

Episode 182: Is it spiritual to be rich? (Part 4 of the BS m...

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SPEAKERS

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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hello gorgeous souls, and welcome back to the Manifestation Babe Podcast. And welcome to Part Four of the final episode of the Bullshit Money Beliefs series. I'm in Sedona right now, and I've been having so much fun with this series. In fact, I actually want you to know, before I dive any deeper, that if you hear any sounds - some weird sounds coming through - I'm not in my usual podcast studio right now. I'm actually in a kitchen. I'm in a kitchen at an Airbnb. You guys should see my setup right now. My laptop's literally on the counter. I have my mic on the counter, too. It's just a very casual setup. I'm loving it. I love Sedona. Anyway, I hope you guys are

having a great day. I've been having so much fun with this series, and I can honestly keep going. I can make a Part Five, Part Six, Part Seven because there are literally so many beliefs. But I'm going to save my energy because guess what? The Rich Babe Academy has officially opened today. So, I am creating space and saving my energy to serve all the incredible students who have already said yes to joining me, and who are ready to dive deeper into the world of money manifestation. So, if you're loving these episodes, and you're like, "Oh my god, I have so many beliefs that are not serving me; so many beliefs that I need to shift in order to see the financial reality that I desire and deserve," and you want to dive deeper into the world of money manifestation with me to completely transform your financial reality for good, then guess what? My academy is officially open. So, just go to RichBabeAcademy.com, and get signed up right now. And just a reminder; this is the only round of 2020, and the very last round ever of my world renowned, lifechanging money course, The Rich Babe Academy. Doors officially closed on Friday, September 4 at midnight, and once they close, it's going to be closed. I can't tell you how many DMs I get, Monday after a launch, of people asking, "Can I still get in?" Unfortunately, no, because after the doors closed, I put all my energy into serving my students so I can no longer focus on attracting students into my course. I am now in that space where I'm going to be serving people, and all the content, and all of the tools, practices, messages, and everything that I have that's rising up to the surface is going to be going to my students, as well as everything else that's already inside of the Rich Babe Academy. It's a whole program, all in itself, which I'm so excited about. So, don't be the person who misses the cart close if you know that this is your opportunity, that this is your year, and that this is your chance to finally turn things around, so that this time next year, you could look back and say, "2020 was a crazy year. The entire world was falling apart, and I decided to take control of my life and to prove to myself that external circumstances don't mean squat about my life; that I can create whatever reality it is that I want, by focusing on my internal state, using what I've been given; using these external circumstances that I can't control and realizing that the way that I think about them, and my beliefs about them, I can control." And that is what's going to change your external circumstances. Alright, so RichBabeAcademy.com. Do not miss it. So, the last belief of the series that I'm so excited to talk about is, "It's not spiritual to be rich." I love this one because it is loaded with so many emotions for so many people, mainly because it's been a belief for many millennia now. I mean, thousands upon thousands of years. So, let's go ahead and break this one down. By breaking this belief down, I've been able to come to terms with the belief that me actually having lots of money doesn't make me less spiritual; it actually makes me more spiritual. If you just went, "Huh? What? No way," I promise you, just keep listening. It's going to make sense. So, first of all, what does the word "Spiritual" even mean in the first place? To different people, it's going to mean different things. To me, the word "spiritual" just means "connected to spirit." So, words like spirituality, spiritual practices, etc., anything with the word "spirit" in it all just relates to the connectedness

