



Episode 172: How I manifested my DREAM penthouse apartment (...)

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SPEAKERS

Kathrin Zenkina



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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hello, my beautiful souls, and welcome back to The Manifestation Babe Podcast. So, it's been about six weeks since I have moved into my dream apartment here in Los Angeles, and I think it's time to finally close a loop that I have opened up in my life since December of 2019, where I have been sharing with you guys - if you listen to my Ayahuasca Ceremony podcast episodes, you will know that I had a vision for a very particular place that I needed to live in. I finally moved into this place, and I want to share with you guys the official story behind how I manifested my dream of penthouse apartment that I have hardcore been manifesting since the day I got back from Rythmia. I think it's also a great story to show you guys how things get brought

up in terms of surrender, in terms of normalizing wealth and abundance, and in terms of feeling worthy of your desire. So, I'm going to talk about all that stuff and what I learned in this process, but obviously, I'm going to share the story first. So, in order to share the story, I have to go back a few years. Brennan and I were once walking in North Hollywood, which is in the San Fernando Valley. He was staying at an Airbnb at the time. This is 2016, just right when I moved to LA, as well as he moved to LA just six weeks after I did. We were walking by a building on our way to a restaurant or something to get some food, maybe Chipotle or whatever we could afford back then. I remember looking at a building; it caught our eyes because it had these beautiful balconies. It was very modern and very much our style at the time. I remember looking at that building and saying, "Brennan, one day, we're going to live in that building." We thought nothing of it, and guess what? That ended up being the first apartment that we got together without being consciously aware of it, until we finally moved in. That same year of 2016, I was driving down Wilshire Boulevard; again, if you are not familiar with LA, it probably doesn't mean anything to you, but if you are familiar with Los Angeles, it is a street that combines the Westwood area with the Beverly Hills area. It's this Boulevard with a bunch of high-rise buildings. I remember being in my white Jetta in 2016 driving to meet Brennan somewhere in LA - I don't even know where I was going at the time, but it doesn't matter. I remember looking at the street and saying, again, "One day, I'm going to live on the street." Of course, I thought nothing of it. I literally did not think of this again, except the fact that it would be nice at some point, because that was when I was really diving into manifesting and really shopping around with my mind. I used to do a lot of mind shopping; I still do. But this is something that I started to do to help me get used to these new levels that I wanted to manifest in my life, where I would go to luxury stores, or I would go to streets and point out houses and say, "Oh, I can afford that. That's awesome. I want to live there." So, I was really practicing this game and not really thinking anything of it except for the fact that it would be nice, and I could have it just because I wanted it. What ended up happening is that two and a half years later, Brennan and I moved into a building, literally, on that street. That building came after the initial building, where we were walking on the street and saying, "One day, we're going to live there." Now, we are living in a building on the street where I said, "One day, we're going to live on this street." We just so happened to find a space that we loved at the time. It's not like we were doing this on purpose; it didn't hit me until one day I was driving home, and that vision - that memory - just came back to me in a flash. I remember driving and going, "Oh my God, I've been here before. I've said these things before. Holy shit, we've just moved in!" Why I'm sharing this is because the same thing happened again now, and I want to show you how fascinating life is when you truly surrender yourself to the flow of life, knowing that the universe is constantly conspiring in your favor. You will start to pay attention to this, and you'll start to pay attention to these synchronicities. It's only when looking back in hindsight, usually, that you go, "Wait a second. Is manifesting really that easy? Is it as simple as just pointing out

