

Episode 10: December Money Babe Challenge Day Eight

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SPEAKERS

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Welcome to the Manifestation Babe Podcast. My name is Kathrin Zenkina, and I'm a spiritual mindset coach, author, manifesting expert, and creator of the Manifestation Babe brand. Each week I'll be bringing you inspiring chats, interviews and dialogues, all based around how to unleash your inner magic, break through your limitations and manifest a reality wilder than your dreams. If you enjoy listening to topics on money, mindset, and manifesting, then you have come to the right place. I am obsessed with helping women see through to their highest potential and transform into the greatest, most badass versions of themselves. I hope you enjoy today's episode. Now let's begin. Hey gorgeous souls. It is Katherin from ManifestationBabe.com and I am here to continue the Unleash Your Inner Money Babe Challenge. Moving on to Day Eight, where we will be talking about creating and finding money, as if we are little kids going on a treasure hunt. I start this chapter with a little bit of a metaphor. I ask you to go back to a time when you were a kid. Maybe you have memories of playing treasure hunt or another game that's very similar. But the metaphor behind it is that as a kid, do you remember going on a hunt? Maybe it's a scavenger hunt, maybe you were playing pirates with a map and that X marks the spot, and you know that the gold is there and your job is to find the treasure. As a kid, you were so focused on that gold, you and all your friends were obsessed with that X; obsessed with finding the gold or whatever it is that you're looking for. Back then, whatever you were looking for was as if it were real gold; as if it were a freakin' million dollars. You were just so

excited, stoked, and on a mission. And, of course, at any point in time, you could have been just feet from gold. Just like you are right now in your adult life, in this journey, in this money manifesting journey, you're just feet from gold. At any point in time, the money is right there. It's either appearing into your life or it's right about to appear into your life, because you are a vibrational match to that money. Once you find the gold, no matter what the gold is - it could be a scrap of paper, or whatever it is that you would find as a kid - you would celebrate it. You would get so excited, you would literally act as if you just won a million dollars, like it was everything to you. And, so today, on Day Eight, what we're all about is going on a treasure hunt. I want you all to go on an adult adventure of finding money. This is kind of continuing that metaphor of "what you seek, you will always find." So, I want you to go out into your life and start proving it to yourself, that money is abundant. It's all around you. It's an unlimited resource. It appears anywhere and everywhere, and when you find it, celebrate it like that kid who just found the gold on the map from the treasure hunt. The gold as an adult can be pennies, dimes, quarters, dollar bills, anything; whether it's under your couch, in your purse, in hidden pockets in your wallet, in random drawers, outside by the trash can, and maybe even in the trash. My point in Day Eight is that when we as adults find money, or maybe not all of us. But I used to be this way before I started my money manifesting journey. When I would find a penny, dime, or nickel - actually, more like pennies and nickels; they were kind of deemed the worthless coins to me. I would usually find them and just kick them to the side or even throw them away or be like, "This is useless," or I'd throw them in a drawer. I would just really disrespect the pennies and nickels, until I learned that wealthy people do not do that. Wealthy people respect money, because money is money. No matter how damn dirty that penny is - even if you dig it out of the trash, a car just drove over it, or you found it in a drawer that hasn't been touched in 10 years. If you find money, your goal from today on forward is to celebrate that money. When you find any bit of money, and you celebrate it as if you just picked up \$1,000 or a million dollars, your subconscious mind doesn't know whether what you found is just a penny or the thousand dollars that you have been manifesting. So, when you are celebrating as if you just found \$1,000, the universe will actually bring more thousands of dollars towards you. It will bring more money into your life because it's like, "She's a vibrational match to \$1,000. She's celebrating that thousand dollars. Therefore, here is more." The universe is always saying "yes" and "you're welcome." It's time to start respecting money and it's time to start going on treasure hunts, and actively seeking out money so that you can keep finding it; so that you keep vibrating on the energetic frequency of the money that you desire. So, that's Part One of today. I gave you a little spot where you can track this. I want you to seriously track how much money you find. You never know, you might find some pennies, nickels or dimes, but you might also find some dollar bills - which can of course add up. And then, of course, I want you to count that towards your money manifestation. The universe is showing you that it is abundant, and you are actively going out and finding that money, because what you seek

