the whatever that she's talking about. The conscious mind doesn't recognize it. It's on a subconscious level. Or why we visualize when you sit down and you see pictures and you see symbols and it evokes these feelings. Your subconscious mind loves visuals. This is also why I sent an email a couple days ago, I don't know how many of you got it, I don't know who here is on my email list, but I sent an email talking about it, maybe I made a post about it, why I don't like using the word block because when you say I have a block, or I am blocked, what the fact is that your subconscious mind is I'm like cursing a lot today. Sorry guys I'm on a roll. But what your subconscious mind does when you say I have a block, it literally creates a wall because that's a metaphor, to process what it means to have a block. And so you are literally creating your own wall and I refuse to create my own wall. I refuse to give my subconscious mind a metaphor, because it's going to actually create it in your reality as well that even though you're two seconds away from your desire, you're five minutes from the miracle, you're literally going to be blind to it, because you subconsciously created this wall. So I don't believe in blocks. I don't believe in spiritual punishment. I don't believe that we have this karma and this is why you can't get rich in this lifetime. I just don't believe in that bullshit. I believe that we start with a clean slate and once we learn how to harness all this, all these amazing gifts that we were given, like the subconscious mind is a gift to you guys, then we can literally be, do and have anything and everything that we want. So that's the imaginative part. So going back to zero to seven, everything you heard learned, and we're conditioned to believe by the age of seven, it has been cemented into your subconscious mind. This is why it's so important to understand if you ever get confused about where this comes from, take a look. For instance for me and my money journey, my money mindset journey. A lot of my beliefs around money came from zero to seven years, obviously from zero to seven years old. Now, where was I in my life? Where was my family from the ages of zero to seven? We were poor as immigrants. We were living below the poverty line. And so the conversations around money and the actions I would see around money and the beliefs that I took on about money from ages zero to seven have been cemented into my mind. That's why I had to do so much money mindset work, but it's the best freaking work I ever did. And as soon as I did this inner work, it's like all the money that I could have ever wanted and imagined, has poured into my life and it's like I've become this money magnet because I knew to go back to those beliefs I had to think what did my mom say? What did my dad say? My parents would fight around money. And I had to consciously rewire my subconscious mind, which is why your subconscious mind needs constant repetition to learn something new. Your subconscious mind is like a broken record, so if you start telling yourself a story, and you keep telling yourself the story, the story is then going to rule 95% of your life because again, we're talking about the iceberg. So if you take a moment in time in your past, and you turn it into the story, this story, of course, is going to manifest into your reality because 90%, 95% of your life is ruled by your subconscious mind. Now, because it's like a broken record, and it's seven freakin years old. Think about how many times you need to tell your child to do something for them to freaking do it. How many times do you need to tell your child and I don't have a child? So this is just my imagination right now, but how many times did you have to

tell your kids to brush their teeth twice a day, every day for at least two minutes? How many times you have to tell them to eat their green beans, remind them to tie their shoes, it's like they need the repetition and because your subconscious mind is only, you know, as old as seven years old, no shit that you need to tell yourself this affirmation over and over again, you cannot just read one book, you can't just go to one seminar, you can't just say your affirmation once and think that you're done. This is why the learning never fucking stops. The training never stops. It keeps going and going and the more you do it, the more powerful you become because then your new broken record is a story of success. It is about beliefs about success. It is a self image of you being successful. And so that's what it's manifesting into your reality. All of a sudden you get conscious of alignment with the universe and boom, your life represents magnificence, that's in your mind.

Here's another thing, in terms of affirmation, this is why we need to repeat it over and over again. It cannot process a negative. Your subconscious mind thinks about this. If I tell you don't think of a blue dog, what does your mind do? It needs to think of a blue dog first to then unthink the blue dog. So your subconscious mind does not know how to process a negative. This is important because this is why it's so important in your affirmations. To say exactly what it is that you mean, say exactly what it is that you want to manifest. For instance, it's not I don't want to be broke, it's I want to be wealthy or I am not broke versus I am wealthy. If you say I am not broke, the only thing your subconscious mind hears is I am broke because I must think about being broke before and think about being broke. That's why it doesn't process and is negative, which is why it's so important to frame your affirmations correctly. It takes everything personally. Guys, this is why honestly I haven't. This is especially why I tell people never to gossip about someone else, because everything you say about someone else, if you wish ill upon someone else or you say, I hope that you know her business fails or she sucks or he sucks or whatever I don't know, because I don't gossip, so I don't know what people typically say and I usually avoid other people who gossip because I firmly believe that he or she who gossips about someone else to you will also gossip about you to other people. So, anyway, what the subconscious mind hears is that everything you say about someone else, it's taking it personally. This is why I used to get really angry at Brennan when we would be driving in Los Angeles and traffic. And he would call like other drivers really like Oh, you're so stupid. You're such a shitty driver, blah blah blah. And I'm thinking, dude, your subconscious mind is literally hearing I'm stupid. I'm a shitty driver. And so it's gonna manifest, it's gonna keep manifesting these really stupid driving situations because you're literally manifesting being stupid and being a horrible driver. It takes everything personally This is why whenever I see someone succeeding, I celebrate their success. This is why I am always looking for the good in everyone because again, this relates to the law of oneness, right? We are all one. And then, you know, the more scientific approaches it takes everything personally. So what you think about feeling about what you wish upon someone else you were always doing it back to yourself. So next time you speak, think about what I want. Next time you speak about another person, ask yourself do I want what I say about myself? All talk is basically self-talk. And then everything you say it will accept as absolute truth. When your subconscious mind hears you speak, it's never gonna think, oh, she's lying right? Oh, that's not the truth. It's as soon as he hears your voice, which is why it's so important to do your own affirmations. And if you know how to record a hypnosis, always record it in your own voice that's more powerful. But if you don't know it doesn't mean it's not going to be effective if