things that you want, like in a catalog? And not stressing about it, not thinking anything of it, and just trusting that it will happen in some divine way?" Yeah, that's exactly what it is. Because guess what, guys? It happened again; though, I'm going to tell you the whole story of how it happened, because of course, there's an even more incredible synchronicity with how it showed up in an ayahuasca vision for me. But I did the same thing with where I currently live. When we moved into that building, Brennan and I started to explore our new area because we moved from the Valley to the Westside of Los Angeles, and I grew up in the Valley my whole life, so I was very unfamiliar with the Westside. I didn't really know much about it, except that it's just another part of LA. It's considered to be more of a city rather than the Valley. While exploring our new area and figuring out what restaurants and stores are around us, I remember seeing another beautiful modern building, looking at Brennan, and saying the exact same words: One day, we're going to live in this building. Brennan and I nerd out over penthouse living and high-rise buildings. We love views, and feeling like we're up in the sky, and feeling super expansive. The building piqued our interest and we agreed that this building looks cool. This building is well-known by real estate enthusiasts here in LA. I don't think there's a single person that I've talked to in real estate who doesn't know this building because of its uniqueness. There aren't many like it in LA; it's pretty much penthouse living on every floor with full service staff and incredible amenities. And no, I don't technically live on the penthouse in my building. It pretty much is like penthouse living because of the floor-to-ceiling windows, and we're on the 22nd floor, so it's super high and expansive; so, I'm just pretty much calling it my penthouse apartment, but just for full transparency, we're not in the penthouse. The penthouse is quite an investment. Let's just put it that way. So, a fun fact, my friend, Henry Ammar, who has come on the podcast before, we actually joked one time that we would both live in this building at the exact same time. We were both very aware of it; we've talked about it before. We said, "This is super expensive. Love it. Let's move in one day." We didn't know how soon it was going to happen. I thought we were thinking five years ahead, because we weren't taking it seriously. It's not like we went to go look at the price or go explore it; we never went in. It's just something that was on our vision board. Sorry, guys. My dogs are being extra loud right now, so I just texted my husband to keep them quiet while I'm podcasting in my office. So, if you hear any barking, I'm babysitting my mom's dog at the moment because my mom's in Sedona, and little Leah thinks that Snape is the most exciting thing in the world. So, she's constantly trying to play with him. Anyway. So, here we are, now, living in this building. But how it came to be is a manifestation story that really goes to show you the power of releasing and surrendering every single detail in your life; just trusting the process of receiving your manifestations, knowing that just because it's not in your reality yet, does not mean that it's not literally on the way to you right now. We as human beings have a veil between the physical world and the spiritual world; there is a veil that's keeping you from seeing how mysteriously things are conspiring and transpiring in your favor. We only see the physical

realm, and so oftentimes, we think that just because it's not here yet, that means that it's never going to happen; when often people don't understand how quick, how soon, and how close to the manifestation they are, so they sabotage it. They'll sabotage it the day or moments before it was supposed to happen. They just sabotage it. My hope is to obviously inspire you and also show you how things have come up for me in terms of self-sabotage, and how I personally cope with upleveling, as I normalize new levels in my life because this place has really challenged me in terms of claiming what I'm worthy of. I'll share a bit more about that. It pertains a lot to anything. Anytime something new in your life is expansive; I compare it to the first time you fly First Class, versus the 75th time you fly First Class; it kind of loses that newness, which isn't to say that you take it for granted - you're still really grateful for it and for everything in your life, but it's not so new that you're putting it on a pedestal. As soon as you put something on a pedestal, you make it special, and when you make something special, you're more likely to sabotage it. When you're putting a relationship on the pedestal, you sabotage it; when you put a manifestation on the pedestal, you sabotage it; when you put money on the pedestal, you can't manifest money. Something happens when you when you make relationship special. Again, I don't compare that to taking it for granted. It's completely different. It's as if you're normalizing it, but coming from gratitude at the exact same time. "Thank you so much for these incredible things in my life, but you're not putting them on a pedestal." I don't know if that makes sense, but stick with me because we're going to go a bit deeper into this at the end when I share with you what my process of normalizing is. You'll see that I'm coming from an energy of appreciation and gratitude. So, let's get into story time, shall we? So, my Ayahuasca Ceremony - if you haven't listened to those episodes, I talk about them probably every day. It's been so profound in my life. To this day, I am still processing and connecting things from my ceremony. My ceremonies have taught me so much. This place that we live in came to me in my ceremony. So, let me take this back to December, to the very first Ayahuasca Ceremony at Rythmia. This is towards the end of the ceremony after I go to hell, after I process all my ancestors, after I do all this excruciating work; it's now the fun time, where ayahuasca started showing me things about my daily life. She went into this whole global thing, showing me this global energy. If you guys want to hear that story, just go listen to that episode. Anyway, we get to the fun part, where she's showing me things about my business. In particular, she takes me to my current apartment. So, in my vision, I'm taken to my current apartment. I am shown a very clear image of how the energetics of our current space is holding me back. I've always known this intuitively, because something has felt off intuitively. But this time, I was given an actual energy map. Instead of feeling what was off, I could actually see it. It was wild. I could see what was happening, and what I ended up seeing were these dark clouds. Let me just give you guys some context. We're in a building that has 18 floors, and we're on the ninth floor of a high-rise building. It's similar to this building that we currently live in, in the sense that it is full-service staff, we have valet and all these incredible things, not

