



# Episode 126: Manifesting Six Figures of Unexpected Income, C...

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## SPEAKERS

Kathrin Zenkina, Zsofia Vera



Kathrin Zenkina 00:14

Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach, and a multiple seven-figure entrepreneur. I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity, and success, you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development to help you maximize who you are and where you're going. Leave it to me to provide you with tools, resources, strategies, and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together, so thank you so much for pushing play today. And now, let's begin. Hey, gorgeous souls, and welcome back to the Manifestation Babe Podcast. I am so grateful that you chose to tune in and listen to today's special episode of the podcast. The reason why I love today's episode so much is because this week I'm featuring three of my previous manifestation Babe Academy students, and sharing their journeys and transformations through the tools that they have learned to manifest their best lives. Today's special guests is our final student success story that we are featuring this week: Zsofia Vera. Since her first round inside of MBA, Zsofia has been able to manifest some pretty special things. She manifested her entire vision board, which included love and intimacy, six figures of completely unexpected

income, competing in a BMX competition as one of the only women - how badass - and attended some awesome live events with other MBA graduates around the world. I am honored to share Zsafia's story with you today. She has been so vulnerable in sharing some of the things that she shares today. I know that she will inspire you to question your old beliefs, feel the fear and do it anyway, and go for what you want most in life. If you're wondering, "Will this work for me?" Pay extra close attention. I know I've been saying that all week, but seriously, pay extra close attention. If it worked for Zsafia, it can certainly work for you too. With that being said, the Manifestation Babe Academy is closing tonight. That means you have less than 12 hours to get into the one, the only, and the last round of Manifestation Babe Academy of 2020. If you're someone who is ready to take their life to the next level; become the most confident, joyous, and successful version of yourself; and let go of all the beliefs, doubts, and stuck energy that's been holding you back from doing what you really want to be doing; go to ManifestationBabe academy.com to sign up, or simply swipe up and hit the Episode Notes button to click on the link in the show notes. It's going to be an epic year for all of us and I cannot wait to see where your MBA journey takes you. Will you be on my podcast next time as a success story? With that being said, let's dive into today's episode. Hey, Zsafia, thank you so much for being on the podcast today. How are you doing?



Zsafia Vera 03:46

Hey, Kathrin. I'm doing amazing. Thank you so much for having me.



Kathrin Zenkina 03:50

You sound amazing. You are someone who is basically my star student. We were just talking before we hit the record, and I think you have taken Manifestation Babe Academy, Rich Babe Academy, Business By Design - I mean everything that I've offered and everything that I affiliate for, you have been in it.



Zsafia Vera 04:14

I lost you there for a second. I just heard "star student," and that was enough for me.



Kathrin Zenkina 04:20

Well, Zsafia, I absolutely love sharing students' success stories, and you are definitely a special one. I think that you have such a unique story. I think you have such a unique transformation that came out of the first course that you took, which is Manifestation Babe Academy. You've gone on this whole journey, but I think that you have such a unique

story. I know that you're going to inspire so many women, especially those who are in the same boat that you were once in. So, I'm really excited about this. Zsofia, can you tell us a bit about yourself? Give us a little background: What is it that you do? What lights you up? Just give us a little background?

Z

Zsofia Vera 05:03

Yeah, absolutely. So, my name is Zsofia. I am French-Hungarian. I currently live in France. I am 33 years old. I have spent a bit more than a decade in the UK and then I came back to France in about 2016. Around that time, I got into a relationship that I thought was going to be THE relationship for me. It ended around 2018. When I left that relationship, I kind of forgot who I was and what I wanted to do. Gradually, I got back to all these things that I'm really passionate about, like cinema, and art - I do hand lettering and I'm a calligraphy artist. I've been exhibiting my work around here in France. I'm also a Graphic Designer. And I am now currently developing an online platform around emotional healing. So, I started to share my story around healing from addiction, depression, eating disorders, and a lot of dark periods of my life that I'm actually amazed I got to survive. For me, there was always the sense that I survived them and that it's my responsibility to pass on the tools that I've learned. So, I've been trying to do that through art for a while, but I always felt like I wasn't reaching people. I wanted to be clear, so I got back to writing. I've now been experimenting with video. So, this is where I'm at now. I'm kind of still doing art and design, but I'm also really passionate about developing an online presence around something that I'm truly passionate about, which is healing.

