

## Episode 32: Why Having Money IS Spiritual

Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a master mindset coach and success strategist for entrepreneurial babes just like you. I absolutely love helping you uplevel your life, your business, your finances, and helping you see the infinite potential within yourself to be, do and have anything that you want. It is my duty and obsession to give you the tools, the resources, strategies and teaching, you need to manifest the reality of your wildest dreams. Think of this podcast is your daily dose of personal development to maximize your impact, your influence and your income. If you're ready to get you're asked to take to the next level then you've come to the right place. I hope you enjoy today's episode. Now let's begin.

Hello gorgeous souls. It is Kathrin for [manifestationbabe.com](http://manifestationbabe.com) and I am so excited to be podcasting and live streaming with you guys again, I know it's been a little while. I am here in Sun Valley, Idaho. I don't know how many people know where Sun Valley Idaho is, but it is this smaller town in Idaho where it's fucking cold. It's freezing outside right now. I think it's like a negative one and typically I am not a Winter person. Although I am growing to love Winter sports like skiing. I used to snowboard. You know, I can find joy in cold weather from time to time, but typically I'm an LA Girl. I love my sunshine. I love my Caribbean beach. Like I dream of hot weather, and beaches and all that nice stuff, but a reason why I'm in Sun Valley is because I am joining Tony Robbins and all of his Platinum partners on the financial Platinum trip. So I am here for the next five days to be learning all about money. And here's the thing. I get so many questions about this trip and kind of like why I'm here and how it feels to be here. How it feels to be literally surrounded by multi millionaires, hundred millionaires and even billionaires and how I am so kind of new and fresh to this money game and I'm just starting to learn more about the lingo and how to invest money and what makes a good investment, what's a bad investment, you know, asset allocation, liability, liabilities, assets, just all these all this terminology, here's the thing, here's the mindset shift before I get into today's topic, which is actually all about money being spiritual, because I am heading into this five-day event and also the rich babe challenge is coming up soon. So the five day rich babe challenge is where you can come and learn, and really change your mindset and change your perspective on money and see that it is okay. And it is actually spiritual to have money which I'll go into in this episode today. But before that, I just wanted to share an interesting insight. See, rich people know how to make money, right? But the ultra wealthy people, they know how to have money work for them. And to have money work for you, you'd have to understand how the hell it works. You have to understand how the stock market works and what's a bond and real estate and just like all these different ways of having money work for you. You have to understand it, you have to understand the lingo, you have to be comfortable with it. I know that a lot of women and just people in general, but women especially feel like they're not good with money, they're not good money managers, and they kind of set it aside for their husbands to take care of, but the thing is, so many of us are so uneducated around money, and I think it's a huge problem. And that's kind of why I am here. And I just want to not only soak up the vibes because it's not so much like Tony Robbins jumping up and down a stage and trying to pump you up and motivate you and help you change your life. But it's actually like, alright, we're here to learn. This is like a PhD program in money, so I'm super excited about that.