as many amenities as our current building, but kind of the same style. The other one was older; this one's newer, but the style is very similar. What I'm seeing is that there are dark clouds of energy flooding the upper floors, the lower floors, and the valet. The valet work on the ground floor. They help out with things with the residence, but they mainly take care of the cars because we didn't have self-service parking; we just had valet parking. I could see that our apartment is pretty clear, because ayahuasca is showing me that I cleared the energy here, but there's a lot of darkness that you walk through. When you go downstairs, you're walking through darkness; obviously, you don't go on the higher floors, but when you are communicating or being around the other residents, there are these dark clouds of energies. The residents were how I saw them; they were infiltrated with these low vibrational frequencies that were infecting the building. This is also passed on to the valet guys, who, just for context, Brennan and I absolutely love these guys. They were like our family. They were so sad when we were moving out. Oh my god, they were so sad. We were sad. We love them. They're like our second family. We give them Christmas presents and Christmas bonuses. We treat them like family, and I can't speak for the other residents. I have witnessed so much racism towards them because I think the majority of them are Hispanic. I've just witnessed so much entitlement, anger, and stress from the other residents. It was so weird. It was like Brennan and I just didn't belong, energetically, in that space. We thought we did in the beginning, but I could just notice that things were off. I was seeing cords attached to them, draining their life force. The cords were being attached to the other residents. I could see the other residents siphoning this energy from the staff, but at the same time, they were taking that life force from them. So, seeing their life force getting amplified, and then drained simultaneously; it's being drained through anger and entity attachments. There are entities that are attached to them, because they're an energetic match to that low vibrational frequency, and so they're staying in that angry and low-frequency place, and so their energy is being siphoned, so they have to siphon from someone else. That's the vicious cycle of energy vampires; it's not just that person; there's stuff going on in the spiritual level, where their energy is being siphoned by some low vibrational frequency that is outside of the human realm. Yes, we're getting esoteric here, but stay with me. This is just what I'm just reporting; I'm just the reporter of what Mother Ayahuasca was showing me. Anyway, it was just a mess and I didn't like seeing it. Mother Ayahuasca then said to me, "Kathrin, is it any wonder to you why you never fully unpacked or moved in here? You outgrew this place in one month; one month, and you upleveled so fast, that now this space and environment is no longer inspiring you. In fact, it's blocking you and draining your life force. It's time to move." So, I see that. Just an FYI, when you look at this place or when you're in there, it doesn't seem like that. It's a million-dollar condo; it was three times the rent of our last place; it was a massive uplevel and frequency shifter for us. It was located in one of the wealthiest neighborhoods in LA, so it made no logical sense, but it was confirmation for something that I was feeling intuitively. I could just feel that we outgrew the place very

fast, and I couldn't understand why. It took me six months to finally settle into my office, just for contacts. My office was set up just a few weeks after we moved in here. The only reason I haven't been podcasting in my office until this week - I did some podcast interviews in here - is because I had to get sound power panels because of the echo. I probably need more furniture and rugs in here. I don't know, I'm not sound expert, so I'm figuring it out. With the last place, that wasn't the issue. The issue was just that I wasn't unpacking. For some reason, things weren't getting unpacked. And so, when mother Ayah showed this to me, I was like, "Oh my god, this makes sense." Everything makes sense when she shows you things. And then, flash; like a dream. I don't know if you guys have ever experienced this; for anyone who hasn't taken a psychedelic or a ceremonious plant medicine like ayahuasca; how I can explain this to you is to think of a dream. Have you ever woken up from a dream, and then falling back asleep and it's like a different dream? You don't necessarily continue that other dream. Sometimes you can, but you usually flash to something else. It works the same way; it feels like a dream just flashed. So - flash! I am taken to a new place, and I am shown very specific things. I'm shown floor-to-ceiling windows, a very specific downtown LA view from every single room, and as I'm watching this vision unfold, I'm getting a virtual walkthrough. I don't know if you've ever done a virtual walkthrough when shopping for apartments or houses online, just looking at places. There is technology that allows you to do a virtual walkthrough. So, think of that. I'm being given a virtual walkthrough, and then all of a sudden, it clicks for me: "Wait a second, she's showing me a new place." Sometimes it takes a second for your conscious mind to kick in, if at all. Sometimes, I explain it as your subconscious mind going underwater, and then you have an opportunity to take a breath and your conscious mind kicks in, and you're like, "Wait a second, this is a vision. I'm having a vision right now. Okay, I'm paying attention." I immediately interpreted this place as a house, and I kept asking her, "Hey, am I buying a house? I don't want to buy a house right now; I want to invest into multi-family real estate properties. I have no interest in buying my own house for a while." She said, "No, you're not buying a house." I'm like, "Okay, cool. We're on the same page. But why are you showing me a house? Am I renting a house?" And then I get no answer. She doesn't say anything, but she's still showing it to me. And so, I see the size, I'm looking around, and then my conscious mind kicks in, and I'm like, Wait a second. I know LA real-estate in terms of prices. This is a view that's going to be double my current rent that I'm already paying at home. I remember asking, "Wait a second, how am I going to pay for this, and how much?" And this is what I hear in return. This is how she speaks to me, "Kathrin, you preach money manifestation. You tell everyone how their life is going to uplevel after making investments in yourself. Why even ask this question? Apply the same advice to yourself. You talk about all of this success and blah, blah, blah. Just watch what happens when you move in here." I said, "Okay, fine. I'll trust." I'm kind of relieved because here's a common fear that people have when they're doing ayahuasca. This is actually a common fear that people have when it comes to listening to their intuition. They're so afraid that their intuition is going to