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Kathrin Zenkina 06:58

I love that. By the way, when he said you're into art and that you're a Graphic Designer, and all this creative stuff - if you guys could see Zsofia right now, we had our cameras on before. She has the most awesome looking tattoos that I've ever seen. She just exudes this beautiful creative energy; she just exudes the kind of woman that could just create anything. I don't know. That's the vibe that I get from you. So, that's really awesome. Zsofia, where were you specifically right before you came across Manifestation Babe - specifically Manifestation Babe Academy? What was it that you were looking for? Did you come across the Academy by accident? Was it something that came right after that relationship ended? Were you looking for something, or do you think that you just manifested an answer to the next step of your transformation?

Z

Zsofia Vera 07:54

To be perfectly honest, I didn't set any intention consciously. It was a total accident. So,

that relationship ended around March. Around July, I don't even remember how, but I stumbled on the manifestation quiz, like what kind of manifester are you? Around that time, I had started a part-time job to pay for my BMX - I forgot to mention, I'm hugely passionate about BMX as well. I was doing this super dull job to pay for my bike, and on my morning commute, lunch break, and my evening commute, I listened to the podcast. I had vaguely heard about manifestation before, but I had never considered it to be something, quote-unquote, serious. At that time in my life, when I was really searching what was my next step, I delved into it because it just opened up this world of possibility. I think it woke up in me some dreams that I had given up on. I would say, "I'm past 30, it's not going to happen." Just following the podcast, journaling every day, getting inspired, doing vision boards, thinking that anything is actually possible, and putting myself in that mindset was what really got me going.

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Kathrin Zenkina 09:29

I love that you mentioned something about being 30 years old, or over 30 years old. It just blows my mind because there are so many people out there who think that once their 20s are over and once they enter their 30s, 40s, or 50s, there's this belief that it's too late; or this belief that you are not in the same position that you were in when you were 20; you can't just change your life; you can't just discover new things about yourself; you're pretty much set in stone on this path of wherever you were. You just have to continue. Zsafia, there's a part of your story that I wanted to bring up, which is around love and intimacy; how you set an intention to manifest your dream relationship and more intimacy in your life. There's something you discovered - I believe it was at the age of 33, you were sharing in your video - that just put you on a whole other trajectory. Can you speak on that just a bit?

Z

Zsafia Vera 10:31

Yeah, absolutely. So, there was this year, actually. When I started 2019, that was when I felt like I was ready to date again after my last breakup. So, I had to put the intention out there. I didn't put it this way, but I said, "I want to date." But in dating, you end up learning a lot about yourself. So, obviously, I learned a lot about what my patterns were, and all that. Then, one day, I found myself tremendously attracted to somebody that I didn't think I could be attracted to. Up until that point, I have been dating men. And then I realized, "Oh my God, I actually want to be with a woman now." This is actually quite vulnerable for me, because I haven't really shared it. It's still been a bit of a process for me to identify who I am in terms of this spectrum of sexual identity. It took me a long time to be comfortable with that because once I had that realization, I had all these like flashbacks from my adolescence and my youth, and all these moments where I didn't allow myself to

feel. Having finished a trajectory in 2019, when I just had some really deep, meaningful, and short connections with people, and finally getting to that realization. All I can say is that it brought me this really overwhelming sense of peace to just be like, "Okay, well, maybe this is something that I should pursue." I think, before, I definitely didn't have the courage to accept that, and to allow myself to pursue that.