between me and spirit, or a person and spirit, or other people and spirit. Spirit can manifest in various different ways for various different people, depending on the culture and the background that they come from. So, I have my own words for it, but other people can call it, spirit, Jesus, God, Allah, universe, Buddha, source, infinite one, ancestors... I mean, we could go on and on, depending on where you come from, what your upbringing is, what your background is, and how you were raised. All kinds of these names are essentially labels for this power or force that we cannot see, but we can definitely feel, know, and just believe that it is there. So, in the old days and the old paradigm, spirituality was often associated with vows of poverty; vows that people would make to give up all of their earthly desires and possessions to go on this quest to search for God - God being some presence outside of them that supposedly can't be heard or felt with the clinking of too much change in our wallets. In the old paradigm, God is somewhere out there. It is external, and it must be searched for. The old paradigm is also seen in how the Bible is interpreted, and has been interpreted for thousands of years. We hear it over and over again, and I'm sure you have heard this phrase. When people repeat the famous scripture, "Money is the root of all evil," which - fun fact for you - it doesn't actually say that. I went and looked for myself. It does not say, "Money is the root of all evil." It actually says, "The love of money is the root of all evil," which has a completely different meaning than the phrase that people keep mindlessly repeating over and over again. "Money is the root of all evil" is a different story than "The love of money is the root of all evil." The love of money is what I actually talked about in a previous episode. So, what this means is that if you put money as the most important value in your life and put money above everything, of course, things are going to be a little out of whack. Your ego is going to be blown out of proportion; you're going to be seeking something that really is just this neutral thing. Money is just a neutral resource. How much fulfillment are you going to get out of money alone? Of course, when things are blown out of proportion, it is problematic. I agree with that. Another fun fact, though, is that the Bible actually talks a lot about prosperity and how to receive more prosperity. That ends up flying over a lot of people's heads because if you're looking through the filters of the old, spiritual paradigm; the old monk, or vows of poverty paradigm, then of course, you're going to twist things to be like, "I need to suffer more. I can't have money. Money is the root of all evil." And so, this juicy information flies over people's heads because in the old paradigm, it says that you need to renounce all your possessions, and you must suffer, and if you suffer enough, then you will supposedly get to heaven. Now, I'm no expert on the Bible whatsoever; I've read certain books, I've gone back to look at certain scriptures, but I don't know it cover to cover, so I'm no expert. However, what I have looked into, and what I have read are many different books that you can actually find on prosperity based on the Bible's teachings. So, it's very scripture based. That's been really fun for me to look into, and also incredibly healing for me when I was releasing myself from a more Christian-based paradigm back in 2015. I don't know if you remember, but I've shared in a previous episode where I was dating my ex for six years. It's

the ex that I famously broke up with after my spiritual awakening. His family was deeply Christian, and they really demonized so many things. By the end of it, I was convinced that I was a bad person. I was like, "Oh my god, I'm such a sinner, I'm a horrible person, and I don't deserve anything." It was just really out of whack. I really struggled because when I broke up with him, he kept saying that God is going to punish me for it. He kept saying that I'm a sinner if I sleep with someone after him because I was supposed to marry him, and God is okay with me marrying him, but if I move on to someone else, then I'm going to suffer for that. And so, I was convinced after we broke up that when I started dating Brennan, my business would go to shit, or that God is going to come out of the sky and zap me. When I started going on my money manifestation journey, I also really struggled with the wording of the universe, and the wording of source. These are words I'm so comfortable with right now because I understand they're speaking to the exact same energy. It's an energy that we're speaking to. I dove into a lot of Scripture-based books because it helped me bridge the two worlds together. We see Christianity and the new age so differently, but there are actually so many similarities between them. If you think about it, when Jesus came to earth, his teachings at that time were very new age because to their paradigm, what Jesus was teaching was these new age teachings. Now, we look at the teachings of the Bible as ancient scripture, and then, the people who are venturing off into playing with Oracle cards, crystals, and all this stuff is, people are saying, "Oh, that's evil now. The law of attraction is evil because it's new age." Well, we could have looked at Jesus the same way at that time because he's bringing a new paradigm into an old paradigm. And what we're doing again, is bringing a new paradigm into an old paradigm. So, anyway, I digress. Some books really helped me, and actually I'm reading one book right now that's based off of scripture. It's based off the Bible; it's not too heavily based on the Bible, though, to the point where if you don't resonate with that kind of language, you can't get anything out of it. There's a book I'm currently reading; I found it from my friend Lauren, she recommended it. It's called Open Your Mind to Prosperity by Catherine Ponder. So, I would recommend that if you are looking for some more scripture-based prosperity principles, and to see kind of what I'm talking about. So, now we have entered a new age. It's a new paradigm of spirituality, where more and more people are realizing that money and success are actually just a manifestation of their spirituality; that manifestation of the money and success is an aspect of their connection to spirit. It is a physical representation of the abundance that God has blessed them with. They are able to manifest this prosperity they receive from spirit in physical form, that allows them to grow and expand even more. I had a spiritual teacher; his name is Master Ko. He was my Pranic Healing Teacher, and he does a lot of work with Tony Robbins. He said that his mentor - his teacher - said one of the greatest things he's ever heard that speaks to this. He said, "Hey, if you're so spiritual, then show me. If you are so spiritual, then show me how you're able to bring that spirituality into physical form; how you're able to bring that energy into physical form, here in the material world." And that just blew my mind. It's so