tell them to drop their current life and go do something completely different. This is a common fear where a lot of people are afraid to listen to their intuition, because they're afraid their intuition is going to say, "Hey, you need to sell your house, sell all your furniture, move to Costa Rica, and become a yoga teacher," or something completely different from what they're currently doing. A lot of people are afraid to follow their intuition, not understanding that their intuition is never wrong. Even if it makes no logical sense, it's somehow playing out in your favor, it's somehow playing out to your highest good, and it's somehow leading you to the life you've always wanted. But you have to trust that; you have to trust that you might see something that makes you very uncomfortable. And so, my fear was that she was going to tell me to move out of LA, and I love LA. Because I noticed the view was of LA, she said, "You need to stay in LA. You need to pray over LA. You're one of LA's angels, and you're here to raise its frequency and protect it. You need to face Downtown LA, and you need to send loving energy into that direction." I'm like, "Okay, got it." And then the ceremony continues, but this is what I got in terms of this place. When I got out of ceremony, I went to my room immediately. Our lease was expiring at that time. The plan was that when I went home, we were going to renew our lease for another year. Even though my gut just didn't sit well with it - I'm human; sometimes I'm like, "Okay, logically it makes sense. Let's sign another year." I immediately go to my room and I texted Brennan. First of all, I tell him - this is so funny, he tells everyone who asks, "What was it like for Kathrin to go do ayahuasca?" He says, "Well, the first night I got a text that said, 'I went to hell and came back.'" So, after I sent that text, I said, "Hey, please do not sign the lease. Don't renew our lease yet until I get home and until I explain things to you." So, long story short, I go home, and I went on my search. I explained this to Brennan. He said, "Okay, fine." He's always like, "Okay, fine." I went to go do my search, and I became the queen of Zillow. I started to search for houses in LA that we could rent. Since ayahuasca said we're not buying a house, I decided to go to the rental market and see what houses there are for rent. Of course, absolutely nothing shows up with my vision. We actually went to see a house, and it was very similar, but it was still meh... it just didn't feel right. We said, "Thank you so much for showing us." We went home, and I just kept looking and looking like a fiend, all day long for three days. I saw a psychic shortly after coming home from Rythmia, and she immediately said to me, "Oh, you're moving." I said, "Well, let me explain things to you first." I told her my vision, and she said, "Yeah, that's what I see." And so, I asked her, "When is it going to happen?" She said, "It's already happening. This place is going to land on your lap. Just trust it. I see it; it's already happening." So, I went home and just allowed that to give me permission to stop obsessing. When we get obsessive with the how it's going to happen, it ain't gonna happen. So, I left Zillow alone for a few weeks. I told myself, "Kathrin, you need to relax." I decided that I would somehow get some sort of synchronicity. I just trusted that, somehow, I'm going to get an email or notification, or someone's going to say something, and it's going to lead to a question, which is going to lead to a conversation, and

somehow it's going to land in my lap. So, I left it alone. In the meantime, because our lease is over, by this point, since we decided to go month to month, and so Brennan agrees that we should move. In the meantime, Brennan is telling me how much he absolutely loves condo-living and does not want to move into a house. Of course, I'm getting so frustrated because I keep telling him my vision. I said, "Brennan, a condo is not in my vision." I was being so ruthless about this. I will admit that I sometimes got very mean about it. I've learned to balance out my emotions when it comes to my vision. That's one of the lessons that I learned through this manifestation. So, finally after New Year's Eve, it's our anniversary; we go to Vegas and we have fun, and afterwards we decided to go and check out one condo. I agreed with Brennan that we would go check out a condo just to make them happy; check it off our list just to see what's out there. Fine, I agreed to it because he agreed to seeing houses with me, and marriage is all about balance. So, he, of course, picks the building that we once said that we're going to live in. And so, we decided to schedule a visit. I told him, "This is on you. You schedule a visit, I'll just come along, but this is mainly for you." Long story short, let's fast forward a bit; to the same day we came home from Vegas. It was right after Vegas. Brennan scheduled a visit on our way home, and we decided to stop in there. I think that's how it went. Anyway, it doesn't matter. We scheduled a visit, and upon walking in, the leasing agent who's showing us around got distracted by some questions that Brennan was asking and accidentally pushed the wrong floor on the elevator. She didn't initially intend on showing us this place first or last, because apparently it was an amenity floor. But she said, "Oh, what the heck - we're just going to start here." And so, the elevator doors open, and guess what I immediately see? Right when the elevator doors open, I see a white owl figurine standing on a dresser to the left of a little foyer waiting room for the elevator, and it's staring at me. This is also related to ayahuasca; on my second ceremony, I had this whole thing with a white owl. So, any of you guys who have listened to those episodes know that a white owl has become one of my ultimate signs from spirit that says, "You're on the right path," or "Pay attention here." Of course, my eyes widen. I stopped in my tracks and told the leasing agent to stop for a second because I had to point out to Brennan. "Brennan, there's a white owl!" The message I immediately got was, "Kathrin, pay attention here." So, I'm like, "Okay, what the fuck does this mean? I'm so confused. We're in a condo, but I didn't see a condo in my vision. At least I don't even know what I saw. All I saw was a view, but holy shit, why am I seeing a white owl right now?" And so, the woman starts showing us units. She showed us five different units, five different layouts. We didn't like any of them. Brennan and I are looking at each other, wondering what the frick was going on. They all sucked; even the ones which had a potential view for me - Brennan's not looking in particular to my vision, but he's looking at vying for himself and the vibe of what our style is. It's not that they suck; it's just that for the money, it didn't make any sense. We thought it was so weird, until the woman said, "Wait a second, I want to show you guys my favorite unit. It's our most popular view. It takes longer for these units to open up. People really

