

#1 START HERE - Welcome to Sovereign Money!

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SPEAKERS

Kathrin Zenkina



Kathrin Zenkina 00:00

It is with my greatest honor and reverence and pleasure and joy to welcome you to Sovereign Money. You did it, oh my God, you are here. We're doing the thing. We are transforming our lives, our financial realities, our financial futures, our money, mindset, our money frequency, I mean, no big deal, right? Just your typical weekday activity, just manifesting money over here, and completely rewiring our brains as we do. So what a life we get to live. Can we just talk about this for a moment? What a life that we get to appreciate, and also transform at the exact same time? What a privilege and what a blessing to be here. And if you are listening to this welcome, audio, welcome. I know you are so filled with excitement and anticipation and wonder of how this program is going to go and what to expect. I promise you, I got you. Thank you for your trust in me, thank you for saying f**k it, let's go. Thank you for grabbing my hand as I reached out toward you on the enrollment page. And we held hands together as we crossed the threshold, into this incredible vortex of this container that I have set up for you. I take my students transformations to heart, and every single course or program or offering that I put out into the world, I treat as if I sign up for it myself. And I create the kind of programs that I would have wanted to take back when I was first learning about the fascinating and magical and oh, so real world of money manifestation. And I have learned a lot in the last decade or so of my life. And instead of it taking a decade for you, by signing up for Sovereign Money, you just collapsed so many timelines. And for that I commend you, like smart on you, genius on you for making the wise decision to invest in knowledge and wisdom, and information and processes that would take someone else a really long time to master like it did for me. But you get to master it all this year, and not even in a year sooner than you think. So I take myself through my own courses and I make sure that what is in here feels the most authentic and effective and aligned content with the intention that I set of what I want each student to experience. I care deeply about you and your transformation. And I know that by the end of this program, you are going to walk away different, different as in the highest version of yourself, different as in the sovereign ruler of your own financial reality, freedom from external control. Different as in empowered in both your divine feminine and your divine masculine, different as in an unapologetic receiver of all the good things that get to come to you in this life. One of my favorite mantras is universe, show me how good it gets. And it gets to be so good. You're gonna be different, you're gonna walk away different in your, you know, different as in confident in

your ability to manifest more money, or just money in general on your command. Different as in having complete trust and faith and knowing that life gets to be as good as you want to make it that your desires are your destiny that money gets to be an always kind of experience for you that you get to have it all and you get to have it all on your terms, that you get to experience wealth and success and money and all of these fun material goodies that you could ever want without feeling an ounce of guilt or shame because you're inherently worthy and deserving of it all. Different in that you get to take back control over your time and your schedule and your life because you know how to create the kind of generational wealth that allows you to spend more time with your family, or going on vacations or just resting your body and chilling, or having fun or just enjoying your life in ways that you want to without making any sacrifices to what you most want in life, which my guess is if you're anything like me, it's freedom, freedom to choose freedom to live, whatever kind of life that lights you up, you will walk away from this program understanding that money responds to you, not the other way around. And you direct the current over money to whichever which way in direction and area that you please, yes queen, and that you can be a wealthy, wealthy feminine being who both can provide for herself and is supported, taken care of, and provided for as well. Just the best combo ever if you asked me. Now, before we begin with this container, this space for a total rewiring and transformation of your finances and ways of interacting with and receiving and circulating money. I just want to take care of a few housekeeping items just setting the stage for what to expect next and a quick disclaimer, and the only disclaimer that you're gonna get in the entire program. So over the next few weeks, few months, however long it takes. I will be popping into this feed on a weekly basis and dropping in a module or lesson to teach you all the ways and all the things on money manifestation mastery. And with that may come audio lessons. Sometimes even video lessons if I feel like it needs to be in video form, journaling prompts and PDF downloads with relevant episodes, visualizations, activations, meditations, Hypno sees or other relevant close eye processes just depending on what we're focusing on with each week. There will also be action steps to take in addition to the journaling prompts and listening to the audios, which just solidifies the beautiful blend of both feminine and masculine energies that come into a beautiful dance to create the art that manifestation is. So yes, we have the law of attraction, which you will of course get to know very, very well. But we also have the law of action. And it's through what you put into your life and apply to your life and take action on based on each of the lessons that will make all the difference in your transformation, it will literally make or break your transformation. And sometimes the action steps are just simply pushing play and allowing me to come into your ears and speak to that beautiful mind of yours. And share a few things that will help you see your life and the way that you interact with the money realms differently, differently as and more effectively, differently as in more usefully if that's even a word. If not, we're making it up usefully and differently as in serving your biggest goals and desires financially because we are going to dream super big in this program. So this would be the time right now to just give your verbal commitment. Okay, this is a commitment to yourself. Just say it out loud with me. I commit to being and doing what it takes to become the sovereign queen of my money. Good. This is the year that I devote myself to rewiring my mind, my nervous system and breaking old patterns so that I become the wealthiest, most abundant, most successful and most soul fulfilled and happiest version of myself. Let's also add in most authentic version of myself. I commit to Reclaiming my sovereignty and becoming the ruler of my financial reality. I commit to taking my power back where it belongs. Good, good job, I'm also going to write this in the show notes for you as well. So if you're like Kathrin, I need to see it visually to follow along, that's okay. Or maybe you're just not in a place to speak it out loud with me yet. That's okay. Remember, your verbal commitment is for you. And it truly is the signal to your subconscious mind that you are ready to receive all that comes with the territory of mastering your money from the energetic, the mental, the emotional, and the physical standpoint. So, now, on to my disclaimer, the only one I

will give, I'll keep it as short as possible. Okay? The first part of this, the disclaimer is to be prepared for things to come up. So usually, when we embark on a healing journey, or just even think about, oh, I really want to heal myself. We sometimes expect it all to look beautiful, where everything is just rainbows and butterflies, and pastel pink pillows, and fairies and unicorns, and I don't know all that good stuff. And although yes, absolutely, there's so much of that good stuff intertwined into this world. And all that good stuff gets to come on the other side of the healing journey, I would be doing you a disservice if I didn't also let you know that it's 100% a possibility, 100% possibility, that old stuff, old stuff, old patterns, old beliefs, old money traumas come up, and will come up to the surface to be cleared. And I want you to know that it is a good thing that they come up to be cleared. And you are actually on the right track. If they do. You see your subconscious mind will send an intention to clear old sh** and go and gladly bring it up to the surface through a reflection in your reality. I'm going to come up with a better term for this. But usually manifestation teachers call it a "test", like the universe is testing you. I like to call it a check in or checkpoint just because I don't like to see the universe as testing me or like punishing me right. I like to see it as just a lesson thrown my way for my greatest good. I'm going to come up with a better term for it as we go along. Like there. I know there's a better term, I just haven't coined it yet that feels 100% right. But we'll just call it check ins for an hour checkpoints. And so basically, the universe will reflect an old pattern in your reality. So something will come up something will happen to see how committed and how devoted you are to clearing this. So that you step into a new timeline, where all your manifestations live, this can be an actual physical reflection, like something actually happens. Or it could show up as an emotion or a feeling or an old like thought that just buzzes through your mind and won't let you go. And just like everything kind of gets colored by the spot. You know, like those just pestering thoughts like so it could look in a variety of different ways. But it could just be like this old feeling of scarcity or lack or fear come up free to be cleared. And I will of course help you clear these things that's what I'm here for. But for right now, if they're already coming up, I want you to just remember this very important principle. The only way to pass the test or the check in or whatever you want to call it, is to stay put and don't make any decisions from fear. In fact, sometimes it helps to not make any decisions for a second until your nervous system readjusts and calms down and regulates where then you can see the difference between making a decision from fear or love. And your goal in the face of these reflections is to only make decisions that are rooted in love are rooted in abundance and rooted in faith and trust and rooted in the outcome that you are expecting to occur, regardless of your reality showing you otherwise. That's the only way to get through them. And if you make a decision out of fear, if you act too quickly, and you get spooked. I'm telling you, if you let this test scare you, you are going to regress and the universe will keep throwing these check ins out you until you learn them. So you're asking for bigger and bigger lessons to learn. And it's so much better to just face the one that's in front of you and master it. Because trust me, you have no idea how much of what you most desire is just on the other side of these moments, everything I've ever wanted was right on the other side of these checkpoints. Okay, so my suggestion for you is to learn them now. Okay, and if you need assistance, if you need help, we will have a group chat format of some sort that we're all going to vote on. And you're more than welcome to post in there and ask for our help support assistance, whatever it is that you need, if you just need us to hold you accountable, to not make the decision from fear, or lack or scarcity, we will gladly do that for you. So the second and last disclaimer, in this program, I will be talking a lot about feminine and masculine energies. And because the topic of gender today is such a highly complex and sensitive topic for many people, I just want to clarify and make clear that when I speak about masculine and feminine energies with my primary focus in this program being on feminine energies, I am not speaking on gender, but rather I am speaking on energies that exist within all of us, regardless of our gender identities, or biological sex. So you can be a male with predominantly feminine energy, you can be a female with predominantly

masculine energy, you can also be someone who doesn't identify with either predominant energies, as for example, my non binary friends do, and who will just feel like they're an equal blend of the two energies, and that is perfectly fine. And it's not going to interfere with your ability to get what you most need from this program, the transformation will still occur, as long as you just see it as the energies that we're talking about, rather than bringing in well, my gender is this my pronouns are that and that's not necessarily like feminine. I'm not talking about that I'm just talking about feminine energies, and masculine energies. So for the majority of the program, I will also be using she/her pronouns, just for simplicity sake, as the majority of my students do identify with these similar pronouns as myself. However, this is not because I'm excluding anyone else who identifies otherwise, okay, I want to make that super duper clear from the start. So please, as you go along, just replace what feels right and correct and true for you wherever fit, and know that this program can help you and will help you regardless of how you identify. And I thank you in advance for understanding and picking up and putting down What does or doesn't feel resonant for you as we go along. Over the years of teaching manifestation and healing my relationship with my inner masculine and my feminine, I have found this work to be so life changing, especially transforming my relationship with my husband in the last year after we basically kind of fell apart after we had our first baby. And this program has truly been inspired from the work that I have done in reclaiming my feminine essence and really like leading from my feminine energy and activating my receiver muscle and allowing my husband to step into his genuine predominant masculine energy, and it's just completely transformed our marriage. And I had no idea that the same principles would apply to my relationship with money, and my relationship with God, my relationship with the universe. So these masculine and feminine energies are present in all aspects of the manifestation process. So for example, the law of attraction is feminine energy while the law of attraction is masculine. And like I've mentioned, ultimately, there's so much magic that I have found that comes with activating and healing and leaning into the feminine energy of receiving that everybody can benefit from both men and women. So if you're a man in this program, that's amazing. And I just want you to know that doing this work is going to open up a floodgates of abundance for you and your life. When you grow that receiver muscle, the universe can't help but bring you more more and more. And it's not so much growing the receiver muscle even though it is, it's basically just activating what's always been there because again, we are both masculine and feminine energies. And so that energy of receivership has always been there, we just want to activate it and amplify it to the bazillionth degree. But the universe can only give you what you're capable of handling, and you're only capable of handling what you're capable of receiving. So let's become fantastic receivers, shall we? Okay, that's all I got for you. Now, as you will notice, there is already a meditation available for you in your feed called dripping in money meditation. So this would be the next place that I would dive into ensuring you've listened to it at least once, before diving into the next content that I will drop shortly. And even though this is a bonus meditation, I wanted to make it available to you before the container even begins, I highly recommend listening to it as often as you have the capacity to. So whether that is a couple of times a week, whether that's every single morning, or if you just have the capacity to do it once do it once. But oh my goodness, it's a really good one. Even I've been listening to it lately, and oh my gosh, it just has a particular frequency. Let's just put it that way. It is a closed eye process. So please make sure that you're in a quiet space where you can actually close your eyes because there's gonna be a lot of content inside of Sovereign Money in the podcast feed, where you will be able to just passively listen like a podcast episode. And then there will be other times where I want you to just like carve out some space for yourself, whether it's right before you go to bed or right when you wake up or whenever your kids allow you to have a moment or if you're in the bathroom hiding from from your kids or whatever you have going on. This is the time where you want to just be in a space where you can close your eyes. So this meditation is a closed eye process. So just make sure that you are

in that quiet space where you can just close your eyes and melt into the meditative mind rewiring journey. All right, I am so excited to begin. I cannot wait to get started. I love you so much and I will catch you in the next I guess episode. All right, see you there.