Now, the topic that I wanted to talk about today really is on money and spirituality. I see a lot of really amazing kind hearted, spiritual, positive things, like these beautiful lights right, these beautiful lights in the world, constantly, subconsciously sabotaging their success, consistently keeping themselves small to the point where they can barely afford their groceries, they can't pay their bills, they are constantly stressed and anxious and just have so much fear around money, when they're really some of the best people I've ever come across and it's because of this belief that money is not spiritual. And that actually, by having more than just enough to get by, you're actually committing some sort of a crime, like it's evil to have money, and you're going to be dirty, and it's going to corrupt you and you're gonna become this bad person. And no one's gonna like you and you're gonna go to hell. And just like all these crazy beliefs and I don't want to really talk about where this belief comes from, because obviously we know where it comes from. And I don't really want to talk about this is why it's not true. I just want to share with you my perspective on how I change this because here's the thing, when I started to first make money, or at least pursue money and change my money mindset and open myself up to understanding that money is not in fact, the root of all evil and it's okay to have more than enough to get by, it's okay to be so freaking abundant, so wealthy that you just never have to worry about it again, it's just constantly flowing into your life, you're surrounded by it, you don't have to even check price tags anymore, and all that good stuff. And so when I started to make money, I would actually start to feel guilty, right? Because that belief that money is spiritual is so far ingrained in me that I started to feel guilty. And those of you who know, guilt is one of the lowest vibration emotions. So when you feel guilt about something, it's essentially going to keep you stuck and you're going to feel so uninspired, so unmotivated and you're going to feel like you're doing something wrong, like you're a bad person, like you committed a crime or a felony. And that's not the best feeling to feel on a daily consistent basis. And you know, you can't manifest anything amazing coming from that place in your life. And so, working through this guilt, I started to shift my perspective on money. I started to see it differently and this is how I see it. Okay, you ready guys? So I've come to the understanding that money is a tool. It is a resource and tools don't have free will. Tools in itself and themselves are completely meaningless. In fact, everything in life, the events that happened in your life, the circumstances that happen in your life, the things in your life, everything is meaningless. We are the ones, through our minds, that give meaning to things in our life or events in our life or circumstances. We all have a different meaning for what something in our past means. We all have a different meaning for money. We all have a different meaning for what it means to be happy. Like there is no meaning to life, except for the meaning that we give it. And so if money is a tool, and I switch my perspective, and I think of other tools, so for instance, I have a pen right here, this is like the first thing that I could pick up in front of me. So I have this pen over here and this pen that I'm holding right now, it's just a tool, does it honestly have any meaning to it? Right now just sitting, you know, on my desk, no. It's just a meaningless tool. It's a meaningless pen. Now the things that I do with this pen are what create the meaning for this pen. So for instance, I can sit here and I can write a love letter to someone or I can write affirmations for myself or I can journal out and and develop my connection with source and I can get to know myself and develop myself awareness or I can sit here and literally write a hate letter to someone, a complaint letter, talk shit about someone like no matter what I'm doing with this pen, the pen itself is meaningless. It's what I'm doing with the pen that creates meaning. Is the pen an evil pen if I do evil things with

it? Not really. Is the pen a really amazing, spiritual great pen if I'm doing spiritual amazing things with it? No, it's just a fucking pen. And so think about another tool like let's say a knife, right? Let's say we have a knife and a knife is just a tool. Now with this knife, we can go and prepare dinner for friends and family. We can go and cook this amazing meal. And because we need to chop vegetables, cut some meat, prepare the meal we need that knife to cook that meal, right? Does cooking use that knife, make the knife, an amazing knife? A spiritual knife? A great knife? You know a chi knife is just a knife. Now I can also use the same knife and go kill people with it. I can go stab someone. I can go murder someone. The same knife can be used to do good. And the same knife can be used to do evil. Does that make the knife itself good or evil? It doesn't. The knife itself doesn't do anything. It doesn't have free will. We the people, what we do with these tools is what determines. It's the people that are good or bad, not so much the money, right? And so if you're a spiritual person, essentially what I believe is that you're making money is spiritual, you create the events, the actions, the behaviors using these tools. And so if you're a kind person, you're a spiritual person, you want to do good in the world, by having more money, that's just going to be amplified to the next level, right? By having this tool, does the tool change you? Or do you choose what to do with this tool? Do you give the meaning to the tool? And so I urge all spiritual people to start accumulating as much money as you can possibly accumulate. I urge all spiritual people to get this bullshit out of their heads and to bring as much wealth into their bank accounts as possible because it's the spiritual people who are going to create these amazing charities and foundations. It's a spiritual people who are going to feed the hungry and care about the homeless people and actually do something. It's a spiritual people where we can use their money to bring certain laws into effect. I mean, technically, we're always voting with our dollars. And so if we have the most money, and if we have the most control with our money, we have the most power we can actually make change in the world. And as spiritual people were for instance, we can buy land, we can buy forests, we can conserve land and forests, we can save animals, we can do so much with our money because it's the spiritual people who are going to use this tool for good. So I believe that you can never be poor enough to help the poor. You can never go hungry enough to help the hungry. If you are struggling and you're anxious and you are miserable, because you can't pay your bills, and you are homeless, and you can't feed yourself or your family, how in the world do you expect to change the world? How in the world do you expect to impact the world right? We need money. This world is run off of material resources. We live on planet Earth, planet Earth is filled with materials. We can't get away from these materials. We can't get away from materialism, because we are here on planet earth to play with these materials to create something out of these materials and money is one of those materials. And so you know money is the big amplifier and so by having more money, if you are already a good person by having more of it, you are going to be an even better person, it's just going to amplify that good within you. And if you're an evil person by having money, then you're just going to amplify that evilness, that's all that the money is going to do. It is amplifying what is already there, it cannot change you. That's like saying this pen is going to change me. Like now that I have this pen "Holy shit, I'm a different person." No, I'm the same person. Now I have a tool in which I can actually create things out of this tool or like, if I have a knife, all of a sudden I'm this evil corrupted person. No, I can use this knife to cook for my family or I can use this knife to do bad with it, but that doesn't change the knife. It doesn't. The pen doesn't change me, the knife doesn't change me, or insert any tool here, like just think about any tool, and so I