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Kathrin Zenkina 12:25

Zsafia, thank you so much for your vulnerability and for sharing that. I think it's so inspiring of you to do that. I also think that you are such an awesome example of what it means to let go of labels, and how much freedom comes out of the fact that - you know, a lot of self-discovery means asking yourself questions and understanding that you don't have to give yourself labels. You don't have to only be into men, or only be into women. You can just be fluid with your desires and with who you are on this path to self-discovery. I think that gives a ton of freedom for those who are listening to this episode today, especially those who have grown up in a certain paradigm, or have grown up with certain belief systems, or have grown up with a certain identity that their ego has formatted, and their ego has decided that "this is who you are," and that you can never change. "This is the only thing that I know about you, is how you are with this label." And so, I think that's so beautiful of you to share that. I bet you feel a sense of freedom. I know you're still discovering yourself, and I think that's so awesome, but I think that it's going to give so many more women and men that sense of freedom when they realize that there really is no right or wrong way to do life. It's just, is this serving you, or is this not serving you? Most people don't ask themselves enough questions or try enough new things to really realize that thinking that way isn't serving me, and thinking this way and trying something new and discovering something new about myself is serving me. So, thank you so much for sharing that.

Z

Zsafia Vera 14:21

Oh, absolutely. It's definitely asking the right questions. It's also asking yourself, "This thing that I believe, why do I actually believe in it? Why is it that I choose to adhere to this?" In that whole process of undergoing that transformation, I had all these instances that were so vivid of moments when I was a child, and I was confronted with the fact that "that's not okay." I think a lot of people can identify with that. I think, at that time - it was probably about 15 months into being invested into spirituality and manifestation. I'd like to think that at that point, these tools were already quite sharp inside of me. I think I'm just really super thankful that it all arrived to me with such clarity, because there was no escaping the truth. I think that's what really happens when you delve into spirituality and manifestation. In the beginning, you're still a bit suspicious of all the inspirations that

come to you; but then, further down the line, you can really distinguish and say, "I think this is my highest self speaking to me, so I should pay attention." That's what I love about the process; it's that you begin it, and then you get these small results, and then exponentially, you get these really beautiful transformations.

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Kathrin Zenkina 15:59

And isn't it amazing that it's a lifelong process? The process just never ever ends. Maybe your higher self, your intuition, or whatever it is that you want to call, is beginning to speak to you for the very first time in your life. I want you to acknowledge that in the beginning, it's going to be a whisper. It's going to be very soft and subtle. Your journey is to learn how to listen to that voice. Sometimes, what that voice says might make you uncomfortable; it might bring up some negative emotions, fears, unfamiliarity, or discomfort - because, again, all those emotions actually come from the ego. It's like your ego is trying to battle your higher self. And then, as you move on with the journey - with Zsafia, she has first taken Manifestation Babe Academy in November/December of 2018. Now we're in 2020, and she's gone through Rich Babe Academy, BBD, and all kinds of other live events and all this awesome stuff. Some of her discoveries have not come since late 2019. So, it's a great reminder that we're all on this journey. It is a journey, and that's part of the amazingness of life; that it's not just static, where you have this one big year of discovery, and then it ends and you're stuck like that forever. Again, that's the same stuckness that we're projecting from our childhood. It's like we learn to be a certain way in our childhood, and then we project that stuckness of "This is how you're supposed to be now for the rest of your life." You can be a completely different person from the age of 29 to 30, or from 30 to 31, or 49 to 50. You can just go through a complete life transformation at 80 years old. There is no right or wrong. Zsafia, there are some other amazing things that you have manifested since, and I love talking about vision boards and manifestations in general. What else has happened since you began your journey?

Z

Zsafia Vera 18:07

Oh my goodness, so many things. I'm completely with you on vision boards. Obviously, I'm a designer, so I'm a visual person; I love using that to fuel me. It's amazing, the power that they have. First, it's a super pleasant thing to create, and then you kind of forget it; then six months in, you realize, "It did all happen!" So, one of the really cool things that happened is that when I was taking the class - Manifestation Babe Academy - there was this really cool vibe in it with all the other students. Everybody was exchanging and supporting each other. I think that's what I really love; there was just this genuine sense of support in each other's journeys. I befriended this other student who lives completely far away from me - she lives in Texas and I live in France. We had never met, but we became

really close. She was taking big leaps in her life, and I was moving forward. And so, we decided to go to Tony Robbins' Unleash the Power Within together and meet there for the first time. We really clicked; she's a really good friend of mine now, we still are in contact regularly, and we know each other so well, even though we've known each other for a year now and we mainly connect through the phone. That whole journey of having Manifestation Babe Academy, and then at the end of that, going to UPW. It was like complete unraveling, as you can imagine.

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Kathrin Zenkina 19:47

That's so awesome. Yes, of course I can imagine. I remember you saying something in your video about winning a BMX competition. Is that true, or did I hear that wrong?

Z

Zsafia Vera 19:57

I participated in it. BMX has actually been a really interesting journey for me. I had this completely insane inspiration to try BMX at a festival in 2018 - also after that breakup; so, that breakup was the best thing that ever happened to me. And so I went to this street culture festival and I was just mesmerized by the guys doing BMX. I then suddenly had this thought, "Oh crap, I have to do this, and I have to get started now, because that means that I still have a fair few years of top physical ability." I think it's no coincidence that I chose that sport. At the time, I was really battling low self-confidence, and so I chose something that I would have to be really vulnerable in; I had to integrate a culture that really intimidated me; people look so cool and they do all these cool things, while I would just arrive. Here in France, there are literally no women doing it. It's mainly 16-year-old boys, and then there I am. "Woman, go to the skate park." I actually did a spreadsheet of all the reasons why I should do it and why this would be good for me in relation to all my other passions. And so, it got me started on looking for a job to pay for the bike and searching on YouTube to see how I would do it. And, honest to God, when I got my BMX, before I went to the skate park for the first time, I had to meditate for two hours to calm myself down. I was afraid that everybody was going to judge me. Then, I practiced and I integrated in the community. Honestly, since then my journey with BMX has really helped me with my business. Now, when I'm afraid to go live or afraid to share a vulnerable post, I think to myself, "I dropped into a curb. I rode on that bike at super high speed and I jump over things. I can do this." It has really helped me overcoming fear in other areas of my life. And so, to kind of complete the circle, I registered to compete at the same event where I had the inspiration to do BMX. That was barely eight months after starting to ride. So, I went to that event, and honestly, it was so beautiful. I did my line the best that I could - I didn't do any tricks or anything impressive - but it really mattered to me. I think it also inspired some girls, because it didn't really see a lot of girls. I know in America, there are a

lot of really good female writers, but here in France - and especially here in Strasbourg, there aren't any. And it was just this grateful circle moment. It was just this beautiful opportunity to prove to myself that I can do anything that I set my mind to. If I can overcome this, then I can try building a business; I can try moving to California, which is kind of my 2020 plan.

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Kathrin Zenkina 23:26

Oh, I love that.

Z

Zsafia Vera 23:28

So yeah, that was kind of my journey. It's really close to my heart because it has really helped me overcome so many things.

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Kathrin Zenkina 23:39

You are such a badass. Let me just say that, first of all. What an ultimate example of feeling the fear, and doing it anyway. I love that you mentioned that it even helped you with your business. So many people don't understand how the whole aspect of life connects. How you show up in one area of your life, is how you're showing up in other areas of your life. How you're showing up in the relationship with yourself, is how you're showing up in other relationships. How you're showing up with the energy of money, is how you're showing up in other areas of your life. It's all interconnected. So, I love that you mentioned that it helps you with your live streams or anything scary that you're about to do in your business. Also, you being an example for other women to compete or even try BMX, is so freakin' cool of you. So, you got into BMX; you attended an event with an MBA grad; you manifested love and intimacy; and then, I remember you mentioning, because here at Manifestation Babe, we're all about celebrating money and seeing money as a positive tool in our life that we can use to be, do, and have anything that we want in our life and impact the world in a great way. I remember you mentioning something about attracting money. Can you talk a bit about that?

Z

Zsafia Vera 25:03

Yeah, absolutely. That was a total game changer for me. I actually took RBA before MBA; I took RBA in August of 2018. It was also kind of on a hunch. I had never analyzed how I think about money, or how I actually have some control over my relationship with money. It's not that money comes into your life if you're lucky, or if you work hard. So, that was a huge discovery for me; to actually really delve deep into that. Incidentally, buying RBA



was my first investment on the internet. I didn't even question it. I just knew, this is what I need to do. Undergoing that process, I don't think I even thought about it; I just did the work. You told us to do affirmations, and I was like, "I'll do the affirmations," but I couldn't really see why. And then, over time, I really understood what it meant to have a good money mindset. In 2019, I was starting to get a bit sick of doing work that doesn't really value my talents. And so, I thought to myself, I'm going to set the intention that in 2019, I do work that utilizes all that I have to offer. And so, in January, it's really cold here and I actually said no to a lot of work that would have helped me freakin' buy groceries. I was in this stage where I experimented that. I would say, "I'm going to just really open myself up to opportunities that actually value me." I went through a phase of really trusting that it was all going to work out - and it wasn't easy. I didn't know when I was going to be able to buy groceries. I was getting a bit antsy, but I kind of trusted that it was for the best. And then, a whole other story happened. I actually helped somebody in my family overcome a lot of pain, in terms of what has happened in the family; in terms of divorce; in terms of moving on from painful pasts. I had helped that person sell their house, actually. There was this huge symbolism because in that house, a lot of really tragic and painful things happened. And so, for them to choose to leave that house behind was also to choose to leave the past behind. It was this beautiful process that happened at the end of 2018. I kind of put that to the side, and then in the beginning of 2019, they contacted me and said that they want to give me some money from selling that house. My jaw dropped. I had never received that much money in my life and, and yet, because I had done the process with RBA, it was actually the perfect timing. It was probably the first time in my life where I was able to receive it and to honor it. I think up until that point, I felt so undeserving of it and so guilty, that I would have just squandered it. And so, I received it with grace. I feel completely worthy of it, and I have taken care of it; I have placed it in savings. I was also able to treat myself and able to, for instance, realize my dream of visiting Los Angeles, which is such a beautiful city. I still can't believe that it happened, but that was a huge upleveling for me. Attracting that level of abundance really got me pondering on that whole notion of receiving because, ultimately, everything in life is just giving and receiving. If you can be part of that flow, and give freely and receive without limits, then, like you said before, you can certainly apply that to other domains in your life. So, actually receiving the abundance and money is what inspired me to then be like, "So, maybe if I can do that with money, I can do it with love." And that's how my whole journey with love began again. So, everything is definitely interconnected. I'm actually redoing the 21-day Money Mindset book that you wrote.



Kathrin Zenkina 29:54

Of course you are, because you're a star student.

Z Zsafia Vera 30:00  
It's really so beautiful to get back into that state. People around me keep looking at me and saying, "What? You love money? You shouldn't." When you speak about the whole notion of abundance and of giving and receiving, and how if you are able to give money, then you're able to give so much more. If you're able to receive money, then you're able to receive love and opportunities, and you're able to pave a new quality of life for yourself. So, that's what the whole money thing is.

K Kathrin Zenkina 30:37  
I love it. I have a quick question for you: Was the amount that they paid you something that you intended on attracting, or was it an example of the universe giving you this or something better? Like it was way better than anything you could ever expect?

Z Zsafia Vera 30:51  
Oh my goodness. When I was actually rereading my journals around this time last year, and it was - I remember that stage - I think I was manifesting 2,500 - and I got six figures.

K Kathrin Zenkina 31:07  
Oh my God, okay.

Z Zsafia Vera 31:10  
So it definitely was something better, and it was this amazing blessing. Absolutely.

K Kathrin Zenkina 31:16  
Guys, "This or something better" is a hack that I've been using since I started my manifestation journey. Intend on anything to show up in your life; whether it's money, love, a specific item, or an experience that you want to manifest. And then, make sure to intend this - or something better - because the beauty of the universe and the cycle of giving and receiving - as Zsafia mentioned - is that you will always attract something even better than what you can imagine, if you're open to it. You have to be open to it, because most people are not open to it. Most people close off the cycle of giving and receiving. I just want to remind you guys, who are listening, when you give a gift to someone; when you when you go out of your way to do something nice for someone, or give someone special a gift, or show appreciation to someone, how good does that feel? It's so aligned with

your heart. It's such a heart-centered thing to do. You can't imagine anything that feels better. Well, when you are a crappy receiver, and you refuse to receive things into your life, you're essentially cutting off that flow from someone else to give to you. In this case, most of the time, it's the universe that's giving to you. So, when you are cutting off this flow, you're essentially cutting off the universe from giving, and the universe is ever-giving. It just gives and gives. I mean, look at nature. Nature doesn't ask for anything from us. It just gives us food, fruit, shelter, and oxygen - and it doesn't ask anything from us. And so, the universe is giving, but if you are the one that's blocking the receiving from you, then guess what? The universe is still going to give - it's just not going to give to you. Not because you're not worthy, not because you're not deserving, not because you did anything wrong, not because God hates you - it's none of those reasons. It's just that you have closed yourself off. You've set this intention. You've sent this signal to the universe, saying, "Hey, I'm good, I actually don't need or want anything" - even though you do want something, and you do need to receive. You just send the signal out, and the universe then says, "Looks like you're fine. Whatever. I'm just going to keep giving, it's just not going to be to you." That's what happens when you don't receive, and so when you're in this position - especially, Zsafia, I love that you mentioned this beautiful example of really letting go and trusting. Letting go of what no longer serves you. So, letting go those jobs you know that don't value your talents, or who you are as a creative or as a human being. I love that you did that. I know that it's scary. I've also done that in my life, and it feels like the craziest thing in the world to do; but when you do it, and when you keep sending this signal to the universe, saying, "Hey, I am worth THIS, not that; I accept this, not that. This is what I want to attract in my life, and I want to attract exactly this, or something better." It might feel uncomfortable - you're going to enter uncharted, unfamiliar territory, and it's going to feel really weird. But I promise you, Zsafia is such a beautiful example of letting go of the "How," and how the "How" is not your job. There was no way that she could have ever predicted that one day she's going to help someone sell their house, and they're going to pay her six figures. There's no way! Am I right, Zsafia, or am I wrong?

Z

Zsafia Vera 34:53

No, that's completely right. What I was going to add is that surrendering to the outcome is the most difficult thing, for sure. But once you've done it, you realize that it's actually your responsibility to be as clear as possible; and you exude clarity with your actions. So, if you choose to be with a certain person, or if you choose to do a certain job, it's on you what you attract or not. You realize that it becomes an everyday process: What choice will I make today that is in alignment with what I wish to attract? It becomes as easy as that, but then surrendering the "How" I think also comes with practice. Once you have proven to yourself that this works - because that's how we are as humans, we need proof right - once you've had one instance where it was just super surprising, then you realize, "All I can

do is align my actions to it, and let it go." It may take months, weeks, or years; but if you trust that it will happen, then inevitably, it will. And it's a daily responsibility to act in accordance with your desires.

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Kathrin Zenkina 36:26

Yeah, and thank you for mentioning that. Isn't that the biggest paradox of all? That we need proof, but at the same time, we also need to trust the process in order to make it work, in order to give us that proof. So, it's like you need proof, but at the same time, you can't just be sitting there waiting for proof. You have to keep exuding that energy; you have to keep raising your frequency and vibration, and trusting in the process. As you receive proof, remember to acknowledge that proof. See it as the sign that you were waiting for, and then keep going with that momentum. "If this is possible, then holy crap, this is possible too." You just keep going up this thing that I call the Ladder of Believability, where once you believe that you can manifest an apple - per se - then you can believe that you can manifest a free lunch. Once you manifest \$100, then it's like, "Wait a second, if I can manifest \$100, can I manifest \$500." Sure. Once you do that, you're like, "Wait a second, can I manifest \$2,000?" It just keeps getting better and more exciting, and I cannot wait to see what else comes your way, Zsafia. I'm so excited for you. I just have two more questions for you. So, let's play pretend for just a moment. Pretend that your best friend, or someone you really care about, is listening to this episode right now, and she's currently on the fence (due to uncertainty) if Manifestation Babe Academy will work for her, or if it's the right thing for her. She knows deep inside that it is, but she's just feeling fear and wondering if it'll work for her. What would you say to her or want her to know about the program?

Z

Zsafia Vera 38:16

I love this. Well, basically, I think Manifestation Babe Academy is more than a course or a program. For me, it's just this really beautiful community, first and foremost. It's this really excellent way of spending four weeks of your life and to keep repeating it. What I love about it - I was thinking about this earlier - is that, of course, it encourages you to dream, but what I love about it is that it's super thorough in terms of what the background is and what the methods are. So, for someone who's quite nerdy - and I'm quite nerdy, I think - I've quite enjoyed that. There is no way around it. There's no way of arguing with what's going on in terms of manifestation. Like you say in the course, it's like gravity; it's undeniable. It's actually been happening all of our lives. So, we were speaking about proof. The proof is actually in your experience; it's in your history. The only thing that you do by focusing your intention on it for four weeks is just by expanding it. Sorry, my voice is going. But yeah, that's what I mean to say. It will happen, no matter what. You will manifest, no

matter what; but you can accelerate the process and really attract so many more amazing things once you start paying attention to it. So, you had one free lunch last year? Well, maybe you can buy the house of your dreams this year.

K

Kathrin Zenkina 40:01

I love that. Screw the free lunch, you guys, and get your dream home, please. That's what we want for you. We want everything amazing for you. Thank you so much for sharing that. There was something that was just brought up to my attention; it just painted such a beautiful visual. When you said, "Yes, you can manifest, but why not accelerate the process?" It always makes me think that it's like the difference between - let's just say, it's a silly example - reading a book on swimming, versus going out there and actually swimming: which one is going to teach you faster? There's the self-taught and trial and error way of learning - which is honestly how I learned in the first 10 years of my manifestation journey. It took me 10 years, and now my students are accomplishing, creating, and manifesting really cool things in such a shorter time period. In just as little as four weeks to six months, I've seen incredible transformations come. It's because they decided to stop Googling, stop reading the books, and stop watching the movies. Those are all awesome things and awesome resources, but at some point, you just have to say, "I don't have my whole life to wait for this to start working for me. I need it to work for me now. So, I'm going to take the accelerated track; we're going to dive right in, and we're going to manifest amazing things." Zsafia, thank you so much for being here. Where can we find you, stalk you, or learn more about you? Where can we discover some of your beautiful work? Where do you like to hang out in the online space?

Z

Zsafia Vera 41:36

Presently, I am more on Facebook. I have a page there: Zsafia Vera. It's the same way to find me on Instagram. My art is on ZsvmArt.com, and you can also buy some prints there.

K

Kathrin Zenkina 42:01

Beautiful. Well, we will link all of that below. I know that for me, personally, it took me a while to learn to spell your name because of the Z in front of it - it's a little different here in the US; I know you're Hungarian. So, I will go ahead and link all of that below so that you can find her page, find her art, find her Instagram, hang out, and send her a message. And then, please, when you listen to this podcast episode, if Zsafia is someone who deeply inspired you or if she encouraged you to jump off the fence and take a leap of faith into your into your desired and dream life, then go ahead and tag us on Instagram. Again, I'm going to link her below; and then my Instagram is @ManifestationBabe. Tag both of us,

and please share some words of encouragement with Zsafia. She did an amazing job being a guest on today's podcast. Zsafia, thank you so much for being here, and I hope you have a nominal day.



Zsafia Vera 43:00

Oh my goodness, thank you so much. I am so thankful to have been on the Manifestation Babe Podcast. It's incredible, I manifested this.



Kathrin Zenkina 43:10

Yes, you did! For those of you guys listening, I will catch you in the next episode. Mwah. Bye. Thank you so much for listening to this amazing episode with Zsafia. All of Zsafia's social links, other places to find her, and her beautiful artwork are linked in the show notes below. So, definitely swipe up on this episode, hit the Show Notes button, and tag the both of us once you listen to this episode. Make sure to give her lots of love for taking the time and the massive vulnerability to share her story. Now, Manifestation Babe Academy is closing tonight - that means 12 hours away from cart close. So, if you're ready to jump off the fence and take that leap of faith into the most comprehensive manifestation program, guaranteed to give you the clarity, the tools, and the strategies to create your dream life; go to [ManifestationBabeAcademy.com](https://ManifestationBabeAcademy.com) right now to sign up. I can't wait to feature your story in a future podcast. I love you guys so much, and cannot wait to meet you inside of the Manifestation Babe Academy. Mwah. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep up the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by searching [@ManifestationBabe](https://www.instagram.com/ManifestationBabe), or visiting my website at [ManifestationBabe.com](https://ManifestationBabe.com). I love and adore you so much, and cannot wait to connect with you in the next episode. In the meantime, go out there and manifest the magic.