

Episode 36: MONEY. How Do We Manifest More Of It?

Welcome to the manifestation babe podcast. My name is Kathrin Zenkina. And I'm a master mindset coach and success strategist for entrepreneurial babes just like you. I absolutely love helping you uplevel your life, your business, your finances, and helping you see the infinite potential within yourself to be, do and have anything that you want. It is my duty and obsession to give you the tools, the resources, strategies and teaching, you need to manifest the reality of your wildest dreams. Think of this podcast is your daily dose of personal development to maximize your impact, your influence and your income. If you're ready to get you're asked to take to the next level then you've come to the right place. I hope you enjoy today's episode. Now let's begin.

Hey gorgeous souls. It is Kathrin from manifestation babe.com, and I hope you guys are having a phenomenal day today. Today's actually my last day in Costa Rica and I am actually in my bedroom. It's a little bit messy, so if you look behind me and see sheets everywhere and stuff everywhere, you know, occasionally there's gonna be people walking by right now, occasionally you're gonna hear some animals, but it's no big deal. That's part of what I love about Costa Rica, that you're so out in nature and there's just horses that walk by you and monkeys that climb by you and iguanas that literally climb under your seat and under your chair and it's just so beautiful. There's so much nature here and Costa Rica really brings me back to how abundant life is because every time I'm in nature, I am reminded of what an abundant universe we truly live in. So I love this place. Now, I wanted to hop on because today I am super duper excited and I am excited because today the doors to my money mindset mastery program, rich babe Academy have officially opened and they're only going to stay open for just seven days. So those of you who are in the rich babe challenge, you have probably just received your very last video, and after the last video, you'll get your invite into the rich babe academy. Now rich babe academy is my favorite program because it's the program that I personally created and took myself through in order to completely transform the way I look at, think about, talk about, earn, save, spend in vast and attract money. It has completely transformed my life because you guys just two years ago I was living, not even two years ago, 18 months ago, I was living on my grandma's couch. Literally, I just moved to Los Angeles. And I remember going from my dad's couch, and then I couldn't handle my dad anymore. So I moved to my grandma's couch and I never felt more stuck in my life because I had just let go of a failing business. I went back to nine to five and was getting paid \$15 an hour, I had \$25,000 worth of debt. And I was making about, add up 15 an hour times, I want to say I was working 45 to 50 hours a week and that's how much money I was making. And I remember asking myself, I've been doing personal development for a little bit of time now. And I was making a lot of these decisions and investments in myself and I remember asking myself, what is missing? Why does it feel like there's something missing? Why am I struggling financially? Why am I so fearful and anxious around money? What is holding me back? Why do I feel like there's a barrier where no matter how hard I try, how much I hustle, how hard I work, no matter what, I just feel like I have this block around money. And a lot of people talk about blocks, and if you've been following me for a little while, you know that I don't believe in the word block. I just believe in alignment and misalignment, so alignment versus misalignment. And I don't believe that you actually have a block against your financial abundance because it is right in front of you. It's just a matter of how

you look at and feel about money. And around that time in my life. I remember having this conversation, a conversation with myself, and it was a kind of conversation with myself that went something like okay, Kathrin enough is freaking enough. You are just spinning your wheels. You're working so hard and you have absolutely nothing to show for it. It has nothing to do with a lack of not being smart enough or not being talented enough or hard working enough. I knew I had value to give to the world, but for some reason no matter what, I wasn't getting ahead. And I remember right when I was about a couple days into living on my grandma's couch, because she didn't have an extra spare bedroom for me and I couldn't afford Los Angeles rent, I remember being just so upset and depressed with myself and disappointed in myself and wondering, what is going on. This is not supposed to be my life and it wasn't until actually Tony Robbins came into my ear, as he always does. And I remember him saying at a seminar that I went to, maybe six months prior, where he was like, if you want to have something that you've never had before, go out and find someone who's already accomplished it, who's already done, and see what they're doing, see how they're thinking, see how they're feeling, what their habits are, what their actions are, and model them. Success always leaves clues. And so I took myself on this journey in 2016, where I decided that I'm going to give myself 12 months to finally master and apply the law of attraction to money. I had this hard time, for some reason, thinking that I can manifest everything into my life but money. And it was so true no matter how many times I was set on these intentions, no matter how many checks I would write for myself, no matter how many of these actions and visualizations and affirmations that I would do, no matter what, I would not be able to manifest money. I could manifest a discount maybe, I could manifest an experience, a person, an event, a circumstance, but never anything that directly led to money. Can you guys relate to this because this was my issue. I remember thinking to myself, okay, what's the deal here. And I decided for the very first time to dig into my beliefs. It was when I started to learn that all of these successful people, these wealthy people, the rich babes, they had an unremarkable belief around money. They have these beliefs that money is a source of energy and that money is abundant, and it's limitless. And it all just depends on how you feel around money, and starting to see money as this energy of exchange. All it is, is just a currency exchange, it's just a tool. And by you holding a specific vibration around money, you can bring more money into your life, but it all depends on how you feel about it. And I remember that was my issue. I felt extremely fearful around money and that's how most of society feels around money. Most of society is afraid to even talk about money, no one's really talking about money. No one talks about how much they earn. No one talks about how much things cost. No one talks about whether they're in debt or not. They just hush hush around, finances, and they never teach their kids about finances and this stuff is not taught in high school. So we are essentially treating money like it's an enemy. And however we feel about and we treat money, if you were to look at your relationship with money, if you're constantly treating money like an enemy, then it's no wonder that's how it's showing up in your life. It's your enemy, you're constantly stressed out about it and it makes you feel like shit. Bills come in the mail and even if you're already making money, even if you're already making 5, 10, 15 k, 20 k a month, I have clients who are still in scarcity mode, even making 20 k months and for some people they're like, "Oh my God 20 k months! That's amazing. I would think I'm set for life at that number." But here's the thing, no matter how much money you make, if you have this scarcity mindset, if you have certain beliefs around money, you're going to keep attracting funky