am the same person with or without the tool and so you're a spiritual person with or without the money. But think about how much good you can do in the world if you had the money. Think about how much easier life would be, how much brighter it would be, how many people you can help. I know there's people out there that you wish you could help. I know you have family members that you wish you could support. I know that you have friends where you're like it would be so amazing to take all my friends, and go on this incredible vacation and show them and share these experiences with them, and have these adventures with them and really experience what life is about. Wouldn't it be cool if I could just tell my friends to not worry about shit, or even my family to not worry about anything. Not worry about the plane ticket, or the hotels or the food or anything? I'm going to tell them to not worry about anything and I'm going to take them on this vacation. Guys money is going to do that. And then you know, we're all about what about the starving kids in Africa? What about the people who don't have an education? What about the homeless? Well, guys, like they need money, they need resources. How do you get food or resources you need? To purchase these things, you need to have finances behind these things. And if it's not going to be you, then who the hell is going to care for them? Who's going to help? Who's going to inspire? When we have nothing to worry about, we are so much happier and we're so much more inspired. We have this juice in inside of ourselves where we just we want to do so much good for the world, we want to have adventures, we want to play, we want to live life, we want to just spread joy, like wealthy people, truly wealthy people, not just people who are just after the money. Guys, I'm talking about real wealth. Those people are some of the happiest people because all of a sudden they're not stressed about how they're going to pay their bills, whether or not they're going to get evicted from their house and just all these other crazy miserable things. It's because they understand that by having more money, they will be happier and by them being happier, they can do good in the world. And so I ask you guys to please stop self sabotaging yourself around money, get this belief out of your head. It has nothing to do with the money. It's all about what you do with the money. It's all about you. Money's not going to change you, but you're going to change what you can do with the money, you're going to change your impact by you having more money. Got it?

I'm seeing lots of comments on both my iPad and my iPhone with lots of emojis and lots of comments. I truly hope you enjoy this episode. And for those of you who are ready to just expand and elevate their mindsets around money, to start seeing money in a positive light to start attracting more of it into their lives so that they can give more back, so that they can do amazing things with their money, so that they can finally relieve the anxiety and the stress and stop living paycheck to paycheck, If you are ready for that I have a challenge for you. It starts in, I want to say like a week and a half, March 5 is the official day that the five day rich babe challenge starts. And basically, it's a five day challenge where every single morning I pop into your inbox and I send you a video, and a video is five to seven minutes long. You get your task, you get some content, you get your education, and then you can immediately apply whatever I taught you that morning and it's going to create a shift instantly in your life. I'm giving you stuff that's going to be effective, that you can put into practice immediately and that's going to change your mindset around money in just five to seven minutes a day, five day challenge. And then for those of you who want to get involved in the prize piece of it, I'm giving away \$1,000 to one winner who tagged me on instagram every single day of the challenge and uses the hashtag