want them, but I'm going to show one to you just in case. I saved the best for last." When Brennan and I walked in, we go, "Holy shit, this is beautiful." You just walk in and energy just opens up. You know how you just feel like you expand in certain environments? Well, we immediately looked at each other, and we said, "If we're moving here, if this is it, this is the space we want to live in." I then realized that it matched my vision. So, of course, I get all types of confused because I was convinced this whole time that it was a house. But when I saw the white owl, that was too much of a coincidence and synchronicity for me to ignore it. I need to go home and revisit my vision, or I need to be open to what else it could mean. What are the most important parts of my vision? Was it the fact that it was a house, or was it more about the view? Was it more about how I felt in it? I had to really evaluate it. It's not like I could just go home, take ayahuasca, and ask her again. I really hard to trust my intuition. In the meantime, we go downstairs to the leasing office to chat about costs and logistics. The leasing agent said, "By the way, we have a very special unit opening up that has the exact same view. It's the exact same unit, but it's bigger; it has an extra den; it has a much bigger master closet. If you guys are interested, the guy is moving out in February." She shows us the floor plan, and it's really nice. It's the same exact thing as the one we just saw, but maybe 600 square-foot bigger, which is a big deal. We said, "Cool, what's the price?" She tells us the price, and we literally say, "Oh, fuck no." It was super out of alignment with what we were looking for in terms of price. The number she tells us is literally triple what we were currently paying for our condo. We tell her, "No, we're actually interested in the same unit you showed. Can you please call us as soon as one of them opens up?" I think that she showed us one that was already taken - I don't remember exactly what happened. I don't remember going home and feeling like we needed to think about it. It felt like it wasn't available. And, so we had to wait for a phone call, so of course, I was manifesting a phone call. Brennan and I go home and said, "We have lots to think about. Let's see what else is on the market just in case." But meanwhile, I can't stop thinking about this place. I go back to Zillow and I see what else is out there, and of course, nothing matches my vision - not even close. I remember thinking about the psychic saying that it's already here and it's going to fall in my lap. This place, the way it unfolded, literally fell on my lap, and nothing else is matching my vision. The leasing agent calls us about a week or two later. I remember we went to Vegas again, Brennan and I, and she calls us and said that someone's moving out of the unit that we liked and that we can go look at it and see if we want to snag it before someone else does. And so, of course, after Vegas, before going to Morocco with our team in February, we decided to go see the unit. I said, "Brennan, if it's the same unit, let's look at it closely. Let's go in the kitchen. Let's turn on all the things, let's see the water pressure, act like we're moving in, examine it closely, and really see if we like it. We ended up meeting with a guy this time, because our original leasing agent - who was awesome, by the way, she was very helpful - was actually moving on to another opportunity. She said that will be taken care of by this man for today. So, we meet him, and he takes us to the unit. Everything looks the same.