is what you find. Part Two of Day Eight, I call it creating money. This is something that I teach to my Rich Babes, because this is a really great way of how I actually melt off resistance towards receiving money. What I mean by this is that we as human beings get so obsessed with the "How." I know that we already talked about how the "how" is neither your job nor your responsibility. It's not up to you to decide how the money is going to come in, who it's going to come through, what day it's going to come at, or what time of the day. We get obsessed with all these little details since we're human beings. We tend to obsess over things and we like complexity. Therefore, we actively try to make our life as complex as possible. So, sometimes what really helps me in actually letting go, releasing resistance and opening myself up to money coming in, in any way shape or form, is that I like to put a little bit of control back in. How I do this is by getting my creative juices flowing. So, at any point in time when I'm thinking, "I don't know how this money is going to come in. This is freaking me out and scaring me," what I do is I get creative. I create a brainstorm list, and I will usually open up my journal and list 10 to 15 ways of how money can come into my life. I do this because sometimes I become obsessed thinking, "I don't know if this person is going to pay me," "I don't know if this is going to happen," "I don't know if my boss is going to say yes," "I don't know if this job exists." And there's a lot of "I don't know". So, what I do is I open up my journal and I list out 10 to 15 ways that money can come into my life right now, or today. What can I do on my part to show myself that there are trillions of ways that money can come into my life? When I start to get my brain going, I will list out. For instance, I can tutor my neighbor; my neighbor has a five year old kid who I can tutor in whatever they're learning, whether it's first grade math, first grade reading, or whatever it is. That's one way to make money. My neighbor has a dog, I can walk a dog. Let's see what I wrote here specifically so that you guys can have something to follow. If you're a painter, I wrote "Sell my old paintings that everyone has been telling me to put up for auction," or "Finally ask my boss for that raise." If you've been holding back from asking for a raise, that's a great way to bring in more money into your life that you can brainstorm since you can put a little bit of control behind it. So, write that down on your list. Another one is "Sign up a new client or upsell an existing client to a higher-end package." My list nowadays will tend to include, "I can always launch this program," "I can always put this on sale," "I can always raise this price," and "I can always do this and that." When I have and see this list, realize, "Woah, these are already 15 different ways that the money can come into my life." So, all of a sudden, I'm relaxed again, because I know that, if anything, I can take back this control. If anything, I can prove to myself that there are already 15 ways that I can think of for money to come into my life. But ultimately, we're going leave it up to the universe, and of course the universe has much bigger, better and different plans. So, this is one of my favorite ways to release resistance. I teach this in the Rich Babe Program as part of Week Three. We do this during our session to help, because Week Three is where everyone starts feeling like, "I don't know how this money is going to come in." That's where we get into the fun stuff. That's where we get

into the how much you want to bring into your life in the next four weeks. We get into the how much you want to bring in on a monthly basis. If it were up to you, or if there was a genie in a bottle and a magic wand and it was waved over your life, then how much money would you like to bring into your life? Of course, everyone brings up that resistance and they think, "Oh my god, I don't know how this is going happen." So, I immediately take them to this exercise because I'm showing them that money can come in through so many different ways. It is not up to you to worry about it, but just in case you want to worry about and it makes you feel a little bit better to worry about it, then here's an exercise you can do to finally let go of that resistance. To create that list, I gave you a space to list out 10 ways. I also gave you the space to track the money in your books. So, today is all about showing yourself and your subconscious mind that the world is an abundant place. Because, again, you're always going to find what you're looking for. So start looking for money. Task your subconscious mind to look for money today, and tell it, "Show me every damn penny, show me every damn dime, every single nickel, and every single quarter. Show me everything that's out there because I want to prove to myself and see for myself that the world is an abundant place; that money is always all around me. Regardless of what the media says, regardless of what the economy says, or the president, my neighbor, Bob Smith, regardless of what they all say, I want to prove to myself that we live in an abundant world". So, that is Day Eight. I hope this was helpful. I will be seeing you tomorrow for Day Nine, which is all about affirmations, the impact of your language, and how your language doesn't just describe your destiny, but actually determines your destiny. So, what you are speaking at any point in time - about yourself, your finances, your health, or your relationships, anytime you speak anything - your subconscious mind accepts it as truth because it hears it in your voice, and your voice equals truth to your subconscious mind. Therefore, what you are manifesting currently, at any point in time in your life is connected to how you're speaking about your life. That's why I love affirmations and incantations so much. That's why I love to fix people's languages. Especially if you're one of my clients or if you've ever worked with me, you'll know that I immediately start digging into your language and say, "Don't say that! If you say that, then that's going happen, watch your language." It's so important. That's something that I watch myself do all the time. So, when people ask me, "Hey Kathrin, how are you?" I always make sure to say, "I am fucking amazing. Today's amazing. Today's the luckiest day in my life." That's actually one of my daily affirmations; it's that "Today is the luckiest day of my life. Every single morning I want to open myself up to magic happening. Everything aligns for me today. Everything goes my way. Everything goes right for me. Today is the fucking luckiest day of my life!" So, being really careful of what you say to your friends, what you say when someone asks you, or what you say when you're at the store purchasing things. There's so much that I can say about this. I'm super excited about tomorrow. But, for now, today, go on that treasure hunt. Use the hashtag December Money Babe Challenge (#DecemberMoneyBabeChallenge) and let us know how much money you ended up

finding today out of the blue - whether it was in your drawers, in the back of your wallet, in random notebooks, or wherever you might find change. Let us know and then give us that list. So, share with us those 10 ways that money can come into your life and let us know how it helps you feel after making that list. I love you guys so freakin' much. Have a beautiful, amazing day. If I am correct, it is Wednesday, but I can always be wrong. I think it's Wednesday. I just keep track of "Okay, 9:00 a.m. livestream. Okay, got it." I don't even know what day it is. But anyway, I love you guys so much and hope you have an amazing day. Oh, one more thing. Sorry. Because I want everybody to take advantage of this, don't forget about the Prosperous Coach Bundle that I launched a couple of days ago. It is my Digital Babe Course which alone on my website is being sold at \$555; then my Become a Client Magnet eBook, which alone is being sold for \$44. I bundled it together and I slashed the price by 65 percent, because I want to help every single coach in this group, listening to this podcast, or following me on Instagram or Facebook, to really take advantage and control of their time in 2018 and really bring in passive income and endless clients into their life. As a coach, it's important for us to constantly have that never-ending client attraction so that we are always serving and working with people, and filling and selling out our high-end offers or our one-on-one offers, and group coaching programs and all that good stuff. We also on the side have a system that's producing passive income for us. Think about it. There is something in your life or in your business - maybe you are constantly teaching a principle over and over again to the same or new group of people. You're repeating yourself. Well, if you're repeating yourself and already teaching something so many times in a row already, that means you can package that information into a course and just give that course to people, so that you don't have to keep doing the same work over and over again. It's a great way to save your energy and get your information out in front of thousands and hundreds of people. It's a great way to get yourself in a place where you just do the work once and sell it over and over again, really tapping into that passive income. I am a huge fan of passive income. I'm a huge fan of people having more time freed for themselves instead of slaving away; not trading dollars for hours. Part of manifesting that successful coach business is about finally freeing yourself from getting paid by the hour, and actually getting paid for your fucking value. Actually getting paid for your worth. So, that's why I created this bundle. I really want to bless as many coaches as possible this holiday season. So, I'll be posting the link once again, above and below in the comments and hopefully you take me up on my offer. Again, I slashed the price by 65 percent, so this is the lowest you'll ever find it at. And it's really good stuff. It is instant access, so as soon as the order goes through, you can go ahead and get started and learn how to build a course from concept to a full-blown course. You can learn about seven modules. So, as fast as you can finish seven modules and as fast as you can keep track with what I'm doing, that's as fast as you can learn. So, you can pretty much have the whole system in the bag by 2018 and then work on your course! Right as January hits, you actually put it into action, and you freakin' create that

empire that you've always dreamed of. Awesome. Alright, love you guys. Let me know if you have any questions. I'll be checking back with the comments and answering any questions that you have. Bye. Thank you so much for listening to today's episode. If you enjoyed this podcast and want to see more of the Manifestation Babe series, make sure to hit the subscribe button and share this episode with all of your friends. If you really enjoyed the podcast episode, make sure to leave a review on iTunes and let me know how much you enjoyed it. To go even deeper and unlock your inner Manifestation Babe, make sure to head over to ManifestationBabe.com where you can find courses, events, books, blog posts, and all of my social media feeds. Until next time, beautiful. I'll see you in the next episode.