#richbaby challenge. For those of you who are who are on Instagram, go ahead and look up hashtag #richbaby challenge and you will see all of the amazing posts from the previous challenge that I did in January. And I'm so excited to do another one coming up in March. So I know I have the links everywhere, but if you just go to the richbabechallenge.com and get yourself signed up, you will not regret it. It's free and you can win \$1,000! Imagine what you can do with that thousand dollars. Imagine what a difference that thousand dollars can make in your life and I am setting you up for financial abundance for life. So I am setting you up with a mindset to where for the rest of your life you can start thinking about money differently and manifesting in your life and using the law of attraction and using all these phenomenal laws of the universe. And by using your mind to help you and to work for you to attract money for you to stop the self sabotage because self sabotage is just as conscious level where consciously you know you're struggling consciously, you know, like, "Oh my God, this sucks, I want to change it." But on a subconscious level, you have that subconscious belief that as soon as you receive more money, all of a sudden you're a corrupted human being. Nobody wants to be seen as a corrupted human being. No one wants to be called evil. No one wants to be a bad person. And so therefore, your subconscious mind is literally protecting you from money. If you keep telling yourself that money is evil, your subconscious mind is literally going to look at money as something that can harm you and something that can hurt you. And the subconscious mind, the way that it's wired is it's constantly protecting you. It is preserving the body. It is trying to keep you safe. And so if you keep telling yourself money is evil, over and over again, you're literally repelling it because your subconscious mind is not going to allow you to have it. As soon as you receive it you're going to spend it or you're going to do something stupid with it. You're going to get rid of it, you're going to give it away to someone who for instance, not necessarily deserves it, not necessarily someone that you want to give it to, like, you're gonna do something to get rid of the money, right? Because there's that conflict on a conscious level and a subconscious level. And so I urge you guys to get into this challenge. You will not regret it. I will help you rewire your subconscious mind, work through more limiting beliefs around money, and start to bring in that joy and that peace and that wealth, right? Just imagine never having to worry about a price tag ever again. Imagine never having to worry about paying your bills ever again. Imagine never feeling stressed when it comes to your bank account or purchasing something or buying something or investing in something. Just imagine for a second, how different your life can be. Should you decide to change the way that you look at, feel about, and think about money. Just imagine for a second.

I love you guys so freaking much. For those of you listening to the podcast right now, I am leaving the link in the show notes. So if you go to the show notes, which is basically like the podcast episode and then the details, I will leave the link for the rich babe challenge in there. Please get your butts signed up, it is going to be amazing. And those of you get signed up early, I might surprise you with an extra bonus. I won't tell you what it is. I won't tell you when, but the sooner you get signed edup, the better off you are. My crown chakra is tingling as you share this. Awesome! Thank you so much that truly means that this message that I'm sharing is on a spiritual level. And this just shows you that I am the same person I was two years ago when I was dead broke struggling when Brennan, who's sitting behind me for those of you on Facebook can see Brennan, he was dead broke. We're both dead broke, struggling, just super stressed out and anxious all the time. However, we were still really good people. We're still

spiritual people. I was every single day meditating, caring for people, dreaming of how much good I can do in the world. We're kind, we're generous, we're genuine people. And now you guys know like no secrets. Go read my SEO report, you guys know how much money we're making. Now. We're the same people. And in fact, we're doing so much better. We give away 10% of our incomes to an organization right now, sometimes we'll change it. But right now, it's an organization called food on foot la.org. Or if you guys just google food on foot, it's my friend Jay and he is just an amazing human being who just cares so much about the homeless people in LA and helping them helping them get their feet on the on the ground and just helping them develop their mindsets and their confidence and feeling like helping empower them and feeling like they have a mission and a purpose in life. To get off the streets and he helps them get jobs, he helps them secure apartments and helps them start a savings account. So he has liked this whole program, and I've been donating 10% of my income to that organization. And sometimes I'll surprise people like on GoFundMe, or if I know that someone, one of my manifestation babes is struggling, I never tell anyone, but I will sometimes surprise them with some money if I feel like their needs. So this is the stuff that you can start doing when you have more than enough to go around. Because if I had just enough to get by, how the hell am I able to make this kind of impact, right? So just think about that, guys. I love you so much. Get yourself signed up for the challenge and have an amazing, amazing day. And I'll be popping in periodically and sharing with you guys any updates, any insights that I have anything that I learned, any breakthroughs that I had around money and just the phenomenal event that we're about to go through as first Platinum partners. It's really exciting. All right, you guys are having a killer day. Love you so much. Bye. Thank you so much for tuning in today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so I can keep the good stuff coming. If you aren't already following me on social media come soak up some extra inspiration on Instagram by searching at manifestation babe or visiting my website at manifestation babe calm. I love and adore you so much and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic