

Episode 27: Ready To Become A MASTER Manifestor?

Welcome to the Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a master mindset coach and success strategist for entrepreneurial babes just like you. I absolutely love helping you uplevel your life, your business, your finances, and helping you see the infinite potential within yourself to be, do and have anything that you want. It is my duty and obsession to give you the tools, the resources, strategies and teaching, you need to manifest the reality of your wildest dreams. Think of this podcast is your daily dose of personal development to maximize your impact, your influence and your income. If you're ready to get you're asked to take to the next level then you've come to the right place. I hope you enjoy today's episode. Now let's begin.

Hey gorgeous souls. It is Kathrin from manifestationbabe.com and I am here for a quickie podcast recording. Honestly, this was just inspired from my own creative energy and excitement of how my life that I'm experiencing right now. It is Monday, manifest Monday, and I'm just feeling so damn good. I'm just feeling like everything that I've been working on manifesting for the last two years is finally unfolding. The connections, the networks, the accolades, the things that really speak to me and it's not like it's just money and accolades and success, but really the fulfillment things. The fulfillment pieces are finally coming together. I had a bunch of coaching sessions today for my mentorship clients. My big year long mentorship that I decided to kick off in the beginning of this year, and basically take on six beautiful women who want to work on a one on one basis with me, like really dive deep, and I was speaking with them, and a lot of them are working on manifesting something. Obviously we're all working on becoming intentional manifestors about something. And I realized that in the last month to month and a half, no, just about a month, ever since I finally confessed that I was having a hard time and that I was being a resistor to my success and that I was just getting sucked into all the hard things, all the things that I didn't want to do, all the things that didn't speak to me, all the success that I thought I should have, but for some reason was so hard to break forward. I finally, ever since I confessed all that and had my breakthrough about getting into flow and just letting go, my entire life opened up for me. This is like such an on the fly podcast, but I just wanted to share with you that literally, like the right connections, the right people, the right things, everything that I've ever desired, I am literally watching it unfold right before my eyes and so I wanted to title this episode I want to become a master manifestor because I feel like so many of us get caught up in thinking rather than just being. Does that make sense? I feel like the key to what really shifted in my life in the last month was that instead of me just thinking all day long about my desires and being a thinker. I just became a doer. I became an expecter, I became a liver of life, I became this version of myself who is truly already living her desires. Sorry, there's a motorcycle just driving by my apartment and kind of driving way too slow, so if you hear any background noises, that's just that, hopefully my microphone isn't picking it up, but just in case. So, you know, a lot of us we get so caught up in the thinking and the visualizing and the affirmations and the writing and these constant rituals. In fact, I'm actually working on a fun quiz right now that is just coming out of me to kind of like, what's your manifesting personality? Or what type of manifestor are you? And I wrote down here the different types and with one of the types being the manifestation babe and the other several types, which you will soon find out. One of the other

ones is a ritual, and I spent a lot of my life being a ritualist. I felt like I had to have this checklist, that I had to think a certain way, I had to have positive thoughts in a certain way, I had to wake up at a certain time, I had to read a certain amount of pages every single day out of a certain book. I felt like if I wasn't saying my affirmations, 10 times a day, or you know, having a specific work schedule that my manifestations wouldn't just come alive. And I have transitioned into becoming the manifestation babe where manifesting my desires just became natural. I just started to expect things to happen. When I visualize things, I'm not visualizing them because I'm making it a ritual that if I don't visualize, it won't happen. The reason I'm visualizing is because I'm actually having fun looking into the future. Like I have this new certainty that whatever I'm looking at is literally like, what is just around the corner, and I am just declaring things. I am demanding things and sometimes I'm not even thinking about it. Honestly, a lot of people think that I'm a ritualist and I spent all this time you know, I spend an hour a day meditating, and then I sit there and set intentions, and then I journal for three hours, and then you know, by the time it's 6pm, that's when I'm ready to start my day. But honestly, you guys, when you're a master manifestor, you actually don't have to do any of those things. See, the way that the universe works is that what you believe you have to be doing to manifest your desires is exactly what is required of you to manifest your desires. So if you get into this space where you just being yourself, you just living your life, you just expecting the best things to happen, the right people to come across you, the right events to come across you, the right circumstances to come across you, if that's what you believe is required of you to manifest your desires, then guess what? All of a sudden, you can cut down 90% of the rituals, you can cut down 90% of the time requirement, 90% of all those work that you think you need to be doing. And first of all, manifesting naturally, manifesting effortlessly doesn't require any work at all to begin with. But as soon as you stop believing that there's work required, all of a sudden you step into this place where every day you get the email that you've been waiting for your whole life. You get the sponsorship, you make the connection, you're in a room and you come across the CEO or the president of this company that you've been dying to get in contact with. All of a sudden you're on Instagram and your dream influencer starts tagging you on Instagram and saying nothing but amazing things about you, or all of a sudden, you know, this book that you decided to write last year becomes an Amazon bestseller and it just happens like almost overnight because all of a sudden the energy behind your desires got to the point where you just expect things and so the universe expects things to happen for you and it is expected of the universe to unfold all this magic in your life. The energy has grown, it is there, it is just part of you. You no longer have to think, you just have to become. So I want to ask you today, who do you have to just be and then just keep becoming in order to become this master manifestor where you are just waking up every single day and living your freaking dream life? That is my Monday inspiration for you. That is my Monday question for you. And I hope you guys are having an incredible start to your week. I love you so much and have an amazing night.

Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so I can keep the good stuff coming. If you aren't already following me on social media come soak up some extra inspiration on Instagram by searching at manifestation day or visiting my website at

manifestationbabe.com. I love and adore you so much and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.