situations. So even if you're making 20 k a month, you're going to attract situations that cause you to be constantly upset with your financial situation. You're never going to see the gratitude and all the things that you have, you're just not going to see opportunity, you're going to get extremely stressed out, you're going to be in hustle mode, you're going to be constantly working really hard around money, because that's what your beliefs around money are. That's how you feel about money. You don't see money as a friend. And so when I started to look into my relationship with money and what I believe to be true about money and how I feel about money, I discovered that there are certain beliefs I had because of my childhood. Now all of our beliefs are essentially things that we picked up elsewhere. We picked it up from our parents, we picked it up from our grandparents, our parents picked it up from someone else. There has been thousands and thousands of years of all these misconceptions around money and life, around money just spread around, and who knows where it comes from, but it's so limiting and as soon as you break through and understand what money truly is at its core, and you start to see it as a friend and as an opportunity enhancer, and as a way to add more choice into your life and be able to experience more, all of a sudden, the flow starts to pick up and you start to see more and more of it. So the fact that it's limited or scarce, and all these beliefs that we hold around money aren't necessarily true. And for instance, I want to share some of my beliefs that I have to work through based on my childhood. You know, I came to the United States when I was just one year old with my family of five. So my grandparents and my parents and me, the five of us, we only had \$900. And we literally dropped everything in Ukraine because at this point, the Ukrainian mafia was actually after my family, specifically after my father and specifically after my grandfather. So we literally left everything, but \$900 and just fled Ukraine. And luckily, we had family already living in Los Angeles. So typically, you know, because the relationship between the Soviet Union and the United States isn't so good, it takes a lot of work and actual luck in order to get into this country. So I've been super duper blessed and I never take my citizenship as an American for granted. In fact, every Thanksgiving I bawl my eyes out, because I'm so grateful. I've been back to Russia. I haven't been back to Ukraine yet, but just to see how different life is and how different mentalities are, and the mindsets are, I'm just so grateful that I came to this country where there's freedom of speech and freedom of education and freedom of what we can learn and what we can do and there's so much more opportunity. So because of my background, and because I grew up in literally severe poverty like way, way, below the poverty level, and I watched my parents slave away for money. They hustled, they worked so hard. My mom put herself through nursing school, not knowing a single ounce of English. Can you imagine going to college not knowing a single word of the native language that they speak there? And she ended up graduating from USC as a magna cum laude. And my dad actually now is a chef, but he started out as a dishwasher and he would work and he still works, right? I'm still watching these beliefs that my parents have around money manifesting in their lives, like my dad is still the hardest worker. I know. He works about 14 hours a day and doesn't make that much money. And so it really made me think about what my beliefs are around money. What did I pick up from my childhood? And it was stuff like, you have to be lucky in order to make money or in order to be rich. No one in my family is rich and so therefore we don't have the resources or the tools or the skills. And you have to be lucky, you've got to win the lottery, or you've got to marry into it. I thought that the only way that I would ever see real wealth in my life was if I'm married to it, because that was just the beliefs that I was taught. There is no right or wrong. It's

not like this was done to me on purpose. It's just that that's what my parents were taught. That's what their parents were taught, that's what their parents were taught, and so on and so forth. I also believe that you have to slave away just to have enough because that's the physical proof. I was watching my parents belief systems manifest into their reality, because I'm a child, and I'm an extension of their belief systems, because as children, we accept everything as truth. It's like our parents are these Gods and everything that they say is the truth, right? So I literally watched all these beliefs manifest into "Wow, they really do work superduper hard for their money. So I probably have to grow up and work extremely hard around money too." And then I also spent most of my life just being a victim to the fact that I'm an immigrant, that I wasn't born into the right family, that we were extremely wealthy actually in the Ukraine. So I would sometimes think to myself, "Wow, what if we never left the country I would be a wealthy Ukrainian or something. And so I had all these beliefs around money. And anytime I would ever come across the subject of money, I would tense up and I would just go into scarcity mode and feel so fearful. And I always believed that there's only enough, there's only so much to go around and how people's worth was pre determined and how you have to either do something amazing to deserve money, or you have to be born worthy to even have money in the first place. And so in 2016, I went on this journey to really change my money story, and change all these beliefs and question all these beliefs and realize that maybe, just maybe, these are just stories that I've been taught. And this is not necessarily the truth. And the results of that have obviously been amazing. In the last two years, ever since I started to do work. Sorry, someone's sweeping right outside and I can't close my window. It's like one of those windows that stays open permanently, because we're in Costa Rica and the weather's always nice. But anyway, what was I saying? Yeah, so in the last two years, I went from my grandma's couch, obviously to my own apartment, I went from being \$25,000 in debt to having a savings account in the six figures. I started to invest my money. And my business is just about to hit the seven figure mark. And what made the shift you guys, the only real thing that made the shift besides everything I teach in the rich babe process, the real juice is changing what I believe about money and how I feel about money. And so I want to remind you guys that whatever your current situation is, whatever your current financial situation is, it is just a reflection of your beliefs around money and how you feel about money. And you're probably wondering, what do you mean how do I feel about money? I want to ask you is it really the number in your bank account and this is where a lot of people struggle, I asked them, how much you want to bring into your life and they pick a random number out of the sky like a million dollars, and they don't even know what that million dollars is gonna bring to them. They don't even assess how that million dollars is gonna make them feel because they think just having this arbitrary number in their bank account is what's going to make them happy. And I like to remind people that just seeing a number in your bank account or just seeing a bunch of pieces of paper in your life isn't what's going to make you happy. It's the feeling that the money is going to bring you. It's all about what you can do with the money. It's how you can give them money. It's how you can contribute to society. It's how you can change lives. It's how you can give to yourself, it's how you can, have the choice to be able to say yes to opportunity or no to something that you don't like and it gives the opportunity to fund experiences in your life and be able to bless other people's lives, to be able to start foundations and give to charities and not have to to rely on other people's donations, because you can do it all yourself right? And you just become more empowered and more independent, and that's what money truly is.

Money is just a tool. Money in itself is neutral. You know, I always share this example now because it just makes so much sense, if I have a knife which is a tool, and I use that knife to prepare this beautiful meal for my family. You know, was it the knife that was making that committing the action? Was it the knife that decided to do something nice to my family? Or was it me who was using this tool who decided to use the knife to do something good with it? And then vice versa you know, if I take this knife and go out and stab someone or go and God forbid, kill someone which I would never do, but let's say that's what happened, is it the knife's problem? Is it the knife's fault? Does the knife have freewill? Does the knife make the decision? Is the knife bad? Is a knife this evil thing? No, it's just a knife. It's just a tool. It's the person behind it who's making or who's committing those actions. Those are the ones. That's where the freewill is. That's where the decision maker lies. And so with money, it's the same thing. Money in itself is neutral and there's an abundance of it. It's just a neutral resource. Look at all the resources in nature. Look at the water and oxygen and carbon dioxide and sunshine and all this abundance in nature. And because we are energetic beings living in an energetic universe, all of the entire universe is just energy and so are we. And so these resources are essentially energy. And so that means at its very core, that money is just energy too and as you build your relationship with money, and as you start to see it as your friend, and as you start to feel good about money, you know feeling good is step one to manifesting more of it in your life. If every time you receive a paycheck, you feel excited, and then every time you receive a bill, all of a sudden you get pissed, that bill is still a representation of money. This bill is a representation of these beautiful services that another company provided for you and they deserve to be paid for their services. And so by you giving them money, is still a representation of your relationship with money. And so the goal here is to start feeling grateful and equally excited whether money is coming into your life or money is leaving your life. I believe that step one to manifesting money is to just feel grateful for the fact that money exists in the first place, and that it's this beautiful tool that exists that allows us to go out and buy food and go out and bless lives and go out and live in a house and be able to use things like Wi Fi and afford things like iPhones and have all these things in our life, these luxuries that make our lives easier. You know, just acknowledging the fact that that's what this neutral resource does for our lives, all of a sudden we feel so much better and so much different about it. And I just believe that most people feel immediate fear around money. And they don't know why. They just accept that that's how things are supposed to be. They just accept that, oh, money's this fearful thing, but they never question like, "Why do I feel fearful around money? Do I feel fearful around the sunshine? Do I feel fearful around oxygen? Do I feel fearful around water? Do I feel fearful around these other resources? What is it about money that drives me insane? Why do I fear it so much?" And all it is, is societal conditioning, which is why I'm so passionate about the rich babe academy, is because I want to create a ripple effect in other people's lives not just women's lives. And I know it's pink and girly, and it's all super feminine, but rich babe academy is not just for women, it's for men too. Obviously my ideal target is women, but I want to start this ripple effect of other women, who start to feel empowered around money, who start to understand their earning potential, who start to especially understand this thing around worth. Why do so many of us struggle with worth? And I've come to realize that worth is just a decision. Worth is a choice. We are the ones who deem ourselves worthy. The second you decide that you are deserving and worthy to have things in your life, to have abundance in your life, to have money in your life, as

soon as you decide that you are worthy, because honestly what makes you worthy? The way I like to think about it is when I was reading Secrets of a Millionaire Mind, where T Harv Eker was talking about if there is a God that literally stamps people as they come out, you know, into the world that says worthy, worthy, worthy. Oh, ugly, definitely not worthy. No, there is not. There's no worse that's pre determined before we come onto this planet. It's almost saying like, Oh, I'm not worthy enough to enjoy the sunshine today, I'm not worthy enough to go take a swim in this vast sea, because I didn't deserve to enjoy these resources that I have been blessed with by the universe, like I don't deserve it. And it's laughable because we don't think about this with other resources, but when it comes to money, for some reason, we feel like we don't deserve it, or we have to do something special and all that is, is societal conditioning. And we decide that we deserve to have money and I remember literally just having a conversation with myself and writing in my journal, this is why I deserve to have money and in week four of rich babe, it's all about worth. It's all about value. It's all about working on that mindset around deserving money. We really tackle that in week four of rich babe, because I feel like that's the most important part, which is when you feel worthy of money, and you just decide and you convince yourself because that's all it takes. You don't have to convince anyone else you just have to convince yourself. But as soon as you convince yourself all of a sudden you become this natural money magnet, where opportunities and other people and all this good energy and money too, because money is just energy and money comes from the universe through other people, and money can come through you know, all these opportunities and all these clients and all these things that you're attracting into your life. When you feel worthy of it and you have worked on your self worth and your value, all of a sudden you become this natural money magnet where you don't even have to try anymore. And that's always my goal in a rich babe. I take women from feeling extremely scarce and limited and fearful of money to understanding and almost like no matter what they do, they just can't prevent the flow of money from coming through to them because their beliefs are all of a sudden aligned with exactly what they want and they feel so good about it and all of a sudden they're holding a much higher vibration themselves. And as soon as you hold a higher vibration, the money that you desire, those really good feelings around the money that you desire also hold a certain vibration because we live in a vibrational universe. And so when you are vibrating at this level and money, the lifestyle money and everything that you desire is also vibrating at this level, when there's a match, all of a sudden is that attraction via law of attraction, right? So that's how you start to manifest money into your life. And, you know, I right here just have a couple of notes to keep me on track. So I don't blabber for too long. The key is to access those desired feelings and know with certainty, that number is already ours. Beliefs are just decisions that we make to repeat a certain thought or statement over and over again until it becomes solidified in our subconscious minds. And so as soon as you decide that the money that you desire, for instance, if it's \$1,000 you want to manifest if it's \$10,000, you know, women in week three of rich babe, I talk all about what's the monthly amount that you want to bring into your life and what's also an amount that you want to bring for fun into your life via just the rich pay process alone. And then I remind these women to get into those desired feelings. When that amount is already in your life, you have these certain feelings that you're going to feel. And your job every single day is to keep feeling those feelings and know with absolute certainty that it's going to come. You have to have certainty, if you don't have certainty and if you don't believe that, if you're kind of wishy washy, with like, "Oh, I hope that it's going to

come" You know, what's the vibration of hope? What's the energy of hope? It's extremely weak. Certainty is really strong. When you have certainty that you deserve the money, when you have certainty that I have no idea how I don't know when, but I know that this number's already mine because I made the decision that the number is mine already. And that's all it takes you guys and in rich babe I take you through my limiting belief process where you literally annihilate all these fucked up stories from your past. One of the biggest feedback I get from my rich babes is, "Holy crap Kathrin, I have never, ever had so much awareness and insight into my past and how just my past contributed to how I feel around money and it has nothing to do with where I am currently, I am just repeating this cycle over and over again. And it keeps manifesting into this pattern in my life, but it has nothing to do with who I am today, it has nothing to do with my work. It has nothing to do with money as a resource in general, it just has to do with the fact that I have this story.

And so I take women through the six week program to undo that programming, and really dig in and just have awareness and I give you the tools to change those limiting beliefs and to switch them into more empowering beliefs and actually start to believe it. I also give a hypnosis to help you listen to, ideally every single day for the entire program, that works on reprogramming your subconscious mind without you even trying, you just lay in bed and listen for 10 minutes a day. And we do forgiveness work as well. There's just a lot of, especially week five is my favorite where I show you that money is just a game. And it's because manifestation is a fun and easy process, you have to bring that fun and that playfulness into finances and here's the big thing is that a lot of people take their finances way too seriously, when they sit down and do their taxes or they sit down to manage their money or they sit down to do any accounting, or they sit down and just open up their bank accounts, all of a sudden, they get really serious because they think that this whole process has to be like this. They get so stiff and so serious and so closed off and the trick for me was always to see money as my friend. Do I want to act like that around money? Around my friend? Do I want to be all stiff and serious when I go get dinner with my friend? And so I started to create these dates that I had with money and I started to create money Mondays where I would sit down with my finances every single Monday and just have fun with it. I'd put on some rap music or some like EDM music and just get in a really good mood and just dance around. And I would pour myself a glass of sparkling water and light a candle and have some essential oils going on and just start to feel really good and hold nothing but love and gratitude around my money because that's the same energy that I want to hold around my loved ones right? My family, my friends, my fiance will soon be husband. So I want to treat money in a similar way because in the end it's just energy. And these relationships are just energetic relationships, you know? How do you explain Love? Love is a feeling. You can't actually see love. Same thing with the energy of money. It's a feeling. You can't necessarily see it. You just see the results, the physical manifestation, but the same thing with love right? You see the results of love, it can lead into marriage, it can lead into a fulfilling life, it just makes you feel so good. It's the same thing with money and that's why I think a lot of people struggle with it is because it is like this intangible thing that follows nonlinear thinking and all of a sudden we feel like we're tapping into whoo magic when it comes to money. But I promise you as soon as you get a little woo woo with your money and you tap into that magic and understand that your external reality of your finances lives inside your internal reality, it's determined from your internal reality, that's when your life changes. And so finishing off this coffee chat/podcast/

livestream, I just want to invite all of you guys to take a look at rich babe and get inside before I close it in the next seven days, I'm only opening it for seven days and it sells out every single time, every single round, it's been sold out. And the results have been amazing, especially in the last round. I just want to share with you guys some of the results. One of my rich babes, and there are so many these are just the ones I gathered from memory when I was prepping for this chat today, one of my rich babes made her first 7 k week! She's never seen a 7 k week in her entire business, in her entire life and she finally manifested that 7 k week. I had a rich babe who set a goal to manifest 10 k just using the rich babe process because I talk about long term, but I was talking about short term like, what do you want to manifest in the next three to four weeks, she set a goal for 10 K and she manifested 13 K! Another woman actually her husband, hey, those of you who have husbands who are kind of like "Whoa, I don't understand this stuff." I've actually had two rich babes whose husbands were absolutely fascinated with the rich babe process themselves. And one of my rich babes with her husband together manifested \$35,000 just using the rich babe process on its own. And by rich babe process I am talking about the mindset work, the energetic work, as well as the physical processes that I share with you. I give you step by step and the entire plan that feels really good to you that's aligned with your energy that you can customize to yourself, that I have created for myself and I just share it with you and you can do whatever you want with it. That's what I call the rich babe process. I had another one who has been expecting these refund checks to show up for so many months almost a year and as soon as she signed up for the program, literally as soon as she pushed the signup button, that refund check finally appeared. I remember many posts and just the testimonials that I received as well, many women, those in business, had their highest grossing months ever in business. And actually, I have had a couple of them who you know because you don't have to have a business to enroll in rich babe, you can just, even if you're working a corporate job, or even if you're a stay at home mom, you can manifest money many through so many sources and by you shifting your money mindset, you can actually impact your husband to shift his too. So if your husband is the one who's earning the money, then imagine how different life will be when it's not just you who has a money mindset, but your husband has one too. There was a woman who had her husband come home and get a \$20,000 raise, over the course of a year, but it happened because they were both in the same money mindset. She was in a rich babe program and she actually started sharing these principles with her husband. Obviously, it's feminine and it's girly, and it's all pink and everything, but I highly suggest it. You know, couples go through this program together and couples sit down and get real with themselves. Week one is all about getting real. If I never got real with myself and a lot of people, this is another issue with manifesting, a lot of people are so afraid to get real with themselves and realize, where they're at currently. They're afraid to look at their bank accounts, they're afraid to look at how much debt they're in. They're afraid to look at how much they're earning. They're afraid of their numbers, because again, it's this fear around money that rich babe will help you completely annihilate and eliminate to where you can start managing your money, attracting money, earning money, saving money, investing money with zero fear, zero worry, zero doubt zero and securities, I just wipe them out and show you that money is nothing but an energy of love and an energy of support and an energy of opportunity and energy of choice and how it's actually a really good thing to have in your life because everything is meaningless except for the meaning that we give it. And so I help you change the meaning of money that applies to you and your life.

So yeah rich babe is a six week course. So again, it's six weeks, and I'm actually doing live Q&As every single month. So I know a lot of people want more time with me, they want more custom support. And so you actually get a bonus Facebook group. First of all, you get six 90 minute modules, six workbooks, you get a meditation, hypnosis, weekly Q&A, so every single week, I'm going to come on and just answer your question. So whatever questions you have around money, the rich babe process, on a week by week basis, I'm going to hop on and dedicate my time to you to make sure all your questions are answered. And I'll also be active in the group. And I make it a point to answer as many questions and as many posts that I can physically get to, you know, in a specific timeframe, but I make sure that you get the support. And also for those of you who have a hard time finding like minded people, like minded people who have like minded goals, who are going after the same thing, I mean, how many of us feel stuck and feel trapped because our friends and our family members in our immediate circle have such a crappy money mindset? And we feel like it's the end of everything, and we are constantly being dragged down and we constantly sabotage our success because we feel like our tribe doesn't approve of what we're doing and that we're a little too out there and a little too weird. Well imagine having this big group of women or men even or just couples, you know, whoever enrolls into the next round, imagine having this tribe that is totally in it with you and can offer support and guidance and feedback. As well as me, and I walk my rich w babe walk, I don't just talk to you, I don't just share with you things that sound nice and things that seem like they would work, I walk my walk. I went from \$25,000 in debt you guys as I shared in the beginning, where I had nothing but fear and frustration, anxiety around money and even if I were to start making good money somehow I would still feel that fear today if I didn't work through my mindset and how I felt around money and how, you know, I built this relationship with money. And so I went from \$25,000 in debt, making almost absolutely nothing, working a nine to five job to almost seven figures manifestation babe's just about to cross a seven figure mark which is super exciting, and under two years, and I won't be opening another round until much much later in the year, most likely summer, and so I want to ask you. You can either get in right now and start to transform your life and shift your money story and shift everything you've ever thought about or believed about money and start to manifest endless limitless amounts into your life and start to change not just your life, but your husband's life, or your family or your wife's life, or your family's life, your generations life, the community around you, just imagine what a ripple effect and impact it can make. You can either start now or you can wait you know, a couple more months but I always think to myself, what if I waited? A lot of people are so comfortable waiting, a lot of people are looking for the perfect time, they're looking for you know, when I have the money and here's the funny thing, you guys, I actually at my lowest point, when I had no more than \$1,000 on my credit card, like a thousand dollar limit and no more than a thousand dollars in my checking account, I went ahead and invested \$15,000 into my mindset and personal development work, when I least had the money for it. And I always think to myself, what if I just decided to wait? What if I kept waiting? What if I kept waiting for the perfect time as most people do? Instead, I decided to double down, take a leap of faith, you know, put myself out there and do the work. And I understood that I can either wait a couple more months or another year or another decade. And then it's like, what am I going to accomplish in that decade? Imagine waiting another decade? I would be in the same exact position as I was two years ago today, if I never took the effing action. And a lot of people wait for the perfect time.