freaking true. It just goes to show you that all we're doing is just manifesting into physical form the abundance that exists in energetic form, that comes directly from source. I always say, "Money doesn't come from people. It's not Earth." It manifests into an earthly form, in the shape of money, but it doesn't come from people. It doesn't come from Earth. It comes from source, and it goes through people, through earth, and through physical form. In this new paradigm, you realize that your connection to spirit doesn't change because of what you have. Your connection to spirit is a constant because of who you are. People think that, supposedly, at some point, when you have a million dollars in your bank account, all of a sudden, you have no connection to God. Your connection to spirit, God, or the universe has nothing to do with what you have. It doesn't make any sense. It's a constant connection. It's a constant that never leaves you. It simply exists because of who you are because you're an extension of source. So, you can absolutely like material things. You can absolutely be ultra-rich, and you can absolutely still be ridiculously spiritual. Having things in your life doesn't drown out the voice of God. You don't become a changed person because you have money. You can still connect to spirit, even with millions in the bank because spirit has already always been inside of you, and there is no disconnect to begin with. We've always been connected. It's only the conditioning of the old paradigm that makes it harder to connect. It's also the things that you can do when you have the money that takes care of all your needs - guys, my dog is running around. Leya! It's okay. Daddy's gonna grab you. Oh boy. You guys, you're in for some entertainment while Brennan chases Leya. So, anyway, my point is, the things that you can do when you have the money that takes care of all your needs is impeccable and incredible. You have more space, you have more time, and you have more opportunities for your spiritual expansion. This is something that a lot of people don't ever get to experience. The wealthier I got, the more time and space I had to just slow down, listen, and just sit with that connection; and go on retreats, and take time to meditate, and take time to do plant medicine, and hang out with people who are like-minded, and get to know people who are like-minded and also spiritual, and also receive opportunities that I would have never noticed if I was just busy, constantly hustling for money. I actually completely became a better person because of money. Seriously. Because I have access to so much more, and I'm able to make decisions out of alignment - based on alignment, not based on money because I have the money. I don't have to make decisions based on money; I can make decisions based on, "Is this in alignment with me, or is it not?" I became a much better person. And this is how money has only made me more spiritual, which I know sounds like heresy to the old paradigm. But it's 100% true. The wealthier I got, the more I could give back, and the more I could support more organizations and charities that were doing good things for people, the planet, animals, etc. Bottom line of this podcast episode: It is actually spiritual to be rich. I believe that a lot of people - and I tell this to my students all the time - that are counting on you to be rich because the more resources that you have in your hands, the more that you can give to this world and help

more people, While also of course helping yourself because we're not martyrs. We get to be prospered as we are prospering other people. I hope you guys loved these episodes. Please let me know how this one resonated with you. Take a screenshot, tag me, share your a-ha! moments, your breakthroughs, takeaways, and all that good stuff. And then make sure to jump inside the Rich Babe Academy to hang out with me, and other like-minded spiritually aligned money babes for six entire weeks. You guys got a couple episodes; now imagine what six weeks of this work can do for you. We're going to dive super deep into your current wealth blueprint and shift it, so that it reflects the money that you deeply desire. Go to RichBabeAcademy.com to sign up because we close the doors on Friday. I'll catch you guys in the next episode. Mwah. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching [@ManifestationBabe](https://www.instagram.com/ManifestationBabe), or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.