you're listening to someone else speak or someone else does subliminal affirmations or all this other stuff that I'm into, but it's way more powerful when your subconscious mind hears your own voice because it takes everything you say personally. And as truth because it's not going to be like why, you know, like, oh, that's a lie. You would think like oh I'm saying it which means that it's true. Does that make sense? So hold on repetition, everything you say shows me imaginative takes everything personally okay, there's a couple more. Your subconscious mind brings up repressed and negative memories and emotions to be worked through consciously. This is why shit comes up when you start doing mindset work. This is why people when they come across, when they start doing this manifestation work or this inner work or mindset work, this is why sometimes shit goes wrong temporarily before it goes right is because your subconscious mind literally takes repressed negative emotions because it doesn't want to hold on to them. It waits for the perfect time. It sees that you're ready to work on yourself. It notices that you are reading the self-help book or you hired a coach, whatever you did, it will immediately bring up this repressed emotion or press memory so that you can work through it. A lot of people take this as a sign as holy shit, that's a negative thought. I'm not allowed to have negative thoughts and not allowed to have negative feelings, negative emotions, oh my god, I don't want to manifest negativity and they just repress it again. And then it just stays with them. And it creates disease in the body. It manifests sometimes into illnesses and manifests into more negative shit, more negative emotions, because whatever you hold on to attracts more of the same thing, right? So it's really good when shit comes up, that like when you get triggered when you have a memory come up, when you have a negative emotion when you feel sad, for no reason, celebrate that because all of a sudden, you're given the opportunity to work on it on a conscious level. Because as soon as you start processing it consciously, you can think holy shit, that's an interesting story! Knowing that my subconscious mind replay stories on this broken record player I can then take the story and reframe it and start telling myself a new story. So always, always celebrate your challenges, celebrate the negativity, celebrate the negative thoughts, celebrate the negative emotions. Don't look at it as like, oh my god, I don't want to manifest that. You have to work through it so you don't manifest it then takes the path of least resistance. This is another one, your subconscious mind will always take the path of least resistance because it is so efficient. This is why it's so important to be specific with your goals and numbers. Now there's a balance between specificity and in Manifestation Babe Academy, I'll be sharing with you, my take on timelines, deadlines, how specific do I need to be and how too much specificity will sometimes hold you back as well, but you need some specificity because your subconscious mind takes the path of least resistance. So for instance, you decide you want more money, right? You have no specificity. You're saying I want to manifest more money, I have more money. And then your subconscious mind of course, because it's like a loyal, loyal dog. It says okay, more money. Let's look for more money. My master, my owner wants more money. And so you're gonna be walking down the street and your reticular activating system of your subconscious mind, aka known as the seeker it's gonna start seeking more money. So you're going to walk by I don't know you're gonna walk by a penny on the ground, and you're going to be like, oh look a penny, you're going to pick up the penny. Your subconscious mind is going to notice this penny and it's going to be more money - check. We are done. My work is done. Thank you, bye. And it's gonna stop seeking more money. This is why it's really important. You probably meant more than a penny of course, but to the



subconscious mind, one extra penny means more money. And so this is why you want to be specific with okay, I want to make \$100,000 a year. I want to make \$10,000 a month. Want to manifest an extra \$367 this week, because you want to give your subconscious specificity because you don't want to tell it that hey, your job is not done until you have the \$363 or the 10 k a month. You need to keep seeking, you need to keep bringing me everything that I need to manifest this into my reality. And then last but not least, you guys I hope you're enjoying this, I'm super excited talking about this, as if you can't already tell, our subconscious mind can't tell the difference between real or imagined. So whether you are envisioning it, telling yourself it, scripting it, whatever, you know, all these fun little ritual things that we do. Your subconscious mind has no freaking clue whether it is real life or imagination because to the subconscious mind, everything is one big wild imagination. Everything's a story. Everything's a metaphor, everything is made up. And so whether you tell yourself that you are successful, you are happy you are fulfilled, or you tell yourself you are broke, you are unfulfilled, unhappy life sucks. Whenever, you know a story that you're replaying in your head, the subconscious mind has no idea whether Oh, is that really the reality? Or is that just an imagination of a reality? It can't tell the difference. And so that's why your imagination, the images that you have in the mind, manifest into your reality. That's why your outer world always reflects your inner world because you can't tell the difference anyway. So it's gonna be like, oh, this, this has already happened, right? She's already successful. And so therefore, let's create more success. Let's manifest more success.

Okay, you guys, that is all that I have on my list here. I hope you really enjoy this podcast episode slash this live stream. If this opened your mind, your mind helped you in any way, shape or form and you're excited to now start using your subconscious mind. Take a screenshot of, especially if you're listening on the podcast, take a screenshot of the podcast, tag me on Instagram, send me a DM a comment anything, let me know leave a review any way that you can tell me I would love, love, love to know and for those of you watching live, let me know as well. So this is like a tiny, tiny like tiny little bit of what I cover in Manifestation Babe Academy. I am taking all of this stuff, and I'm bringing it to reality and I'm showing you why you need to do the things that you need to do. I am showing you how to make manifestation so simple, so easy that you cannot help but take action and apply it because I bet a lot of you right now are so excited to be like holy shit like I need to work on my affirmations more. I need to work more on repetition. Now I know where to look for my subconscious, deep rooted beliefs, deep seated beliefs, I need to go back to childhood, to what happened six years old, what happened to five years old. Maybe some of you are excited to start telling yourself new metaphors, new stories stop telling you you're blocked. Maybe you need to start telling yourself your subconscious orders you knew sir giving it orders. So this is really exciting shit. And this is just a tiny, tiny tiny little bit of Manifestation Babe Academy, for those of you who are not yet enrolled in it, I am closing the doors Friday at midnight. After Friday at midnight you cannot get in. So if you wake up Saturday morning, you're like, shit, I should have signed up. Sorry, you won't be able to until at least December of 2018 or January of 2019. I have to check out my launch schedule. So this is like your only opportunity guys. I'm also doubling the price. It's going to be 997 next time versus 499 now, so if you want to experience this, you want to get my live energy because I'm going to be teaching this live. I'm going to be editing and tailoring the content to you. There's going to be live Q&A every single week. There's so many bonuses, there's a bonus Q&A.

There's a bonus call with Brennan about how to get your partner onto the manifestation train without preaching to them. There's also the tapping into massive wealth bonuses that I'm giving away. And this is only available right now for the June round. So if you want to be my founding members of Manifestation Babe Academy, I say founding and I don't kind of like using the word founding because it makes this sound like this is my first course, but this is not my first rodeo. This is all my information that I've held on to for now 10 years that I sprinkle a little bit here and there through my posts, through my podcast. I am literally giving you the fucking school of manifestation. So if that's something you're interested in, you're excited about that and you don't want to wait another six months to manifest an epic fucking life, I would get in by Friday and you can sign up at [manifestationbabeacademy.com](http://manifestationbabeacademy.com) and the group is now open so all the members of MBA are already getting to know each other. They're already masterminding with each other, and it's really good shit. And so I want to see you there too. Okay? I love you guys. so freaking much. There's also a flexible payment plan spread over three months if 599 is something that's a little much for you right now, I totally understand. I also want to encourage you to start investing into your mind because when you show your subconscious mind, hey, you are freakin important to me. I love you, I want to master you, all of a sudden you become so much more of a powerful human being because all of a sudden 95% of your life the subconscious part is now in alignment with your conscious mind and the universe. And when you feed it that kind of energy, especially monetary energy, because magic unlocks. And that's your way of showing the universe and your subconscious mind like, hey, this is my first step to success. Please unfold the rest of the path for me. And let me tell you time and time again, when I have people even just sign up for rich Faber manifestation Academy they'll immediately DM me or email me or message me and tell me, holy shit, I just signed up and the client, this client that I needed to, you know, be able to sign up for this course or this client that I've been manifesting or this client that sometimes, a random client, either a client that I've been waiting for a random client just popped up and holy shit, I really made my money back. This is so freaking cool. And I say, of course, that's how it works. You take the first step, and the universe lights up the whole path for you. And the fact that you think that you need to take a leap of faith is a human illusion because there's no such thing as risk. Of course everything is always going to work out. It's meant to work out for you, the better it gets, the better it gets. The best is yet to come. That's what I always tell my subconscious mind because I firmly, firmly firmly believe that anyway, I love you guys so freaking much. I hope this is educational and I cannot wait to see you inside MBA. Bye. Thank you so much for tuning in today's episode.

If you absolutely love what you heard today, be sure to share it with me by leaving a review on iTunes but I can keep the good stuff coming. If you aren't already following me on social media, come soak up some extra inspiration on Instagram by searching at Manifestation Babe or visiting my website at [manifestationdave.com](http://manifestationdave.com) I love and adore you so much and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.