But here's the thing, there is no perfect time. First of all, and I have this philosophy that never fails to be true in my life and be true, especially in the rich babes who have seen this phenomenon work, the universe is waiting for you to take the very first step. The universe has all this abundance and all these amazing things just lined up for you and it's just waiting to see how serious and how committed you are. And so I come across women who are like, when I find another client, when I have just one more client, I'm going to invest in myself. When I sell out my program, I'm going to invest in myself. When I do this certification, then I'm going to invest in myself. When I save a little bit more money or manifest a little bit more money, then I'm going to invest in myself. And here's the thing. The manifestation process doesn't begin until you take the freaking action. When you take the first step. All of a sudden the universe who was also idly waiting on you, says, "Oh my god, she took the first step. Now it's time for me to come in and for me to help her and give her the tools, the resources, the opportunities, the people, the events, the circumstances, everything that I can think of, to give her exactly what she wants", because the universe is always saying yes. The universe is always agreeing to our beliefs. So if we believe that we deserve something, we believe that we're worthy of something. We believe that it's time for us to shine, it's time for us to finally break through, the universe is going to be saying yes. And if we believe that, "Oh, I'm gonna wait for the perfect time", then your universe is also saying, "Okay, let's wait for the perfect time. Yes, I agree with you", because the universe is always trying to please you, and always giving to you everything that you need and everything that you want in order to make whatever you believe be true in your reality, your beliefs, whatever you're living in your reality is just a projection of your beliefs and the universe is always agreeing with you. It has no bias to the seeds that you plant into your mind. It's going to grow whatever plants that you planted into your mind. It has no bias, it has no preferences. Again, the same thing with worth, you know what makes one person worthy versus another person unworthy? It's just that this person decided to be worthy and this person agreed or decided to be unworthy. The universe doesn't care what you believe. It's going to give to you exactly what it is that you believe. So if you believe that it's your time now and you can make the difference in your life right now, then the universe is also going to equally show up. And time after time after time, I cannot tell you how often I come across women who actually manifest the thing that they've been waiting for, for years or the client that they've been trying to attract into your life for months, or the opportunity that they have been trying to manifest for such a long time, as soon as they make the decision to invest in themselves, literally by getting into rich babe. All of a sudden, their abundance started to line up because it was the very first time in their life when they decided to take their finances and their energy and vibration and who they are, seriously for the first time in their life.

So that is my coffee chat of the day. That is my podcast of the day. I just am so freaking excited and the reason why I'm so passionate about rich babe is because I believe in it so wholeheartedly. And I truly believe that it is the program that's going to change your life. And unlike many coaches out there, who give you a program, and then try to upsell you to the next program, and then upsell you to the next program, because they're always like, "Wait a second, there's one more thing you got to know", "Wait a second, there's one more block you might have around money", "Wait a second, there's one more belief or one more skill or technique that you need to master". Unlike those coaches, I flat out say that beyond rich babe, you don't need anything else. You don't need any other program. There's no upsell after rich babe, there's

nothing else I'm going to throw at you. There's nothing else I'm going to offer you because I know the only thing I'm going to offer is if you want to repeat the program because you have lifetime access to it. Go ahead and repeat the program, but I'm never going to tell you, "Oh wait, there's another program. There's rich paid version two. There's a rich paid version three." There's just one rich way because this is all it took for me to go from negative money to seven figures and this is what it took for these women to go from struggling to having their highest grossing months, or doing okay but they're so tired of hustling and working so hard for money, when it's the first time they've ever entered this universe of just allowing money to come in and just receiving money and just opening themselves up to receiving opportunities, because finally they align their belief systems with the fact that yes, it is possible for me to receive money, it is possible for me to manifest money. Yes, there's so much wealth and abundance and limitless amazingness and limitless opportunities around me and every single day I'm getting wealthier and wealthier. And as soon as you start saying that shit to yourself, and start to believe that, that's when your whole life transforms and everything I have personally invested over \$300,000. And actually Brennan keeps telling me to up my number on the sales page and for some reason I don't want to because I don't want to make it seem like I'm showing off, but at this point I've invested almost half a million dollars into my personal development, into myself, into my skills, into my knowledge, into all the money mindset work and all the techniques and I have like certifications galore now, just because I want to give back to you. And the thing is that, it took me two years and half a million dollars to finally bring myself to where I am today because I needed to learn how to master the system. I needed to take all this wealth of knowledge and put it into a six week program, this six week system, and I finally condensed that two year timeframe and that almost half a million dollars into six weeks and it's not even half a percent that rich babe costs you it's not even gonna cost you anywhere close to half a million dollars. And the thing is that I don't want money to be the thing that holds you back from rich babe, which is why I offer a payment plan obviously. And then there is a bonus for paying in full, but no matter how you get into rich babe, I just want to inspire you, to show you what's possible. When you finally commit to yourself and how the best form of self love I believe, is investing in yourself and understanding that you are so freaking worthy. You are so magnificent. You have so much to give, you have so much value and so much worth that you are worth every single penny you put into yourself to take yourself to the next level. And a lot of people are afraid of investing in themselves because they think it's self selfish. But I want to remind you that by living a better life and expanding on your vibration and attracting more money into your life, you can then teach that shit to other people. You can then give that to your family, you can give that to your community and what harm is done when not just you, but your family, your community, your city, the world around you, the schools you know, your children are finally thinking differently around money and there's no longer this fear. All of a sudden there's no more scarcity. We don't look at money as a scarce commodity. We don't look at anything as a scarce commodity. We start to trust in ourselves, we start to trust in the universe, we start to trust that there's more than enough to go around. So that is why I'm super passionate about this program guys. Go to richbabeacademy.com and get signed up today. I'm closing the program in seven days. So next Friday, it's going to close and then you cannot get in no matter how bad you want to get in. No matter how bad you want to try to get in. I'm not letting anyone in because I am sending out module one next Saturday so you can start as early as next Saturday. It's not going to be like a

close and then you have to wait four weeks to receive the program. You're going to receive it the very next day and you can get started on your money mindset mastery journey and you can finally revolutionize how you attract money into your life, for life. It's a program for life. You can't undo this work, this work doesn't get undone. Once you become aware and awake, and you discover all these things about, you know, why is it that you think this way? Why is it that I believe things like this? Why do I look at money this way? And as soon as you do the internal work, and you do the inner work, and as soon as you see proof of this inner work manifesting into your external reality, all of a sudden, it's like, holy shit, you can't go backwards. It only gets better and better. And I want to show you that and I'm committed to showing you that and I'm committed to having as many women come into the rich babe program as possible because I believe that it's up to us to change the world. And also who said that the Western woman is going to change the world? Which Yogi said that? Because I truly, truly believe that. I think it's up to us, women for sure and men. I love you mean too, but I am just so passionate about empowering women because women always put themselves last you know? Especially mothers who put themselves last. They struggle the most with worth, they struggle the most with value and they struggle the most with earning because back in the day it was always up to the men to earn, it is always up to someone else to earn the money. And we felt so powerless and we felt if he's not working his tail off, if he's not bringing in money, then that's gonna reflect on me. And I want to bring that power back to you and help you take full responsibility for your money so that you are in control of your earning potential. You are the one setting your prices, you're the one bringing money in. You're the one who decides what to do with it. It is up to you. It's up to you! That's what I'm passionate about.

So anyway, I have been blabbing and blabbing and blabbing and you know, whether or not you sign up for the rich babe program, I'm going to keep inspiring you. I'm going to keep delivering you the money mindset stuff that I always love to deliver to you. So don't feel like that's the only way to get this information, but rich babe is where I go deeper. I cannot go deeper in an Instagram post. I can't go deeper in a coffee chat, or live stream. Rich babe is where you finally uncover that blueprint and you finally change that blueprint once and for all for yourself and you finally reprogram your mind. I can show you all the tips all day long, but if you don't go inward, and you don't go deep, and you don't do the actual inner work and uncover your blueprint, then you're gonna have some surface level changes. Right on day two of the rich babe challenge, I talk about surface level change versus really deep change, we're going to go straight into the belief, straight into the values, straight into the identity right at the top, so all that can trickle down, and there's no way in hell I can give you this information in a book, in a coffee chat, in an Instagram post, or any kind of live stream, like there are specific ways that I teach it in a specific process and so I want you guys to experience this process. I'm gonna go get a Reiki massage now and enjoy my last day in Costa Rica. And this week because of the rich babe is going to be a very money mindset focus. If you guys loved this podcast, or this coffee chat or this live stream coffee chats what I call my live streams to my Facebook community, but feel free to screenshot this or leave me a comment, send me a DM, let me know what you thought. Let me know if you feel more inspired around money and you feel more empowered around your earning potential. And also, let me know as soon as you sign up for the rich babe program. I want to celebrate you so send me a DM send me an email, leave a comment, screenshot this, send me a story, do whatever to let me know obviously I'm gonna get to know you in the private

Facebook group as soon as you sign up, but I just want to know and I want to celebrate you and I want to just share the excitement. So I'll be back this week, flying to LA tomorrow actually, but throughout the week I'm gonna be hopping on and sharing more money stuff because it's really important stuff and not many people are talking about it and that's why I'm so passionate about doing this work is because I'm taking something that is fearful and seems to be scarce and seems to be taboo that no one else is talking about and I want to bring it to the light and help you see money in a positive light for the first time in your life. Okay anyway guys, I love you so freaking much. I hope you have a beautiful day. Once again, let me know as soon as you sign up for the program. Let me know what you thought of this podcast. Leave me a review if you're listening to the podcast. I appreciate it so much because a lot of people have been finding me via the podcast and that means the world to me because I have been so reluctant to even start a podcast for so long because I felt like nobody would be interested in it. And it's been amazing to see that spread like wildfire as well. Okay guys, I'm gonna go enjoy my massage. Have an amazing day and I'll see you inside a rich babe. Bye. Thank you so much for tuning in today's episode. If you absolutely love what you've heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming. If you aren't already following me on social media come soak up some extra inspiration on Instagram by searching at manifestation babe or visiting my website at manifestationbabe.com. I love and adore you so much and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.