We walk in and start checking things out, and he goes off on his own. He immediately said, "Wait a second," and just quickly went off on his own. While Brennan are looking at the view, we go, "Holy frick, this is beautiful. Wow." He comes back and he says, "Oh, my God, you guys. Oh my god! I love this unit. Do you guys know which unit this is?" Confused, we're looking at him and say, "Yeah, we've seen it before. What are you talking about?" And he says, "Guys, this is the one with the den! I love this unit! Have you guys seen this unit?" I immediately go, "Are you kidding me? Are they showing us that unit that we said we didn't want?" I knew that if they were going to show us a unit that was bigger and nicer than the one that we already loved that we were of course going to have a hard time saying no. It was so out of alignment with our price range that it would upset me, I didn't even want to see it. And so, I immediately go see it, and I said, "Wait a second, how much does this one cost again?" He listed off that same price, and we said, "EFF no." I initially got upset and I felt like we were wasting our time because we thought we came to see the unit that we were a yes on, but instead, we were shown this unit which we never wanted to see in the first place because it was out of alignment. I gave Brennan this frustrated look, but then something weird started to happen. While we were in the living room, looking at the view, the guy looked at us, and said, "Guys, this is your unit. I don't know if you understand or why I feel like I need to tell you this, but you're meant to be here. Do you know the power of manifestation? I believe that you can manifest whatever you want. For me, personally, I always ask God to give me an apartment that I can't afford, for the price that I can. And that's how I manifested all the places that I've lived in. You can manifest this. You guys are meant to be here." In your logical mind, you immediately go, "Oh, yeah, of course, he would say that because he wants us to move in. Any leasing agent or real estate agent would say that." But then I thought about it, and I thought, "Wait a second. First of all, he's not a leasing agent. He wasn't personally getting anything out of us renting the space. He was just helping out for the day, because he had access to the keys and the other leasing agent said that we've already seen the building before, so it's not a whole show. They were just letting us in to see if we wanted to check out this unit. The way he specifically mentioned manifestation, I could not help but pay attention. I immediately took that as a sign immediately, and again, the white owl was speaking to me and I heard "Pay attention." He then said, "Look, I'm going to vouch for you guys. I'm going to tell you to go downstairs right now and negotiate it for a lower price. I'm going to text the person you need to talk to right now. Go downstairs and get this unit." And so, Brennan and I say, "Wait, we can negotiate? Okay." So, we go downstairs, but no one's budging. So, we tell them, "Call us when you have the smaller unit that we actually want." We decided to fully surrender because we did our part and we took as much action as we could. If it's meant to be, we'll either get that unit that is meant to open up, or we're going to get this new unit for a price that's in full alignment with us and our financial goals. They also said that they're going to put it up on the market, and we said, "That's fine, but call us when no one's going to get it for that price in a couple of weeks." And, of course, we had a little

sass. And then guess what happens? COVID-19 breaks out in the United States, and everything shuts down the week after - well, actually it was the week after we get back from Morocco, so I want to say it was three weeks later. No one's moving. No one's making big financial decisions. That unit just sat on the market. Brennan and I stopped our search because we didn't think anyone was moving. "We don't know what's going on. There's a global pandemic. I guess we're stuck here. Whatever." But in the meantime, I can't stop dreaming about this place. It shows up in my vision. It shows up in my meditations. I started dreaming about it, and I just can't shake it. I always tell my students that if you can't stop thinking about something, it's because it's meant for you. It's part of your journey. You should not ignore an obsession that you have with a desire. If there's an obsession out of nowhere with something, it's because your intuition is trying to tell you something. Meanwhile, at the condo that we were living in before, every single day I'm getting perpetually more and more distressed. I felt icky, blocked, uninspired, and very energetically low. I felt like my energy just wasn't vibing any more with the place at all, and it was getting worse and worse every single day. Something I forgot to put in my notes, here - because I have a little timeline, just because I forget the timeline of things and I have to sit down and really thinking about them. This, again, has been playing out for the last seven months. I forgot to mention that they actually did email us at some point during COVID, and share that they have the smaller unit that opened up - two of them actually - and that we can bounce on them as soon as we wanted them. My intuition told me to wait. My intuition kept telling me, "No, you need this specific unit. That's your unit. That is your place. This is what is in your vision. This is what's going to expand you." And so, we actually took a risk. We took some scary risks. I listened to my intuition, we took risks, and we said, "No. Let us know when this unit isn't getting off the market and you guys are ready to give it to us." Anyway, I forgot to mention that part, but that also happened. Anyway, here comes May and I finally reach a breakdown. I get this intuitive hit and I tell Brennan that he needs to call the building and negotiate again. Yes, it's risky - we already seem like pains in the asses. We already tried to negotiate; we turned them down a couple of times, and now we're trying to negotiate again. But my intuition keeps telling me that I need to negotiate. It's been eight weeks now and it's still open. Brennan tells me to wait another four weeks so that he can get an even better deal. I said, "Brennan, no. Now. My intuition is screaming now, so please, trust me." He said, "Okay, fine, I'll trust you." So, he called the building, and long story short, he negotiates a deal that the leasing agent said they've never given before. They actually asked us to keep it on the DL. We ended up getting that unit for literally the exact price that we were willing to pay. Can you say, hashtag, manifest it? We asked, "There's COVID and a pandemic, so can we come see the unit? Is there a way to socially distance this?" They told us that they have this entire COVID protocol, where they check your temperature at the door and require masks. They said that they're just going to give us the key, then we're going to go in by ourselves and that they're not going to be with us. We felt comfortable going in and checking it out.

We also asked, "Is it possible to move in? Are there movers that are working?" They said, "Yeah, we have a whole COVID process. You can do this all in a way that's socially distance. We'll take care of everything." So, we thought, "Maybe this might actually happen really soon." We decided to go see the unit that night. When I walked in - and this was crazy - I went from the master bedroom, back to the living room to meet up with Brennan and Leah. Mother Ayah spoke in my ear, and I literally heard, "Welcome home, baby." I then got full body chills. I was like, "Oh my God, this is actually happening. This actually happened. This is what I've been driving myself crazy for, for the last six months." If you guys have been consistently listening to my podcast in the last six months, I've been hinting at frustrations. I've been feeling so frustrated with this manifestation because I really had to surrender to the timing. It wasn't something where I expected it to just fall in my lap and happen. It took some time, and then - here's another synchronicity that happened that literally showed me why we were meant to move in at the time that we were meant to move in. Three weeks later, after we said yes and signed the lease, we hired a moving team and an Interior Designer that we worked with virtually. And then, game time. It's moving time. Game on. The fascinating synchronicity that happened is that the same weekend that we moved in, the protests for George Floyd's murder happened. A ton of protests are happening in LA, and the day we moved in, we could literally see them from our window marching down the streets in our surrounding neighborhood. What did I do immediately? Just like the vision, I prayed over them; I sent them loving energy, and I put protective bubbles all over LA so that everyone can stay safe. Is it a coincidence at all, that we move there when we did? When the whole time the vision was telling me that I need to send loving energy to LA; that I was there to watch over and protect LA? Was it any coincidence at all? Nope. So, now I understand the timing. We've now been here for the last six weeks and it's been incredible. It feels so expansive, and it's literally the nicest place I've ever lived in. I finally feel like I have my sacred sanctuary that I've been manifesting. The view is dreamy AF. We have a 270-degree view of the city. I've also never hired an Interior Designer before, so my furniture is all of my favorites; I got to pick it out. It was so much fun. I didn't have to do any of the work, but I got to pick it all out. It's really created an uplevel in my life, and I feel more inspired and elevated than I ever felt before. And yet, it's also presented some challenges, which is what I want to talk about. You guys hear these manifesting stories; you guys see other people, or maybe follow other people online that share things like, "How I manifested my million-dollar business," "How I manifested my husband," "How I manifested this," and "How I manifested that." Not as often do people talk about the uplevel syndrome that comes up for so many of us, when we finally get what we want. I get this question a lot in my DMs, where people say, "Kathrin, I got everything I wanted, but I can't help but feel overwhelmed." I think what people are hinting at when they say they feel overwhelmed with their manifestation is this uplevel syndrome. So, here's what I mean by that. It's been an expansive time for me, but it's also been a challenge at the

same time. I'm finally through the thick of it because I've been doing a lot of repetition when it comes to the normalizing process, but because of how much of an uplevel it is, my ego has kicked into high gear for the last six weeks. It's constantly jabbering and jabbering about how it's not going to last, how we're not going to be able to pay for it after a few months, how we're stupid for moving in the middle of COVID when anything can happen, or anything can happen to your business, how we should have put our money elsewhere. how we could have invested elsewhere, and how I'm completely unrelatable to my audience now because I live here, and what if this is too much? What if this is too luxurious? Holy shit, this is the beginning of self-sabotage. Most people fall into the trap of their ego. This is what happens; you get what you want, and then your ego tries to bring you back to your zone of familiarity. Whatever you are familiar with, you have already normalized in your life. Where you currently are, you have normalized, which is why you're there. So, in order to get to the next level, you have to normalize the new level. The reason I can identify with this and the reason this doesn't hold me back anymore is because I've had enough experience with this and taught myself how to normalize new levels. I've been finding myself really having to normalize this new level. Most people fall into the trap of their ego and listen to those things. They actually pay attention. They come to conclusions like, "Oh my god, I AM stupid... Oh my god, my audience can't relate to me anymore. Anything can happen; my business can go down, so might as well make it go down right now." People just self-sabotage and second guess until they slip back into their zone of familiarity. And so, what I've been actively working on - and maybe this will help you with some manifestation that you are currently working on, just to be prepared for this and aware of this, or maybe you have manifested something very recently, where you find yourself questioning it. You have to remind yourself that it's not the highest version of yourself that's questioning it. It's not the version of yourself that brought you to it that is questioning it. It's the version of you that's been blind to what is for your highest good that's questioning it. So, what I've been doing is that I've been actively normalizing this place by reminding myself that this is my life now; that this is who I am. I keep reminding myself, "I'm the type of person who lives here; who lives in this kind of place. This is what I deserve. This place is my new standard. And guess what, ego? My next living spaces, my next houses, apartments, and anywhere else I stay, are going to get better and better. So, you might as well get used to it." Everything I desire lasts; my income will explode because of this place. Because I live here for following my intuition; because I live here as a result of listening to and following my intuition, no one ever regrets that. No one ever regrets listening to their heart. People only regret not listening to their hearts, so I know that I'm only going to be rewarded. Something I noticed was that I've been very quiet about living here. What I started to do very recently, just in the last week or so, is I realized that I'm not normalizing this place by staying quiet about it. I started to take more videos and photos of this place on my Insta-stories, because I realized that for some reason, I was holding myself back. I didn't want to come across as showing off, but am I really showing off if this

is my actual life? This is my actual life; it's not like I'm pretending that this is my life. It's not like I'm renting this place for a night and pretending like I live here. I was telling Brennan when I had these breakthroughs around this place, I said, "It's not like I'm going out to rent a private jet just for a photoshoot. The day I take photos and videos of me in a private jet is because I'm actually flying in a private jet; this is real life." And so, me living here, this is my actual life. This is my new normal now. So, I have to get used to it; people following me have to get used to it; people who don't like it have to get used to it; and people who like it have to get used to it. So, this, personally, has been a really great process for me in terms of normalizing this. Normalizing is to intentionally remind yourself that this is completely normal. I talk about normalizing wealth. This is part of it. It's similar to the first time that you fly First Class. The first time Brennan and I flew First Class, we had it on such a pedestal. We kept saying, "Oh my god, this is amazing. Look at this." We couldn't fall asleep because we were so excited. We could barely watch movies because we were so excited. We wanted to push every single button. We wanted to try all the food and drink all the alcohol - well, more so Brennan - and we had it on such a pedestal. There was so much excitement about it, versus the 75th time that you fly First Class. It eventually becomes your new normal. You're able to come on, go to sleep, and understand that this is the new standard for you; this is this is the new normal. I have to remind myself that living in a penthouse-style apartment that costs almost as much as my entire annual income when I worked as a secretary in 2016; that same money, but in a month is my new normal. I'm growing to get used to it. This is my new standard. That's one thing that I have learned. That's one way that I hope I can help you with in terms of telling you this story. I don't tell stories just to blab about myself; I tell stories because there are lessons that I learned within my life that I want to share with you guys; that you can apply these lessons to other parts of your life. And so, another thing I learned through this manifestation is to be ruthless about your vision. There's nothing wrong with being ruthless about getting what you want and being ruthless about your vision. The thing that fucks this up is when we don't surrender to the how it's going to happen. So, I really learned to surrender, surrender, surrender. Surrender to the how and surrender to the divine timing. I had this vision that I would come home and immediately find the, quote-unquote, house that I was looking for, but I couldn't have predicted any of the things that transpired and conspired for us to move in here. I trusted that this place would fall into my lap; I trusted the signs; I paid close attention, and I took the risk to seal the deal. Here's the thing; manifestation will always involve some sort of risk. It's always going to involve some sort of scary feeling action, like saying yes; "Yes, we'll do it. Yes, we'll take it. Yes, we'll move in;" that will require you to quickly expand and then quickly normalize. That's your work. Your work is to normalize. The universe will give you everything you need to expect as fast as you possibly want, but it's your work to normalize it so that you can keep it; so that you don't sabotage it. But it's so worth it at the end. Taking the risk and saying yes is so worth it, and you're never going to regret listening to those intuitive hits. I'm going to give you guys a virtual

tour of the place on Instagram. So, if you're not following me on Instagram, it's @ManifestationBabe. I don't know when exactly; the weather hasn't been really good. It's been very cloudy in LA, and I have two dogs right now making a mess everywhere. So, as soon as I get it a little more organized, at some point in the next week I'm going to give you guys a virtual tour. I'll put it as a story highlight, so maybe this podcast episode is going to come out after the tour is already done, or maybe before. Just look for it in a highlight; if not, just keep following me. I want this story and this manifestation of mine to remind you guys that you can literally have anything that your heart desires. Your visions are there for a reason and it will come about in the most perfect, divine way for you. Time to trust in the divine timing and time to trust your intuitive hits. Your higher-self is always communicating with you. Maybe this episode is a sign for you to start normalizing something in your life. Maybe you are on the brink of sabotaging a relationship that you don't believe that you deserve. Maybe you're on the brink of sabotaging a job that you just got, or a business you just started, that again you don't feel that you deserve - but you do. You have to stop listening to your ego; your ego will never be convinced that you deserve something, ever. Your ego is an immature child that never grew up. It just needs some love and need reminders. Your higher-self is that adult that will give you everything you could possibly want. I hope this episode inspired you guys. Please share it with someone you know needs to hear this story. As always, take a screenshot, tag me, share your a-ha! moments, your breakthroughs, takeaways, and all that good stuff. I can't wait to catch you in the next episode. Mwah. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following @ManifestationBabe, or visiting my website at ManifestationBabe.com. I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.